

Forgot Password Security Question

1. Go to trueyou.nebraska.edu
2. Click on "Forgot Password"

TrueYou | IDENTITY MANAGER

Log in to manage your University of Nebraska or Nebraska State College account

LOGIN

TrueYou is the Identity Management system where you manage your authentication information, such as changing your password and answering your authentication questions.

Use your TrueYou credentials at all University of Nebraska campuses and Nebraska State Colleges to access:

- ✓ Student Information Systems
- ✓ SAP & Firefly

Claim Your Identity >>>

You must claim your TrueYou Identity and establish a password before accessing student, staff or faculty services. The claim process will verify your account with personally identifying information and set up your authentication questions.

[Claim Your ID](#)

Enroll in Two-Factor >>>

Manage Your Accounts

TrueYou's Self-Service feature allows you to manage your account information simply and easily:

- [Change Password](#)
- [Lookup NUID or Username](#)
- [Forgot Password](#)**
- [Enroll in Two-Factor](#)

3. Answer "Yes" to knowing your NUID or Campus ID.

TrueYou | IDENTITY MANAGER

Forgot Password

Do You know your NUID or Campus Id?

Yes

No

[Submit](#)

- o If you don't know your NUID or Campus ID, click on [Claim your NUID](#).

4. Fill out your NUID or Campus ID.

TrueYou | IDENTITY MANAGER

Forgot Password

NUID or Campus Id

5. Enter an email associated with your account.

TrueYou | IDENTITY MANAGER

Forgot Your Password: Email Reset

Enter an email address that is associated with your account:

[Answer Security Questions](#)

[Forgot Email?](#)

Submit

6. Confirmation of Emails

A. Email recognized

TrueYou | IDENTITY MANAGER

Forgot Password: Email Reset

Check your email

We've sent an email to the address provided. Click the link in the email to reset your password.

If you don't see the email, check other places it might be, like your junk, spam, social, or other folders.

b. Email Not Recognized



Forgot Password: Email Reset

No matching email address found

That email address did not match our records. Please contact your [Campus Helpdesk](#).

[Forgot Email?](#)

7. Follow the instructions outlined in the email received.

If you have any questions, feel free to contact the ITS Help Desk at 308-865-8623 or support@nebraska.edu