

OUTDOOR ADVENTURES

Whether you are looking to learn basic outdoor skills or want an adventure deep in the backcountry join us at UNK Outdoor Adventures as we embark on these experiential outdoor rec excursions!

Minnesota Winter Adventure (Ice Climbing & Cross Country Skiing)

Dates: February 17th- February 20th

Location: Winona, MN

Pre-trip Informational Meeting:

Thursday, February 3rd @ 5:00pm

Cost: \$250 (price will reduce pending # of signups)

In this epic adventure you will be shown the beautiful trails of Winona, MN through Cross Country Skiing and will be embarking on a once in a lifetime opportunity to get out and climb some of the most beautiful ice in the Midwest. No experience is necessary, and all are welcome and encouraged to come join.

Spring Break Climbing

Dates: March 11th-March 16th

Location: Horseshoe Canyon Ranch, Arkansas

Pre-trip Informational Meeting:

Thursday, March 3rd @ 5:00pm

Cost: \$250 (price will reduce pending # of signups)

Looking for some adventure this spring break? Looking to try outdoor climbing for the first time? Want to climb on some of the most pristine sandstone in the mid-west? Look no further!!! Join UNK Outdoors for a Spring Break climbing adventure at Horseshoe Canyon Ranch! We will be camping in a front country campground just minutes away from the climbing crags at this modern dude ranch. Wake up to the sounds of free-range goats and the crisp air of northern Arkansas on this epic adventure. Following the climbing adventure we will also be visiting some of the amazing waterfalls and caves that this unique area offers. All climbing and camping gear provided. Personal clothing and an adventuresome attitude required.



Niobrara Canoe Adventure

Dates: April 22nd-April 24th

Location: Valentine, Nebraska

Pre-trip Informational Meeting:

Thursday April 14th @5pm

Cost: \$105

On this adventure we will be embarking on a canoe trip that will make you feel like you have left the mid-west. Enjoy exploring waterfalls, hiking along the river, learning canoe skills from the pros, and meeting new friends on this unique Nebraska destination. This adventure will consist of canoeing along the Niobrara Wild and Scenic River in northern Nebraska, Camping at Smith Falls State Park, and meeting a group of fun new friends! Camping, paddling, and outdoor cook gear provided, you provide warm clothing and an adventurous spirit.

Kearney Canal Paddle Trips

Dates: April 20th, April 27th, & May 4th 3 - 5pm

Location: Starting at Yanney Park and floating to the Central Avenue Public Takeout

Cost: \$10 (pre-registration required)

Come float the Kearney Canal with us on one of these epic canoe adventures. During this low-key trip, we will be floating from Yanney Park to Kearney Paddle Sports exploring what the currents have in store for us. No experience is necessary, but a prerequisite is knowing how to swim.



Want to learn a new skill or become more experienced in climbing? Our inclusive and passionate climbing wall staff are here to help! Come to climb and stick around for the friendships to be made with this unique adventure. All fees included in wellness center membership.

Climbing Hours

MON - THUR	FRIDAY	SUN
3 - 9pm	3 - 6pm	5 - 8pm

Bouldering League

		
5:00-6:30pm/ 6:30-8:00pm	February 14, 21, 28, March 7	Cost: \$5 (includes all boulder league dates)

If friendly competition and new weekly boulder routes interest you, sign up for the Spring 2022 Bouldering League. The weekly event will be comprised of a 1 1/2 hour climbing heat that will be scored in a handicap format leveling the playing field amongst all climbers, novice through advanced. You will climb in teams of 3 and be scored on your teams top scoring three weeks. If you do not have a team, no worries, we'll find you one!

Mile High Climb Challenge

		
Any Open Wall Hours	January 24 - March 25	Cost: Free

In this challenge you will be tasked with climbing the equivalent of vertical mile over the course of the semester. This involves climbing our 30 foot rock wall 176 times. Upon completion (while supplies last) you will get a Mile High Climb T-Shirt, get a spot on our Mile High Climb Hall of Fame, along with gaining the bragging rights of having climbed a vertical mile!

Climbers of the Corn

		
9:00am-2:30pm	April 2	Early Bird Registration (until March 18th) \$25 Late Registration (after March 18th) \$30 Day of Registration \$35

Come join us for a day of climbing carnage with the Climbers of the Corn Top Rope & Boulder Competition. This redpoint formatted competition will consist of fun climbs, epic prizes, and great company. Sign up includes a t-shirt, and an entry to the prize raffle!

GUEST PASSES

As a UNK Student you have the ability to bring non UNK affiliates to the wall for a small \$5 fee if you are interested in climbing with friends who do not currently attend UNK. Simply ask at the front desk for more information. Guest passes are reserved for patrons 18 years of age and up.

CLIMBING WALL PROGRAMS/CLINICS

Top Rope Belay Certification Clinic

		
7:00-8:15pm	February 1 & 15, March 1 & 22, April 5 & 19	Cost: \$10

This clinic is designed to be a basic introduction to belay technique, the act of taking slack out of the rope to keep the climber on the other end safe. This is an in-house certification required to belay at the climbing wall. Though this is not a requirement to climb at the UNK climbing wall it is a recommended skill to learn as you progress in your climbing skills. The prerequisite for this class is checking in and climbing at the wall at least once with our certified wall staff.

Lead Climbing/Belay Certification Clinic

		
6:00-9:00pm	Date: Upon Request	Cost: \$20

If you are ready to take your climbing to the next level think about taking one of our lead climbing clinics. In this clinic you will learn how to lead climb and belay in an indoor climbing setting. Some of the key pieces to this clinic include rope management, quickdraw clipping technique, how to take a fall, and how to use foot placement to prevent rope entanglement. The prerequisite for this clinic is having taken the Top Rope Belay Certification along with having the skill and ability to climb a 5.9 with no falls on top rope.

Outdoor Climbing Clinic

		
7:00-9:00pm	Date: Upon Request	Cost: \$10

As lead climbing indoors is a blast many people find transferring their skills to the outside world to be a great next step. The prerequisite for this clinic is being able to flash 5.10a, have taken the lead climbing/belay certification, and have completed all checks necessary to lead climb at the UNK Climbing Wall. In this clinic we will be going over how to read a guidebook, how to set up sport anchors safely, and how to "clean" your gear off the wall at the end of a climb.

These skills require further practice outside the scope of what we can do indoors. If you intend on using these skills outdoors it is important to be with someone experienced in outdoor climbing.

GEAR RENTAL

A complete rental list is available on our website, unk.edu/outdooradventures. If you would like to inquire about our offerings, please email unkoutdoors@unk.edu or call Justin Stout at 308-865-1549.



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