



University of Nebraska at Kearney

Master of Athletic Training

Athletic Training Professional Program Manual

Updated September 2021

Letter from the UNK Athletic Training Faculty

Welcome to the University of Nebraska at Kearney Master of Athletic Training Program!! Congratulations on being accepted into our professional program that has a strong athletic training history and success in the State of Nebraska. Our athletic training faculty and staffs are excited to work with you in the process of your athletic training career.

Athletic training is very unique and rewarding profession that requires dedication and hard work behind the athletic settings. You as an athletic training student will be a part of our sports medicine team and take part in injury prevention, assessment/management of injuries and medical conditions, therapeutic intervention, and professional development at our affiliated clinical sites. We will not only provide you didactic academic and clinical experience but also challenge you to learn as much as you can in daily basis. It is important to know that your dedication and professionalism are the keys to be success in our program.

It is your first responsibility to be familiar with this program manual. This manual provides detailed information regarding to the program and answers a lot of your questions that you might have or will have in the future.

You will spend a lot of time with your fellow classmates in classroom and clinical settings in next two years. We hope you take advantages of this special moment of your professional career and find some passion in your life. Again, congratulations and we look forward to seeing you in August.

Go LOPERS!!!

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University of Nebraska at Kearney Athletic Training Program

Profession and Program Overview

Athletic Training Profession

An athletic trainer is a qualified allied health care professional educated and experienced in the management of health care problems associated with sports participation. In cooperation with physicians and other allied health care personnel, the athletic trainer functions as an integral member of the athletic health care team in secondary schools, colleges and universities, professional sports programs, sports medicine clinics, and other athletic health care settings. The athletic trainer functions in cooperation with medical personnel, athletic administrators, coaches, and parents in the development and coordination of efficient and responsive athletic health care delivery systems.

Athletic Training Program at UNK

Athletic Training services at UNK as established through the Sports Medicine Branch of the Department of Intercollegiate Athletics were initiated in 1963 by Dr. L.R. Smith. The Athletic Training Education Program (ATEP) at UNK has existed since its conception through formal course offerings in 1967. During the 1999-2000 academic year, an effort was made by the Department of Health, Physical Education, Recreation, and Leisure Studies to apply for national accreditation through the Commission on Accreditation of Allied Health Education Program (CAAHEP). This decision was fueled by professional changes in academic programs in athletic training and was a requirement for students to challenge the national Board of Examination (BOC) in athletic training.

Prior to this time the program was an internship route program. The ATEP acquired initial accreditation in 2002 and has demonstrated consistent growth and appeal since that time. It is a highly regarded and valued program within the now titled, Department of Kinesiology and Sport Sciences in the College of Education.

In July of 2006 the national accreditation for athletic training education programs shifted to the Commission on Accreditation of Athletic Training Education (CAATE). Recommendations from the re-accreditation review conducted in November of 2006 encouraged the program faculty to begin the process of changing the designation of the program to Bachelor of Science in Athletic Training.

In 2007, the CAATE changed the standard to require all programs be designed to as a stand-alone major with Athletic Training in the title of the degree designation. The program received formal approval of the change from the Nebraska's Coordinating Commission for Postsecondary Education (NCCPE) and has operated as such since that time.

In the 2015-2016 year, the CAATE in cooperation with National Athletic Trainers' Association (NATA), BOC, and the Executive Committee for Education (EC) formed an overall strategic alliance that serves to guide the profession of athletic training. This group has conducted an exhaustive review of the degree requirement for entry into the profession and has determined that professional degree programs in athletic training should be moved to the graduate level by the Fall term of 2022.

In the 2017-2018 year, the athletic training program at UNK received an approval to offer the Master of Athletic Training by the NCCPE and Higher Learning Commission (HLC).

Currently, the program is designated as the Master of Athletic Training (MAT) at UNK and re-accredited by the CAATE in 2019.

Program of Study

The athletic trainer's professional preparation is directed toward the development of specified competencies in the following domains based on the CAATE 2020 Standards:

- 1) **Patient-Centered Care** (Standard 56-60),
- 2) **Interprofessional Practice and Interprofessional Education** (Standard 61),
- 3) **Evidence-Based Practice** (Standard 62),
- 4) **Quality Improvement** (Standard 63),
- 5) **Health Care Informatics** (Standard 64), and
- 6) **Professionalism** (Standard 65-68).

Through a combination of formal classroom instruction and clinical experience, the athletic trainer is prepared to apply a wide variety of specific health care skills and knowledge within each of the domains. The Educational Standards established by the Commission on Accreditation of Athletic Training Education Programs (CAATE) along with the concept of certification has prompted the University of Nebraska at Kearney to offer to its student an educational program in Athletic Training.

The Master of Athletic Training (MAT) program at UNK offers two potential admission pathways: 1) traditional 2-year graduate curriculum and 2) a 5-year undergraduate and graduate combined curriculum (i.e. a 3+2 AT curriculum). Each pathway allows students to learn and meet the Athletic Training Education Competencies:

Evidence-Based Practice
Prevention and Health Promotion
Clinical Examination and Diagnosis
Acute Care of Injury and Illness

Therapeutic Intervention
Psychosocial Strategies
Healthcare Administration
Professional Development

**Athletic Training Program
University of Nebraska at Kearney**

Mission Statement

The mission of the University of Nebraska at Kearney Master of Athletic Training Program (UNK-MAT) is to provide students with a comprehensive educational experience and strong clinical foundation for a career in the allied health care profession of athletic training. Students will acquire knowledge and skills necessary for completing tasks within the professional setting. Students will be able to demonstrate an understanding and ability to implement proper prevention, management, and rehabilitation of injuries and illnesses of the physically active individual in a variety of settings.

PROGRAM GOALS & OBJECTIVES:

Cognitive

Students will demonstrate level-appropriate knowledge related to the NATA Athletic Training Educational Competencies (5th ed.).

Psychomotor

Students will demonstrate level-appropriate skills that are identified in the NATA Athletic Training Educational Competencies (5th ed.).

Clinical Performance

Students will demonstrate level-appropriate clinical application abilities and professional behaviors.

National Certification

Students will challenge and pass the Board Of Certification Examination so that they may be certified as athletic training professionals.

Placement

Students who successfully pass the BOC examination, will secure placement within the healthcare profession in order to effectively utilize their baccalaureate education.

DESIRED STUDENT OUTCOMES

PROGRAM GOALS AND OBJECTIVES

Cognitive

Outcome measures – Annual Clinical Exam & Cumulative Cognitive Exams

All students will demonstrate a 70% cumulative mean score for all cognitive measures across the AT specific core courses.

All students will demonstrate a score greater than or equal to a 70% score on the written portion of the annual clinical examination

Psychomotor

Outcome measures – Annual Clinical Exam & Cumulative Practical Exams

All students will demonstrate a 70% cumulative mean score for all skill measures across the AT specific core courses.

All students will demonstrate a score greater than or equal to a 70% score on the practical portion of the annual clinical examination

Clinical Performance

Outcome measure – Clinical and Off-campus Evaluations

All students will demonstrate an individual and cumulative mean score of 70% on clinical and internship evaluations.

National Certification

Outcome measure – First time pass rates on the BOC Exam

The program will strive to demonstrate a 70% first time pass rate on the BOC examination.

Placement

Outcome measure – Tracking data for placement of graduates

The program will continue to assist with placement of graduates who pass the BOC examination in positions of employment that is appropriate for each students' next step of professional development in the allied health career of his/her choice.

University of Nebraska at Kearney
Master of Athletic Training

Academic Requirements

University Requirements

Master of Athletic Training at UNK is offered through the Graduate Studies at UNK. Students must be admitted into the Graduate Studies at UNK as a degree-seeking student. Graduate Program Chair in the Department of Kinesiology and Sport Sciences and Athletic Training faculty will review the admission application to make sure the application meet the university and program requirements as described in the University Catalog and this manual.

Athletic Training Program Requirements

The UNK Master of Athletic Training (UNK-MAT) is developed in accordance with the CAATE Standards for the accreditation of athletic training education programs. Courses include didactic and clinical instruction in subject matter areas as determined by the NATA Athletic Training Educational Competencies. The program offers the student a wide variety of field experience settings for the practice of applying the knowledge and skills acquired. Following success completion of the academic and clinical requirements, the students will be able to challenge the Board of Certification exam to become the certified athletic trainer at the end of the program.

Curriculum

The UNK-MAT has a clearly defined position within the university and departmental framework. The program is in compliance with the CAATE standards for the accreditation of professional athletic training degree programs. The program contains three distinct parts. They include 1) the educational core courses as they fit into the university model, 2) the clinical or practical that stands together with the official course progression, and 3) the continuation of clinical education through field experience opportunities. The clinical experience is thorough, progressive, applied, and it exists within a competency-based framework. The three aspects together are designed to complement one another while offering the student exposure to a wide variety of experiences within the field. The program has a clear acceptance criterion, which allows for a selection process for entry and maintenance of its students as they progress through the program. The department and university have demonstrated financial support as well as demonstrate the ability to offer a wide variety of resources to support the program and its growth. Facilities and equipment reflect what is in use and comparable to that commonly found within the professional setting. There is a qualified individual, designated by job description, as the program director who provides an administrative and supervisory role for the program. There is adequate staffing that operate in compliance with required competency based educational outcomes. Staffing not only meets academic requirements but also addresses the needs demonstrated by the athletic department for coverage of the university sports teams.

