

# **University of Nebraska@Kearney Emergency Plans**

## **Introduction**

The University of Nebraska at Kearney (UNK), the Department of Intercollegiate Athletics, and the Sports Medicine department recognize that emergencies may arise at any time during athletic events, including practices, competition, and other University sponsored activities. Expedient action must be taken in order to provide the best possible emergency care for any athlete or department personnel who suffers a catastrophic and/or life-threatening condition or injury. The development and implementation of this emergency plan will help to ensure that the best possible care will be provided to UNK athletes and/or personnel.

The UNK Sports Medicine department has developed this Emergency Action Plan (EAP) in order to ensure immediate implementation of appropriate standards of health care to all athletic participants in the event of a catastrophic or life-threatening situation. This preparation involves formulation of an emergency plan, proper coverage of events, maintenance of appropriate emergency equipment/supplies, utilization of appropriate emergency medical personnel, and continuing education in the area of emergency medicine. Potential emergencies may be avoided through; (physician directed) Pre-Participation Physical Exams (PPE's), adequate practice and event coverage, and the implementation of safe practice and training techniques. However, accidents and injuries are inherent with sports participation, and proper preparation on the part of the sports medicine team will enable each emergency to be managed appropriately.

## **Components of the Emergency Plan**

1. Emergency personnel
2. Emergency communication
3. Emergency equipment

## **Emergency Plan Personnel**

During intercollegiate athletic practice and competition, the first responder to an emergency is typically a member of the sports medicine staff, most commonly a Certified Athletic Trainer (ATC). A team physician may not always be present at every organized practice or competition. The type and degree of sports medicine coverage for an athletic event may vary widely, based on such factors as, the specific sport or activity, the setting of the activity, and the type of training or competition being performed. The first responder in some instances may be coach or other institutional personnel. Certification in Cardio-Pulmonary Resuscitation (CPR), first aid, prevention of disease transmission, and EAP review is required for all athletic personnel including coaches, administrative, and support staff.

The development of any EAP cannot be complete without the formation of an emergency response team. The emergency response team may consist of a number of healthcare providers including physicians, emergency medical technicians (EMT), Certified Athletic Trainers, athletic training students, coaches, equipment managers, and possibly bystanders. The roles of these individuals within the emergency response team may vary depending on the preferences of the Medical Director, the Head Athletic Trainer, and specific nature of the situation.

## **Roles Within the Emergency response team**

1. Immediate care of the athlete
2. Emergency equipment retrieval
3. Activation of the Emergency Medical System
4. Direction of EMS to scene

There are four basic roles with the emergency response team. The first, and most important role, is providing immediate care to the athlete or individual. The most qualified individual on the scene should provide acute care in an emergency. Individuals with lower credentials should yield to those with more advanced training. The second role, emergency equipment retrieval, may be done by anyone on the emergency response team who is familiar with the types and location of the specific equipment needed. Student athletic trainers, managers, and coaches are appropriate choices for this role. The third role, activation of Emergency Medical Service (EMS), may be necessary in situations where emergency transportation is not already present at the sporting event. This should be done as soon as the situation is deemed an emergency or a life-threatening event. Time is the most critical factor during emergencies. Activating the EMS system may be done by anyone on the team. However, the person chosen for this duty should be someone who is calm under pressure and who communicates well over the telephone. This person should also be familiar with the location and address of the specific venue. The fourth role within the emergency response team should be that of directing EMS to the scene. One member of the team should be responsible for meeting emergency medical personnel as they arrive to the specific venue. Depending on ease of access, this person should have keys to any locked gates and/or doors that may slow the arrival of medical personnel. A student athletic trainer, manager or coach may be appropriate for this role.

## **Activating the EMS System**

Making the call:

- 911
- UNK campus police will automatically be notified by EMS

## **Providing Information:**

- Name, address, telephone number of caller
- Number of athletes
- Condition of athlete(s)
- First aid treatment initiated by first responder
- Specific directions as needed to locate the emergency scene (“come to south entrance of coliseum”)
- Other information as requested by the dispatcher

When forming the emergency response team, it is important to adapt the team to each situation or sport. It may also be advantageous to have more than one individual assigned to each role. This allows the emergency response team to function even though certain members may not always be present.

## **Emergency Communication**

Communication is the key to quick delivery of emergency care in athletic trauma situations. Athletic trainers and emergency personnel must work together to provide the best possible care to injured athletes. Communication prior to the event is a good way to establish boundaries and to build rapport between both groups of professionals. If emergency medical transportation is not available on site during a particular sporting event, then direct communication with the emergency medical system at the time of injury or illness is necessary. Access to a working telephone or other telecommunications device, whether fixed or mobile, should be assured. The communications system should be checked prior to each practice or competition to ensure proper working order. A back-up communication plan should be in effect, should there be a failure of the primary communication system. The most common method of communication is a public telephone. However, a cellular phone is preferred if available. At any athletic venue, whether home or away, it is important to know the location of a workable telephone. Pre-arranged access to the phone should be established if it is not easily accessible.

