

## **International Students**

UNK requires international students to submit an official copy of the required immunizations and complete a tuberculosis test if from a TB endemic country.

### **International Student Health Requirement**

To ensure the public health of our campus community, all enrolled international students are required to:

- Submit a copy of your immunization records showing two measles, and two mumps vaccinations OR two MMR vaccinations OR positive rubeola and mumps titers.
- Receive an IGRA tuberculosis test if from a TB endemic country. Link to TB endemic countries (20 or more per 100,000 population)

<https://data.worldbank.org/indicator/SH.TBS.INCD>

This requirement must be completed before or soon after arrival to UNK

### **Tuberculosis Test**

Students who have lived/spent time in countries or territories with an increased incidence of TB must be tested. High-incidence areas are defined as countries or territories with an average annual incidence of TB disease of greater than or equal to 20 cases per 100,000 population. Contact Student Health if you are uncertain if your country is high risk.

TB testing of high-risk students should take place no sooner than six months prior to the start of the first term. The method for testing for TB infection is an interferon-γ release assay (IGRA). Incoming international students from high-risk countries may be screened by their health care provider prior to coming to the US. If the student is not screened with an IGRA test they will be screened upon arrival to UNK. The cost of this testing is \$75 and is the student's responsibility. Students who have a positive IGRA test must undergo a chest x-ray and medical examination to exclude active TB disease.

### **Immunization Records**

MMR immunization records must:

- Show proof of two separate Measles, two Mumps OR two MMR vaccines showing month, day, and the year it was given OR students can submit a copy of a positive rubeola and mumps blood titers lab result showing immunity. The first vaccine must have been received no earlier than a student's first birthday, and the second vaccine must have been received at least 28 days later.

- Include the full legal name of the student and the student's birthdate.
- **Document must be translated into English**

If you haven't been vaccinated or cannot find your immunization records, you can receive the MMR immunizations or have a rubeola and mumps blood titers drawn at the UNK Student Health. This will be scheduled during the new International Student Orientation.

Please note tuberculosis tests, MMR immunizations, and laboratory blood titers services will incur a charge and are the responsibility of the student. These charges can be billed to the **UNK student insurance plan** or must be paid at the time of testing if you have other private insurance.

### **Submit Your Records**

International students can submit their immunization or rubeola and mumps lab test result and IGRA TB result records by uploading them to MyBlue.

Instructions for submitting records to MyBlue:

Step 1: Log into My Blue

Step 2: Select the Profile tab on the left side of the page. Click the link "Immunization."

Step 3: Enter the dates of your immunizations.

Step 4: Upload a PDF of your records. IGRA TB test results can be uploaded here as well. Click Submit.

If you had a hold on your account, the hold will be removed within 5 business days of clicking Submit.

Remember, the form cannot be submitted until the relevant immunization record is attached to the form. However, the form can be saved until a later date when you are ready to attach the relevant immunization record to the form and submit it. **This form must be in English, and it must be legible.**

If immunization record can't be found:

You have two options:

1. Receive two rubeola measles/MMR immunizations scheduled 28 days apart.

**-OR-**

2. Have a rubeola and mumps titer blood test drawn. This blood test will look for antibodies to measles and mumps, to determine if a person is immune to the diseases.

If you have not provided documents of the above it will be done on arrival to UNK.

**All health requirement costs are the responsibility of the student.** For students who have the University of Nebraska's student insurance plan, the cost is paid by the student insurance. For students who have another insurance plan, their insurance provider may or may not cover the cost. Students can ask their insurance provider what they will cover. You will be responsible for submitting a claim to insurance not provided by UNK.

## **Questions**

For additional assistance, please contact Student Health at 308-865-8218 or email us at [unkhealth@unk.edu](mailto:unkhealth@unk.edu).