



University of Nebraska at Kearney

Athletic Training Education Program

*Manual for
Undergraduate and Graduate
Professional Programs*

Updated May 2018

INTRODUCTION

An athletic trainer is a qualified allied health care professional educated and experienced in the management of health care problems associated with sports participation. In cooperation with physicians and other allied health care personnel, the athletic trainer functions as an integral member of the athletic health care team in secondary schools, colleges and universities, professional sports programs, sports medicine clinics, and other athletic health care settings. The athletic trainer functions in cooperation with medical personnel, athletic administrators, coaches, and parents in the development and coordination of efficient and responsive athletic health care delivery systems.

The athletic trainer's professional preparation is directed toward the development of specified competencies in the following domains: 1) Prevention, 2) Clinical Evaluation and Diagnosis, 3) Immediate Care, 4) Treatment, Rehabilitation, and Reconditioning, 5) Organization and Administration, and 6) Professional Responsibility. Through a combination of formal classroom instruction and clinical experience, the athletic trainer is prepared to apply a wide variety of specific health care skills and knowledge within each of the domains.

The NATIONAL ATHLETIC TRAINERS' ASSOCIATION (NATA) was formed in 1950 to set professional standards for athletic trainers and to establish a Code of Ethics. The association publishes a quarterly journal - *The Journal of Athletic Training*.

The Educational Standards established by the Commission on Accreditation of Athletic Training Education Programs (CAATE) along with the concept of certification has prompted the University of Nebraska at Kearney to offer to its student an educational program in Athletic Training. The Athletic Training Education Program at UNK received Initial Accreditation in April of 2002.

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Mission Statement

The mission of the University of Nebraska at Kearney Athletic Training Education Program (UNK-ATEP) is to provide students with a comprehensive educational experience and strong clinical foundation for a career in the allied health care profession of athletic training. Students will acquire knowledge and skills necessary for completing tasks within the professional setting. Students will be able to demonstrate an understanding and ability to implement proper prevention, management, and rehabilitation of injuries and illnesses of the physically active individual in a variety of settings.

PROGRAM GOALS & OBJECTIVES:

Cognitive

Students will demonstrate level-appropriate knowledge related to the NATA Athletic Training Educational Competencies (5th ed.).

Psychomotor

Students will demonstrate level-appropriate skills that are identified in the NATA Athletic Training Educational Competencies (5th ed.).

Clinical Performance

Students will demonstrate level-appropriate clinical application abilities and professional behaviors.

National Certification

Students will challenge and pass the Board Of Certification Examination so that they may be certified as athletic training professionals.

Placement

Students who successfully pass the BOC examination, will secure placement within the healthcare profession in order to effectively utilize their baccalaureate education.

DESIRED STUDENT OUTCOMES

PROGRAM GOALS AND OBJECTIVES

Cognitive

Outcome measures – Annual Clinical Exam & Cumulative Cognitive Exams

All students will demonstrate a 70% cumulative mean score for all cognitive measures across the AT specific core courses.

All students will demonstrate a score greater than or equal to a 70% score on the written portion of the annual clinical examination

Psychomotor

Outcome measures – Annual Clinical Exam & Cumulative Practical Exams

All students will demonstrate a 70% cumulative mean score for all skill measures across the AT specific core courses.

All students will demonstrate a score greater than or equal to a 70% score on the practical portion of the annual clinical examination

Clinical Performance

Outcome measure – Clinical and Off-campus Evaluations

All students will demonstrate an individual and cumulative mean score of 70% on clinical and internship evaluations.

National Certification

Outcome measure – Pass rates on the BOC Exam

The program will strive to demonstrate a 70% first time pass rate on the BOC examination.

Placement

Outcome measure – Tracking data for placement of graduates

The program will continue to assist with placement of graduates who pass the BOC examination in positions of employment that is appropriate for each students' next step of professional development in the allied health career of his/her choice.

Bachelor of Science in Athletic Training Academic Requirements

University Requirements

Undergraduate degrees at UNK are offered through the four undergraduate colleges: the College of Fine Arts and Humanities, the College of Natural and Social Sciences, the College of Business and Technology, and the College of Education. Students must be admitted into the University of Nebraska at Kearney as a degree-seeking student.

The faculty of the various colleges generally determines and governs their programs, including special admission requirements and degree requirements.

Students in the Athletic Training Education Program are required to complete the program as described in the **University Catalog and this manual**. The UNK athletic training education advisors will assist all athletic training students in their academic and career goals.

Athletic Training Program Requirements

The University of Nebraska Athletic Training Education Program (UNK-ATEP) is developed in accordance with the CAATE Standards for the accreditation of athletic training education programs. Courses include didactic and clinical instruction in subject matter areas as determined by the NATA Athletic Training Educational Competencies. The program offers the student a wide variety of field experience settings for the practice of applying the knowledge and skills acquired.

Curriculum

The UNK-ATEP has a clearly defined position within the university and departmental framework. The program is in compliance with the CAATE standards for the accreditation of athletic training degree programs. The program contains three distinct parts. They include 1) the educational core courses as they fit into the university model, 2) the clinical or practical that stands together with the official course progression, and 3) the continuation of clinical education through field experience opportunities. The clinical experience is thorough, progressive, applied, and it exists within a competency-based framework. The three aspects together are designed to complement one another while offering the student exposure to a wide variety of experiences within the field. The program has a clear acceptance criterion, which allows for a selection process for entry and maintenance of its students as they progress through the program. The department and university have demonstrated financial support as well as demonstrate the ability to offer a wide variety of resources to support the program and its growth. Facilities and equipment reflect what is in use and comparable to that commonly found within the professional setting. There is a qualified individual, designated by job description, as the program director who provides an administrative and supervisory role for the program. There is adequate staffing that operate in compliance with required competency based educational outcomes. Staffing not only meets academic requirements but also addresses the needs demonstrated by the athletic department for coverage of the university sports teams.

General Studies Required by UNK for Athletic Training Majors

| | | |
|-------------|--|-----------------|
| I. | <u>Foundational Core</u> | 12 hours |
| | Written Communication | |
| | ENG 102 | 3 |
| | <i>(Pre-req of ENG 101 or English ACT of 29 or greater)</i> | |
| | Math | |
| | STAT 241 | 3 |
| | Oral Communication | |
| | SPCH 100 | 3 |
| | Democracy in Perspective | |
| | Student's Choice of GS courses designated for this topic area | 3 |
| II. | <u>Portal Course</u> | 3 hours |
| | Any course with a 188 prefix | |
| III. | <u>Distribution</u> | 27 hours |
| | Aesthetics | 3 |
| | Student's Choice of GS courses designated for this topic area | |
| | Humanities | 6 |
| | Student's Choice of GS courses designated for this topic area | |
| | Social Sciences | 6 |
| | SOC 100 | |
| | PSY 203 | |
| | Natural Sciences | 7 |
| | <i>Choose from</i> | |
| | BIOL 102, BIOL 105, BIOL 106, BIOL 211, BIOL 215 | |
| | CHEM 145, CHEM 150, CHEM 160, CHEM 161 | |
| | PHYS 205, PHYS 206 | |
| | Analytical & Quantitative Thought | 0 (required) |
| | Wellness | 0 (required) |
| | PE 150 or any PE 110 activity courses | |
| IV. | <u>Capstone Course</u> | 3 hours |
| | Any course with a 388 prefix | 3 |
| | Total General Studies hours required | 48 hours |

V. Athletic Training Core

Clinical course enrollment

| | |
|---------------------------------|---------|
| PE 174A, Clinical Level One A | 2 hours |
| PE 174B, Clinical Level One B | 2 hours |
| PE 174C, Clinical Level Two A | 4 hours |
| PE 174D, Clinical Level Two B | 3 hours |
| PE 174E, Clinical Level Three A | 1 hours |

(Note: Upon acceptance into the program, the clinical courses are taken every semester of the formal clinical enrollment.)

Didactic & lab course enrollment

| | |
|---|---------|
| PE 250, Athletic Injury Assessment I: LE | 3 hours |
| PE 251, Athletic Injury Assessment II: UE | 3 hours |
| PE 264, Foundation of Athletic Training | 4 hours |
| PE 264L, Foundation of Athletic Training Lab | 0 hours |
| PE 265, Emergency Medical Response | 2 hours |
| PE 310, Introduction to Human Physiology of Exercise | 3 hours |
| PE 350, Therapeutic Modalities in Athletic Training | 4 hours |
| PE 350L, Modalities in Athletic Training Lab | 0 hours |
| PE 360, Introduction to Anatomical Biomechanics | 4 hours |
| PE 375, Rehabilitation Techniques in Athletic Training | 4 hours |
| PE 375L, Rehabilitation Techniques in Athletic Training Lab | 0 hours |
| PE 422, Administration of Strength Programs | 2 hours |
| PE 425, Legal Aspects of Sport and Recreation | 3 hours |
| PE 430, Organization and Administration in Recreation, Sport and Tourism | 3 hours |
| PE 460, Gross Anatomy of Movement | 3 hours |
| PE 461, Physiology of Exercise | 4 hours |
| PE 467, Fitness Testing | 3 hours |
| PE 469, Sports Nutrition | 3 hours |
| PE 470, General Medical Conditions and Pharmacological Application in Sport and Exercise | 2 hours |
| PE 475, Research Techniques in Exercise Science | 3 hours |
| PE 499, Senior Seminar in Athletic Training | 1 hour |
| REC 477, Internship -2 separate 3 hour assignments (H.S. & Clinic) | 6 hours |
| CSP 404, Counseling and Mental Disorders | 2 hours |