Retention Requirements

A student in good standing will:

- Maintain a 3.0 cumulative GPA
- Maintain current certification in CPR for the professional rescuer
- Complete each semester clinical enrollment (PE 885-890) with a B or better. Completion of each practicum course includes aspects of clinical instruction, field assignment requirements, field experience evaluations, written and practicum advancement examinations, & other specific practicum course requirements.
- Successfully complete (70% composite score) clinical level advancement examinations
- Maintain a longitudinal score of 70% or higher on each of the program measures (written scores, practical scores & clinical evaluations).
- Receive program recommendation for advancement to each clinical level.

A student falling short of a 3.0 cumulative GPA after being fully accepted into the program, will be placed on probation in accordance with university policy. A student who is not reinstated after two semesters of probation may be removed from the program. All course grades below a C (2.0) will not be accepted for application to the program of study and the student is subject to university policy on course completion and GPA requirements for graduate work. Students who are placed on probation, will work with their advisor and/or program director to develop a remediation plan in accordance with university graduate school policy. The supervisor will also outline the types of voluntary clinical experiences or practice that the student will engage in. These activities will be conducted so as to maintain skill sets while serving the suspension period.

Pre-requisite Courses for the UNK MAT Admission

Students applying for the Master of Athletic Training must obtain prerequisites for application.

Admission to degree work is contingent upon:

1. Evaluation of the candidate's undergraduate transcript
 - Cumulative undergraduate GPA (4-point scale) of 3.0 or higher
 - Successful completion of all Athletic Training prerequisite courses:
 - General Physics (PHYS 203, 205, or equivalent)
 - General Chemistry (CHEM 145 or equivalent)
 - Human Anatomy and Physiology (PE 310 or equivalent)
 - Anatomical Biomechanics (PE 360 or equivalent)
 - Exercise Physiology (PE 461 or equivalent)
 - Fitness Testing (PE 467 or equivalent)
 - Sports Nutrition (PE 469 or equivalent)
 - Foundations of Athletic Training (PE 264 or equivalent)
2. Certification in Professional Rescuer CPR
3. Certification in First Aid
4. Completion of 40 hours of clinical observation under a certified athletic trainer
 - a. Signed letter confirming observation hours. Letter should be signed by a BOC Certified Athletic Trainer
5. Three Recommendation Letters
6. Submit a cover letter/letter of interest (max. 2 pages)

7. TOEFL or IELTS score (International Students only)
 - a. Minimum TOEFL score of 550 for the paper version and 79 for the internet version. The minimum IELTS score is 6.5. Applicants completing a bachelor's degree from a college/university in the U.S. may be exempt from this requirement.
8. Students who are interested in the Master of Athletic Training must complete and submit the application by April 1st for the 3+2 AT sequence students or June 1st for the traditional 2-year AT sequence students. Master of Athletic Training Program at UNK accepts the Fall admission ONLY.
9. Complete a scheduled interview
 - a. The Athletic Training faculty at UNK will schedule candidates for interviews once review of applications is completed.

Notification of full acceptance into the program will be provided once all qualified applications are reviewed. Each applicant will be notified, in writing, of his or her status. All applicants will have their candidacy individually evaluated. An established number of positions will be available each year for qualified applicants. The number of available positions is dictated by the number of clinical educators currently present in the program. Ranked cumulative GPA & successful completion of entrance requirements will contribute to the evaluation process that the program committee will use to consider granting acceptance to any applicant.

The Clinical Program

The clinical and field experiences combine with the curriculum course work to provide a full and well-rounded educational experience. The clinical and field experiences encompass structure that provides the student with exposure to all aspects of the skill and applied portion of their professional preparation.

The clinical program consists of two progressive year (1st year MAT and 2nd year MAT). Each of the year is reflected academically by the student subsequently enrolling in PE 885, 886, 887, 888, 889, and 890 - Clinical I through VI. Lab courses accompany the didactic portion of each clinical level and preclude the practicum series to provide a full detail of clinical teaching opportunities.

Each student will be assigned to a certified athletic trainer who will act as your preceptor/supervisor for a designated clinical assignment during each clinical class. Athletic training core faculty will conduct the in-person clinical courses for students in each academic term. Students will progress through each clinical year while reporting directly to their clinical class instructor. The instructor is directly responsible for ensuring that every student assigned to them is obtaining appropriate clinical exposure to and practice of all clinical proficiencies designated for each year of students assigned to them. Each student, while assigned to his or her instructor, will be directed to work within a field experience setting beyond the formal clinical instruction environment. Each field experience setting is directly supervised by Field Setting Supervisors (preceptors) who are members of the university athletic training staff. While assigned to each setting, the student will report directly to their clinical instructor and will be supervised within each setting by the Field Setting Supervisor. Clinical instruction, although structured and designated as formal instruction within lab settings and clinical practicum enrollments, is continued into the students' field experience setting on- and off-campus.

At each year of athletic training students in the clinical program, the student will be required to attend a one to two hour of practicum course meeting once per week (see PE 885-890). The practicum course is designed to be the link between the didactic aspects of the program and the clinical education/field experience aspect of the program. The accompanying course time will offer the student formal review and practice of competencies set forth by the program for mastery at each level of the clinical program. The student will be required to master all competencies assigned to their clinical course in each semester, complete practicum course requirements designated for each year of the clinical, pass all written and practical examinations, and have favorable marks on their field setting evaluations as part of the grade for each clinical course. Each clinical course enrollment must result in a B or better before the student would be recommended for advancement to the next clinical course enrollment.

Electronic Tracking of assignments and time spent in the clinical setting

The UNK ATEP utilizes the ATrack web based tracking program to monitor student clinical progress. Students will be required sign-up for this program at their own expense. This is done by either registering with the NATA as a student member or by enrolling in the program as a non-member (cost is the same). Students are urged to do so by becoming an NATA member.

Courses that are designed for direct skill instructions:

- PE 808 Therapeutic Modalities in Athletic Injury
- PE 809 Rehabilitation Techniques in Athletic Training
- PE 815 Athletic Orthopedic Assessment I – Lower Extremity
- PE 816 Athletic Orthopedic Assessment II – Upper Extremity
- PE 820 General Medical Conditions in Sport and Exercise
- PE 885, 886, 887, 888, 889, 890 Clinical I, II, III, IV, V, and VI

THE UNK MASTER OF ATHLETIC TRAINING CLINICAL EDUCATION PROGRAM

The goal of clinical education (CE) within the University of Nebraska at Kearney Master of Athletic Training Program (MAT) is to integrate guided learning over time with ‘real life’ situations of care for the physically active population. This educational form allows the student an opportunity to develop within the athletic training profession in a ‘controlled’ learning environment as they prepare to become a certified athletic trainer.

The UNK MAT strives to provide each student with a comprehensive clinical education that allows them the opportunity to apply didactic material and develop his or her clinical skills in a supervised positive educational setting. In this controlled athletic training environment, students have occasion to be challenged by trained preceptors to assist the development of sound critical thinking and decision-making skills.

UNK MAT also recognizes the value of the ‘real-life’ field setting as a viable learning environment for its undergraduate students and allows them an opportunity to contribute to the athletic training profession in an ethical and moral manner through a variety of field exposures. The CE field setting program has been designed to provide the student with the opportunity to experience a diversity of athletic populations and the opportunity to be alongside certified athletic trainers (preceptors) as they provide care for these athletes. Engagement of learning and skill development is challenged by the preceptors through guided learning experiences and ‘teaching moments’ during their rotational exposures.

Clinical Education Attendance Policy

With each semester of the clinical portion of the program, students are assigned to a variety of settings within the Field Settings. Formal clinical assignments are made by the Clinical Education Coordinator in coordination with Field Setting Preceptor. Upon establishment of the schedule, students at each level are required to complete a set number of hours based upon the PE 885-890 clinical course enrollment and clinical assignment. The set number of hours provides for a range of time that students are expected to attend each week of the assigned schedule. The range of hours is the minimum to maximum hours required of students within the formal clinical assigned and agreed upon schedule. Each student is required to meet the minimum total number of hours per the PE 885-890 clinical course enrollment.

UNK Clinical Education – Definition and Description

- *Clinical Education:* The application of knowledge and skills, learned in classroom and laboratory settings, to practice on patients under the supervision of a PRECEPTOR.
- *Clinical Experience:* Clinical Education Experiences for the athletic training students (ATS) that involve patient care and the application of athletic training skills under the direct supervision of a qualified preceptor.
- *Clinical Proficiencies:* A common set of skills that professional-level athletic trainers should possess, redefining the structure of clinical education from a quantitative approach to an outcome based qualitative system.

