

# TAKE THE LEAD

## Leadership UNK Newsletter

AUGUST '24

### AUGUST '24 CLASS MEETING

- LOCATION: NSU Antelope Room
- LEADERSHIP FOCUS: Welcome, Orientation, Clifton Strengths
- FACILITATORS: Class Co-Chairs Julie Calahan and Tim Moulton
- PRESENTER: Kelly Bartling, Vice Chancellor for Enrollment Management and Marketing, discussed UNK's current focus on new student recruitment.
- PRESENTER: Brenda Jochum, CBT Career Center Associate Director, focused on Clifton Strengths.
- ALUMNI LUNCH: LUNK Alumni were invited to join the current class for lunch in the NSU Antelope Room when the class session concluded. Prior to eating, everyone took part in opening activities that encouraged attendees to talk and network as tables of 4-6, switching tables, and working their way around the room in order to interact with everyone.



VICE CHANCELLOR BARTLING TALKING WITH OUR NEW CLASS

## Attention LUNK Alumni

**SURVEY**  
**COMPLETE BY SEPT 15**  
Share a Favorite Leadership Book, Podcast, or Video



Have a specific book, podcast, video, or resource on leadership that you would like to share with other UNK staff members? Please share it!

THIS YEAR'S CO-CHAIRS HAVE A FOCUS ON ENGAGING LUNK ALUMNI AND BUILDING PARTNERSHIPS ACROSS CAMPUS. ALUMNI ARE INVITED TO JOIN THE FIRST 15MIN OF EACH MONTHLY CLASS SESSION FOR A QUICK NETWORKING OPPORTUNITY. IF A SESSION IS NEAR OR IN YOUR BUILDING, PLEASE STOP BY FROM 8:15-8:30 AM TO INTRODUCE YOURSELF, SHARE YOUR ROLE AT UNK, PROVIDE INSIGHTS ON WELLNESS, LEADERSHIP, VOLUNTEER, AND PROFESSIONAL DEVELOPMENT OPPORTUNITIES.

**JOIN THE LUNK CLASS**  
**8:15-8:30AM**

September 11: Sisler Room, MSAB  
November 13: Ockinga  
December 11: College of Ed B154  
January 8: Discovery 384  
February 12: Village Flats (room TBD)  
March 12: Library (room TBD)  
April 9: Student Union 310 and 312

### SURVEY RESULTS

LAST MONTH WE EMAILED LUNK ALUMNI, ASKING FOR FEEDBACK ON OUR COMMUNICATION EFFORTS, INCLUDING THE WEBSITE, NEWSLETTER, PROFESSIONAL DEVELOPMENT, SPEAKERS, AND VOLUNTEER ENDEAVORS. 23 PEOPLE RESPONDED. THANK YOU! THE BOG IS WORKING TO INCORPORATE YOUR IDEAS!

### MEET THE LUNK CLASS OF 2024-25

John Scrimger  
Stephanie Hoffman  
Valeria Lozano  
Amanda Ransdell  
Kate DeBord  
Kiante Tiara  
Eileen Jahn

Abel Virgilio  
Laura Jensen  
William Frederick  
Amber Gapp  
Whitney Kuta  
Amanda Keating  
Amber Haight



Check Out the UNK News Story Introducing Our Class Members!

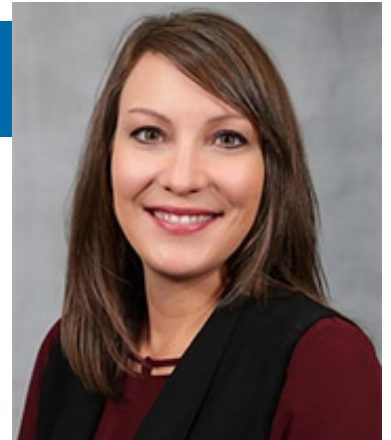


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## ALUMNI SPOTLIGHT



**JULIE CALAHAN**  
CLASS OF 2023-24

- UNK POSITION: Student and Retention Engagement Coordinator for UNK Health Sciences
- TOP 5 CLIFTON STRENGTHS: 1. Discipline 2. Restorative 3. Communication 4. Positivity 5. Consistency
- FAVORITE LUNK CLASS EXPERIENCE: I loved the etiquette lunch! I thought, at my age, I knew all there was about fine dining and manners. Turns out, there is always something to learn. As an added benefit, I enjoyed spending this time with my classmates laughing at ourselves and finding joy in learning. My close second was the discussion about communication across generations – another great learning experience!
- ADVICE FOR CURRENT CLASS: Be a participant! You will only get out what you put in. Take the time to get to know your classmates and be intentional about these relationships and this experience. Everyone's experience is different so make sure to keep an open mind.
- FOCUS AS CLASS CO-CHAIR: I am excited to step into the role of co-chair for the 2024-25 LUNK Class. We have a talented group of individuals across UNK participating and I am eager to get to know them all and share in their leadership journey at UNK.

## ALUMNI SPOTLIGHT



**TIM MOULTON**  
CLASS OF 2023-24

- UNK POSITION: Transfer Recruitment Specialist for UNK Admissions
- TOP 5 CLIFTON STRENGTHS: 1. Context 2. Strategic 3. Individualization 4. Arranger 5. Connectedness
- FAVORITE LUNK CLASS EXPERIENCE: My fondest memories come from spending time outside our monthly sessions with my classmates as we completed our service hours with the Music Department and the Loper Pantry Drive, and the long drive to the Board of Regents meeting at UNMC and back. It allowed me to better know my classmates, and in turn, enhanced my experience in our monthly sessions.
- ADVICE FOR CURRENT CLASS: Take it all in! Don't hold back. Ask questions. Stay engaged. Have fun!
- FOCUS AS CLASS CO-CHAIR: One of our many goals for this year's class is to

develop and strengthen connections across campus, particularly within the Leadership UNK community. We are inviting LUNK alumni to visit this year's class before each monthly session. I think this will be a great experience for all that can make it. I hope to see you there!

## 2024-2025 LUNK BOARD OF GRADUATES



Sharon Johnson  
President



Heidi Knake  
Vice President



Dawn Cromer  
Treasurer



Olivia Whittaker  
Secretary



Meredith Del-laven  
Ex-Officio



Stefani Wegner  
Marketing



Karlee Nuttelman  
Marketing



Lynelle Fritzen  
Member At-Large



Julie Calahan  
Class Co-Chair



Tim Moulton  
Class Co-Chair

## Leadership Share

### PODCAST:

**Student Success: Perspectives, Approaches, and Strategies**



An April 2022 episode of Student Affairs Now focused on the concept of student success. Time is spent specifically on the big questions students have about their success and also the influence of peers. *Thank you for the suggestion, Karlee Nuttelman.*