

Forgot Password Forgot Email

1. Go to trueyou.nebraska.edu
2. Click on "Forgot Password"

TrueYou | IDENTITY MANAGER Log in to manage your University of Nebraska or Nebraska State College account **LOGIN**

TrueYou is the Identity Management system where you manage your authentication information, such as changing your password and answering your authentication questions.

Use your TrueYou credentials at all University of Nebraska campuses and Nebraska State Colleges to access:

- ✓ Student Information Systems
- ✓ SAP & Firefly

Claim Your Identity >>>

You must claim your TrueYou Identity and establish a password before accessing student, staff or faculty services. The claim process will verify your account with personally identifying information and set up your authentication questions.

[Claim Your ID](#)

Enroll in Two-Factor >>>

Manage Your Accounts

TrueYou's Self-Service feature allows you to manage your account information simply and easily:

- [Change Password](#)
- [Lookup NUID or Username](#)
- [Forgot Password](#)**
- [Enroll in Two-Factor](#)

3. Answer "Yes" to knowing your NUID or Campus ID and Click "Submit".

TrueYou | IDENTITY MANAGER

Forgot Password

Do You know your NUID or Campus Id?

Yes

No

[Submit](#)

- A. If you don't know your NUID or Campus ID, click on [Claim your ID](#).

4. Fill out your NUID or Campus ID and Click "Continue".



Forgot Password

NUID or Campus Id

Continue

5. Click on the link "Email Reset".



Forgot Your Password: Email Reset

Enter an email address that is associated with your account:

[Answer Security Questions](#)
[Forgot Email?](#)

Submit

6. Answer the Security Verification Questions & Click "Submit".



Log in to mana

Change Your Password

Answer the following questions to reset your password.

▼ ▼ ▼

What was the name of your elementary/primary school?

What was the make and model of your first car?

Continue

7. Select which email you want the password reset sent to and click "Next".



Forgot Your Password?

Select An Email Address

The following email address(es) are associated with your account.

Select the one where you would like the reset password to be sent.

[Redacted]

[Redacted]

[Redacted]

Next

8. Follow the instructions outlined in the email received.

If you have any questions, feel free to contact the ITS Help Desk at 308-865-8623 or support@nebraska.edu