## **Emergency Equipment**

All necessary emergency equipment will be stored at or brought to the practice/competition venue prior to any activity. Personnel should be familiar with the function and operation of each piece of emergency equipment. Equipment should be maintained in good operating condition, and emergency response personnel will be trained in proper usage. Emergency equipment will be checked on a regular basis and emergency personnel will rehearse usage. The emergency equipment available should be appropriate for the level of training of the emergency medical providers. UNK Sports Medicine staff will ensure that all emergency equipment will always be properly maintained and stored. Equipment will be stored in a clean and environmentally controlled area. It should be readily available should any emergency arise.

## **Transportation**

Emphasis will be placed on having a dedicated ambulance from CHI Hospital on site at high risk sporting events. EMS response time is additionally factored in when determining on site ambulance coverage. The UNK Sports Medicine department will coordinate on site ambulances for competition in football. Ambulances may be coordinated on site for other special events/sports, such as major tournaments or NCAA regional or championship events. EMS transportation for non-dedicated events will be provided by CHI Hospital and will be activated via phone call in adherence to EMS activation protocol. In the event that an ambulance is on site, there should be a designated location with rapid access to the site and a cleared route for entering/exiting the venue.

If at any time during the primary evaluation of any injury, it is determined that emergency care requiring critical intervention is required, EMS will be activated, and the athlete may be transported via ambulance to CHI Hospital or Kearney Regional Hospital. Emergency care providers should refrain from transporting unstable athletes in inappropriate vehicles. Care must be taken to ensure that the activity areas are supervised should the emergency care provider leave the site in order to transport the athlete.

## **Roles of First Responders**

1. Immediate care of injured or ill athlete. If student is first on site, basic first aid will be provided (check A, B, C's). Certified will be summoned immediately and take charge of the scene.
2. Call 911- Activation of emergency medical system (EMS) 911 call (provide name, sex, age, address, telephone number you are calling from, condition of injured, first aid treatment being provided, specific directions; other information as requested by the dispatcher.)
  - a. Campus police will intercept 911 calls and will also arrive to assist emergency personnel.
3. Emergency equipment retrieval if necessary. CPR masks are located in medical kit.
4. Directions of EMS to scene
  - a. Designate individual to meet EMS and direct to scene
  - b. Open cable gate if needed to allow EMS unit to drive on to field
  - c. Scene control: limit scene to first aid providers/EMS and move other players and bystanders away from the scene.

## **Conclusion**

The importance of being properly prepared when athletic emergencies arise cannot be stressed enough. An athlete's survival may hinge on how well trained and prepared athletic healthcare providers are. It is prudent to invest athletic department "ownership" in the emergency plan by involving the athletic administration and sport coaches as well as sports medicine personnel. The emergency plan should be reviewed at least once a year with all athletic personnel, along with CPR and first aid re-certification training. Through development and implementation of the emergency plan, the UNK Athletic Department and Department of Sports Medicine helps ensure that all athletes will have the best possible care provided for them should an emergency situation arise.

Approved by \_\_\_\_\_ Date: \_\_\_\_\_  
Brad Rodgers, MD  
UNK Medical Director

Prepared by: \_\_\_\_\_ Date: \_\_\_\_\_  
William D. Murphy  
Associate AD of Sports Medicine / Head Athletic Trainer University of Nebraska @ Kearney

# **Emergency Plan: Soccer Grass Practice Fields**

## **Emergency Personnel:**

Soccer / Football Practice: Certified Athletic Trainer and Athletic Training Student

Health and Sports Center: Certified athletic trainers and Athletic Training Students will be on site in athletic training facility, located on the lower level, in northwest corner of the HSC.

## **Emergency Communication:**

Certified Athletic Trainers will always carry cellular phones

Bill's Cell: 308-440-8320

Whitney's Cell: 308-293-0858

John's Cell: 303-921-9502

Micah's Cell: 308-440-1792

Dillon's Cell: 712-870-0486

## **Emergency Equipment:**

Soccer/Football Practice: emergency equipment (AED, splint bag, medical kit, spine board) maintained on motorized medical cart parked on the south-central section of practice field next to filming tower.

Health and Sports Center: emergency equipment (AED, medical kit, splint bag, spine board) located within Athletic training facility, located on lower level. Additional emergency equipment is also available at this site.