Major = 74 hours

Minimum total hours required for BS in Athletic Training Comprehensive = 120

**Bachelor of Science in Athletic Training Comprehensive
Academic Sequence**

First Semester (Fall - Freshman)

| | |
|--|-------|
| GS Portal | 3 |
| GS Natural Science (e.g. Chem 145/160) | 3-4 |
| GS Foundational Core (e.g. Democracy) | 3 |
| GS Distribution (e.g. FSID 110) | 3 |
| PE 265 Emergency Medical Response | 2 |
| | 14-15 |

- Prospective Athletic Training Student
Orientation to athletic training

Third Semester (Fall - Sophomore)

| | |
|---|----|
| GS Distribution (e.g. SOC 100) | 3 |
| GS Foundational Core (e.g. SPCH 100) | 3 |
| PE 250 Athletic Injury Assessment I: LE | 3 |
| PE 360 Intro to Anatomical Biomechanics | 4 |
| PE 174A Clinical Level One A | 2 |
| | 15 |

- Clinical Level I
Clinical setting rotations

Fifth Semester (Fall - Junior)

| | |
|--------------------------------------|-------|
| GS Distribution (e.g. Humanities) | 3 |
| GS Foundational Core (e.g. STAT 241) | 3 |
| PE 375 Rehab Techniques in AT | 4 |
| PE 467 Fitness Testing | 3 |
| PE 174C/D Clinical Level Two A/B | 3-4 |
| | 16-17 |

- Clinical Level 2
Clinical setting rotations (team or non-team)

Seventh Semester (Fall - Senior)

| | |
|--|-------|
| PE 430 Sports Administration | 3 |
| PE 460 Gross Anatomy | 3 |
| PE 475 Research Methods in Ex. Science | 3 |
| PE 499 Senior Seminar | 1 |
| REC 477 Internship | 3 |
| PE 174E Clinical Level Three (either semester) | 1 |
| | 13-14 |

- Clinical Level 3
High School or Clinical Intern
General AT rotations (either semester)

Second Semester (Spring - Freshman)

| | |
|--|-------|
| GS Foundational Core (e.g. ENG 102) | 3 |
| GS Natural Science (e.g. Phys 205) | 3-5 |
| GS Distribution (e.g. PE 150) | 3 |
| PE 264 Foundation of Athletic Training | 4 |
| PE 310 Intro to Human Phys of Ex | 3 |
| | 16-18 |

- Prospective Athletic Training Student
Observation assignments
Official application/interview/acceptance

Fourth Semester (Spring - Sophomore)

| | |
|--|----|
| GS Distribution (e.g. Aesthetics) | 3 |
| PE 251 Athletic Injury Assessment II: UE | 3 |
| PE 350 Therapeutic Modalities in AT | 4 |
| PE 461 Physiology of Exercise | 4 |
| PE 174B Clinical Level One B | 2 |
| | 16 |

- Clinical Level I
Clinical setting rotations
Level 1 clinical advancement exam

Sixth Semester (Spring - Junior)

| | |
|--------------------------------------|-------|
| GS Distribution (e.g. Humanities) | 3 |
| GS Distribution (e.g. PSY 203) | 3 |
| PE 425 Legal Aspects of Sports & Rec | 3 |
| PE 469 Sports Nutrition | 3 |
| PE 470 Gen Med Cond & Pharm in Sport | 2 |
| PE 174C/D Clinical Level Two A/B | 3-4 |
| | 17-18 |

- Clinical Level 2
Clinical setting rotations (team or non-team)
Level 2 clinical advancement exam

Eighth Semester (Spring - Senior)

| | |
|--|-------|
| GS Capstone | 3 |
| CSP 404 Counseling for Health Care Pro. | 2 |
| PE 422 Administration of Strength Program | 2 |
| REC 477 Internship | 3 |
| PE 174E Clinical Level Three (either semester) | 1 |
| | 10-11 |

- Clinical Level 3
High School or Clinical Intern
General AT rotations (either semester)
Level 3 cumulative examination
BOC Examination

* Note the variance in total credits taken in a given semester is predicted on the fact that there is a selection made that determines which semester the choice of courses is taken. This is determined by course availability at the time of advising and enrollment. Those choices are shown on this sequence.

Pre-requisites

PE 174 A – E Athletic Training Clinical Series require completion of the prior course in the sequence before enrollment in the following practicum course.

PE 250 Athletic Injury Assessment I: LE requires PE 264, full acceptance into the program.

PE 251 Athletic Injury Assessment II: UE requires PE 174 A, PE 250 Athletic Injury Assessment I LE, full acceptance into the program as pre-requisites.

PE 350 Therapeutic Modalities in Athletic Training requires PE 250 / 251 Athletic Injury Assessment I & II or concurrent enrollment, PE 174 A, PE 264, & full acceptance into the program as pre-requisites.

PE 375 Rehabilitation Techniques in Athletic Training requires PE 350 Modalities in AT, PE 250 / 251 Athletic Injury Assessment I & II, PE 174 A-B, PE 264, Advancement to clinical level II, & full acceptance into the program as pre-requisites.

PE 470 General Medical and Pharmacological Applications in Sport and Exercise requires PE 461 Physiology of Exercise, PE 467 Fitness Testing, Advancement to clinical level II, & full acceptance into the program as pre-requisites.

PE 499 Senior Seminar requires completion of PE 174 A-E, PE 264 Foundations of AT, PE 250 / 251 Athletic Injury Assessment I & II, PE 350 Modalities in At, PE 375 Rehabilitation Techniques in AT, completion of first PE 477 Internship assignment or concurrent enrollment, Advancement to clinical level III, & full acceptance into the program as pre-requisites.

REC 477 Internship (for athletic training students) requires completion of PE 174 A-D, recommended advancement to clinical level III & full acceptance into the program as pre-requisites.

Successful completion of all clinical level advancement requirements should be obtained before moving to the next clinical level.

The Clinical Program

The clinical and field experiences combine with the curriculum course work to provide a full and well-rounded educational experience. The clinical and field experiences encompass structure that provides the student with exposure to all aspects of the skill and applied portion of their professional preparation.

The clinical program consists of three progressive levels. Each of the three levels is reflected academically by the student subsequently enrolling in PE 174 A - E. Lab courses accompany the didactic portion of each clinical level and preclude the practicum series to provide a full detail of clinical teaching opportunities.

Each student will be assigned to a staff certified athletic trainer who will act as their clinical instructor / supervisor for a designated rotation and assignment during each clinical level. Faculty will conduct the practicum courses for students at each of the three clinical levels. Students will progress through each clinical level while reporting directly to their clinical level instructor. The instructor is directly responsible for ensuring that every student assigned to them is obtaining appropriate exposure to and practice of all clinical proficiencies designated for the clinical level students assigned to them. Each student, while assigned to his or her instructor, will be directed to work within a field experience setting beyond the formal clinical instruction environment. Each field experience setting is directly supervised by Field Setting Supervisors (preceptors) who are members of the university athletic training staff. While assigned to each setting, the student will report directly to their clinical instructor and will be supervised within each setting by the Field Setting Supervisor. Clinical instruction, although structured and designated as formal instruction within lab settings and clinical practicum enrollments, is continued into the students' field experience setting and internship experience.

At each of the three levels of the clinical program, the student will be required to attend a one-hour practicum course meeting once per week (see PE 174 A - E). The practicum course is designed to be the link between the didactic aspects of the program and the clinical education / field experience aspect of the program. The accompanying course time will offer the student formal review and practice of competencies set forth by the program for mastery at each level of the clinical program. The student will be required to master all of the competencies assigned to their level in the program, complete practicum course requirements designated for each level of the clinical, pass all written and practical examinations, and have favorable marks on their field setting evaluations as part of the grade for each PE 174 practicum course. Each practicum enrollment must result in a C or better before the student would be recommended for advancement to the next PE 174 enrollment or clinical level. Students in their final year of the clinical program will be required to complete one semester of PE 174E for 1 credit as well as two internship assignments (REC 477) at a High School and Clinical setting off-campus. Each internship experience will require 120 hours of clinical field experience. To ensure competency acquisition and progression through their off-campus experience the Internship Director will also meet with them at their clinical site during the enrollment period.

Electronic Tracking of assignments and time spent in the clinical setting

The UNK ATEP utilizes the ATrack web based tracking program to monitor student clinical progress. Students will be required sign-up for this program at their own expense. This is done by either registering with the NATA as a student member or by enrolling in the program as a non-member (cost is the same). Students are urged to do so by becoming an NATA member.

Courses that are designed for direct skill instruction:

PE 174 A-E Athletic Training Clinical Series
PE 265 Emergency Medical Response
PE 264L Foundations of Athletic Training Laboratory
PE 250 & 251 Upper and Lower Extremity Assessment
PE 350L Therapeutic Modalities in Athletic Training Laboratory
PE 375L Rehabilitation Techniques in Athletic Injuries Laboratory
REC 477 Internship in Athletic Training

Clinical Education- Definition and Description*

1. *Clinical Education*: The application of knowledge and skills, learned in classroom and laboratory settings, to actually practice on patients under the supervision of a PRECEPTOR/ CLINICAL INSTRUCTOR (CI)
2. *Clinical Experience*: Clinical Education Experiences for the ATS that involve patient care and the application of athletic training skills under the supervision of a qualified instructor.
3. *Clinical Proficiencies*: A common set of skills that entry-level athletic trainers should possess, redefining the structure of clinical education from a quantitative approach to an outcome based qualitative system.