The UNK Master of Athletic Training Clinical Education Program

CLINICAL SEQUENCES

	Fall	Spring	Summer
1 st year	<u>Clinical I (2 cr hr)</u> UNK Sports Medicine UNK Injury Clinic	<u>Clinical II (2 cr hr)</u> UNK Sports Medicine UNK Injury Clinic	<u>Clinical III (3 cr hr)</u> Clinic/Hospital (Ortho) Legion Baseball
2 nd year	<u>Clinical IV (4cr hr)</u> High School	<u>Clinical V (3cr hr)</u> UNK Sports Medicine Clinic/Hospital (Rehab) Dr. Brad Rogers Clinic	<u>Clinical VI (3cr hr)</u> Clinic/Hospital (Rehab) Legion Baseball

CLINICAL AFFILIATED SITES

Collegiate

- University of Nebraska at Kearney Sports Medicine (Kearney)
- University of Nebraska at Kearney AT/PT Injury Clinic (Kearney)

High School

- Kearney Senior High School (Kearney)
- Kearney Catholic High School (Kearney)
- Grand Island Senior High School (Grand Island)
- Grand Island Northwest High School (Grand Island)
- Lexington High School (Lexington)

Clinic/Hospital – Physicians

- New West Sports Medicine & Orthopaedic (Kearney)
- CHI Health Good Samaritan - Orthopedic Group (Kearney)
- Dr. Brad Rodgers Clinic (Kearney)
- Heartland Surgery Center (Kearney)

Clinic/Hospital – Physical Therapy

- New West Orthopaedic and Sports Rehabilitation (Kearney)
- Family Physical Therapy (Kearney)
- Grand Island Physical Therapy (Grand Island)
- Great Plains Regional Medical Center (North Platte)

Clinic/Hospital/External Sports – Others

- Tri-City Storm Hockey (Kearney)
- Elite Chiropractic (Kearney)
- Exact Eye Care (Kearney)
- CHI Emergency Care (Kearney)

The Value of Clinical Education: What the Athletic Training Student is acquiring?

- Mastery of psychomotor skill
- Development of basic clinical skills
- Development of comprehensive clinical skills development of rapid judgement and decision-making application of skills in a controlled setting application of skills on actual patients in “living” settings
- Moral reasoning
- Critical thinking
- Development of professional behavior and attitude

Clinical Instructors:

Program Director / Clinical Instructor..... Kazuma Akehi, Ph.D., LAT, ATC
Clinical Coordinator / Clinical Instructor Elena Robinson, DAT, LAT, ATC
Athletic Training Core Faculty..... Scott Unruh, Ed.D, LAT, ATC

Clinical Preceptor 2021-2022:

UNK AT Faculty

- Kazuma Akehi, ATC
- Elena Robinson, ATC
- Scott Unruh, ATC

UNK Sports Medicine

- Bill Murphy, ATC
- Whitney Ryan, ATC
- John Duff, ATC
- Micah Stall, ATC
- Dillon Hinrickson, ATC
- Doug Cooper, ATC
- Spencer Scheer, ATC

New West Sports Medicine

- Terry Nitsch, PTA, ATC
- Elizabeth Muller, PTA, ATC

Family Physical Therapy

- Maggie Nelson, PTA, ATC
- Amber Bendig, ATC

Kearney Physical Therapy

- Adam Liess, PT

Kearny Senior High School

- Brian Haas, ATC
- Bryce Mason, ATC

Kearny Catholic High School

- Derek Horsley, ATC

Tri-City Storm Hockey

- Adam Strecker, ATC

Lexington High School

- Amber Burson, ATC
- Zach Follmer, ATC
- Colt Graf, ATC

Grand Island Senior High School

- Todd Goshorn, ATC
- Carly Hircher, ATC

Grand Island Physical Therapy

- Angie Jones, PT

Grand Island Northwest High School

- Mike Peterson, ATC

Great Plains Regional Medical Center

- Jeff Kautz, ATC

All clinical sites are required to have qualified personnel that include a BOC certified athletic trainer. Qualification as a clinical preceptor / site is completed by having the supervising athletic trainer complete the UNK clinical preceptor training workshop set forth as a requirement for all clinical preceptors. The ATC at each site will be required to meet all the standards as a clinical instructor by the accrediting body as well as those established by university and program standards for off-campus intern and clinical instruction.

As stated previously, students performing service work (work required for clinical field experience) are not expected to perform work in the place of professional staff. Students will however, be expected to perform duties similar to that of professional staff as part of their field experiences. Professional staff athletic trainers will either be on site or available to all sites in which a student is expected to perform clinical field experience responsibilities.

* Each clinical site's emergency action plan (EAP) is available at each clinical site and the UNK AT Home page: https://www.unk.edu/academics/hperls/athletic-training/athletic_training_requirements.php

Off-Campus Clinical Sites and Preceptors/Site Supervisors:

Dr. Brad Rodgers Clinic

- Dr. Bradly D Rodgers, MD

New West Sports Medicine & Orthopaedic Surgery

- Dr. Nolan R May, MD

New West Orthopaedic & Sports Rehabilitation

- Terry Nitsch, PTA, ATC
- Elizabeth Muller, PTA, ATC

Wright Orthopedic (CHI)

- Dr. John Wright, MD

Family Physical Therapy

- Amber Bendig, ATC

Kearney Physical Therapy

- Adam Liess, PT

Kearny Senior High School

- Brian Haas, ATC

Kearny Catholic High School

- Derek Horsley, ATC

Tri-City Storm Hockey

- Adam Strecker, ATC

Elite Chiropractic

- T.J. Peterson, DC

Lexington High School

- Amber Burson, ATC
- Zach Follmer, ATC
- Colt Graf, ATC

Grand Island Senior High School

- Todd Goshorn, ATC
- Carly Hircher, ATC

Grand Island Physical Therapy

- Angie Jones, PT

Grand Island Northwest High School

- Mike Peterson, ATC

Great Plains Regional Medical Center

- Jeff Kautz, ATC

**UNK MASTER OF ATHLETIC TRAINING
CLINICAL EDUCATION/FIELD SETTING PLAN**

1st YEAR: ATHLETIC TRAINING STUDENT

Objectives:

- To integrate the beginning ATS into the field setting of the UNK athletic training program.
- To create a supervised environment where the beginning ATS can engage in the overall care of the athlete within a athletics team setting.
- To establish foundational knowledge of injury/illness assessment and treatment.
- To facilitate the ATS's integration of classroom knowledge and skills into the student's clinical experiences. The following courses will provide a foundation of evaluation and patient care for the first-year student:
 - Fall Semester
 - PE 815P Athletic Orthopedic Assessment 1
 - PE 850 Research Methods in KSS
 - PE 819P Pathology of Sports injuries
 - PE 885 Clinical 1
 - Spring Semester
 - PE 816P Athletic Orthopedic Assessment 2
 - PE 808 Therapeutic Modality for Athletic Injuries
 - PE 886 Clinical 2
- To provide an opportunity for networking with other university athletic trainers through travel as a charge ATS.
- To offer opportunities of community engagement through large athletic events.
- To encourage progression of critical thinking skills.
- To encourage development of ATS appreciation of the responsibilities (nature) of the AT profession.
- To allow stimulation of leadership skills through mentorship of prospective undergraduate students.
- To stimulate a gradual progression of clinical responsibilities that go beyond clinical care (administrative duties, legal aspects of healthcare, intraprofessional/interprofessional collaboration).

Clinical Education Plan:

- First year ATEP students are engaged in formal clinical education each week with a preceptor in a controlled AT environment. This not only allows an opportunity for enhanced learning and skills application for the student but also allows for achievement of a higher level of understanding through learning 'challenges' posed by the preceptor.
- Students enroll and attend the PE 885 and PE 886 courses once per week.
- Students are also required to complete clinical education (CE) meetings (controlled setting) weekly, with the affiliated course instructor, for a minimum of 1-2 hours each week for further learning and engagement of knowledge/ skills.

- Students are assigned rotations with the program's injury clinic, for a minimum of 2 clinic sessions each semester. This encourages further practice of skills and interprofessional collaboration.
- Assessment of skills may also occur during the CE meetings.
- Lab assessments of learned skills are required weekly to encourage students to collaborate with others and preceptors within clinical experiences. The labs facilitate an expectation of constant learning and practice both in and out of the classroom.

Field Setting:

- The PE 885 and PE 886 courses are 2 credit hours each which, based on university standards, allows for 80 hours of clinical exposure within the field setting.
- Students are assigned to the specific UNK clinical preceptor by the ATEP Clinical Coordinator for first and second 8 weeks of the semester. During each clinical experience in the fall and spring, the student will meet in their field setting weekly. A contract outlining the students schedule will be approved and signed by the student, their preceptor, and the Clinical Ed. Coordinator at the beginning of each semester.
 - It is expected that the student follows the weekly schedule created with the preceptor. Exceptions or absences must be approved by the preceptor.
 - Students are expected to arrive promptly, dressed appropriately and ready to immerse themselves in learning experiences.
 - Field setting experiences will be documented in a time log on the *ATrack*[®] documentation system along with a description of the day's events.
 - Additionally, a journal of the week's goals and activities is to be maintained by the student and initialed by the preceptor prior to submitting to the PE 885 and PE 886 instructor at the conclusion of the 'on-week' experience.
- Participation with home or away event medical care will be through the PE 885 and PE 886 course syllabi and will vary depending on the semester and home/away game opportunities.