## **Roles of First Responders:**

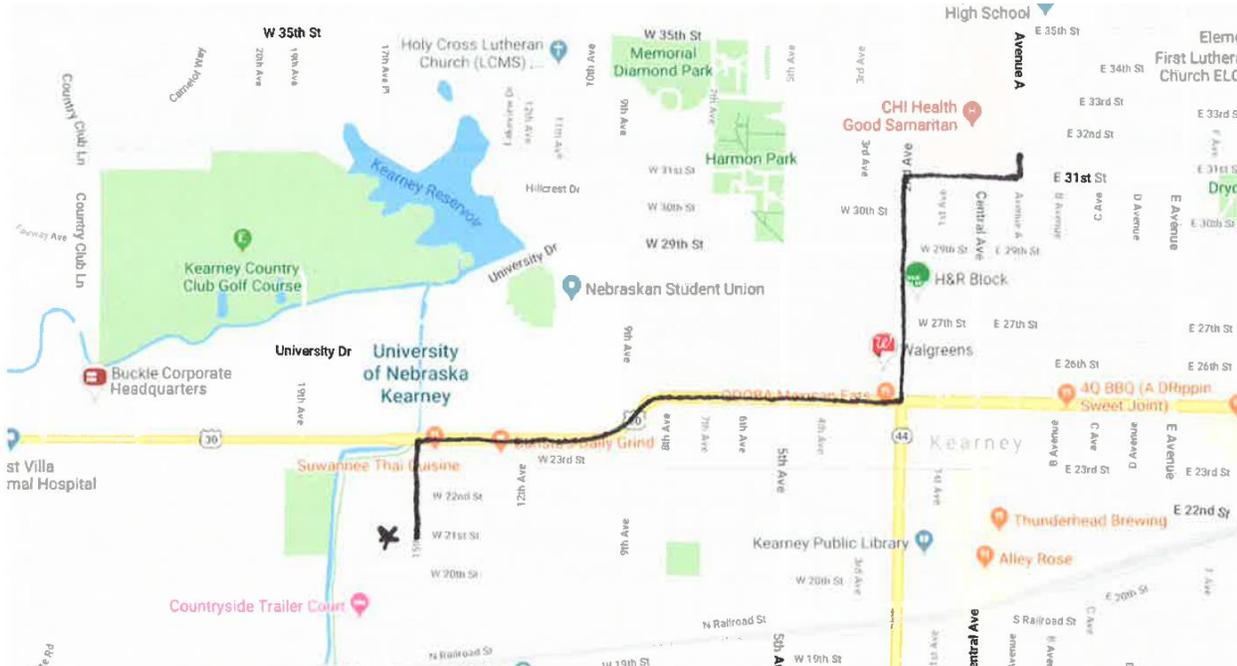
1. Immediate care of injured or ill student/athlete.
2. Activation of EMS
  - a. Call 911 (provide name, sex, age, address, telephone number you are calling from, condition of injured, first aid treatment being provided, specific directions; other information as requested by the dispatcher).
  - b. Campus police will intercept 911 calls and will also arrive to assist emergency personnel
3. Emergency equipment retrieval if necessary.
4. Direction of EMS to the scene
  - a. Open cable gate if needed to allow EMS unit to drive on to field
  - b. Designate individual to meet EMS and direct to the scene
  - c. Scene control: limit scene to first aid providers/EMS and move bystanders and other players away from the scene.

## Venue Directions:

Soccer / Football Practice Field: Approximately 1.5 blocks south of Health and Sports Center facility.

Traveling west on 25<sup>th</sup> street to 15<sup>th</sup> Avenue. Turn left (go south 1.5 blocks and turn right into small dirt parking lot of the practice field); there is an opening to the field.

1. Leave hospital going south on Avenue A
2. Go west on 31<sup>st</sup> Street
3. Go South on 2<sup>nd</sup> Ave. to 25<sup>th</sup> St. turn right
4. West on 25<sup>th</sup> Street to 15<sup>th</sup> Avenue
5. Turn left and head south
6. Turn right into dirt parking lot; access is through an opening
7. Designated individual will direct EMS to injury site on field



## **UNK FOSTER FIELD—Football/Women’s Soccer**

### **Emergency Personnel:**

Football Practices: Certified Athletic Trainer; Certified Graduate Assistant; Athletic Training Students; (HSC Personnel are Present)

Football Game: Team Physicians; Certified Athletic Trainers; Certified Graduate Assistant; Athletic Training Students; EMS personnel on site

Soccer Practices/Games: Certified Athletic Trainer; Athletic Training Student

### **Emergency Communication:**

Certified Athletic Trainers will always carry cellular phones

Bill’s Cell: 308-440-8320

Whitney’s Cell: 308-293-0858

John’s Cell: 303-921-9502

Micah’s Cell: 308-440-1792

Dillon’s Cell: 712-870-0486

Additional phone (land line) located in AT room in North End Zone building at Foster Field.

### **Emergency Equipment:**

On Field: emergency equipment (AED, splint bag, medical kit, spine board) medical cart parked adjacent to the sideline

