

TAKE THE LEAD

FEBRUARY '25

Leadership UNK Newsletter

LUNK LOPER PANTRY JANUARY FOOD DRIVE

Leadership UNK hosted a Loper Pantry Food Drive this past January 13-17th to support our students as they return for Spring 2025 semester. The winning department this year was Student Affairs. They successfully defended their title of "most donations" again this year. Together, we donated an amazing 1,362 items to support UNK students! **Thank you** to everyone who donated and our volunteers that collected items in their departments and in the NSU!

- Winner: Student Affairs (505 Items)
- Runner-Up: Library (348 Items)
- Third: Communications Center Bldg (221 Items)

Faculty Staff Club

LUNK & Staff Senate

Host Faculty Staff Club

Friday, February 21st

4:00-6:00pm in Ockinga

LUNK Alumni [SIGN UP HERE](#) to bring food

LUNK ALUMNI:
JOIN THE LUNK CLASS
8:15-8:30AM EACH SESSION

FEBRUARY 12:

Village Flats Conf Room

March 12:

Library #101

April 9:

Student Union 310/312

YOU ARE CORDIALLY INVITED TO THE
**LUNK GRADUATION
CLASS 2024-2025**

APRIL 30TH AT 2:30PM

REGIONAL ENGAGEMENT CENTER

RECEPTION TO FOLLOW

NEW! LUNK Awards

The LUNK Board of Graduates has approved the annual recognition of two recipients for the following awards. Please consider nominating a deserving individual!

Nominations Open: February 20-April 11th
Recipients Honored: At the LUNK Graduation
Nomination Form: [HERE](#)



Founders Award

The Founder's Award is given to an alumnus of Leadership UNK who has exemplified the spirit and principles of Leadership UNK. Nominations are accepted from all campus employees. A list of past graduates can be found [HERE](#) and is also provided on the form.

Campus Leadership Award

The Campus Leadership Award is reserved for a UNK staff member who has demonstrated positive leadership within their profession and campus community. This does not necessarily have to be an alumnus of Leadership UNK, as we would like to recognize all staff leaders on campus. Any campus employee who has worked to be a positive influence, role model, and contributor to our campus is eligible to be nominated.

LEADERSHIP UNK CLASS OF '25-26
APPS OPEN APRIL 1 & CLOSE MAY 31

Join LUNK & Access Period for a **PACKING PARTY**



Wednesday, March 12th

2:00-3:30pm Calvin T Library Room 001

LUNK is excited to partner with Access Period's Founder and Executive Director, Kristin Lowrey, for a "Packing Party!" You are invited to join in a fun team-building environment that gives back to our community. Access Period provides the supplies (bags, period products, etc) and we provide the hands to pack them! Once bags are filled, Access Period will distribute them to people in need. Help us to support Access Period's mission to end period poverty in Nebraska.

Sign up here: <https://www.signupgenius.com/go/10C0A49ADAD2EA4FBCF8-55099171-access>

All Interested UNK Staff/Faculty Welcome to Join

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ALUMNI SPOTLIGHT

- **CURRENT TITLE & DEPARTMENT:** Assistant Director of Career Development, Academic Advising and Career Development (Part of the Loper Success Hub)
- **TOP 5 CLIFTON STRENGTHS:** Woo, Communication, Includer, Ideation, Adaptability
- **FAVORITE LUNK CLASS EXPERIENCE:** When attended a Board of Regents meeting in Lincoln, we had lunch at Valentino's as a group and we got ice cream at the UNL dairy store. Chancellor Kristensen also joined us, which was so fun to get to know him on a more personal level. I also remember another session where Coach Squiers spoke about motivation. He shared how motivation has to come from within – it can't be taught. This is something I think about often when working with students.
- **ADVICE FOR CURRENT CLASS:** There are a lot of opportunities for professional development and to get involved on campus. Sometimes these opportunities are brought to you, and other times you will need to look for them. Be sure to stretch out of your comfort zone to challenge yourself, but don't stretch yourself too thin!



EMILY BEAMAN
CLASS OF 2016-17

LUNK Class Happenings

JANUARY '25 CLASS MEETING



MEGAN GOEKE TALKS WITH THE CLASS IN JANUARY

- **LOCATION:** Discovery Hall #384
- **LEADERSHIP FOCUS:** Communication; Multi-Generational Workplace; Supervision; Delegation; Mentoring
- **PRESENTERS:** Alyse Pflanz, Megan Goeke, Jen Harvey, Kelley Robinson, Dean Tim Jares
- **ACTIVITIES:** This class is already halfway through their year of personal and professional development! For this halfway mark, the class met in Discovery Hall and heard from Alyse and Megan about the Power of Communication and Multi-Generational Workplace Communication. From year to year, this topic is a favorite since it is applicable to every part of our lives regardless of our title or position. Alyse and Megan effectively presented valuable insights into communication, offering practical strategies and key concepts that enhanced the understanding of how we connect and engage with others. In addition, we heard from two trusted leaders on campus, Jen and Kelley, who delivered insightful discussion on supervision, delegation, and mentoring, emphasizing the importance of trust, clear communication, and empowering others to grow and succeed in their roles. We wrapped up the day with a fascinating tour of Discovery Hall by Dean Jares.

NEW MEMBER JOINS LUNK BOARD OF GRADUATES

Welcome Julie Smith! In February 2025, Julie will join the Leadership UNK Board of Graduates to fill a vacant board position. Julie, Senior Enrollment Services Processing Specialist for UNK Admissions, will serve a 16 month term. Julie is a LUNK alumna from Class #7, 2013-2014.



FEBRUARY '25 CLASS MEETING

- **LOCATION:** Village Flats
- **LEADERSHIP FOCUS:** Teamwork Strategies & Conflict Resolution
- **PRESENTERS:** Karla Rohde, Scott Benson, Mark Bauer
- **ACTIVITIES:** This class was originally scheduled for February 12th, but due to weather campus closure, the date was moved back one week to February 19th. KUDOS to the class co-chairs (Julie Calahan, Tim Moulton) and February class facilitators (Megan Telecky, Koree Schueler) for their hard work in re-scheduling the class! One focus of this year's co-chairs and facilitators was making Clifton Strengths more of a focus throughout the year. Thus, the meeting started with a Clifton Strengths coaching session provided by Karla Rohde. Our group learned to better leverage their strengths in the workplace and within leadership roles. Scott Benson of UNK's Human Resources Department then provided valuable insight on conflict resolution. Next, Mark Bauer, the UNK Athletics Director, joined the LUNK class to discuss teamwork strategies. Finally, the day ended in a quick tour of Village Flats, which was appreciated by several members who had not yet seen this facility.