

# **BIENNIAL REVIEW**

Drug-Free Schools and Campuses  
Calendar Year 2022 – Calendar Year 2023  
University of Nebraska at Kearney  
2504 9th Ave, Kearney, NE 68849

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## **Review Date March 2024**

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## **I. University of Nebraska at Kearney Wellness Programming – Mission Statement**

The Health Promotion Office works to engage, educate, and empower students on how to make wise choices when it comes to alcohol and tobacco use, mental health wellbeing, and healthy living. Their mission is to alleviate persistence problems caused by alcohol abuse by better educating the University of Nebraska at Kearney (UNK) students on the dangers of high-risk drinking, creating positive changes in students' attitudes, perceptions, and behaviors regarding alcohol use. The office works to ensure that prevention messages, enforcement efforts, educational materials, alternative resources, assessments, and analysis, are all universally streamlined.

## **II. Alcohol and Other Drug Policy (AOD)**

### **A. AOD Policy Application and Enforcement**

The illegal possession, use, or distribution of drugs or alcohol by students and employees is a violation of University rules and State and Federal laws. The Board of Regents of the University of Nebraska has directed officers of the University to cooperate with State and Federal agencies in the prevention of drug abuse. See Board of Regents of the University of Nebraska, Minutes, Vol. 29, pp. 90–91 (September 12, 1967). In satisfaction of this mandate and in order to fulfill its obligations under the Drug Free Workplace Act of 1988 and the Safe and Drug-Free Schools and Communities Act of 1994, the University has formulated standards of conduct for both its employees and its students which prohibit the following acts:

1. use, possession, manufacture, distribution, sale of illegal drugs or drug paraphernalia on University premises or while on University business or at University activities, or in University supplied vehicles either during or after working hours.
2. unauthorized use, possession, manufacture, distribution or sale of a controlled substance as defined by the Federal Controlled Substances Act, 21 U.S.C. §§ 801 et seq., or Nebraska's Uniform Controlled Substances Act, Neb. Rev. Stat. §§ 28-401 et seq., (Reissue 2008, Cum. Supp. 2016), available at <http://www.nebraskalegislature.gov/>, on University premises, while engaged in University business, attending University activities or in University supplied vehicles either during or after working hours;
3. unauthorized use, manufacture, distribution, possession, or sale of alcohol on University premises or while on University business, attending University activities or in University supplied vehicles either during or after working hours;
4. storing in a locker, desk, vehicle or other place on University owned or occupied premises any unauthorized controlled substances, drug paraphernalia, or alcohol;
5. use of alcohol off University premises that adversely affects an employee's or student's work or academic performance, jeopardizes an employee's or student's safety or the safety of others;
6. possession, use, manufacture, distribution, or sale of illegal drugs off University premises that adversely affects the employee's work performance or the student's academic performance, or an employee's or student's safety or the safety of others;
7. violation of State or Federal laws relating to the unauthorized use, possession, manufacture, distribution, or sale of alcohol, controlled substances, or drug paraphernalia;
8. in the case of employees, failure to notify an employee's supervisor of an employee's arrest or conviction under any criminal drug statute as a result of a violation of law which occurs at the University of Nebraska workplace.

## B. University of Nebraska at Kearney Conduct Sanction Guidelines

The following chart outlines standard sanction(s) based on the type and number of violations committed by a student.

### University of Nebraska at Kearney Conduct Sanction Guidelines

The following chart outlines standard sanction(s) based on the type and number of violations committed by a student.