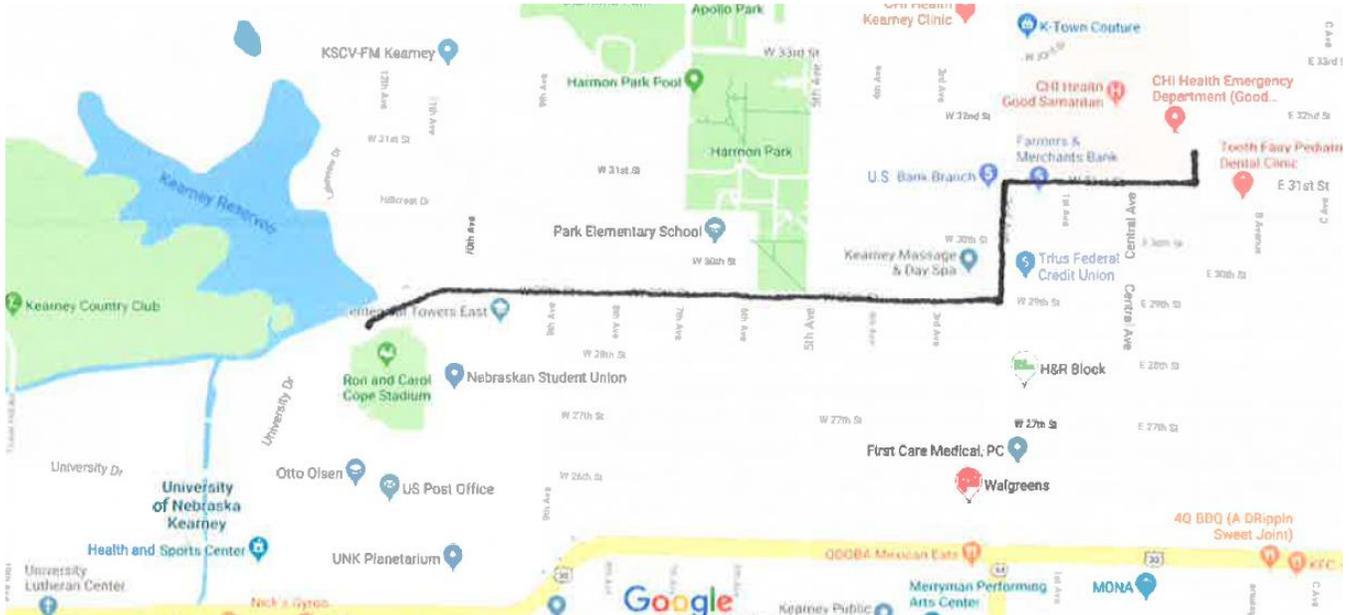
Additional Supplies: located in Athletic Training Room located in the North End Zone building at Foster Field

### **Roles of First Responders:**

1. Immediate care of injured or ill student/athlete
2. Activation of EMS
  - a. Call 911 (provide name, sex, age, address, telephone number you are calling from, condition of injured, first aid treatment being provided, specific directions; other information as requested by the dispatcher).
  - b. Campus police will intercept 911 calls and will also arrive to assist emergency personnel
3. Emergency Equipment retrieval if necessary
4. Direction of EMS to the scene (during games they are located at NW gate of field)
  - a. Open appropriate gates
  - b. Designate individual to “flag down” EMS and direct to scene
  - c. Scene control: limit scene to first-aid providers and move bystanders away from the area.

**Venue Directions:** Field located at Northwest side of the UNK campus

1. Leave hospital going south on Avenue A
2. Go west on 31<sup>st</sup> street
3. Go south on 2<sup>nd</sup> Ave to 29<sup>th</sup> St. and turn right
4. Continue to go west on 29<sup>th</sup> until you come around a curve (University Dr) and enter
5. NW parking lot on main entrance side and enter NW gates to the field. Gates will be unlocked on game days.
6. Designated individual will meet EMS and direct to injury site
7. Practice at Foster Field is same instruction as game day.



# **UNK Wrestling Room**

## **Emergency Personnel:**

Wrestling Practice: Certified Athletic Trainer and Athletic Training Student

## **Emergency Communication:**

Certified Athletic Trainers will always carry cellular phones

Bill's Cell: 308-440-8320

Whitney's Cell: 308-293-0858

John's Cell: 303-921-9502

Micah's Cell: 308-440-1792

Dillon's Cell: 712-870-0486

Additional phone (land line) located in the HSC Athletic Training Room

## **Emergency Equipment:**

Med-kit, tray-kit, emergency equipment (AED, splint bag, medical kit, spine board) and all other accessible equipment can be found in the Athletic Training Room

## **Role of First Responders:**

1. Immediate care of injured or ill student/athlete
2. Activation of EMS
  - a. Call 911 (provide name, sex, age, address, telephone number you are calling from, condition of injured, first aid treatment being provided, specific directions; other information as requested by the dispatcher).
  - b. Campus police will intercept 911 calls and will also arrive to assist emergency personnel
3. Emergency Equipment retrieval if necessary
4. Direction of EMS to the scene
  - a. Open appropriate doors
  - b. Designate individual to "flag down" EMS and direct to scene
  - c. Scene control: limit scene to first-aid providers and move bystanders away from the area.

## **Venue Directions:**

Address: 2501 15<sup>th</sup> Ave, Kearney, NE

1. Leave hospital going south on Avenue A
2. Go west on 31<sup>st</sup> Street
3. Go south on 2<sup>nd</sup> Ave. to 29<sup>th</sup> St.
4. Go west on 29<sup>th</sup> to University Drive to east side of Health and Sports Center (parking lot 10)  
-all the way south to the doors opposite of the Fine Arts Building
5. Enter east doors to elevators and go to lower level.
6. Wrestling room is immediately to your 2<sup>nd</sup> right on lower level.
7. Go through the two doors to your right for wrestling room
8. Wrestling meets are held either in HSC Arena or Field house-plan accordingly.
9. Designated individual will meet EMS

# **UNK Wrestling – Buffalo County Fairgrounds**

## **Emergency Personnel:**

Wrestling Meets: Certified Athletic Trainer, Certified Graduate Assistant, Athletic Training Students, Team Physician on call

## **Emergency Communication:**

Certified Athletic Trainers will always carry cellular phones

Bill's Cell: 308-440-8320

Whitney's Cell: 308-293-0858

John's Cell: 303-921-9502

Micah's Cell: 308-440-1792

Dillon's Cell: 712-870-0486

## **Emergency Equipment:**

Emergency equipment (AED, splint bag, medical kit, spine board, mat trays), additional AED located in main hallway.