The Value of Clinical Education: What the ATS is acquiring?

- Mastery of psychomotor skill
- Development of basic clinical skills
- Development of comprehensive clinical skills development of rapid judgment and decision-making application of skills in a controlled setting application of skills on actual patients in “live” settings
- Moral reasoning
- Critical thinking
- Development of professional behavior and attitude

* Commission on Accreditation of Athletic Training Education. (2011). *Standards for the accreditation of entry-level athletic training education programs.*

THE UNK-AATEP CLINICAL EDUCATION PROGRAM

The goal of clinical education (CE) within the University of Nebraska at Kearney Athletic Training Education Program (ATEP) is to integrate guided learning over time with ‘real life’ situations of care for the physically active population. This educational form allows the student an opportunity to develop within the athletic training profession in a ‘controlled’ learning environment as they prepare to become a certified athletic trainer.

The UNK-AATEP strives to provide each student with a comprehensive clinical education that allows them the opportunity to apply didactic material and develop his or her clinical skills in a supervised positive educational setting. In this controlled athletic training environment, students have occasion to be challenged by trained preceptors to assist the development of sound critical thinking and decision-making skills.

UNK-AATEP also recognizes the value of the ‘real-life’ field setting as a viable learning environment for its undergraduate students and allows them an opportunity to contribute to the athletic training profession in an ethical and moral manner through a variety of field exposures. The CE field setting program has been designed to provide the student with the opportunity to experience a diversity of athletic populations and the opportunity to be alongside certified athletic trainers (preceptors) as they provide care for these athletes. Engagement of learning and skill development is challenged by the preceptors through guided learning experiences and ‘teaching moments’ during their rotational exposures.

Note: Students performing service work (work required for clinical field experience) are not expected to perform work in the place of professional staff.

Clinical Attendance Policy

With each level of the clinical portion of the program, students are assigned to a variety of settings within the Field Settings. Formal clinical assignments are made by the Clinical Education Coordinator in coordination with Field Setting Supervisors. Upon establishment of the schedule, students at each level are required to complete a set number of hours based upon the PE 174 enrollment and clinical assignment. The set number of hours provides for a range of time that students are expected to attend each week of the assigned schedule. The range of hours is the minimum to maximum hours required of students within the formal clinical assigned and agreed upon schedule. Each student is required to meet the minimum total number of hours per the PE 174 enrollment.

CLINICAL EDUCATION/ FIELD SETTING PLAN

University of Nebraska at Kearney
Athletic Training Education Program

PROVISIONAL STUDENT

Since the provisional student is not formally considered a part of the UNK-ATEP, these requirements are highly encouraged of each candidate but are not a mandatory part of the student's admission process.

Objectives:

- To introduce the prospective student to the profession of athletic training and inform them of the educational process required achieving certification as an athletic trainer.
- To allow students exposure to the athletic training environment.

Fall Semester:

- Attend the four *Orientation to Athletic Training* sessions that begin the first week of October. (Time/ location - TBA)
 - Topics to include: Athletic Training: The Profession; Academic Requirements of UNK-ATEP, study skills, GPA and program standards; UNK-ATEP Clinical Requirements; ATSA and Academic Advising
- Participate in the *Directed Observation Experience* within the UNK field setting
 - Upper-class ATEP students serve as mentors
 - Scheduled time 1x each week beginning the first week of November, concluding during the week prior to finals ('dead' week) in December.
- Demonstrate learning activity by working on observation 'challenges' with their mentors
 - AT Room scavenger hunt; developing professional relationships; taping/ wrapping skills; exposure to the therapeutic modalities; and others as time permits

Spring Semester:

- Complete and document 25-hour observing UNK training room activities and practices in addition to PE 264 lab practice sessions
 - This should include a varied exposure to type of activity/practice/event
- Observe and assist with Spring FB practice as assigned by the PE 264 Instructor
- Successfully complete all PE 264 lab assignments

LEVEL I: ATHLETIC TRAINING STUDENT

Objectives:

1. To integrate the beginning ATS into the field setting of the UNK athletic training program.
2. To create a supervised environment where the beginning ATS can engage in the overall care of the athlete.
3. To facilitate the ATS's integration of classroom knowledge and skills from (PE 264/265/ Fall ATS In-Service: *Emergency preparedness*; PE 360: *Anatomy/ Kinesiology*; PE 405/406: *Athletic Injury Assessment*; PE 350: *Therapeutic Modality* application in practical setting.
4. To encourage development of ATS appreciation of the responsibilities (nature) of the AT profession

Clinical Education Plan

- Level I ATEP students are engaged in formal clinical education each week with a preceptor in a controlled AT environment. This not only allows an opportunity for enhanced learning and skills application for the student but also allows for achievement of a higher level of understanding through learning 'challenges' posed by the preceptor.
- Students enroll and attend the PE 174 (A/B) class meeting once per week.
- Students are also required to meet in the controlled CE setting (*scheduled*) for a minimum of **1-2 hours** each week for further learning and engagement of knowledge/ skills.
- Grading of skills may also occur during CE meetings

Field Setting:

- Each of the PE 174 (A- fall, B- spring) courses are 2 credit hours each which, based on University standards, allows for 80 hours of clinical exposure within the field setting.
 - Students are assigned to the specific clinical preceptor by the UNK-ATEP Clinical Coordinator for first and second 8 weeks of the semester. During the course of each semester, the student will meet in the field setting for 5-6 hours a week. A contract outlining the students schedule will be approved and signed by the student and the Clinical Ed. Coordinator at the beginning of each semester.
 - Students are expected to arrive promptly, dressed appropriately and ready to immerse themselves in learning experiences.
 - Field setting experiences will be documented in a time log on the *ATrack*[®] documentation system
 - Additionally, a Clinical Journal of the week's activity is to be maintained by the student and initialed by the FS Preceptor prior to submitting to the PE 174 Instructor at the conclusion of the 'on-week' experience.
- Participation with home event medical care will be through PE 174 class assignment and will vary depending on the semester and home game opportunities.

Student Evaluation

Students will complete and submit a FS Self-Evaluation form on *ATrack*[®] during weeks 4 and 12 of the semester. These evaluations will be reviewed by the Level I Clinical Instructor (Dr. Josh Underwood) and if necessary, the student will be contacted for further review.

Preceptors and Clinical Preceptor will complete a similar FS Evaluation form on *ATrack*[®] during weeks 8 and 16. The mid-term evaluation will also involve an oral review of progress with the students.

Scores from the Preceptor/ CI evaluations (mid-term and final) will be used as a portion of the Psychomotor Scoring within the PE 174 (practicum) course.

LEVEL II: Athletic Training Student

Objectives:

1. To allow the AT student the opportunity to actively integrate and develop level-appropriate didactic and clinical knowledge and skills in the clinical setting(s).
2. To provide opportunity for the student to refine critical thinking skills in a supervised learning environment.
3. To advance the student's understanding and abilities in the assessment of athletic injury and illnesses.
4. To advance the student's ability to develop and carry out an acute or on-going treatment plan of an athletic injury and illness.
5. To incorporate the domain of rehabilitation into the progression of ATS knowledge and skills.
6. To create an environment where the ATS must engage in and demonstrate leadership skills in the overall care of the athlete through a supervised team experience.
7. To provide an opportunity for the ATS to network with other certified athletic trainers and observe other university athletic training programs through travel with a Preceptor to an away event.
8. To allow the AT student the opportunity to develop leadership skills through mentoring.

Clinical Education Plan:

- Level II ATEP students are engaged in formal clinical education each week with a Preceptor in a controlled AT environment. This allows an opportunity for enhanced learning and skills application for the student and development of advanced thinking as facilitated by a Preceptor.
- Students enroll and attend the PE 174 (C/D) class meeting once per week.
- Students are also required to meet in the controlled CE setting (*scheduled*) for a minimum of **1-2 hours** each week for further learning and engagement of knowledge/ skills.
- Grading of skills may also occur during CE meetings

Field Setting Plan:

PE 174C is a 4 credit hour course, which based on University standards, allow for **160 hours** of clinical exposure within the field setting. This course is intended for students to have opportunity to be assigned a Preceptor for the duration of a season long sport. This exposure allows the student occasion to work closely with the Preceptor in providing for the needs of a specific athlete population. This setting will also allow for at least one travel opportunity with a Preceptor.

- Fall-/Spring-Sport ATS: Students will be assigned to a preceptor for a specific-fall sport session to cover the whole season. Students will be responsible for assisting with the daily practice/event requirements of that activity and other task assignments as agreed with your Preceptor. This environment allows for the application of the student's knowledge and skills but also challenges the students to higher level of understanding as they are engaged with the active patient. Students are also responsible to mentor for younger athletic training students in the program to enhance professional clinical learning environment.
- Winter-Sport ATS: Students will be assigned to a preceptor for a specific winter-sport session to cover the whole season. Those students will need to adjust clinical exposure time in the

earlier semester because they do not have the specific sports coverage until the season starts. Once the winter-sport session/season starts, students will be responsible for assisting with the daily practice/event requirements of that activity and other task assignments as agreed with your Preceptor. This primary exposure to sport practice and event experience allows the students to practice and develop student's knowledge and skills. In addition, students will be able to take responsibilities their practice with active patients.

