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<th>Section</th>
<th>Est. Time</th>
<th>Subjects</th>
<th>Delivery Method</th>
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<th>Evaluation Method</th>
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</table>
| 1       | 3 – 4.5 hours (180 – 270 min) | **Intro to work environment**  
Who is MSHA  
Statutory Rights Supervisor Responsibility  
Line of Authority  
MSHA Standards/violations/accidents  
Fatality Updates | Formal Classroom Instruction with visual aids, Class Discussion, DVD’s, zoom online | Powerpoint, Miner’s rights handbooks, DVD’s, zoom online | Written Exam at end of class |
| 2       | 1 – 1.5 hrs (60 – 90 min) | **Personal Protective Equipment**  
Task Driven requirements  
Self-rescue devices | Formal Classroom Instruction, visual aids, Discussion zoom online | Powerpoint, participant worksheets, DVD’s, zoom online | Written Exam at end of class |
| 3       | 1 – 1.5 hrs (60 – 90 min) | **Firefighting**  
Firefighting Procedures  
Fire Warning Signals  
Explosives | Formal Classroom Instruction with visual aids, Class Discussion, zoom online | Powerpoint, participant worksheets, DVD’s, zoom online | Written exam at end of class |
| 4       | 1 – 1.5 hrs (60 – 90 min) | **Safe Work Procedures**  
Tasks  
Mandatory Health & Safety Standards  
Health & Safety Aspect of Tasks | Formal Classroom Instruction with visual aids, Class Discussion, zoom online | Powerpoint, participant worksheets, DVD’s, zoom online | Written exam at end of class |
| 5       | .17 – .25 hr (10 – 15 min) | **Changes at the Mine**  
Mine specific changes to be covered by the operator or mine employees | Class discussion led by mine operator, zoom online | None | None |
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| 6  | 2 – 2.5 hrs (120 – 150 min) | **MSHA Updates & Rules to Live By**  
Miners Rights  
New & Revised Standards  
Violations & Accidents  
Fatality Updates  
Product Safety Recalls | **Formal Classroom Instruction with visual aids, Class Discussion, zoom online** | **Powerpoint, Miner’s Rights handbooks,** **Written Exam at end of class** | **Written Exam at end of class** |
| 7  | 3 – 4.5 hrs (180 – 270 min) | **Hazard Recognition**  
Electrical Safety Awareness  
Isolation of Energy  
Machine/Conveyor Safety (Guarding)  
Equipment/Vehicle Operation Safety  
Hazardous Materials Information (GHS)  
Working at Heights  
Ground Conditions/High Wall Safety  
Confined Spaces  
Fire Safety  
Rigging | **Formal Classroom Instruction with visual aids, Class Discussion, zoom online** | **Powerpoint, participant worksheets, Lockout Tagout Board and equipment, Fall Protection Equipment, Rigging Equipment, Electrical Equipment Fire Extinguisher Trainer, Guarding Equipment** | **Written exam at end of class** |
| 8  | 1 – 2 hrs (60 – 120 min) | **Health Aspects of the Job**  
Emergency Action Plans  
Incident Reporting  
CPR/AED  
First Aid | **Formal Classroom Instruction with visual aids, Zoom online, Class Discussion, Hands on activities** | **Powerpoint, participant worksheets, manikins, first aid supplies,** | **Written exam at end of class** |
| 9  | .5 – 1 hr (30 – 60 min) | **General Mine Site Procedures**  
Workplace Examinations  
Site Security  
PPE Requirements  
Working Around Water | **Formal Classroom Instruction with visual aids, Class Discussion, zoom online** | **Powerpoint, participant worksheets, Dredge Posters, Site Mock-up boards** | **Written exam at end of class** |
| 10 | .25 - .5 hr (15 – 30 min) | **Evaluation Process**  
Written Exam | Individual Exam | Written Exam | multiple choice, true/false, and fill in the blank questions |
|-----|------------------------|----------------|----------------|-----------------|-----------------------------------------------------------------|

**Evaluation Process**

- Individual Exam
- Written Exam
- multiple choice, true/false, and fill in the blank questions

**All Sections will be taught by a NE Safety Center Qualified Instructor**

If this training plan deviates from your site specific training plan, your site is responsible to ensure that the remainder of the material on your training plan is covered. Changes of course material to fit a site specific plan must be discussed with the instructor prior to the date of the class.