## **Role of First Responders:**

1. Immediate care of injured or ill student/athlete
2. Activation of EMS
  - a. Call 911 (provide name, sex, age, address, telephone number you are calling from, condition of injured, first aid treatment being provided, specific directions; other information as requested by the dispatcher).
3. Emergency Equipment retrieval if necessary
4. Direction of EMS to the scene
  - a. Open appropriate overhead doors
  - b. Designate individual to "flag down" EMS and direct to scene
  - c. Scene control limit scene to first-aid providers and move bystander away from the area

## **Venue Directions:**

Address: 3807 Ave. N, Kearney, NE

1. Leave hospital going north on Avenue A
2. Go east onto 39<sup>th</sup> street to Ave N
3. Turn right on Ave N or stay on 39<sup>th</sup> street to the north entrance of the fairgrounds
4. Off Ave N turn left into the main Fairgrounds entrance OR Off 39<sup>th</sup> street turn right to the north entrance to the Fairgrounds
5. Proceed to designated North or South overhead doors.
6. Designated individual will meet EMS

# **UNK CC-Field House and HPER Gym**

## **Emergency Personnel:**

Track: UNK Track Coach on site for practice must be current in First Aid and CPR; Track Meets: Certified Athletic Trainer, sometimes Certified Graduate Assistant, Athletic Training Students  
Softball: UNK Softball Coach on site for practice must be current in First Aid and CPR  
Basketball: Certified Athletic Trainer or Certified Graduate Assistant  
Football: Certified Athletic Trainer, Graduate Assistant Trainers, Athletic Training Students  
Soccer: Certified Athletic Trainer

## **Emergency Communication:**

Certified Athletic Trainers will always carry cellular phones

Bill's Cell: 308-440-8320

Whitney's Cell: 308-293-0858

John's Cell: 303-921-9502

Micah's Cell: 308-440-1792

Dillon's Cell: 712-870-0486

Doug's Cell: 785-543-7751

## **Emergency Equipment**

Health and Sports Center: emergency equipment (AED, medical kit, splint bag, spine board) located within Athletic training facility, located on lower level.

## **Roles of First Response:**

1. Immediate care of injured or ill student/athlete
2. Activation of EMS
  - a. Call 911 (provide name, sex, age, address, telephone number you are calling from, condition of injured, first aid treatment being provided, specific directions; other information as requested by the dispatcher).
  - b. Campus police will intercept 911 calls and will also arrive to assist emergency personnel
3. Emergency Equipment retrieval if necessary
4. Direction of EMS to the scene
  - a. Open appropriate doors
  - b. Designate individual to "flag down" EMS and direct to scene
  - c. Scene control: limit scene to first aid providers and move bystanders away from area.

## **Venue Directions:**

Address: 2501 15<sup>th</sup> Ave, Kearney, NE

1. Leave hospital going south on Avenue A, and then west on 31<sup>st</sup> Street
2. Go south on 2<sup>nd</sup> Avenue to 29<sup>th</sup> St.
3. Go west on 29<sup>th</sup> to University Drive to east side of Health and Sports Center, enter East main entrance.
4. Go down hall and turn where Cushing hallway meet HSC and continue to Field House entrance just opposite student weight room
5. To HPER gym continue until the end of main hallway and through the glass double doors
6. Entrance to gym is on the right in the entry way
7. Designated individual will meet EMS

# **Kearney High School Track**

## **Emergency Personnel:**

Track Practice: UNK Track Coach on site must be current in First Aid and CPR.

Track Meets: Certified Athletic Trainer, sometimes Certified Graduate Assistant, Athletic Training Students

## **Emergency Communication:**

Certified Athletic Trainers will always carry cellular phones

Bill's Cell: 308-440-8320

Whitney's Cell: 308-293-0858

John's Cell: 303-921-9502

Micah's Cell: 308-440-1792

Dillon's Cell: 712-870-0486

Doug Cell: 785-543-7751

Additional phone (land line) is also located in the athletic training room at Kearney High just east of track (308) 698-8102.

## **Emergency Equipment:**

Track Practice: Emergency kit with scissors, tape, bandages, inhalers, meds, AED located inside by athletic training room.

Track Meets: emergency equipment (AED, splint bag, medical kit, spine board), medical cart located under bleachers

## **Roles of First Responses:**

1. Immediate care of injured or ill student/athlete
2. Activation of EMS
  - a. Call 911 (provide name, sex, age, address, telephone number you are calling from, condition of injured, first aid treatment being provided, specific directions; other information as requested by the dispatcher).
3. Emergency Equipment retrieval if necessary
4. Direction of EMS to the scene
  - a. Open appropriate gates
  - a. Designate individual to "flag down" EMS and direct to scene
  - b. Scene control: limit scene to first aid providers and move bystanders away from area.