- Both Fall-/Winter-Sport ATS are required to complete a minimum of two (2) Case Studies on injured UNK athletes and review them with the FS Preceptor during the sport season.
- Each student enrolled in this course must establish a FS schedule that will allow for **12-16 hours** of exposure within the field setting during the 'in-season' (approximation of 12 weeks).
 - A contract outlining the students schedule will be approved and signed by the student and the Clinical Ed. Coordinator at the beginning of the experience.
 - Students are expected to arrive promptly, dressed appropriately and ready to immerse themselves in learning experiences.
 - Field setting experiences will be documented in a time log on the *ATrack*[®] documentation system
- Participation with home event medical care will be through PE 174 class assignment and will vary depending on the semester and home game opportunities.

PE 174D is 3 credit hours that allows for **120 hours** of clinical exposure. This course is intended to provide opportunity for students to be engaged in patient care in a closely supervised athletic training environment. Students will be able to gain one-on-one learning experiences with Clinical Instructors and/ or Preceptors without assisting with a specific sport.

- *Non-Sport ATS:* Students in this setting will be assigned to a preceptor in the athletic training setting. These students will be actively engaged in the daily activities within the collegiate athletic training setting or recreational sport clinic while being taught by the Preceptor. This environment allows for the application of the student's knowledge and skills but also challenges the student to higher levels of understanding as they are engaged with the active patient. Students in this setting will also be challenged to serve as 'mentors' for younger students of the ATEP.
- Each student enrolled in this course must establish a FS schedule that will allow for **7-12 hours** of exposure within the field setting during the 'in-season'.
 - A contract outlining the students schedule will be approved and signed by the student and the Clinical Ed. Coordinator at the beginning of the experience.
 - Students are expected to arrive promptly, dressed appropriately and ready to immerse themselves in learning experiences.
 - Field setting experiences will be documented in a time log on the *ATrack*[®] documentation system
- Participation with home event medical care will be through PE 174 class assignment and will vary depending on the semester and home game opportunities.

Student Evaluation:

- Students will complete and submit a FS Self-Evaluation form on *ATrack* during weeks 4 and 12 of the semester. These evaluations will be reviewed by the Level II Clinical Instructor (Dr. Kazuma Akehi) and if necessary, the student will be contacted for further review.
- Preceptors and Clinical Instructors will complete a similar FS Evaluation form on *ATrack* during weeks 8 and 16.
- The mid-term evaluation will also involve an oral review of progress with the students.
- Scores from the Preceptor/CI evaluations (mid-term and final) will be used as a portion of the Psychomotor Scoring within the PE 174 (practicum) course.

LEVEL III: Athletic Training Student

Students who reach the third level of clinical training will take part in three settings of clinical application of knowledge and skills. These settings include two internships and the collegiate athletic training setting.

Internships:

Clinical level III - Internship (240 hours of clinical internship experience) – Requires completion of experiences at two different off-campus clinical internship sites.

1. **120 hours at Sports Medicine Clinical assignment** - Encompasses activities within the orthopedic practice and rehabilitation clinic. Students will be expected to attend the site 6-8 hours per week. A minimum of one day of attendance per week (3-4 hrs. and a maximum of 3 days per week (12 hours) during the semester.
2. **120 hours at High School assignment** - Encompasses a wide variety of experiences within the scholastic athletic setting. Students will be expected to attend the site 6-8 hours per week. A minimum of one day of attendance per week (3-4 hrs. and a maximum of 3 days per week (12 hours) during the semester.

Level III is designed to offer the student exposure to other sites within the professional field. There are two specific internship experiences that each student is required to complete. The settings for each internship include a clinical/hospital/rehab/orthopedic internship and a high school setting experience. The clinical internship includes a rotation accompanying physicians as they see patients in their office and during surgical observations. This rotation includes observation with a general practice physician and observation with orthopedic physicians. Clinical rehabilitation experiences and other clinical responsibilities will encompass the remainder of the internship. During this time the student will work with ATC (preceptor/clinical instructor) and PT professionals in the rehabilitation setting. The High School setting is intended to expose the student to activities within the varied professional responsibilities unique to the scholastic athletic environment under the supervision of an ATEP clinical preceptor.

Objectives:

1. To expand the scope of the student's applied experience beyond the UNK Athletic training environment.
2. To allow the student to actively engage & refine their skills in additional applied settings.
3. To provide advanced knowledge and skill acquisition through applied field instruction.
4. To expose the student to additional professional settings available within the field of athletic training.
5. To allow the student to be evaluated by additional professionals currently practicing across the allied medical and medical professions.
6. To introduce the student to the diagnostic process at work within the general medical and orthopedic environment.
7. To expose the student to a variety of surgical techniques through observation and instruction by orthopedic physicians.
8. To expose the student to a focused experience in the rehabilitation aspect of the profession.
9. To encourage the student to refine their interpersonal skills within the professional medical environment.
10. To expose the student to the management strategies at work within the professional environment.
11. To allow the student the opportunity to witness, first hand, the practice of athletic training in the public schools.

12. To allow the student the opportunity to work with adolescent student-athletes and to permit them the practice of communicating with the interscholastic coaches as well as parents of school aged athletes.
13. To permit the student to expand their creative and critical thinking skills when working in a public school system that may not have the funding found in many collegiate athletic departments.

Clinical Education Plan:

Level III ATEP students are also engaged in formal clinical education each week with a Preceptor in a controlled AT environment. This not only allows an opportunity for enhanced learning and skills application for the student but also allows for achievement of a higher level of understanding through learning ‘challenges’ posed by the Preceptor.

- Students enroll and attend the PE 174 (E) class meeting once per week. Students also are required to meet in the controlled CE setting (*scheduled*) for a minimum of 1-2 hours each week for further learning and engagement of knowledge/ skills.
- Grading of skills may also occur during CE meetings

Field Setting Plan:

- The PE 174E course is 1 cr. hr. which, based on University standards, allows for **40 hours** of clinical exposure.
- Students assigned to internship sites for the semester will follow the guidelines of the internship experience.
- Half of the level three students will additionally be assigned to an on-campus Preceptor for the semester.
- A ‘contract’ indicated scheduled FS exposure for **2-6 hours** for 1 day/week will be approved and signed by the Preceptor
- A weekly Task/ Goal Sheet will be presented by the student each week. These tasks should be based on the student’s individual developmental needs within the field of athletic training
- Level III ATS have responsibility to mentor lower level undergraduate students in the athletic training setting on a regular basis as well as assist with practice/ event management and athlete care as needed.

Student Evaluation:

- Students will complete and submit a FS Self-Evaluation form on *ATrack*[®] during week 6 of the semester and will act as the students’ mid-term evaluation. These evaluations will be reviewed by the Level III Clinical Instructor (Bill Murphy/ Dr. Scott Unruh) and if necessary, the student will be contacted for further review.
- Preceptors and Clinical Instructors will complete a similar FS Evaluation form on *ATrack*[®] during week 16.
- The mid-term evaluation will also involve an oral review of progress with the students.
- Scores from the Preceptor/ CI evaluations (mid-term and final) will be used as a portion of the Psychomotor Scoring within the PE 174 (practicum) course.

Clinical Instructors:

| | |
|--|---|
| Program Director / Clinical Instructor..... | Scott Unruh, EdD, ATC |
| Clinical Coordinator / Clinical Instructor | Kathy English, MS, ATC |
| Clinical Coordinator / Clinical Instructor | Kazuma Akehi, PhD, ATC |
| Instructional Faculty / Clinical Instructors | Bill Murphy, MA, ATC Roy Stutz, MA, ATC Whitney Ryan, MS, ATC |
| Off-Campus Clinical Instructors | Terry Nitsch, ATC, PTA – New West Dusty Frazier, PT, ATC – New West Elizabeth Muller, ATC, PTA – New West Bill Weed, PT – New West Brian Haas, ATC – KHS Greg Dahlgren, PT – Family PT Colt Graf, ATC –Tri-City Storm Ice Hockey Ross Oberg, ATC, PT – Minden HS Amber Burson, MS, ATC – Lexinton HS Adam Bretschneider, ATC – Lexinton HS Todd Goshorn, ATC – Grand Island HS Jeff Kautz, PhD, ATC – Great Plains Orth. North Platte |

All clinical sites are required to have qualified personnel that include a BOC certified athletic trainer. Qualification as a clinical preceptor / site is completed by having the supervising athletic trainer complete the UNK clinical preceptor training workshop set forth as a requirement for all clinical preceptors. The ATC at each site will be required to meet all the standards as a clinical instructor by the accrediting body as well as those established by university and program standards for off-campus intern and clinical instruction.

As stated previously, students performing service work (work required for clinical field experience) are not expected to perform work in the place of professional staff. Students will however, be expected to perform duties similar to that of professional staff as part of their field experiences. Professional staff athletic trainers will either be on site or available to all sites in which a student is expected to perform clinical field experience responsibilities.