Student Evaluation:

- Students will complete and submit a self-evaluation form on *ATrack*[®] during weeks 4 and 12 of the semester. These evaluations will be reviewed by the clinical coordinator (Dr. Elena Robinson) and if necessary, the student will be contacted for further review. Suggestions may be made on improvement of clinical performance to further guide the student towards success as an ATS.
- Preceptors will complete a similar evaluation form on *ATrack*[®] during weeks 8 and 16. The mid-term evaluation will also involve an oral review of progress with the students. Both evaluations assess the clinical proficiencies (CP) of the student as well as their personal attributes. Students must show improvement in knowledge and skills over the course of their clinical experiences to be deemed ready for the next assigned clinical experience/preceptor.
 - Scores from the preceptor/CP evaluations (mid-term and final) will be used as a portion of the Psychomotor Scoring within the PE 885 and PE 886 courses.

**UNK MASTER OF ATHLETIC TRAINING
CLINICAL EDUCATION/FIELD SETTING PLAN**

1st YEAR (summer term): ATHLETIC TRAINING STUDENT

Objectives:

- To continue facilitating the ATS's integration of classroom knowledge and skills into the student's clinical experiences that may encompass a variety of athletic abilities and age. The following course will provide a deeper insight into general medical knowledge, legality, and administration:
 - Summer Semester
 - PE 887 Clinical 3
- To provide opportunity for the student to continue developing critical thinking skills in a supervised learning environment.
- To advance the student's understanding and abilities in the assessment of athletic injury and illnesses.
- To advance the student's ability to develop and carry out treatment plans of a variety of injuries.
- To introduce other general medical and orthopedic environments to the student.
- To emphasize the domain of rehabilitation into the progression of ATS knowledge and skills through collaboration with physical and occupational therapists.
- To create an environment where the ATS must engage in and demonstrate leadership skills in the overall care of the athlete through a supervised team experience.
- To provide an opportunity for the ATS to network with other certified athletic trainers and observe the differences of secondary school athletic training programs.
- To establish a constant environment of engagement in interprofessional practice and education with other allied health care personnel.
- To provide an opportunity for the ATS to network with other certified athletic trainers/allied health care professionals in the overall patient care.

Clinical Education Plan:

- First year ATEP students who are transitioning into their second year are engaged in formal clinical education each week with a preceptor in a controlled AT environment. With minimal academic requirements, the students have greater opportunity to fully immerse themselves in their experience. A greater sense of knowledge and independence should be established so that the student may take initiative in guiding their clinical experience.
- Students enroll and attend the PE 887 course once per week.
- Students are also required to complete clinical education (CE) meetings (controlled setting) weekly, with the affiliated course instructor, for a minimum of 1-2 hours each week for further learning and engagement of knowledge/ skills.
- Students are assigned rotations with the program's Kearney legion baseball clinic, orthopedic clinic, and injury clinic, for a minimum of 2 clinic sessions each semester. This encourages further practice of skills and interprofessional collaboration.
- Assessment of skills may also occur during the CE meetings.

Field Setting Plan:

- The PE 887 course is 3 credit hours which, based on university standards, allows for 120 hours of clinical exposure within the field setting.
- Students are assigned to either a UNK clinical preceptor, local high school preceptor, or another local orthopedic or rehabilitation clinic (i.e., physician or physical therapist) by the ATEP Clinical Coordinator for summer. During the term, the student will meet in their field setting weekly. Each student may have several assigned preceptors and experiences over the summer. A contract outlining the students schedule will be approved and signed by the student, their preceptor(s), and the Clinical Ed. Coordinator at the beginning of the semester.
 - It is expected that the student follows the weekly schedule created with the preceptor. Exceptions or absences must be approved by the preceptor.
 - Students are expected to arrive promptly, dressed appropriately and ready to immerse themselves in learning experiences.
 - Field setting experiences will be documented in a time log on the *ATrack*[®] documentation system along with a description of the day's events.
 - Additionally, a journal of the week's goals and activities is to be maintained by the student and initialed by the preceptor prior to submitting to the PE 887 instructor at the conclusion of the 'on-week' experience.
- Participation with home or away event medical care will be through the PE 887 course syllabus and will vary depending on the assigned experience and home/away game opportunities.

Student Evaluation:

- Students will complete and submit a self-evaluation form on *ATrack*[®] twice during the semester. These evaluations will be reviewed by the clinical coordinator (Dr. Elena Robinson) and if necessary, the student will be contacted for further review. Suggestions may be made on improvement of clinical performance to further guide the student towards success as an ATS.
- Preceptors will complete a similar evaluation form on *ATrack*[®] twice during the semester. The mid-term evaluation will also involve an oral review of progress with the students. Both evaluations assess the clinical proficiencies (CP) of the student as well as their personal attributes. Students must show improvement in knowledge and skills over the course of their clinical experiences to be deemed ready for the next assigned clinical experience/preceptor.
- Scores from the preceptor/CP evaluations (mid-term and final) will be used as a portion of the Psychomotor Scoring within the PE 887 course.

UNK MASTER OF ATHLETIC TRAINING CLINICAL EDUCATION/FIELD SETTING PLAN

2nd YEAR: ATHLETIC TRAINING STUDENT

Objectives:

- To facilitate the ATS's integration of classroom knowledge and skills into the student's clinical experiences that may encompass a variety of abilities, ages, and conditions. The following courses will provide a deeper insight into advanced practice strategies, rehabilitations, and emergency care techniques:
 - Fall Semester
 - PE 809 Rehab Techniques
 - PE 860 Gross Anatomy
 - PE 888 Clinical 4
 - Spring Semester
 - PE 820 GM Conditions
 - PE 806 Graduate Seminar (BOC prep)
 - CSP 804 Counseling and Mental Disorders
 - PE 889 Clinical 5
 - Summer Semester
 - PE 890 Clinical 6
- To fully integrate the student in environments beyond UNK.
- To advance the student's learning and abilities in assessment of injury and illness.
- To advance the student's ability in acute and on-going treatment of injury and illness.
- To allow the student to refine their skills in other applied settings.
- To provide advanced knowledge and skill acquisitions that can be evaluated by additional professionals across allied health professions.
- To continue exposing the student to other diagnostic and treatments processes through general medical, orthopedic, and chiropractic environments.
- To encourage refinement of intra-professional and inter-professional skills.
- To expose the student to the management strategies at work within the professional environment.
- To allow further opportunities to work with adolescent student-athletes and refine communication among a healthcare team.
- To permit the student to expand their creative and critical thinking skills when working in an environment that may not have the funding found in many collegiate athletic departments.
- To refine leadership skills through mentorship of the first-year AT students.
- To progress in community involvement, both in and outside of the program.

Clinical Education Plan:

- Second year ATEP students are engaged in formal clinical education each week with a preceptor in a controlled AT environment. Students are expected to fully immerse themselves in their experience outside of class. The student should take initiative in guiding their clinical experience and completing a realistic day-to-day practice for preparation for transitioning to their own independent practice.

- Students enroll and attend the PE 888, PE 889, and PE 890 courses once per week.
- Students are also required to complete clinical education (CE) meetings (controlled setting) weekly, with the affiliated course instructor, for a minimum of 1-2 hours each week for further learning and engagement of knowledge/ skills.
- Assessment of skills may also occur during the CE meetings.
- Students are encouraged to assist the program director and CEC with injury clinic duties and lab skill demonstrations as well as mentor the first-year students.

Field Setting Plan:

- The PE 888 course is 4 credit hours which, based on university standards, allows for 160 hours of clinical exposure within the field setting. The PE 889 and PE 890 courses are each 3 credit hours which allows for 120 hours of clinical experience.
- Students are assigned to either a local high school preceptor or another local orthopedic or rehabilitation preceptor (i.e., physician, physical therapist, chiropractor) by the ATEP Clinical Coordinator for each semester. During each semester, the student will meet in their field setting weekly. Each student may have several assigned preceptors over each term. A contract outlining the students schedule will be approved and signed by the student, their preceptor(s), and the Clinical Ed. Coordinator at the beginning of the semester.
 - It is expected that the student follows the weekly schedule created with the preceptor. Exceptions or absences must be approved by the preceptor.
 - Students are expected to arrive promptly, dressed appropriately and ready to immerse themselves in learning experiences.
 - Field setting experiences will be documented in a time log on the *ATrack*[®] documentation system along with a description of the day's events.
 - Additionally, a journal of the week's goals and activities is to be maintained by the student and initialed by the preceptor prior to submitting to the associated PE 888, PE 89, and PE 890 instructor at the conclusion of the 'on-week' experience.
- Participation with home or away event medical care will be through the course syllabi and will vary depending on the assigned experience and home/away game opportunities.

Student Evaluation:

- Students will complete and submit a self-evaluation form on *ATrack*[®] twice during the semester. These evaluations will be reviewed by the clinical coordinator (Dr. Elena Robinson) and if necessary, the student will be contacted for further review. Suggestions may be made on improvement of clinical performance to further guide the student towards success as an ATS.
- Preceptors will complete a similar evaluation form on *ATrack*[®] twice during the semester. The mid-term evaluation will also involve an oral review of progress with the students. Both evaluations assess the clinical proficiencies (CP) of the student as well as their personal attributes. Students must show improvement in knowledge and skills over the course of their clinical experiences to be deemed ready for the next assigned clinical experience/preceptor.
- Scores from the preceptor/CP evaluations (mid-term and final) will be used as a portion of the Psychomotor Scoring within each course.

