

## FAQ Guidance for Students

### As a student, how should I remain diligent about COVID symptoms?

- ✓ Get vaccinated.
- ✓ Pay attention to any changes in your health such as an elevated body temperature, the development of a cough, a sore throat, or the loss of taste or smell.
- ✓ Be intentional about wearing a mask if you are around large crowds and are not vaccinated.
- ✓ Be mindful of social distancing.
- ✓ Practice good hand hygiene and avoid touching the eyes, nose, and face.
- ✓ Do all this both ON and OFF the UNK campus.

### What do I do if I think I have COVID symptoms?

- ✓ Contact Student Health to discuss a COVID test.
- ✓ Refrain from attending class if you are sick, and communicate with your professors regarding your absences.
- ✓ Seek guidance from Student Health.
- ✓ Consider wearing a mask if you have roommates.

### Can I get a COVID test at Student Health?

- ✓ Yes. Contact Student Health if you believe you need a test. 308-865-8218. They will provide guidance as to whether you need a test or not.
- ✓ There is no charge for COVID testing for students unless it is for international travel, not related to current symptoms.

### What do I do if I test positive for COVID-19?

- ✓ Refrain from attending class and communicate with your professors about your absences.
- ✓ Leave campus to recover if feasible.
- ✓ Stay isolated for 5 days from the start of symptoms. Return on day 6 only if you are fever free for 24 hours (without the use of fever reducing medications). Mask use is recommended until day 10.
- ✓ Wear a mask if you must leave your room to pick up food.

### Will I have to stay in isolation housing like previous years?

- ✓ No, but it is strongly recommended that you leave campus to recover.

### Will I have to be quarantined if exposed?

- ✓ No, you will not be required to quarantine, however, it is recommended that you monitor for symptoms and seek testing if you develop symptoms.
- ✓ Wear a mask for 10 days after exposure.

**Should I tell my professor/instructor that I have tested positive for COVID-19?**

- ✓ You are under no obligation to give your personal medical information.
- ✓ Communicate with your professor if you plan to be out so you can coordinate make-up work. Review the syllabus carefully for what to do if you are sick.
- ✓ Mask use is recommended for campus activities and class until day 10.

**Can I get an excused absence note from Student Health if I test positive for COVID?**

- ✓ Student Health will provide documentation of a positive test only if the test was administered in the Student Health clinic. Student Health will not verify an illness to which they did not treat.

**What do I do if my roommate tests positive for COVID?**

- ✓ Consider wearing a mask or seeking an alternative place to live for 5 days.
- ✓ Monitor for symptoms and make an appointment with Student Health if you develop symptoms.

**Can I leave my room if I test positive for COVID?**

- ✓ Refrain from attending class as well as general campus activities if you test positive for COVID.
- ✓ If you need to leave your room for meals, you must wear a mask.

**How do I get vaccinated and or boosted?**

- ✓ Student Health will be providing vaccinations and or boosters for students, staff, and faculty. Contact Student Health for more information at 308-865-8218 or [unkhealth@unk.edu](mailto:unkhealth@unk.edu).