* Each clinical site’s emergency action plan (EAP) is available at each clinical site and the UNK ATEP Home page: http://www.unk.edu/academics/hperls/athletic_training.php

Off-Campus Clinical Sites:

Kearney Clinic

Dr. Bradley D Rodgers, MD
Kearney, NE

**New West Sports Medicine
& Orthopaedic Surgery**

Dr. Nolan R May
Dr. Heber C Crockett
Kearney, NE

**New West Orthopaedic
& Sports Rehabilitation**

Terry Nitch, ATC, PTA
Dusty Frazier, PT, ATC
Elizabeth Muller, ATC, PTA

Family Physical Therapy

Scott Arens, ATC
Greg Dahlgren, PT
Kearney, NE

Wright Orthopedic (CHI)

Dr. John Wright, MD
Kearney, NE

Elite Chiropractic

T.J. Peterson, DC
Kearney, NE

Great Plains Regional Medical Center

Jeff Kautz, PT, ATC
North Platte, NE

Kearney High School

Brian Haas, ATC
Kearney, NE

Grand Island Senior High School

Todd Goshorn, ATC
Grand Island, NE

Lexington High School

Amber Burson, MS, ATC
Adam Bretschneider, ATC
Lexington, NE

Minden High School

Ross Oberg, ATC, PT
Minden, NE

Tri-City Storm Ice Hockey

Colt Graf, ATC
Kearney, NE

Undergraduate Application and Acceptance Requirements

Upon acceptance into the university, students wishing to enter the Athletic Training Education Program must declare the Athletic Training Major as their field of study. Near the end of the student's first semester of course work, they must submit an official application for acceptance into the Athletic Training Education Program. Requirements for consideration of an application and qualification for being granted an interview include: completion of observation experiences, a C or better in PE 310 Introduction to Human Physiologic Response to Exercise, a C or better in PE 265 Emergency Medical Response (w/ certification), a C or better in PE 264 & Lab, a cumulative GPA of **2.75 or better**, and successful completion of the established application process. Each student will be required, as part of the application process, to complete an interview with the athletic training education program committee. The program committee will ultimately grant acceptance. Official application must be submitted by a date established during the spring term. Interviews will be scheduled during April of the spring semester for all students who qualify. Notification of full acceptance into the program will be provided once all qualified applications are reviewed. Each applicant will be notified by mail of his or her status. Transfer or students wishing to change to the Athletic Training Program will have their candidacy individually evaluated.

Although each student will be required to complete an established criterion for application, completion of the criteria does not ensure acceptance into the Athletic Training Education Program. Only an established number of positions will be available each year for qualified applicants. The number of available positions is dictated by the number of clinical educators currently present in the program. Ranked cumulative GPA & successful completion of entrance requirements will contribute to the evaluation process that the program committee will use to consider granting acceptance to any applicant. The program committee may utilize all aspects of the student's first year observation experiences, the results of the interview, the student's ACT or SAT scores, TOEFL scores, GPA, grades in pre-requisite courses, and each of the components that make up the competency acquisition within pre-requisite courses to assist them in granting acceptance to any qualified applicant. Those students with the highest GPA and who qualify for acceptance as well as demonstrate excellence in each component of their observation / candidacy period will be given first consideration for acceptance.

Transfer or change of major students

A UNK student wishing to change their major field of study or a student wishing to transfer into the program utilizing previous academic or practical experience must provide the program committee with verification of like experiences to that of any student beginning their study as a declared athletic training student. Every such student wishing to apply for admission into the ATEP must present verification of practical experience under a Certified Athletic Trainer, verification of successful completion of an equivalent Human Anatomy and Physiology course with an accompanying lab, Proof of certification in American Red Cross or American Heart Association CPR for the Professional Rescuer, Proof of certification in American Red Cross First Aid, successful completion of a course similar to PE 264 Foundations of Athletic Training and Lab, and a minimum of a **2.75** overall GPA.

Application Requirements

Freshman or first year as a declared major option

Fall:

- ___ Completion of Orientation for Athletic Training
- ___ Complete and turn in all aspects of the official application by the last Friday before final exams.

Spring:

- ___ Complete PE 264 Foundations of Athletic Training w/ a C or better
- ___ Complete PE 265 Emergency Medical Response w/ a C or better & certification
- ___ Complete PE 310 Introduction to Human Physiologic Response to Exercise w/ a C or better
- ___ Complete all competencies required for level I students
- ___ Complete all observation assignments
- ___ Complete favorable interview w. the AT program committee
- ___ Acquire a minimum cumulative GPA of **2.75**

Acceptance Criteria

- ___ Successful completion of the entire application process
- ___ The number of available openings within the established ratio of student to clinical instructor will dictate the number of students accepted into the program (may vary from year to year).
- ___ Cumulative GPA will be ranked for all qualified applicants.
- ___ Each factor contributing to the competencies taught in each pre-requisite course and field exposure requirements will be considered.
- ___ Complete all observation requirements for prospective AT students.
- ___ Master all of the competencies presented in all pre-requisite courses.
- ___ Exhibition of dedication through the students observation / candidacy period will be evaluated.
- ___ ACT scores will be ranked and used in the acceptance process.
- ___ The interview will be scored and interview scores will ranked.

Retention Requirements

A student will be required to maintain a **2.75 cumulative GPA** and a **3.0 GPA in the Athletic Training Core** in order to remain in the clinical program and to maintain full acceptance status. A student falling short of a cumulative **2.75 GPA** and/or a 3.0 in the Athletic Training Core after being fully accepted into the program, will be placed on probation and will not be permitted to enroll in any program core courses, continue to gather field experience hours, enroll in PE 174 practicum courses or officially complete clinical competencies until their GPA is returned to the minimum of **2.75** and/or 3.0 respectively. A student who is not reinstated after 2 semesters of probation may be removed from the program. Once the student is fully accepted into the program they will be required to achieve a minimum of a C in Athletic Training Core courses. Upon receiving a grade below a C, the student will be required to repeat the course during the next semester it is offered and will not be permitted to enroll in any of the following sequence courses, enroll in PE 174 practicum courses or continue their clinical progression.

Sophomore or second year as declared major, having achieved full acceptance into the program.

- ___ Cumulative GPA must not drop below **2.75** and a GPA of **3.0** in the Exercise Science and Athletic Training Core courses.
- ___ Maintain Current Red Cross certification in CPR for the Professional Rescuer.
- ___ All courses in the Athletic Training Core must be complete with a minimum of a C grade. All Exercise Science and Athletic Training Core courses completed without a C or better must be repeated. The student will not be permitted to take any further courses beyond the AT course in question if the following course(s) requires the course as a pre-requisite. The student will also not be permitted to continue clinical progression which includes PE 174 enrollment.
- ___ Complete each semester PE 174 practicum enrollment with a C or better. Completion of each practicum course includes aspects of clinical instruction, field assignment requirements, field experience evaluations, written and practical promotion examinations, & other specific practicum course requirements.
- ___ Successful completion (**70% composite score**) of clinical level advancement examinations.
- ___ Have received program recommendation for advancement to each clinical level.

Students who are placed on suspension, will work with their advisor and/or program director to plan remediation of courses. The supervisor will also outline the types of voluntary clinical experiences or practice that the student will engage in. These activities will be conducted so as to maintain skill sets while serving the suspension period.

**Students must log in their time spent in the Field Experience and Internship settings on a daily basis. They may keep track of their hours via ATrack on-line software. Logging of hours is required so that the clinical coordinator can monitor experiences that emphasize exposure to a variety of athletic and clinical settings with patients from different backgrounds, of both male and female genders, and of varied ages.*

Requirements for Graduation

Each student must complete all of the ATEP required General Studies courses & meet the university requirement of 45 credits over each content area. Each student must complete the 74 hour Athletic Training Program core of courses with a 3.0 average in the core. Each student must complete the 120 credit hours program with a 2.75 cumulative GPA. Each student must complete all clinical and Field Experience requirements designated for each clinical level.

Master of Athletic Training Academic Requirements

The Master of Athletic Training program offers two separate avenues for entry and matriculation through one graduate professional program. Students will have the opportunity to either complete a 3-year undergraduate plus a 2-year professional (3+2) program pathway OR complete a traditional post-baccalaureate 2-year professional program pathway.

The five-year or 3+2 graduate (professional) degree pathway allows a student to enter UNK as a freshman and obtain a Bachelor of Science degree in Exercise Science or other related area of study with a minor in Athletic Training Foundations. The minor in Athletic Training Foundations will provide students the opportunity to acquire pre-requisite and professional coursework that will enable them to apply for entry into the Master of Athletic Training professional program. Students may apply for entrance into the professional sequence at the conclusion of the 6th semester. Once accepted into the program, students can begin the professional sequence in the fall of the seventh semester (4th UG year) allowing them to complete the undergraduate degree while beginning the professional graduate program. Upon completion of the undergraduate degree, students will then complete their professional program over the following summer, a fall and spring term of one traditional academic year and an additional summer.

Students applying for the traditional two-year post baccalaureate pathway will be required to obtain pre-requisites for application to the program. Upon acceptance into the traditional two-year model, students will be afforded the opportunity to complete the professional program over the following two calendar years.