Year 1	Year 2
<input type="checkbox"/> PE 150 (3) <input type="checkbox"/> PE 108 (3) <input type="checkbox"/> PE 107 (1) <input type="checkbox"/> PE 265 (2)	<input type="checkbox"/> PE 305 (3) <input type="checkbox"/> PE 310 (3) *apply to Ex Sci program in Fall <input type="checkbox"/> PE 329 (3) <input type="checkbox"/> PE 264 (2) *apply to Minor AT in Spring <input type="checkbox"/> REC 304 (2) *take with PE 264
Year 3 – Fall	Year 3 – Spring
<input type="checkbox"/> PE 360 (4) (PE 310 prereq) <input type="checkbox"/> PE 401 (3) <input type="checkbox"/> PE 430 (3) <input type="checkbox"/> PE 461 (4) (PE 310 prereq)	<input type="checkbox"/> PE 414 (2) <input type="checkbox"/> PE 425 (3) <input type="checkbox"/> PE 467 (4) (PE461 prereq) <input type="checkbox"/> PE 469 or PE 473 (3) (PE461 prereq) <input type="checkbox"/> PE 422 (2) * Apply to Master of AT
Year 4 – Fall	Year 4 – Spring
<input type="checkbox"/> PE 405 (3) <input type="checkbox"/> PE 452 (3) (PE 467 prereq) <input type="checkbox"/> PE 468 (3) (PE 329, PE 467 prereq) <input type="checkbox"/> PE 819P (1) <input type="checkbox"/> PE 885 (2)	<input type="checkbox"/> PE 406 (3) <input type="checkbox"/> PE 475 (3) (PE 467, STAT 241 prereq) <input type="checkbox"/> PE 496 (1) <input type="checkbox"/> PE 808 (3) <input type="checkbox"/> PE 886 (2) <input type="checkbox"/> CSP 804P (2)

**** Year 5 is only Graduate course works in Master of Athletic Training including the Summer terms

Year 4 – Summer	Year 5 – Fall
<input type="checkbox"/> PE 887 (3)	<input type="checkbox"/> PE 809 (4) <input type="checkbox"/> PE 850 (3) <input type="checkbox"/> PE 888 (4)
Year 5 – Spring	Year 5 – Summer
<input type="checkbox"/> PE 820 (2) <input type="checkbox"/> PE 860 (3) <input type="checkbox"/> PE 889 (4) <input type="checkbox"/> PE 898 (1)	<input type="checkbox"/> PE 890 (3)

Academic Requirement for Master of Athletic Training (36 hours)

Credit Hours

* Take all of the following:

_____	_____	PE 808 Therapeutic Modality for Athletic Injury (<i>Spring only</i>)	3 hrs
_____	_____	PE 809 Rehabilitation Techniques (<i>Fall only</i>)	4 hrs
_____	_____	PE 819P Pathology of Sports Injury (<i>Fall only</i>)	1 hrs
_____	_____	PE 820 General Medical Conditions in Sport (<i>Spring only</i>)	2 hrs
_____	_____	PE 850 Research Method in KSS	3 hrs
_____	_____	PE 860 Gross Anatomy of Movement	3 hrs
_____	_____	PE 898 Graduate Seminar (<i>Spring only</i>)	1 hr
_____	_____	CSP 804P Counseling & Mental Disorders	2 hrs
_____	_____	PE 885-890 Clinical I-VI	17 hrs

Master of Athletic Training
Master's Degree Academic Requirements – Traditional 2 Years Sequence
(Eligible to challenge BOC Examination at conclusion of sequence)

<u>Academic pre-requisites for admission</u>	<u>Credit Hours</u>
General Physics	4-5 hrs
General Chemistry	4 hrs
Human Anatomy and Physiology (PE 310 or BIO225/226)	3-8 hrs
Anatomical Biomechanics (PE 360 or equivalent)	4 hrs
Exercise Physiology (PE 461 or equivalent)	4 hrs
Fitness Testing (PE 467 or equivalent)	3 hrs
Sports Nutrition (PE 469 or equivalent)	3 hrs
Foundations of Athletic Training	4 hrs
Certification in Professional Rescuer CPR	

Academic Requirement for MS in Athletic Training or MAT (42)

PE 815P Athletic Orthopedic Assessment I – Lower Extremity	3 hrs
PE 816P Athletic Orthopedic Assessment II – Upper Extremity	3 hrs
PE 808 Therapeutic Modalities for Athletic Injury	3 hrs
PE 809 Rehabilitation Techniques	4 hrs
PE 819P Pathology of Sports Injury	1 hrs
PE 860 Gross Anatomy	3 hrs
PE 820 General Medical Conditions in Sport	2 hrs
PE 885-890 Clinical I-VI	17 hrs
PE 850 Research Method in KSS	3 hrs
PE 806 Graduate Seminar	1 hr
CSP 804 Counseling & Mental Disorders	2 hrs

Fall – 1st yr MAT - 9 cr hr

PE 815P Athletic Ortho Assessment I*	3
PE 850 Research Method in KSS	3
PE 819P Path of Sports Injury*	1
PE 885 Clinical I	2

Spring – 1st yr MAT - 8 cr hr

PE 816P Athletic Ortho Assessment II*	3
PE 808 Thera Modality for Athletic Injury	3
PE 886 Clinical II	2

Summer– 1st yr MAT – 3 cr hr

PE 887 Clinical III	3
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Fall – 2nd yr MAT- 11 cr hr

PE 809 Rehab Techniques	4
PE 860 Gross Anatomy	3
PE 888 Clinical IV	4

Spring – 2nd yr MAT- 8 cr hr

PE 820 GM Conditions in Sport	2
PE 806 Graduate Seminar (test prep)	1
PE 889 Clinical V	3
CSP 804 Counseling & Mental Disorders	2

Summer – 2nd yr MAT- 3 cr hr

PE 890 Clinical VI (Comprehensive Exam)	3
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Address O & A and Legal issues in clinical courses

University of Nebraska at Kearney
Athletic Training Education Program

Student Health Care Policies

Upon application for the University of Nebraska at Kearney Athletic Training Education Program, each student is required to have a complete physical examination conducted and documentation of that examination must be submitted to the ATEP Committee. Every incoming student is also required to provide current immunization records as part of their entrance requirements. Physical examination of incoming students who demonstrate the need for any further medical evaluation will be conducted in coordination with student athlete orthopedic physical examinations in the fall of each year or as indicated by student need. The purpose of the entrance physical examination is to determine physical readiness for completion of the physical tasks associated with the field of athletic training and to determine if any other medical condition exists that may further effect pursuit of the degree and professional preparation of the student. The physical examination also enables the supervising medical personnel to address any medical conditions that the student may have and that may need further attention.

The program staff is also interested in maintaining a safe environment for its professional staff, students, and athletes. Strict adherence to OSHA regulations is expected within the athletic training facilities. Each student will be provided with policies and procedures dealing with behavior and maintenance of a safe medical facility (Athletic Training Room Policies and Procedures Manual). As the student participates in activities related to their professional preparation, they may be exposed to conditions that might endanger the student's health. It is the policy of the program to prepare the student with skills and information that will decrease the likelihood of injury or disease transmission. All students are expected to follow appropriate policy and procedures when exposed to blood borne pathogens or other potentially dangerous environments. Each student will be offered the opportunity to obtain a Hepatitis vaccination series through the Student Health Center on campus. Each student will receive initial training in prevention of disease transmission via his/her PE 265 Advanced First Aid and Critical Care course, and is updated each year through pre-fall in-service training and the student's PE 174 practicum course. Each student will be provided with clothing appropriate for wear while participating in their field experience activities. The clothing is required and is provided so that the student has the ability to change out of clothing that may become soiled with pathogens or medical waste. Students will not be required to participate in any activity that might exploit a condition that they are found to be uniquely pre-disposed to.

Each student has access to the same medical services as any of the athletes of the University of Nebraska at Kearney Athletic Program. They are permitted to attend physician clinic times on campus and are also permitted to consult with team physicians on personal medical conditions if it is conducted within the guidelines of the Athletic Department procedures for medical referral. Each student at UNK has access to the university Student Health Center for personal medical conditions. The UNK Student Health Service is staffed by Registered Nurses who screen all incoming conditions. Those conditions needing further attention are referred to either a Nurse Practitioner or Physicians from the Kearney Clinic P.C. who provides office visits at the Student Health Center daily.

APPLICATION OF THERAPEUTIC MODALITIES AND INITIATION OF THERAPEUTIC EXERCISE DURING THE TREATMENT AND REHABILITATION PROCESS

Students must realize that the program of study and clinical application of skills is sequenced in such a manner that knowledge and skill acquisition is progressive in nature. The student should also realize that use of therapeutic modalities and the initiation of all types of therapy are dependent upon the knowledge and skill provided during the program. Rules and regulations of state licensure that govern the practice of athletic training, require that only individuals licensed as athletic trainers in the state of Nebraska may initiate therapy under standing orders of the Medical Director / Team Physician. Therefore, only those students who have had training in various therapeutic methods may set-up and apply therapeutic modalities and exercise under the direct supervision of a certified staff athletic trainer. Students who have not been formally trained in various therapeutic modalities and treatment may apply such therapy provided the specific parameters of the treatment, either by modality or exercise, is approved and established by a student who has been trained and / or by a certified staff athletic trainer. The therapy applied must also be in compliance with standing treatment and therapy orders on file and outlined in the Policies and Procedures Manual.