Violation	1st Violation	2nd Violation	3rd Violation
Alcohol	Warning & 3rd Millennium Online Course	Probation, Referral to Counseling for Alcohol Assessment & Educational Sanction	Refer to Assistant Dean/ Conduct Board
Drugs/ Controlled Substances	Warning & 3rd Millennium Online Course	Probation, Referral to Counseling for Assessment & Educational Sanction	Refer to Assistant Dean/ Conduct Board
Smoking/ Tobacco	Warning & Restitution (if applicable)	Probation, Restitution & Educational Sanction	Refer to Assistant Dean/ Conduct Board
Theft	Warning/ Probation, Educational Sanction & Restitution	Probation, Educational Sanction & Restitution/ Refer to Assistant Dean/ Conduct Board	Refer to Assistant Dean/ Conduct Board
Damage	Warning/ Probation & Restitution	Warning/ Probation & Restitution or Refer to Assistant Dean	Warning/ Probation & Restitution or Refer to Assistant Dean
Disorderly Conduct	Warning/ Probation & Educational Sanction	Warning/ Probation & Educational Sanction or Refer to Assistant Dean	Refer to Assistant Dean/ Conduct Board
False Reports/ Fire Safety	Probation, Fine & Educational Sanction	Probation, Fine & Educational Sanction/ Refer to Assistant Dean/ Conduct Board	Refer to Assistant Dean/ Conduct Board
Residence Hall Violation(s)	Warning & Restitution and/or Educational Sanction	Warning/Probation & Restitution and/or Educational Sanction	Probation, Restitution and/or Educational Sanction or Refer to Assistant Dean/ Conduct Board
Weapons/ Firearms	Refer to Assistant Dean/ Conduct Board	Refer to Assistant Dean/ Conduct Board	Refer to Assistant Dean/ Conduct Board
Failure to Complete Assigned Sanction(s)	Warning & Hold on Student Account	Warning/ Probation & Hold on Student Account	Probation & Hold on Student Account or Refer to Assistant Dean

All recommended sanctions listed in the “University of Nebraska at Kearney Conduct Sanction Guidelines” should be considered the minimum sanction(s) for a student held “in violation” of the Student Code of Conduct. Should a violation occur that is particularly egregious stronger and/or more sanctions may be imposed by the conduct hearing officer. All cases that may involve a potential suspension, expulsion and/or a large restitution must be referred to the Student Conduct Board.

More information about the Student Conduct Board can be found in the Student Code of Conduct.

(<https://www.unk.edu/offices/reslife/documents/university-of-nebraska-at-kearney-student-code-of-conduct.pdf>)

All questions related to sanctioning should be referred to the Assistant Dean for Student Affairs.

The illegal possession, use, or distribution of drugs or alcohol by students and employees is a violation of University rules as well as State and Federal laws.

### C. Policy Distribution Procedures

1. The Student Code of Conduct is available online via the UNK website:  
<https://www.unk.edu/offices/reslife/documents/university-of-nebraska-at-kearney-student-code-of-conduct.pdf>
2. An email is sent to all students at the beginning of the year highlighting these policies. UNK promotes the Student Code of Conduct through the Know the Code initiative.
3. Drug Free Schools and Campuses policies can be found online via the UNK website:  
<https://www.unk.edu/offices/police/files/drug-policies.pdfht>
4. First Residence Hall Meeting - At the start of each academic year, each residence hall holds an all-hall meeting where the AOD policies are covered with the student residents and any parents that choose to attend.
5. Information about AOD policies can be found in the employee handbook. The employee handbook is referenced during new hire orientation and new hires sign-off on documentation stating they have reviewed the policies.
6. Annual Campus Security and Fire Safety Report – Each year, sends out an e-mail to all current University staff and faculty members telling them the exact information regarding the on-line location of the report. For prospective students, we have a link for our Undergraduate and Graduate admissions students to access the report. Our prospective employees can access the report through a link on our employment application site.
7. Office of Residence Life Handbook:  
<https://www.unk.edu/offices/reslife/Documents/residence-life-policies-2024-2025.pdf>
8. Student Organization Handbook:  
[https://www.unk.edu/offices/student\\_life/files/Student%20Organization%20Handbook.pdf](https://www.unk.edu/offices/student_life/files/Student%20Organization%20Handbook.pdf)