Electronic Tracking of assignments and time spent in the clinical setting

The UNK ATEP utilizes the ATrack web based tracking program to monitor student clinical progress. Students will be required sign-up for this program at their own expense. This is done by either registering with the NATA as a student member or by enrolling in the program as a non-member (cost is the same). Students are urged to do so by becoming an NATA member.

Master of Athletic Training
Academic Requirements - 5-year Academic Sequence
 (Eligible to challenge BOC Examination at conclusion of sequence)

| <u>Academic Requirement for the School and Department (48 hours)</u> | <u>Credit Hours</u> |
|---|----------------------------|
| <i>GS Foundational Core</i> | <i>12 hrs</i> |
| <i>GS Portal (numbered 188)</i> | <i>3 hrs</i> |
| <i>GS Distribution</i> | <i>30 hrs</i> |
| <i>Capstone (numbered 388)</i> | <i>3 hrs</i> |

| <u>Academic pre-requisites for admission to be included as part of Undergraduate Program of Study</u> | <u>Credit Hours</u> |
|--|----------------------------|
| General Physics | 4-5 hrs |
| General Chemistry | 4 hrs |
| Human Anatomy and Physiology (PE 310 or BIO225/226) | 3-8 hrs |
| Anatomical Biomechanics (PE 360 or equivalent) | 4 hrs |
| Exercise Physiology (PE 461 or equivalent) | 4 hrs |
| Fitness Testing (PE 467 or equivalent) | 3 hrs |
| Sports Nutrition (PE 469 or equivalent) | 3 hrs |
| Foundations of Athletic Training | 4 hrs |
| Certification in Professional Rescuer CPR | |

Academic Requirements for Minor in Athletic Training Foundation (21 hours)

| | |
|--|-------|
| PE 264 Foundation for Athletic Training | 4 hrs |
| PE 265 Emergency Medical Response | 2 hrs |
| PE 401 Psychology of Sport | 3 hrs |
| PE 405 Athletic Orthopedic Assessment I – Lower Extremities | 3 hrs |
| PE 406 Athletic Orthopedic Assessment II – Upper Extremities | 3 hrs |
| PE 425 Legal Aspects of Sports & Recreation | 3 hrs |
| PE 430 Organization & Administration in Recreation, Sport, & Tourism | 3 hrs |

Academic Requirement for MS in Athletic Training or MAT (35)

| | |
|---|--------|
| PE 808 Therapeutic Modality for Athletic Injury | 3 hrs |
| PE 809 Rehabilitation Techniques | 4 hrs |
| PE 819P Pathology of Sports Injury | 1 hrs |
| PE 820 General Medical Conditions in Sport | 2 hrs |
| PE 850 Research Method in KSS | 3 hrs |
| PE 806 Graduate Seminar | 1 hr |
| PE 860 Gross Anatomy of Movement | 3 hrs |
| CSP 804 Counseling & Mental Disorders | 2 hrs |
| PE 885-890 Clinical I-VI | 16 hrs |

**Sample of Bachelor of Science Exercise Science Major with Athletic Training Foundation Minor
Master of Athletic Training
5-Year Academic Sequence**

First Semester (Fall - Freshman) - 16 cr hr

| | |
|---|---|
| GS Foundation (SPCH 100 Fund of Speech) | 3 |
| GS Portal | 3 |
| GS Natural Science (CHEM 160) | 4 |
| GS Wellness (FSID 110 Intro to Nutrition) | 3 |
| Elective | 3 |

Second Semester (Spring - Freshman) - 16 cr hr

| | |
|------------------------------------|---|
| GS Foundation (ENG 102) | 3 |
| GS Natural Science (PHYS 205) | 5 |
| GS Wellness (PE 150 HWW) | 3 |
| Elective | 3 |
| PE 265 Emergency Medical Response* | 2 |

Third Semester (Fall - Sophomore) - 18 cr hr

| | |
|--|---|
| GS Social Science (SOC 100 Intro to Soc) | 3 |
| GS Foundation (STAT 241 Statistics) | 3 |
| GS Democracy | 3 |
| GS Aesth | 3 |
| PE 305 Fitness Leadership+ | 3 |
| PE 310 Intro Human Phys of Ex+ | 3 |

Fourth Semester (Spring - Sophomore) - 16 cr hr

| | |
|---|---|
| GS Humanities | 3 |
| GS Social Science (PSY 203) | 3 |
| GS Humanities | 3 |
| PE 264 Foundation of Athletic Training* | 4 |
| PE 329 Intro to Health Promotion+ | 3 |

- May take BIO 225 & 226 as a replacement for PE 310 if needed.

- Declare Minor in Athletic Training Foundation

Fifth Semester (Fall - Junior) - 17 cr hr

| | |
|---|---|
| Capstone | 3 |
| PE 430 Org & Admin in Rec, Sport, & Tour* | 3 |
| PE 360 Intro to Anatomical Biomechanics+ | 4 |
| PE 401 Psychology of Sport* | 3 |
| PE 461 Physiology of Exercise+ | 4 |

Sixth Semester (Spring - Junior) - 15 cr hr

| | |
|---------------------------------------|---|
| Elective | 3 |
| Elective | 3 |
| PE 425 Legal Aspects of Sports & Rec* | 3 |
| PE 467 Fitness Testing+ | 3 |
| PE 469 Sport Nutrition+ | 3 |

- Admission to the Master of Athletic Training by the end of the sixth semester

Summer Session - 4 cr hr

| | |
|---------------------|---|
| REC 477 Internship+ | 4 |
|---------------------|---|

Seventh Semester (Fall – Combined) - 15 cr hr

| | |
|---|---|
| Elective | 4 |
| PE 422 Administration of Strength Program+ | 2 |
| PE 405 Athletic Ortho Assessment I* | 3 |
| PE 468 Public Health Aspects of Phys. Act.+ | 3 |
| PE 819P Path of Sports Injury | 1 |
| PE 885 Clinical I | 2 |

Eighth Semester (Spring - Combined) - 11-15 cr hr

| | |
|---|----|
| PE 406 Athletic Ortho Assessment II* | 3 |
| PE 475 Research Methods in Ex. Sc.+ | 3 |
| PE 808 Thera Modality for Athletic Injury | 3 |
| PE 886 Clinical II | 2 |
| (or from summer REC 477 Internship) | 4) |

Summer 1st Session (1st yr Masters) - 2-6 cr hr

| | |
|----|--|
| 4 | |
| OR | |

Summer 2nd Session (1st yr Masters) - 6 cr hr

| | |
|---------------------------------------|---|
| CSP 804 Counseling & Mental Disorders | 2 |
| PE 887 Clinical III | 4 |

Fall Semester (1st yr Masters) - 10 cr hr

| | |
|-------------------------------|---|
| PE 809 Rehab Techniques | 4 |
| PE 850 Research Method in KSS | 3 |
| PE 888 Clinical IV | 3 |

Spring Semester (1st yr Masters) - 9 cr hr

| | |
|-------------------------------------|---|
| PE 860 Gross Anatomy of Movement | 3 |
| PE 820 GM Conditions in Sport | 2 |
| PE 806 Graduate Seminar (test prep) | 1 |
| PE 889 Clinical V | 3 |

Summer 1st Session (2nd yr Master) - 0-2 cr hr

| | |
|--------------------|------|
| PE 890 Clinical VI | 2 OR |
|--------------------|------|

Summer 2nd Session (2nd yr Masters) - 0-2 cr hr

| | |
|--------------------|---|
| PE 890 Clinical VI | 2 |
|--------------------|---|

+ indicates Exercise Science Major

* indicates Athletic Training Minor

Note-a student can complete any undergraduate major he/she chooses. The Ex. Sc. Degree is used as model.

Master of Athletic Training
Master's Degree Academic Requirements – Traditional 2 Years Sequence
 (Eligible to challenge BOC Examination at conclusion of sequence)

| <u>Academic pre-requisites for admission</u> | <u>Credit Hours</u> |
|---|---------------------|
| General Physics | 4-5 hrs |
| General Chemistry | 4 hrs |
| Human Anatomy and Physiology (PE 310 or BIO225/226) | 3-8 hrs |
| Anatomical Biomechanics (PE 360 or equivalent) | 4 hrs |
| Exercise Physiology (PE 461 or equivalent) | 4 hrs |
| Fitness Testing (PE 467 or equivalent) | 3 hrs |
| Sports Nutrition (PE 469 or equivalent) | 3 hrs |
| Foundations of Athletic Training | 4 hrs |
| Certification in Professional Rescuer CPR | |

Academic Requirement for MS in Athletic Training or MAT (41)

| | |
|---|--------|
| PE 815P Athletic Orthopedic Assessment I – Lower Extremity | 3 hrs |
| PE 816P Athletic Orthopedic Assessment II – Upper Extremity | 3 hrs |
| PE 808 Therapeutic Modalities for Athletic Injury | 3 hrs |
| PE 809 Rehabilitation Techniques | 4 hrs |
| PE 819P Pathology of Sports Injury | 1 hrs |
| PE 860 Gross Anatomy | 3 hrs |
| PE 820 General Medical Conditions in Sport | 2 hrs |
| PE 885-890 Clinical I-VI | 16 hrs |
| PE 850 Research Method in KSS | 3 hrs |
| PE 806 Graduate Seminar | 1 hr |
| CSP 804 Counseling & Mental Disorders | 2 hrs |

