

preparing tomorrow's leaders today!

LEADERSHIP UNK

UNIVERSITY OF NEBRASKA UNK KEARNEY

MAKE A difference

unk.edu/leadership-UNK | leadership@unk.edu



Mission >>> Familiarize staff and employees with Leadership opportunities at UNK and opportunities in the Kearney area... - - unk.edu/leadership-unk

Community Involvement

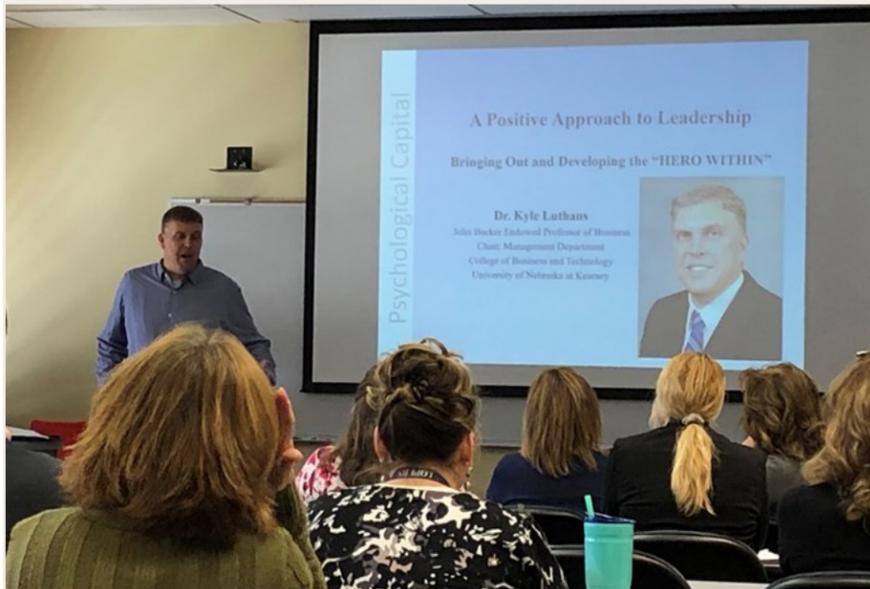
It's been a busy semester so far for Leadership UNK.

On January 19th, Leadership UNK hosted a morning break presentation with the college deans over *Leadership During Crisis*. Deans Tim Jares, Ryan Teten, and Mark Reid offered their insight on what it means to be a leader during difficult times.

Kyle Luthans was the guest speaker for a Brown Bag Lunch on March 2nd over *A Positive Approach to Leadership*. Dr. Luthans shared his expertise on positive psychology and the role it can play in leadership.

Leadership UNK co-hosted the monthly UNK Faculty Staff Club with Staff Senate on March 4th at the Alumni House. A good time was had by all.

Looking ahead, leadership speaker Bud Synhorst will address the current class during the regular class session on April 6th and will offer an additional presentation in the afternoon. Keep watching your email for details.



Leadership UNK Alumni Spotlight >>> Rachelle Warner

Hometown:
Ogallala, NE

Department:
Thompson Scholars Learning Community

Job Title:
Office Associate

Job Responsibilities:
I greet students and maintain the appointment calendars for our staff. I also assist with student events in our community. I hire and supervise our work study students. I document a variety of activities that take place in the community that play a role in our annual grant proposal, as well as working with the rest of the team on the proposal itself.

Hobbies:
I enjoy reading, watching movies and traveling. I love tending to my houseplants. I am also a philatelist (a stamp collector).

In 3 words, describe what true leadership looks like to you:

- Listener
- Learner
- Communicator

If you could do another job for just one day, what would it be and why:
Since I love flowers and plants, being a florist would be fun. I also think it would be fun to be that person on the top of the ski slope who helps skiers get lined up and gets to watch the overconfident people wipe out on their way down.

Tell us something that might surprise us about you:
I have lived in 6 states: Nebraska, Colorado, Kentucky, South Dakota, Florida and Wyoming. I'm also a court reporter.



final thoughts...

"Leadership is not about title, positions or flowcharts. It is about one life influencing another."

—John Maxwell

February session >>>

Speeches & Work/Life Balance

Led by Scott Olson & Darlene Sandoval

For the February LUNK Class, the class gave their speeches on the topic of Leadership. The class members were able to choose their own specific topic. The topics ranged from Servant Leadership to Leadership styles. Following the speeches, the class was able to meet with Justin Stout from the Wellness Center to learn more about the Wellness Center and the Climbing Wall. Class members were able to climb the wall. Class members also participated in an Etiquette Lunch at Joy's Table. Liam Mendoza walked the class through table settings, wine pairings, what not to eat with different formal settings and also how to go about paying for the meal.



March session >>>

Conflict Resolution & Listening

Led by Lynelle Fritzen & Ashley Olivas

During the March Leadership UNK session, participants listened to presentations provided by Coach Josh Lynn, Chelsea Swarm and Scott Benson. Coach Lynn's presentation focused on "Listening" and the characteristics of a good listener. He shared personal experiences that illustrated the importance of active listening and communication in the workplace and among a team.

Chelsea Swarm and Scott Benson had participants use an insight tool to discover their leadership style through a color wheel: red, blue, green, and yellow. Participants were able to develop a better understanding of their own thought processes as they manage their daily tasks and responsibilities. Chelsea and Scott then provided tools and ideas for effective and intentional conflict resolution. Throughout their presentation, they referred to participants' leadership styles and provided resources for when conflict arises in the workplace. Participants spent the remaining time collaborating and identifying the session layout for the 2022-2023 academic year.