## **Venue Directions:** On the east side of Kearney High School

Address: 2702 W. 11<sup>th</sup> Street, Kearney, NE

1. Leave hospital going south on Avenue A
2. Go west on 31<sup>st</sup> Street
3. Going south on 2<sup>nd</sup> Avenue
4. Turn west (left) on 11<sup>th</sup> Ave street until you see track on the east side of the school
5. Enter the campus on the east side and travel to the south end of the track
  - a. Possibly have to respond to west side of the campus for Track throwing events.  
Directions will be given during emergency call.
6. Designated individual will meet EMS

# **Kearney High School Swimming Pool**

## **Emergency Personnel:**

Swim Practice: UNK Swim Coach on site for practice must be current in First Aid and CPR.

Swim Meet: Certified Athletic Trainer

## **Emergency Communication:**

All times: Certified Athletic Trainers will always carry cellular phones

Bill's Cell: 308-440-8320

Whitney's Cell: 308-293-0858

John's Cell: 303-921-9502

Micah's Cell: 308-440-1792

Dillon's Cell: 712-870-0486

Doug Cell: 785-543-7751

Additional phone (land line) is also located in the athletic training room at Kearney High just east of track (308) 698-8102.

## **Emergency Equipment:**

Swim Practice: Emergency kit with scissors, tape, bandages, inhalers, meds, AED located inside by athletic training room.

Swim Meets: emergency equipment (AED, splint bag, medical kit)

## **Roles of First Responses:**

1. Immediate care for the injured or ill athlete
2. Activation of EMS
  - a. Call 911 (provide name, sex, age, address, telephone number you are calling from, condition of injured, first aid treatment being provided, specific directions; other information as requested by the dispatcher).
3. Emergency equipment retrieval if necessary
4. Directions of EMS to the scene
  - a. Open appropriate doors
  - b. Designate individual to "flag down" EMS and direct to scene.
  - c. Scene control: limit scene to first aid providers and move bystanders away from area

**Venue Directions:** On the east side of Kearney High School

Address: 2702 W. 11<sup>th</sup> Street, Kearney, NE

1. Leave hospital going south on Avenue A
2. Go west on 31<sup>st</sup> Street
3. Going south on 2<sup>nd</sup> Avenue
4. Turn west (left) on 11<sup>th</sup> Ave street until you see track on the east side of the school
5. Enter the campus on the east side and respond to east facing double doors with "Swimming Pool" label.
6. Designated individual will meet EMS

# **Health and Sports Center Buckle Court, Athletic Weight Room, and Athletic Training Room**

## **Emergency Personnel:**

Certified Athletic Trainers, Athletic Training Students (located northwest corner and lower level of arena). Athletic Training Facility is adjacent to Weight room.

Physicians available From New West during scheduled game competition.

## **Emergency Communication:**

All times: Certified Athletic Trainers will always carry cellular phones

Bill's Cell: 308-440-8320

Whitney's Cell: 308-293-0858

John's Cell: 303-921-9502

Micah's Cell: 308-440-1792

Dillon's Cell: 712-870-0486

## **Emergency Equipment:**

Health and Sports Center: emergency equipment (AED, medical kit, splint bag, spine board) located within Athletic training facility, located on lower level

## **Roles of First Responder:**

1. Immediate care of injured or ill student/athlete
2. Activation of EMS
  - a. Call 911 (provide name, sex, age, address, telephone number you are calling from, condition of injured, first aid treatment being provided, specific directions; other information as requested by the dispatcher).
  - b. Campus police will intercept 911 calls and will also arrive to assist emergency personnel
3. Emergency equipment retrieval if necessary
4. Directions of EMS to HSC. East side of HSC to elevators next to entryway.
  - a. Open appropriate doors
  - b. Designate individual to "flag down" EMS and direct to the scene
  - c. Scene control: limit scene to first aid providers and move bystanders away from the area.

## **Venue Directions:**

Address: 2501 15<sup>th</sup> Ave, Kearney, NE

1. Leave hospital going south on Avenue A
2. Go west on 31<sup>st</sup> street
3. Go south on 2<sup>nd</sup> Ave. to 29<sup>th</sup> St. Turn Right (west).
4. Take 29<sup>th</sup> until University Drive. Enter the east side of Health and Sports Center, parking lot 10, by Fine Arts Building.
5. Someone will be waiting at doors and escort the Paramedics to the elevator
6. Go to lower level via elevator to main arena. Training room and weight room located in the NW lower level
7. Designated individual will meet EMS

# **Dryden Park-Softball**

## **Emergency Personnel:**

Softball Practice: Certified Graduate Assistant, Athletic Training Students. May have Certified ATC visit during the scheduled practice time.