Fall – 1st yr Masters - 9 cr hr

| | |
|---|---|
| PE 815P Athletic Orthopedic Assessment I* | 3 |
| PE 850 Research Method in KSS | 3 |
| PE 819P Path of Sports Injury* | 1 |
| PE 885 Clinical I | 2 |

Spring – 1st yr Masters - 8 cr hr

| | |
|--|---|
| PE 816P Athletic Orthopedic Assessment II* | 3 |
| PE 808 Thera Modality for Athletic Injury | 3 |
| PE 886 Clinical II | 2 |

Summer 1 session – 1st yr Masters - 2-6 cr hr

| | |
|---------------------|---|
| PE 887 Clinical III | 4 |
| OR | |

Summer 2 session – 1st yr Masters - 2-6 cr hr

| | |
|---------------------------------------|---|
| CSP 804 Counseling & Mental Disorders | 2 |
| PE 887 Clinical III | 4 |

Fall – 2nd yr Masters - 10 cr hr

| | |
|-------------------------|---|
| PE 809 Rehab Techniques | 4 |
| PE 860 Gross Anatomy | 3 |
| PE 888 Clinical IV | 3 |

Spring – 2nd yr Masters - 6 cr hr

| | |
|-------------------------------------|---|
| PE 820 GM Conditions in Sport | 2 |
| PE 806 Graduate Seminar (test prep) | 1 |
| PE 889 Clinical V | 3 |

Summer 1 session – 2nd yr Master - 0-2 cr hr

| | |
|---|---|
| PE 890 Clinical VI (Comprehensive Exam) | 2 |
|---|---|

Summer 2 session – 2nd yr Masters - 0-2 cr hr

| | |
|--|---|
| OR PE 890 Clinical VI (Comprehensive Exam) | 2 |
|--|---|

Address O & A and Legal issues in clinical

The UNK Master of Athletic Training Clinical Education Program

Clinical Sequence

| | Fall | Spring | Summer |
|----------------------|---|--|--|
| 1 st year | Clinical I (2cr hr) 1 st session: UNK 2 nd session: UNK | Clinical II (2cr hr) 1 st session: UNK 2 nd session: UNK | Clinical III (4cr hr) Clinic/Hospital |
| 2 nd year | Clinical IV (3cr hr) UNK/HS | Clinical V (3cr hr) UNK/HS | Clinical VI (2cr hr) Clinic/Hospital |

CLINICAL AFFILIATED SITES

Collegiate

- University of Nebraska at Kearney Sports Medicine (Kearney)
- University of Nebraska at Kearney AT Rec Clinic (Kearney)

High School

- Kearney Senior High School (Kearney)
- Grand Island Senior High School (Grand Island)
- Grand Island Northwest High School (Grand Island)
- Lexington High School (Lexington)

Clinic/Hospital – Physicians

- New West Orthopaedic Sports Medicine (Kearney)
- CHI Health Good Samaritan - Orthopedic Group (Kearney)
- Dr. Brad Rodgers Clinic (Kearney)

Clinic/Hospital – Physical Therapy

- New West Rehabilitation (Kearney)
- Family Physical Therapy (Kearney)
- Grand Island Physical Therapy (Grand Island)
- Great Plains Regional Medical Center (North Platte)

Clinic/Hospital/External Sports – Others

- Storm Hockey (Kearney)
- Elite Chiropractic (Kearney)
- Exact Eye Care (Kearney)
- CHI Emergency Care (Kearney)

UNK MAT Clinical Sequence:

| | |
|---|--|
| <i>1st Year Master Fall</i> (1:Aug-Oct, 2:Oct-Dec) | <i>2nd Year Master Fall</i> (August – December) |
| UNK Athletics | UNK Athletics |
| UNK AT Rec Clinic | Local HS |
| Tri-City Storm Hockey (Oct-Dec) | |
| <i>1st Year Master Spring</i> (1:Dec-Mar, 2:Mar-May) | <i>2nd Year Master Spring</i> (December – May) |
| UNK Athletics | UNK Athletics |
| UNK AT Rec Clinic | Local HS |
| Tri-City Storm Hockey (Dec-Mar) | Dr. Rodgers' Clinic |
| Off-Campus Clinics | |
| <i>1st Year Master Summer</i> (June or July) | <i>2nd Year Master Summer</i> (June or July) |
| New West Ortho | New West Ortho |
| CHI Ortho | CHI Ortho |
| New West PT | New West PT |
| Family PT | Family PT |
| Grand island PT | Grand island PT |
| Great Plains PT | Great Plains PT |
| CHI Emergency Care | CHI Emergency Care |

UNK Clinical Education – Definition and Description

- *Clinical Education*: The application of knowledge and skills, learned in classroom and laboratory settings, to practice on patients under the supervision of a PRECEPTOR.
- *Clinical Experience*: Clinical Education Experiences for the athletic training students (ATS) that involve patient care and the application of athletic training skills under the direct supervision of a qualified preceptor.
- *Clinical Proficiencies*: A common set of skills that professional-level athletic trainers should possess, redefining the structure of clinical education from a quantitative approach to an outcome based qualitative system.

The Value of Clinical Education: What the Athletic Training Student is acquiring?

- Mastery of psychomotor skill
- Development of basic clinical skills
- Development of comprehensive clinical skills development of rapid judgement and decision-making application of skills in a controlled setting application of skills on actual patients in “living” settings
- Moral reasoning
- Critical thinking
- Development of professional behavior and attitude

The goal of Clinical Education (CE) within the University of Nebraska at Kearney Master of Athletic Training (UNK MAT) is to integrate guided learning over time with “real life” situations of care for the physically active population. This program allows the student an opportunity to develop within the athletic training profession in a “controlled” learning environment as they prepare to become a professional-level certified athletic trainer.

The UNK MAT strives to provide each student with a comprehensive clinical education that allows them the opportunity to apply didactic material and develop his/her clinical skills in a supervised positive educational setting. In this controlled athletic training environment, students have occasion to be challenged by trained preceptors to assist the development of sound critical thinking and decision-making skills.

The UNK MAT also recognize the value of the “real-life” field setting as a viable learning environment for its students and allows them an opportunity to contribute to the athletic training profession in an ethical and moral manner through a variety of field exposures. The CE field setting program has been designed to provide the student with the opportunity to experience a diversity of athletic populations and the opportunity to be alongside certified athletic trainers (preceptors) as they provide care for these athletes. Engagement of learning and skill development is challenged by the preceptors through guided learning experience and “teaching moments” during their rotational exposures.

1. Clinical Assignment

- a. Clinical coordinator will assign athletic training students to the specific preceptor instead of the “sports”.
 - i. 1st year student has total 2 rotations in each semester: the first half (Week 1-7) and second half (Week 8-15).
 - ii. 2nd year student has a full-semester rotation (Fall and Spring) on either UNK Athletics or local High School.
 - iii. We will not be an entire “winter sport” rotation. Each preceptor who works with the winter sports such as basketball and wrestling needs additional adjustment in the clinical structure.
- b. Each student will enroll the same clinical courses (PE885, 886, 887, 888, 889, & 890; Total 16 credit hours).

2. Preceptor responsibility

- a. Each preceptor/clinical instructor has authority to schedule each assigned student but **need to meet the clinical course objectives and requirements**: clinical hour, events, proficiencies, and etc.
- b. **UNK Policy states 1 credit hour equals 40 clinical contact hours**. The CAATE standards states:
 - i. “Course credits are consistent with institutional policy or institutional practice.”
 - ii. “The program ensures that the time commitment for completing program requirements does not adversely affect students’ progression through the program.”
 - iii. “The clinical education component is planned to include at least one immersive clinical experience.”
 1. Minimally one continuous four-week period

3. Student Assessment

- a. As a program requirement, we will conduct the mid-term and final student assessment by each preceptor to grade each student's performance as usual.

Courses that are designed for direct skill instruction:

PE 885-890 Athletic Training Clinical Series
PE 815 & 816 Upper and Lower Extremity Assessment
PE 808 Therapeutic Modalities in Athletic Training Laboratory
PE 809 Rehabilitation Techniques in Athletic Injuries Laboratory
PE 820 General Medical Conditions in Sport
PE 806 Graduate Seminar

Electronic Tracking of assignments and time spent in the clinical setting

The UNK ATEP utilizes the ATrack web based tracking program to monitor student clinical progress. Students will be required sign-up for this program at their own expense. This is done by either registering with the NATA as a student member or by enrolling in the program as a non-member (cost is the same). Students are urged to do so by becoming an NATA member.

Admission Requirements

Admission to degree work is contingent upon:

1. Evaluation of the candidate's undergraduate transcript
 - Cumulative undergraduate GPA (4 point scale) of 3.0 or higher
 - Successful completion of all Athletic Training prerequisite courses.
 - General Physics
 - General Chemistry
 - Human Anatomy and Physiology
 - Anatomical Biomechanics
 - Exercise Physiology
 - Fitness Testing
 - Sports Nutrition
 - Foundations of Athletic Training
2. Certification in Professional Rescuer CPR
 - Front and back copy of current certification card from either the American Red Cross or American Heart Association
3. Certification in First Aid
 - Front and back copy of First Aid Certification Card
4. Completion of 40 hours of clinical observation under a certified athletic trainer
 - Signed letter confirming observation hours. Letter should be signed by a BOC Certified Athletic Trainer.
5. Recommendations
 - Three letters of recommendation
6. TOEFL or IELTS score (International Students only)
 - Minimum TOEFL score of 550 for the paper version and 79 for the internet version. The minimum IELTS score is 6.5. Applicants completing a bachelor's degree from a college/university in the U.S. may be exempt from this requirement.
7. Complete a scheduled interview
 - The ATEP faculty will schedule candidates for interviews once review of applications is complete.