### D. Student Violations of AOD Policy During Reporting Period

<b>Total Stats 2022</b>	<b>On Campus</b>	<b>**Residential Facilities</b>	<b>Non-Campus</b>	<b>Public Property</b>	<b>Unfounded</b>	<b>Hate Crime</b>
<b>Liquor Law Violation</b>						
Arrest	22	19	0	2	0	0
Disciplinary Referrals	23	22	0	0	0	0
<b>Drug Related Violations</b>						
Arrest	10	3	0	6	0	0
Disciplinary Referrals	5	1	0	0	0	0

<b>Total Stats 2023</b>	<b>On Campus</b>	<b>**Residential Facilities</b>	<b>Non-Campus</b>	<b>Public Property</b>	<b>Unfounded</b>	<b>Hate Crime</b>
<b>Liquor Law Violation</b>						
Arrest	20	20	0	0	0	0
Disciplinary Referrals	33	33	0	0	0	0
<b>Drug Related Violations</b>						

Arrest	3	3	0	0	0	0
Disciplinary Referrals	0	0	0	0	0	0

**\*The numbers listed above came from the UNK Annual Campus Security and Fire Safety Report.**

**\*\*All Alcohol and Drug related incidents are referred to the University of Nebraska Police Department.**

### III. Counseling Services

UNK Counseling is a part of the Student Health and Counseling department, which offers students access to a range of professional counseling services. Confidential services provided by UNK Counseling include short-term mental health counseling, substance use assessments, outpatient counseling for substance use, and coping skills groups. Psychotropic medication evaluations are provided by a Nurse Practitioner at Student Health. Direct referrals to community agencies are provided to those students requiring services not offered by UNK Counseling.

### IV. Programming During Reporting Period

In 2022 and 2023, Residence Life utilized a residential curriculum model that focuses on three learning outcomes: Personal Growth, Professional Growth, and Community Engagement.

#### A. Personal Growth

Students will understand their strengths and growth opportunities. They will be able to learn strategies to overcome challenges. They will adopt a growth mindset toward adversity that will encourage and deepen their sense of self. They will understand how their actions affect others and will make choices that strengthen relationships and community.

#### B. Professional Growth

Students will be able to strategically communicate on a variety of platforms that contribute in a positive way toward community. They will be able to see conflict as an opportunity for growth that leads to learning. Students will become life-long learners by identifying learning strategies that work for them and anticipating applications to future challenges. They will be able to adapt to various professional environments and find ways to thrive personally and contribute meaningfully to those cultures.

#### C. Community Engagement

Students will be able to build healthy relationships. They will better understand cultural competence that allows them to communicate effectively across differences. They will understand the importance of diversity and inclusion and will use strategies to bring about more equitable, just, and inclusive communities. They will recognize leadership as a process rather than a position and be able to provide leadership in various ways to better their local, national, and international communities.

#### D. Education

The Office of Residence Life offered programming to students utilizing a variety of educational strategies such as bulletin boards, floor socials, intentional conversations, and partnerships with other offices. All RAs are focused on encouraging healthy behaviors including alcohol consumption and drug use. Resident Assistants (RAs) do rounds in all occupied areas to ensure safety and look for disturbances in the communities regarding alcohol and drug use. All RAs participate in RA 101 which is an online training platform in Canvas. Specific to alcohol and drugs, RAs are trained with specialized Clery Act information, how to complete a round, how to document concerns, there are resources linked to health promotions, safe ride programs, and the importance

of calling UNKPD when an alcohol or drug concern is found in the community. RAs were provided Mental Health First Aid Training to help support campus initiatives related to Mental Health & Wellbeing.