Therapeutic equipment safety

All clinical sites that use therapeutic modalities and equipment must maintain the equipment in accordance with the manufacturer's recommendation or federal, state, or local ordinance regarding specific equipment calibrations and maintenance. The athletic training education program will maintain agreement with all off-campus clinical sites to ensure compliance. All students acting in clinical practice while assigned to any clinical site as part of formal enrollment in program courses are required to operate in accordance with the above standard and under the direct supervision of the site supervisor.

Notice to students concerning work-study and university employment

It is in violation of federal regulations for a student to conduct work-study as a part of curricular responsibilities unless all students in the program are being reimbursed for their services. If you are eligible to receive work-study the university will assign you per institutional guidelines. No student may receive monetary reimbursement for activities conducted within a clinical site that are part of formal clinical enrollment assignments. Please communicate with your field setting supervisor and clinical instructor so that you may ensure compliance with these regulations.

EXPECTATIONS OF THE UNK ATHLETIC TRAINING STUDENT

You should feel special, and indeed you are. You will find yourself among others who are also outstanding in their own ways. While in the program there will be no time to rest on your past accolades as you will be expected to perform at your best in both the classroom and in the clinical settings. The hallmark of the program will be to strive for **academic excellence**. Therefore, you will be expected to perform to the best of your ability in the classroom. The theoretical background gained in the classroom will give you your foundation. There is no room for being average when it comes to caring for the injured athlete. You will be expected to attend class, turn in assignments, and take exams on time. To do otherwise states you are not taking your position in the program seriously.

Time spent in the clinical setting must be treated as a class. That is, it is a learning experience, and you are required to attend. You are expected to be inquisitive and ask appropriate questions. Time spent in the field experience setting is considered to be your time to practice your knowledge and skills as well as begin your socialization process into the field of Athletic Training. You are expected to take initiative and not have to be told what to do all the time. As you gain experience, you should begin to assume a **leadership** role. You will attempt to improve your athletic training skills each day you are in the athletic training facility. If this is followed, there should be little “dead time”. You will be asked from time to time to **volunteer** for certain duties. It is expected that you will all **help** one another. A great deal of learning will be done both on your own and with the help of your fellow students. It will be up to you to seek help if you are having a problem in a class or with a practical skill. Those that have done well in the program in the past have been those that fit into the above expectations and have helped themselves to get ahead.

Athletic Training is a demanding profession, and a great deal of confidence and responsibility is placed on the athletic training students at Kearney. If you are willing to work, learn and apply your knowledge, you are on the road to a successful experience on the athletic training staff at the University of Nebraska at Kearney.

REMEMBER

The clinical portion of the program takes place within a professional practice setting. These settings include the UNK Department of Intercollegiate Athletics, Kearney High School, Lexington High School and Grand Island Senior High School Departments of Interscholastic Athletics, New West Sports Medicine, Grand Island Physical Therapy, and Great Plains Regional Medical Center. Students are expected to conduct themselves with the knowledge that their behaviors during these activities and away from the program while in the social environment, may reflect upon any of these groups. That knowledge should guide students in making decisions that may cast an adverse image upon any or all groups. The ATEP has worked long and hard to establish relationships with these professionals and misconduct that reflects poorly on the ATEP, UNK or any of our affiliated sites will not be tolerated. ***Refer to Code of Conduct section of this manual.***

PRIORITIES OF THE ATHLETIC TRAINING STUDENT:

1. Be a **STUDENT**: The athletic trainer must have a sound academic background to support his/her clinical skills. All students must maintain an acceptable level in class work to remain in the program (see Athletic Training Program requirements). Any student falling behind in **academic work should make arrangements with the Supervising Athletic Trainers and Clinical Supervisor** for special assistance and/or time off to catch up.

2. Become a **COMPETENT CLINICIAN**: Use your time spent in the athletic training facility or on the field to your advantage. Continuously develop and practice your hands-on skills.

3. Become a **PROFESSIONAL**: Develop an enthusiastic and professional attitude in dealing with all coaches, athletes, administrators and fellow professionals. Become an involved member of the athletic training profession. Have a goal of becoming a skilled certified and/or licensed athletic trainer. Always be prepared for your assignments by having appropriate equipment and supplies. Ensure that you are always properly dressed. You are provided with UNK Athletic Training attire and you are expected to wear it while operating in any athletic training room capacity.

4. Be a **TEACHER**: The best way to enhance and solidify your own skills is to teach them to someone else. As you progress through the program, you should become a leader, teacher and role model for the less advanced athletic training students.

Additional Costs that students will encounter as part of the requirements for completion of the degree.

NATA Membership – There is a cost for a student membership with the NATA. Membership is required for two specific reasons.

1. Students need to be active participants in their professional organization.
2. NATA membership provides for student access to the ATrack program. The ATrack program is the primary document and clinical tracking process the program uses for monitoring student progress through the program.

NATA Membership fees

Students will be instructed on the process for acquiring initial and ongoing membership.

Initial Non-certified student membership (July 1 – Dec. 31)	\$60.00
Continuing annual student membership (Jan. 1 – Dec. 31)	\$80.00

Criminal background check – This is a requirement for entrance into the program. This is done via an account provided to the program. The cost for the background check for international students may be different than for United States citizens. In the event a conviction related to public welfare is uncovered the program committee will determine the students' status and pathway through the program on an individual basis. All results of the background check will be confidential and will not be released to the public or to anyone other than the ATEP Committee.

Criminal background check fee:

United States resident/citizen student	\$60.00
International resident/citizen student	\$100.00 - \$300.00 (depending on country)

External Testing – As part of the PE 499 Senior Seminar or PE 806 Graduate Seminar course, students will be required to engage in practice tests that are administered by external on-line formats.

Practice tests fee \$30.00 each (2 tests will be required for the course)

BOC Test – Students will be required to challenge the Board of Certification examination as part of PE 898 seminar course and for completion of the degree program. BOC fees are as follow:

Application fee	\$30.00
Exam fee	\$330.00

Course Fees – There are courses that require an additional fee. These courses include:

Graduate course fees

PE 808	\$ 10.00
PE 860	\$ 175.00
PE 885, 888	\$ 45.00
PE 886, 889, 890	\$ 10.00
PE 887	\$ 70.00

Course fees may change. You can also see the most updated course fees from the link:

https://www.unk.edu/offices/student_accounts/tuition/additional_course_fees.php

Clothing – There are expectations that students will be required to adhere to specified attire within the variety of clinical settings provided for students. The program will provide “game-day” polo shirts for students to wear. Students will be expected to provide their own slacks and shoes that will accompany your game-day polo shirts. Students will also be required to be clothed in a manner that is acceptable within the professional setting. It is the responsibility of the student to provide any other clothing and shoes required. Students will be provided an opportunity to purchase “Loper” clothing at a discounted cost at designated times.

Approximate additional cost for required attire

\$30.00 - \$100.00 (Annually)

Immunizations – In the event additional immunizations should be required of students, it is the financial responsibility of the student to work within his/her medical provider to acquire them. The link to costs for services through UNK Student Health is:

https://www.unk.edu/offices/counseling_healthcare/health-care/index.php

Educational Guidance and Post Graduation Placement:

Upon acceptance in the UNK Athletic Training Education Program, the staff will help each student define their immediate and post graduate goals. The certified staff will make every effort to advise, encourage, and offer experiences to help the student's professional development.

During a student's final semester in the program, the student's advisor will assist the student in identifying goals and objectives for post degree placement. The certified staff will be available to assist the student in locating position openings appropriate to the student's goals.

Board of Certification Requirements:

Students completing the academic and clinical experience in athletic training at the University of Nebraska at Kearney will be qualified and required to take the BOC certification examination. These students will meet the following criteria established by the Board of Certification as a candidate from an accredited curriculum program:

1. Proof of a applicable Degree in Athletic Training from UNK.
2. Certificate of completion of the accredited curriculum program.
3. Documentation of field experience practice under the direct supervision of a BOC Certified Athletic Trainer who is a Preceptor/Clinical Instructor. The field experiences must include exposures to settings that emphasize Upper Body, Lower Body, General Medical Conditions, & Equipment Intensive experiences.
4. Proof of current American Red Cross CPR/AED for the Professional Rescuer certification (or the American Heart Association, or EMT equivalent).
5. Application endorsement by Program Director who is a BOC Certified Athletic Trainer.
6. Successful completion of an examination designed by the Board of Certification, which encompasses the basic principle of the profession of athletic training.

Licensure:

Most states within the United States require state licensure in athletic training in addition to the BOC Certification. Once a student is certified and looking for potential employment, he/she should explore the requirements of and for licensure by the state where they wish to be or are employed.