## **Emergency Communication:**

All times: Certified Athletic Trainers will always carry cellular phones

Bill's Cell: 308-440-8320

Whitney's Cell: 308-293-0858

John's Cell: 303-921-9502

Micah's Cell: 308-440-1792

Dillon's Cell: 712-870-0486

## **Emergency Equipment:**

Emergency equipment (AED, medical kit, splint bag)

## **Roles of First Responder:**

1. Immediate care of injured or ill student/athlete
2. Activation of EMS
  - a. Call 911 (provide name, sex, age, address, telephone number you are calling from, condition of injured, first aid treatment being provided, specific directions; other information as requested by the dispatcher).
3. Emergency equipment retrieval if necessary
4. Direction of EMS to the scene
  - a. Open appropriate gates
  - b. Designate individual to "flag down" EMS and direct to scene
  - c. Scene control: limit scene to first aid providers and move bystanders away from the area

## **Venue Directions:**

Address: 601 E. 31<sup>st</sup> Street, Kearney, NE

1. Leave hospital going south on Avenue A
2. Go east on 31<sup>st</sup> Street
3. Dryden Park will be on the right.

# **Tennis Courts- Harmon Park**

## **Emergency Personnel:**

Tennis Practice: UNK Tennis Coach on site for practice must be current in First Aid and CPR.  
Tennis Match: Certified Athletic Trainer or Certified Graduate Assistant

## **Emergency communication:**

All times: Certified Athletic Trainers will always carry cellular phones

Bill's Cell: 308-440-8320

Whitney's Cell: 308-293-0858

John's Cell: 303-921-9502

Micah's Cell: 308-440-1792

Dillon's Cell: 712-870-0486

## **Emergency Equipment:**

Emergency equipment (AED, medical kit, splint bag)

## **Roles of First Responders:**

1. Immediate care of injured or ill student/athlete.
2. Activation of EMS
  - a. Call 911 (provide name, sex, age, address, telephone number you are calling from, condition of injured, first aid treatment being provided, specific directions; other information as requested by the dispatcher).
3. Emergency equipment retrieval if necessary
4. Direction of EMS to the scene
  - a. Open appropriate gates
  - b. Designate individual to "flag down" EMS and direct to the scene
  - c. Scene control: Limit to first aid providers and move bystanders away from area

## **Venue Directions:**

Address: 3100 5<sup>th</sup> Ave, Kearney, NE

1. Leave hospital going south on Avenue A
2. Go west on 31<sup>st</sup> street
3. Turn right (north) onto 5<sup>th</sup> Ave.
4. Tennis courts will be on left (west) side of the street
5. Designated individual will meet EMS

# **Golf Course Venues**

## **Emergency Personnel:**

UNK Golf Coach on site for practice and competitions. Must be current in First Aid and CPR.

## **Emergency Communication:**

Cell phone carried by Coach or fixed phone line in clubhouse

## **Emergency Equipment:**

Basic First Aid kit, AED located in the course clubhouse.

## **Roles of First Responders:**

1. Immediate care of the injured or ill student athlete
2. Activation of Emergency Medical Services (EMS)
  - a. Call 911 (provide name, sex, age, address, telephone number you are calling from, condition of injured, first aid treatment being provided, specific directions; other information as requested by the dispatcher).
3. Emergency equipment retrieval if necessary
4. Directions of EMS to the scene
  - a. Open appropriate gates
  - b. Designate individual to “flag down” EMS and direct to the scene
  - c. Scene control: Limit scene to first aid providers and move bystanders away from area

## **Venue Directions:**

Meadow Lark Hills GC

3300 30<sup>th</sup> Ave.

Kearney Ne, 68847

1. Go south on 2<sup>nd</sup> Ave. to 25<sup>th</sup> St.
2. Turn right (west) onto 25<sup>th</sup> St/Hwy 30
3. Continue past University To 30<sup>th</sup> Ave.
4. Turn right (north) onto 30<sup>th</sup> Ave.

Kearney CC

2800 19<sup>th</sup> Ave.

Kearney Ne, 68847

1. Go south on 2<sup>nd</sup> Ave.
2. Turn right (west) onto 29<sup>th</sup> St.
3. Continue on 29<sup>th</sup> St as it turns into University Dr.
4. Turn right (north) onto 19<sup>th</sup> Ave., which is also the entrance to country club

Awarii Dunes

592 S Rd.

Axtell, Ne, 68924

1. Travel South on Second Ave in Kearney onto Hwy. 44 approximately 4 miles to:
2. 524 South Road, Axtell Ne 68924
- 3.

# **XC Meet at Kearney Country Club**

## **Emergency Personnel:**

Certified Athletic Trainers, Student Athletic Trainers, Physicians, EMS personnel on site

## **Emergency Communication:**

All times: Certified Athletic Trainers will always carry cellular phones

Bill's Cell: 308-440-8320

Whitney's Cell: 308-293-0858

John's Cell: 303-921-9502

Micah's Cell: 308-440-1792

Dillon's Cell: 712-870-0486

## **Emergency Equipment:**

Emergency equipment (AED, medical kit, splint bag, spine board), and Med-cart

## **Roles of First Responder:**

1. Immediate care of injured or ill student/athlete
2. Activation of EMS
  - a. Call 911 (provide name, sex, age, address, telephone number you are calling from, condition of injured, first aid treatment being provided, specific directions; other information as requested by the dispatcher).
3. Emergency equipment retrieval if necessary
4. Direction of EMS to the scene
  - a. Open appropriate gates
  - b. Designate individual to "flag down" EMS and direct to scene
  - c. Scene control: limit scene to first aid providers and move bystanders away from area