## **V. Health Promotion Office Programming**

### **A. Programs Calendar Year 2022**

- Alcohol and Vaping Abuse Prevention Program – A brief alcohol abuse and vaping awareness prevention program.
- 3rd Millennium classrooms – Offers educational courses in substance use prevention. Students at risk for problematic substance use might be asked to complete a 3rd Mill
- Bystander Intervention– An interactive training focused on teaching students how to intervene into high-risk situations. Bystander intervention training was provided to students in the Thompson Scholars Learning Community (TSLC), to all new members of Fraternity and Sorority Life (FSL), and to all student athletes.
- Campus Security Authority training– An online training that includes the current Clery Center training video as well as slides that defines what a Campus Security Authority is, their responsibilities for reporting, what to report, what crimes are reportable, what a hate crime is and their responsibilities for reporting, the Clery reportable geography, information on what a Timely Warning and what an Immediate Notification is as well as generating a quiz that scores and generates reports for recording.
- OkSOBERfest – The Health Promotion Office hosts this annual event. This event provides an alternative activity for students to engage in on a typically high-risk night. Students are exposed to messaging on binge drinking, blood alcohol content, and drinking driving while attending the event.
- The Year 1 College Behaviors Profile (YICBP) was conducted to entering first year students. This survey is a web-based prevention tool that uses brief motivational intervention to provide students with personalized feedback on alcohol use, to provide data to correct misperceptions, and to explore attitudes around alcohol. The Health Promotion Offices utilizes the data gathered through this survey to inform educational social norm media campaigns.
- The Health Promotion Office offers workshops and presentations for classrooms, student organizations, and other events focused on alcohol education.
- Substance Use Task Force – is comprised of stakeholders across campus who are committed to substance use prevention efforts. This group meets monthly during the academic year to share updates, brainstorm, and assess ways to educate/reach students who may be impacted from substance use.

### **B. Programs Calendar Year 2023**

- Vectors Solutions – online efficacy-based courses that help stimulate changes in attitudes and behaviors and encourage healthier decision-making related to substance use.
- Mental Health First Aid (MHFA)-an evidence-based, early-intervention course that teaches participants about mental health and substance use challenges. All UNK Residence Assistances were trained in MHFA.

- Self-care presentations for the student organization, Sig Ep and PE 150. Content covered substance use in the college population and coping skills to deal with stress and anxiety.
  - OkSOBERfest – The Health Promotion Office hosts this annual event. This event provides an alternative activity for students to engage in on a typically high-risk night. Students are exposed to messaging on binge drinking, blood alcohol content, and drinking driving while attending the event.
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  - The Health Promotion Office offers workshops and presentations for classrooms, student organizations, and other events focused on alcohol and substance education.
  - The Substance Use Task force is comprised of stakeholders across campus who are committed to substance use prevention efforts. This group meets monthly during the academic year to share updates, brainstorm, and assess ways to educate/reach students who may be impacted from substance use.
  - Spring Break Alcohol Awareness Program- In collaboration with the Peer Health Educator RAs hosted a program to encourage safe drinking habits.
- Wellness Week Activities (held the week before fall and spring finals)- de-stressing and alternative activities to socializing with substances. Campus Speakers – focusing on healthy habits and the avoidance of risky behaviors, including substance use.

#### C. Program Strengths:

- Programs are funded by a grant from the local mental health agency to support prevention work in the area of substance use and mental health.
- UNK utilizes the talents and skills of peer health educators to support prevention efforts.
- UNK provides creative alternative events so students have a safe place to socialize and be with peers that is free of substances.

#### D. Program Challenges:

- Engaging with students outside of social media is a challenge. Students often have social anxiety and engaging them to get out of their comfort zone is a challenge.
- Recruitment of peer health educators. Students are often very busy and it's difficult to get students to commit to activities outside of academics.
- Flexibility with funds is a challenge because most of the monies are grant related.

#### E. Goals:

The Peer Health educators will a more visible presence on the UNK campus by increasing social media campaigns, presentations, events, and membership.

## **VI. Student Engagement Office Programming**

The University offered the following ongoing awareness and prevention programs for students and employees through the Office of Student Engagement.