CONTENTS OF STUDENT ADVISING & DOCUMENT (ATrack) FILE

Each student has a program file that contains all information pertinent to his/her admission and progression through the entire program. The program file is combined with each student's advising file. Upon entrance into the program, each student's record is maintained in his/her file. The files are kept in the student's adviser's office. The contents of the file include:

- Application to the program
- Documentation of applicant candidacy
- Documentation of official interview
- Copy of formal acceptance letter
- Signed FERPA Amendment Form
- Signed Hepatitis Inoculation Series Form
- Signed HIPAA Form
- Signed Communicable Diseases Policy
- Signed Technical Standards for Admissions
- Documentation of Physical Examination
- Documentation of signed Academic Dishonesty Agreement
- Copies of semester and year-end status letter
- Copies of any disciplinary letter
 - Suspension
 - Removal from program
 - Re-instatement
- Record of field experience
 - Clinical level Masterfile
- Field Setting Evaluations
 - Clinical
 - Field Setting
 - Internship setting
- Internship/Off-campus Experience Application
 - High School
 - Clinic

ATHLETIC TRAINING STUDENT POSITION DESCRIPTION

Qualifications include:

- * Formal acceptance into the athletic training education program.
- * CPR for the Professional Rescuer certified and current.
- ** Further qualifications and responsibilities of the athletic training student are detailed in this manual.

Responsibilities include:

- Maintain a high degree of professionalism toward the University and athletic training.
- Be properly dressed in UNK Athletic Training Attire when in the Athletic Training Room, or at a UNK Athletic Event.
- Work to develop your skills while in the field experience setting.
- Establish a quality relationship with your Preceptor and/or your Field Setting Supervisor.
- Apply your clinical skills in the field setting.
- Demonstrate a value for the field of athletic training through your actions while operating in any capacity that reflects upon the field of athletic training.
- Be receptive to constructive criticism.
- Be enthusiastic in your field assignments and during all aspects of your clinical training.

Code of Conduct and Disciplinary Procedures

Athletic Training Students are expected to follow the UNK Student Handbook. Violation of the university Code of Conduct or Academic Dishonesty Policies will not be tolerated. Further, student conduct that is not in keeping with the National Athletic Trainers' Association Code of Ethics will not be tolerated. Violation of any of these codes will be dealt through the ATEP Committee and/or ATEP Unity Council. Consequences of violating any of these codes may range from written reprimand to removal from the Athletic Training Education Program. Processing of behavioral violations not in keeping with professional standards of athletic training may be conducted in addition to university judicial processes. The UNK Athletic Training program reserves the right to review student behavior as it relates to university sponsored programming, as part of or separate to official and required Athletic Training activities. Such behavior may include incidences of poor judgment while off campus as it may reflect upon the program, the Department of Intercollegiate Athletics, the University or any of the Athletic Training affiliated sites.

ATEP Unity Council

The Athletic Training Faculty Unity Council is made up of the Athletic Training Student Association Executive Committee. The council will review incidences of misconduct as referred by the Athletic Training Faculty Committee.

Disciplinary Process

In the event a case of misconduct arises, the Athletic Training Faculty Committee may chose to refer the case to the Unity Council, a date for review will be set for review by the counsel. The student may be required to present facts associated with the incident to the counsel. Upon review, the council will make recommendations to the Athletic Training Faculty

Committee for disciplinary action. The ATEP Athletic Training Faculty will make final decisions on sanctions to be imposed.

Principles guiding disciplinary actions when referred to the Unity Counsel

The UNK Athletic Training Faculty Committee holds that, in the event disciplinary actions are to be taken against a student, there are four areas in which disciplinary actions may be taken. They are:

1. Removal from required or voluntary activities related to clinical experiences.
2. Formal apologies to any and all persons, groups, or entities involved. This may include apology to the program student body as a students' actions reflect upon the program as a whole. Apologies may take the form of verbal or written responses.
3. Referral for community service to be conducted outside of time allotted for class and required clinical experiences.
4. Removal or suspension from the Athletic Training Education Program.

Level of offense as well as jurisdiction of university and state or local authorities will be taken into consideration for processing of behavioral offenses. The ATEP reserves the right to pursue disciplinary action beyond that of other jurisdictions as it fits within the university judicial framework.

The UNK Athletic Training Policies and Procedures Manual for provision of sports medicine services to athletes includes the athletic department alcohol and drug policies. These policies identify how disciplinary actions will be taken against athletes struggling with alcohol and drug related behaviors. These policies prescribe actions based upon 1st, 2nd, and 3rd offenses. Consideration may be taken to reflect these guidelines in making decisions regarding disciplinary actions taken against athletic training students.

**Emergency Action Plans
For All UNK Approved Athletic Training Clinical Sites**

Emergency Action Plans (EAPs) are specific to each site and are included for review prior to beginning the experience at that site. During the first week of the off-campus experience, the preceptors at that site will review EAPs and where the student can access the information while on site. The EAPs and emergency information provided is reflective of each individual site. Please make sure that you are reviewing the information specific to the clinical site you are assigned to.

The link to the EAP documents for each clinical site is the following:

https://www.unk.edu/academics/hperls/athletic-training/athletic_training_requirements.php

APPENDIX

Copies of forms each student will be required to submit throughout the program

**INTERVIEW GUIDE
FOR ATHLETIC TRAINING EDUCATION
STUDENT APPLICANTS**

- 1. The selection committee consists of the UNK Master of Athletic Training program Core Faculty and Certified Athletic Trainers.**
- 2. The committee members will familiarize themselves with the student's application prior to the interview time.**
- 3. The contents of the interview will remain confidential and divulging information from this experience will affect the candidates standing in the UNK athletic training program.**
- 4. Initial questions are conducted in order to determine the candidates successful completion of the requirements:**

The student will also clarify additional supporting coursework in athletic training which is either in progress or complete.

- 5. A number of formal questions will be directed to each candidate possibly followed by one or two random questions.**
- 6. The interview will conclude by giving the candidate an opportunity to express any questions or concerns.**
- 7. The candidate will be notified in writing about their selection into the UNK Athletic Training Program after a review of each student's transcripts is complete. This will occur after grades have been posted for the spring term.**

UNIVERSITY OF NEBRASKA AT KEARNEY
ATHLETIC TRAINING EDUCATION PROGRAM
INTERVIEW DOCUMENTATION

Candidate: _____ Date: _____

Committee Members Present:

Application Qualifications:

Complete STATEMENT OF CONFIDENTIALITY:	YES	NO
Complete HEPATITIS VACCINATION INFORMATION:	YES	NO
Complete UNK-ATEP APPLICATION:	YES	NO
Complete FERPA CONSENT	YES	NO
Complete HIPAA CONSENT	YES	NO
Complete Technical Standards for Admission	YES	NO
Complete Agreement of Understanding	YES	NO

COURSE CLARIFICATION & PROVISIONAL LEVEL VERIFICATION:

GPA or transfer GPA _____

ACT Score _____

TOEFL Score (if applicable) _____

**UNIVERSITY OF NEBRASKA AT KEARNEY
ATHLETIC TRAINING EDUCATION PROGRAM**

Technical Standards for Admissions

The University of Nebraska Kearney, UNK Master of Athletic Training Program is a rigorous and intense program that places specific requirements and demands on the students enrolled in the program. An objective of this program is to prepare graduates to enter a variety of employment settings and to render care to a wide spectrum of individuals engaged in physical activity. The technical standards set forth by the UNK Master of Athletic Training Program establish the essential qualities considered necessary for students admitted to this program to achieve the knowledge, skills, and abilities of an entry-level athletic trainer, as well as meet the expectations of the program's accrediting agency (Commission on Accreditation of Athletic Training Education [CAATE]). The following abilities and expectations must be met by all students admitted to the UNK Master of Athletic Training Program. In the event a student is unable to fulfill these technical standards, with or without reasonable accommodation, the student will not be successfully advanced through the UNK Master of Athletic Training Program.

Candidates for selection to the UNK Master of Athletic Training Program must demonstrate:

1. the mental capacity to assimilate, analyze, synthesize, integrate concepts and problem solve to formulate assessment and therapeutic judgments and to be able distinguish deviations from the norm;
2. sufficient postural and neuromuscular control, sensory function, and coordination to perform appropriate physical examinations using accepted techniques; and accurately, safely and efficiently use equipment and materials during the assessment and treatment of patients;
3. the ability to communicate effectively and sensitively with patients and colleagues, including individuals from different cultural and social backgrounds; this includes, but is not limited to, the ability to establish rapport with patients and communicate judgments and treatment information effectively. Students must be able to understand and speak the English language at a level consistent with competent professional practice;
4. the ability to record the physical examination results and a treatment plan clearly and accurately;
5. the capacity to maintain composure and continue to function well during periods of high stress;
6. the perseverance, diligence and commitment to complete the athletic training education program as outlined and sequenced including all clinical experiences;
7. flexibility and the ability to adjust to changing situations and uncertainty in clinical situations;
8. affective skills and appropriate demeanor and rapport that relate to professional education and quality patient care.

Candidates for selection to the UNK Master of Athletic Training Program will be required to verify they understand and meet these technical standards or that they believe that, with certain accommodation, they can meet the standards.

The Coordinator for Students with Disabilities will evaluate a student who states he/she could meet the UNK Master of Athletic Training Program technical standards with accommodation and confirm that the stated condition qualifies as a disability under applicable laws. If a student states he/she can meet the technical standards with accommodation, then the University will determine whether it agrees that the student can meet the technical standards with reasonable accommodation; this includes a review on whether the accommodations requested are reasonable, taking into account whether accommodation would jeopardize clinician/patient safety, or the educational process of the student or the institution, including all coursework, clinical experiences, and internships deemed essential to graduation. A reasonable accommodation does not guarantee student success in the program but rather a level playing field for success.