## **Venue Directions:**

Address: 2800 19<sup>th</sup> Ave, Kearney, NE

1. Leave hospital going south on Avenue A
2. Go west on 31<sup>st</sup> street
3. Go south on 2<sup>nd</sup> Ave.
4. Turn right (west) onto 29<sup>th</sup> St.
5. Continue on 29<sup>th</sup> St as it turns into University Dr.
6. Turn right (north) onto 19<sup>th</sup> Ave., which is also the entrance to country club
7. Designated trainer will meet EMS

## **XC Practice (Off Campus)**

### **Emergency Personnel:**

XC coach on site should follow athletes as they run their course. Must be current in First Aid and CPR. Carry cell phones for emergencies

### **Emergency Communication:**

Cell phone carried by coach.

All times: Certified Athletic Trainers will always carry cellular phones

Bill's Cell: 308-440-8320

Whitney's Cell: 308-293-0858

John's Cell: 303-921-9502

Micah's Cell: 308-440-1792

Dillon's Cell: 712-870-0486

### **Emergency Equipment:**

Basic first aid kit

### **Roles of First Responder:**

1. Immediate care of ill or injured student/athlete
2. Activation of EMS
  - a. Call 911 (provide name, sex, age, address, telephone number you are calling from, condition of injured, first aid treatment being provided, specific directions; other information as requested by the dispatcher).
3. Emergency equipment retrieval if necessary
4. Direction of EMS to the scene
  - a. Designate individual to "flag down" EMS and direct to scene
  - b. Scene control: limit scene to first aid providers and move bystanders away from the area.

### **Venue Directions:**

Will vary depending on site of injury. Coach should be aware of course and able to give directions accordingly.

## **Patriot Park – Softball**

### **Emergency Personal:**

Softball Games: Certified Graduate Assistant, Athletic Training Students. May have Certified ATC visit during the scheduled game time.

### **Emergency Communication:**

All times: Certified Athletic Trainers will always carry cellular phones

Bill's Cell: 308-440-8320

Whitney's Cell: 308-293-0858

John's Cell: 303-921-9502

Micah's Cell: 308-440-1792

Dillon's Cell: 712-870-0486

### **Emergency Equipment:**

Emergency equipment (AED, medical kit, splint bag)

### **Roles of First Responder:**

1. Immediate care of injured or ill student/athlete
2. Activation of EMS
  - a. Call 911 (provide name, sex, age, address, telephone number you are calling from, condition of injured, first aid treatment being provided, specific directions; other information as requested by the dispatcher).
3. Emergency equipment retrieval if necessary
4. Direction of EMS to the scene
  - a. Open appropriate gates
  - b. Designate individual to "flag down" EMS and direct to scene
  - c. Scene control: limit scene to first aid providers and move bystanders away from the area

### **Venue Directions:**

Address: 4511 East 56<sup>th</sup> Street, Kearney, NE

1. Leave hospital heading north on Avenue A
2. Turn right onto E. 39<sup>th</sup> Street
3. At the traffic circle, take the 3<sup>rd</sup> exit onto NE-10/Kearney East Exp
4. Turn right onto E. 56<sup>th</sup> street
5. Take the first right, leading to the Patriot Park parking lots
6. Follow the road all the way to the southern most parking lot
7. At the southeast end of the parking lot there are batting cages, go around these to enter the field on the home 3<sup>rd</sup> base dugout
8. Designated individual will meet EMS

## **Grand Island Indoor – Tennis**

### **Emergency Personnel:**

Tennis Practice: UNK Tennis Coach on site for practice must be current in First Aid and CPR.  
Tennis Match: Certified Athletic Trainer or Certified Graduate Assistant

### **Emergency communication:**

All times: Certified Athletic Trainers will always carry cellular phones

Bill's Cell: 308-440-8320

Whitney's Cell: 308-293-0858

John's Cell: 303-921-9502

Micah's Cell: 308-440-1792

Dillon's Cell: 712-870-0486

### **Emergency Equipment:**

Emergency equipment (medical kit, splint bag), AED maintained in HSC training room facility.

### **Roles of First Responders:**

1. Immediate care of injured or ill student/athlete.
2. Activation of EMS
  - a. Call 911 (provide name, sex, age, address, telephone number you are calling from, condition of injured, first aid treatment being provided, specific directions; other information as requested by the dispatcher).
3. Emergency equipment retrieval if necessary
4. Direction of EMS to the scene
  - a. Open appropriate gates
  - b. Designate individual to "flag down" EMS and direct to the scene
  - c. Scene control: Limit to first aid providers and move bystanders away from area

### **Venue Directions:**

Address: 2204 Bellwood Drive, Grand Island, NE

1. Enter through the main doors at the front of the building
2. Enter courts through the doors on the right side
3. Designated individual will meet EMS