### **A. Programs Calendar Year 2022**

- Problem Eating – eating disorder program, and how to support member members of concern.
- Event Monitor Training –alcohol education and bystander intervention.
- Problem Gambling – Problem gambling and how to support members of concern.
- Tony Hoffman –Program discussing alcohol consumption and sexual violence.
- Being a New Greek Program – Program discussing reducing alcohol abuse and reduction, alcohol education, hazing policy review, and bystander intervention training.
- Safe Zone Training – LGBTQIA+ Inclusion Training.
- You can Help a Friend – Suicide Prevention Programming
- Hazing Documentary –Offered to entire FSL community for hazing prevention.

### **B. Programs Calendar Year 2023**

- Welcome Home Week (Wellness Day) Event, coordinated by Student Engagement and SFT and partnered with Campus PD.
- New Leader Training – Program to create inclusive environments.
- Event Monitor Training –Alcohol education and bystander invention offered to all FSL members.
- Mental Health First Aid Training – Offered to FSL chapter leaders and recruitment counselors.
- LPAC “Stuff-A-Plush” Event – LPAC partnered with Peer Health on self-care tips.
- Mental Health Presentation – Open to all members of the UNK community
- Protect the Herd 2.0 – Bystander Intervention – Mental Health, Substance Abuse, Healthy Relationship programming.

## **VII. LoperNites Programming**

The University offered the following late-night programming, known as LoperNites to engage students and provide alternative programming.

### **A. Programs Calendar Year 2022**

NO DATA COLLECTED FOR YEAR 2022

### **B. Programs Calendar Year 2023**



- Japanese Festival, Japanese Association at Kearney
- UNK Film Club Date Night Double Feature, UNK Film Club
- Youth Leadership Kearney Retreat, Youth Leadership Kearney/Business Services
- Lopes for Hopes, Getting to know Our Organization
- Korean Night, Korean Students Association at Kearney
- Spring Formal, Honors Student Advisory Board
- Wellness Week-Music Festival, Peer Health
- Take Back the Night: Sexual Assault Prevention Walk, GAMMA
- RecycleMania, Facilities
- Rec; Round Campus, Campus Recreation
- Destination Downtown, Sigma Phi Epsilon
- UNK Film Fright Fest Double Feature, UNK Film Club
- OkSOBERfest-Movie Night, Peer Health
- Scott D. Morris International Food & Culture Festival, Inter. Student Org
- Himalayan Bites & Beats/Celebrating Nepal, Nepali Student Association at Kearney

## **VIII. Review of Previous Years**

A. The Counseling Office and the Office of Student Conduct continues to work with the company 3<sup>rd</sup> Millennium when working with students, either through a counseling perspective or through Student Conduct. This was a positive change from years past as 3rd Millennium offers more options (previously CHOICES was used and only addressed alcohol use).

B. The Office of Residence Life has changed their programming model from previous years to better connect with students and address potential issues (i.e. Alcohol, Drugs, etc.). The reporting of interactions is more robust than it had been previously and does a good job of displaying the positive reach Residence Life has when working with students/ residents.

C. All departments/offices involved with this report continue to monitor and improve their efforts when appropriate. It can be seen that positive effects are happening (based on the statistics) due to the efforts of Student Health and Counseling, the Health Promotion Office, Residence Life, UNKPD and the Office of Student Conduct.

## **IX. Recommendations for Revision and Improvement**

A. The University of Nebraska at Kearney will continue to utilize and expand the use of assessments.

B. The University of Nebraska at Kearney will continue to share and improve upon sharing (inter-departmentally) data relevant to AOD policies.

C. The University of Nebraska at Kearney will continue to explore programming options for students relevant to AOD policies.

## **X. Appendix**

A. UNK Student Code of Conduct:

<https://www.unk.edu/offices/reslife/documents/university-of-nebraska-at-kearney-student-code-of-conduct.pdf>