Compliance with the UNK Master of Athletic Training Program technical standards does not guarantee a student's eligibility for the Board of Certification exam. I certify that I have read, and I understand the technical standards for selection listed above, and I believe to the best of my knowledge that I meet each of these standards with or without reasonable accommodation. I understand that if I am unable to meet these standards I will not be admitted into the program.

Signature of Applicant

Date

Name of Applicant

**UNIVERSITY OF NEBRASKA AT KEARNEY
ATHLETIC TRAINING EDUCATION PROGRAM**

CONTRACT OF CONFIDENTIALITY

Compliance with the Health Insurance Portability and Accountability Act (HIPAA)

As an athletic training student at the University of Nebraska at Kearney, you are hereby advised that all information pertaining to athlete's including, but not limited to, information contained in medical records is to be kept in the strictest confidence.

Access to all medical records shall be limited to those students who are required to have such access in order to perform their assigned duties within the UNK Sports Medicine Department. No employee shall read the contents of an athlete's medical record except as may be necessary for the performance of his/her assigned duties.

Requests for release of information, by the athlete to a third party, are the responsibility of the University Certified Athletic Trainers.

Athletes shall not be given the opportunity to look at the contents of their medical record unless the athlete's attending health care provider or the athletic trainer supervisor is in attendance at the time of the viewing.

Athlete medical data contained in the medical computer system shall be treated according to the same rules as the paper medical record.

Violation of the above guidelines pertaining to confidentiality may be grounds for immediate dismissal of the student from the Athletic Training Education Program. Additionally, be informed that unauthorized release of confidential information may subject to civil action.

I HAVE READ AND UNDERSTAND THE ABOVE AND AGREE TO COMPLY TO THE CONFIDENTIALITY CONTRACT.

SIGNATURE: _____

NAME: _____

DATE: _____

**UNIVERSITY OF NEBRASKA AT KEARNEY
ATHLETIC TRAINING EDUCATION PROGRAM**

Family Educational Rights and Privacy Act (FERPA) Consent

By signing this consent form, you certify that you agree to disclose your education records to the UNK Athletic Training Committee for the purposes of evaluating candidacy and entrance into the UNK Master of Athletic Training Program.

You understand that this form is part of you academic record. These records are protected by the Family Educational Rights and Privacy Act of 1974 and they may not be disclosed without your consent.

You give your consent to disclose only to authorized representatives of this institution, the following documents:

- This form
- Final grades for all courses pertaining to candidacy or acceptance into the UNK Master Athletic Training Program.
- Any transcript from you high school, this institution, or any junior college or any other four-year institutions you have attended.
- Pre-college test scores and any appropriately related information and correspondence directly related to your candidacy, acceptance, & maintenance of your progression through the UNK Master of Athletic Training Program.
- Records concerning your financial aid when pertinent to any scholarship application.

You agree to disclose these records only to determine your candidacy for acceptance or maintenance of your acceptance into the UNK Master of Athletic Training Program, for the purpose of granting financial aid in the form of an athletic training education scholarship, & for inclusion in summary institution or program information to the Commission on Accreditation of Athletic Training Education.

Date

Signature of Athletic Training Student

Name of Athletic Training Student

**UNIVERSITY OF NEBRASKA AT KEARNEY
ATHLETIC TRAINING EDUCATION PROGRAM**

VERIFICATION OF VACCINATIONS

As an athletic training student at the University of Nebraska at Kearney, I understand that I may be unintentionally exposed to blood or other potentially infectious materials of the body that may put me at risk of acquiring a variety of infections. I also understand that if not properly immunized against other diseases, I may place others at risk of infection. I further understand that, If I contract some of these diseases such as Hepatitis B, there is a substantial risk of becoming acutely and/or chronically ill, and that there is a chance that the disease may be fatal. Please identify whether you have either received immunization for the diseases listed below or that I have actually contracted them at one time.

Rubeola (Hard or Red Measles):

- _____ Physician diagnosed measles **OR**
- _____ Laboratory evidence of measles immunity (Rubeola screen) **OR**
- _____ Adequate immunization (per physician records) with live measles vaccine on or after the first birthday.

Rubella (German Measles):

- _____ Laboratory evidence of immunity to rubella (rubella screen), **OR**
- _____ Documented immunization (physician's record) with live rubella virus on or after the first birthday.

Tuberculosis (TB) Skin Test:

- _____ Documentation of a recent (within 1 year) TB skin test.

Chickenpox:

- _____ Students who are uncertain of their immunity to chickenpox will need to either Begin vaccination with the Varicella vaccine (2 shots required) or have their immunity to chickenpox checked through a laboratory test (Varicella-IGG titer).

Additionally, I have been notified that vaccination for HBV is available and that I am responsible for obtaining this care should I so choose.

_____ I HAVE ALREADY RECEIVED THE HBV VACCINATION
Dates of immunizations: _____

_____ I **DO NOT** CHOOSE TO RECEIVE THE HBV VACCINATION AND
UNDERSTAND THAT I MAY BE AT RISK FOR CONTRACTING
HBV IF INADVERTENTLY EXPOSED TO BLOOD OR OTHER
POTENTIALLY INFECTIOUS BODILY MATERIALS.

_____ I WILL BE OBTAINING THE HBV VACCINATION WITHIN THE
IMMEDIATE FUTURE AND WILL NOTIFY THE ATHLETIC
TRAINING DEPARTMENT SUPERVISOR OF THE INITIATION OF
THE VACCINATION SERIES.

****Attention****

All students who will possibly have exposure to blood or body fluids during their time at Great Plains Regional Medical Center are required to have started the Hepatitis B vaccine series prior to beginning practice at Great Plains Regional Medical Center or to sign a Hepatitis B vaccine Declination Form.

SIGNATURE: _____

Date: _____

**University of Nebraska at Kearney
Athletic Training Education Program
Agreement of Understanding**

I _____ have been fully informed of the UNK policy governing academic dishonesty as identified in the UNK Student Handbook. I also understand the importance of maintaining academic integrity. I am fully aware that participating in any form of academic dishonesty can / will result in dismissal from the Athletic Training Education Program and / or further disciplinary action with the University of Nebraska at Kearney.

Student's Signature

Date

Witness

Date

**University of Nebraska at Kearney
Athletic Training Education Program
Physical Examination Verification Form**

Student's Name _____

Date _____

The University of Nebraska at Kearney Athletic Training Education Program requires prospective athletic training students to undergo a physical examination prior to beginning formal clinical experiences. The purpose of completing the examination is to ensure that the student demonstrates readiness to pursue program activities that may be of a strenuous nature. The student should demonstrate:

1. The mental capacity to assimilate, analyze, synthesize, integrate concepts and problem solve to formulate assessment and therapeutic judgments and to able to distinguish deviations from the norm.
2. Sufficient postural and neuromuscular control, sensory function, and coordination to perform appropriate physical examinations using accepted techniques; and accurately, safely and efficiently use equipment and materials during the assessment and treatment of patients.
3. The capacity to maintain composure and continue to function well during periods of high stress.
4. Flexibility and the ability to adjust to changing situations and uncertainty in clinical situations.



Physician's Name _____ Date of examination _____
(Print)

I have examined _____ and have determined him/her to be physically and mentally capable of completing the requirements of the Athletic Training Education Program at the University of Nebraska at Kearney.

Physicians Signature _____

Communicable Diseases Policy

Provided in the Special Medical Issues & Communicable Diseases Section of the Policies and Procedures Manual

Occasionally persons involved with athletic endeavor are exposed to communicable diseases. In the event a student-athlete, staff, or athletic training student becomes ill with a communicable disease, he/she should be referred to the appropriate health care professional. Once a diagnosis is made, the practitioner shall make all relevant recommendations with regard to further participation in either athletic or academic activities. If a student-athlete, staff member or athletic training student becomes ill with a communicable disease, he/she should report it to their coach, administrator, or clinical supervisor. Upon acquiring medical guidance, the effected person shall inform their coach, administrator or clinical supervisor the findings of their medical conditions. He/she should also discuss appropriate time for return to activity. Return to activity may require a signed release from the supervising physician or medical care provider. In the event the individual requires such a release, the signed form should be provided to the athletic training staff or administrator so that proper precautions for return can be followed. All individuals who have potentially been exposed shall be referred as the condition dictates. Any student-athlete, coach, athletic training staff member or athletic training student who has acquired any of the following diseases shall follow these guidelines:

Conjunctivitis, Diptheria, Herpes Simplex, Measles, Meningococcal disease, Gastrointestinal infections, Parvovirus, Poliomyelitis, Mumps, Pertussis, Influenza, Rabies, Rubella, Scabies, Staphylococcus aureus, Streptococcus infection, Tuberculosis.

*[NEW 2021] In addition to the above communicable diseases, COVID-19 (SARS-CoV-2 coronavirus) and its Delta Variant is highly contagious disease through the droplets and very small particles that contain the virus. If you experience any signs and symptoms related to the COVID-19, please contact to the local health district; UNK's Public Health Center (PHC) at 308-865-8279 or unkhealth@unk.edu. People diagnosed with COVID-19 will have to be cleared by the PHC before returning to campus activit.

I _____ have read and fully understand the UNK ATEP communicable disease policy. I will adhere to the policy and will act in good faith to comply with the intent and purpose for which it has been established.

Signature _____ Date _____