An individual who wishes to pursue formal admission into the Athletic Training Program must submit the application according to university graduate application deadlines. Acceptance is contingent upon the applicant meeting all application requirements. Acceptance is not guaranteed and all applications will be reviewed on an individual basis.

Upon submission of required materials to the office of Graduate Admissions, all applicant files will be reviewed by the Athletic Training Education Program faculty and an interview will be scheduled. Each student will be required, as part of the application process, to complete an interview with the Athletic Training Education Program Committee. The program committee will ultimately grant acceptance. Interviews will be scheduled during the spring semester for all students who qualify. Notification of full acceptance into the program will be provided once all qualified applications are reviewed. Each applicant will be notified, in writing, of his or her status. All applicants will have their candidacy individually evaluated. An established number of positions will be available each year for qualified applicants. The number of available positions is dictated by the number of clinical educators currently present in the program. Ranked cumulative GPA & successful completion of entrance requirements will contribute to the evaluation process that the program committee will use to consider granting acceptance to any applicant. The program committee may utilize all aspects of the student's observation experiences, the results of the interview, TOEFL scores, GPA and grades in prerequisite courses to assist them in granting acceptance to any qualified applicant. Those students

with the highest GPA and who qualify for acceptance as well as demonstrate excellence in each component of their observation, interview and pre-requisite work will be given first consideration.

Transfer Applicants

Students wishing to transfer from another CAATE accredited graduate program or students wishing to transfer as an undergraduate through the 3+2 pathway will have their transcripts evaluated on an individual basis for proper placement in the program sequence. All transfer students wishing to be immediately accepted into the MAT must apply for admission and provide proof of certification in Red Cross or American Heart Association CPR for the Professional Rescuer, certification in First Aid and a minimum of a 3.0 cumulative graduate grade point average.

Retention Requirements

A student in good standing will:

- Maintain a 3.0 cumulative GPA.
- Maintain current certification in CPR for the Professional Rescuer.
- Complete each semester practicum enrollment with a B or better. Completion of each practicum course includes aspects of clinical instruction, field assignment requirements, field experience evaluations, written and practical promotion examinations, & other specific practicum course requirements.
- Successfully complete (70% composite score) clinical level advancement examinations.
- Maintain a longitudinal score of 70% or higher on each of the program measures (Written scores, practical scores & clinical evaluations).
- Receive program recommendation for advancement to each clinical level.

A student falling short of a 3.0 cumulative GPA after being fully accepted into the program, will be placed on probation in accordance with university policy. A student who is not reinstated after 2 semesters of probation may be removed from the program. All course grades below a C (2.0) will not be accepted for application to the program of study and the student is subject to university policy on course completion and GPA requirements for graduate work. Students who are placed on probation, will work with their advisor and/or program director to develop a remediation plan in accordance with university graduate school policy. The supervisor will also outline the types of voluntary clinical experiences or practice that the student will engage in. These activities will be conducted so as to maintain skill sets while serving the suspension period.

Requirements for graduation & challenging the Board of Certification (BOC) examination

Each student must complete all of the ATEP required courses, program requirements and complete all university graduate requirements in order to be eligible to challenge the BOC exam and to apply for graduation.

University of Nebraska at Kearney
Athletic Training Education Program

Student Health Care Policies

Upon application for the University of Nebraska at Kearney Athletic Training Education Program, each student is required to have a complete physical examination conducted and documentation of that examination must be submitted to the ATEP Committee. Every incoming student is also required to provide current immunization records as part of their entrance requirements. Physical examination of incoming students who demonstrate the need for any further medical evaluation will be conducted in coordination with student athlete orthopedic physical examinations in the fall of each year or as indicated by student need. The purpose of the entrance physical examination is to determine physical readiness for completion of the physical tasks associated with the field of athletic training and to determine if any other medical condition exists that may further effect pursuit of the degree and professional preparation of the student. The physical examination also enables the supervising medical personnel to address any medical conditions that the student may have and that may need further attention.

The program staff is also interested in maintaining a safe environment for its professional staff, students, and athletes. Strict adherence to OSHA regulations is expected within the athletic training facilities. Each student will be provided with policies and procedures dealing with behavior and maintenance of a safe medical facility (Athletic Training Room Policies and Procedures Manual). As the student participates in activities related to their professional preparation, they may be exposed to conditions that might endanger the student's health. It is the policy of the program to prepare the student with skills and information that will decrease the likelihood of injury or disease transmission. All students are expected to follow appropriate policy and procedures when exposed to blood borne pathogens or other potentially dangerous environments. Each student will be offered the opportunity to obtain a Hepatitis vaccination series through the Student Health Center on campus. Each student will receive initial training in prevention of disease transmission via his/her PE 265 Advanced First Aid and Critical Care course, and is updated each year through pre-fall in-service training and the student's PE 174 practicum course. Each student will be provided with clothing appropriate for wear while participating in their field experience activities. The clothing is required and is provided so that the student has the ability to change out of clothing that may become soiled with pathogens or medical waste. Students will not be required to participate in any activity that might exploit a condition that they are found to be uniquely pre-disposed to.

Each student has access to the same medical services as any of the athletes of the University of Nebraska at Kearney Athletic Program. They are permitted to attend physician clinic times on campus and are also permitted to consult with team physicians on personal medical conditions if it is conducted within the guidelines of the Athletic Department procedures for medical referral. Each student at UNK has access to the university Student Health Center for personal medical conditions. The UNK Student Health Service is staffed by Registered Nurses who screen all incoming conditions. Those conditions needing further attention are referred to either a Nurse Practitioner or Physicians from the Kearney Clinic P.C. who provides office visits at the Student Health Center on a daily basis.

University of Nebraska at Kearney
Athletic Training Education Program

Communicable Diseases Policy

Provided in the Special Medical Issues & Communicable Diseases Section
of the Policies and Procedures Manual

Occasionally persons involved with athletic endeavor are exposed to communicable diseases. In the event a student-athlete, staff, or athletic training student becomes ill with a communicable disease, he/she should be referred to the appropriate health care professional. Once a diagnosis is made, the practitioner shall make all relevant recommendations with regard to further participation in either athletic or academic activities. If a student-athlete, staff member or athletic training student becomes ill with a communicable disease, he/she should report it to their coach, administrator, or clinical supervisor. Upon acquiring medical guidance, the effected person shall inform their coach, administrator or clinical supervisor the findings of their medical conditions. He/she should also discuss appropriate time for return to activity. Return to activity may require a signed release from the supervising physician or medical care provider. In the event the individual requires such a release, the signed form should be provided to the athletic training staff or administrator so that proper precautions for return can be followed. All individuals who have potentially been exposed shall be referred as the condition dictates. Any student-athlete, coach, athletic training staff member or athletic training student who has acquired any of the following diseases shall follow these guidelines.

Conjunctivitis, Diphtheria, Herpes Simplex, Measles, Meningococcal disease, Gastrointestinal infections, Parvovirus, Poliomyelitis, Mumps, Pertussis, Influenza, Rabies, Rubella, Scabies, Staphylococcus aureus, Streptococcus infection, Tuberculosis.

APPLICATION OF THERAPEUTIC MODALITIES AND INITIATION OF THERAPEUTIC EXERCISE DURING THE TREATMENT AND REHABILITATION PROCESS

Students must realize that the program of study and clinical application of skills is sequenced in such a manner that knowledge and skill acquisition is progressive in nature. The student should also realize that use of therapeutic modalities and the initiation of all types of therapy are dependent upon the knowledge and skill provided during the program. Rules and regulations of state licensure that govern the practice of athletic training, require that only individuals licensed as athletic trainers in the state of Nebraska may initiate therapy under standing orders of the Medical Director / Team Physician. Therefore, only those students who have had training in various therapeutic methods may set-up and apply therapeutic modalities and exercise under the direct supervision of a certified staff athletic trainer. Students who have not been formally trained in various therapeutic modalities and treatment may apply such therapy provided the specific parameters of the treatment, either by modality or exercise, is approved and established by a student who has been trained and / or by a certified staff athletic trainer. The therapy applied must also be in compliance with standing treatment and therapy orders on file and outlined in the Policies and Procedures Manual.

Therapeutic equipment safety

All clinical sites that use therapeutic modalities and equipment must maintain the equipment in accordance with the manufacturer's recommendation or federal, state, or local ordinance regarding specific equipment calibrations and maintenance. The athletic training education program will maintain agreement with all off-campus clinical sites to ensure compliance. All students acting in clinical practice while assigned to any clinical site as part of formal enrollment in program courses are required to operate in accordance with the above standard and under the direct supervision of the site supervisor.

Notice to students concerning work-study and university employment

It is in violation of federal regulations for a student to conduct work-study as a part of curricular responsibilities unless all students in the program are being reimbursed for their services. If you are eligible to receive work-study the university will assign you per institutional guidelines. No student may receive monetary reimbursement for activities conducted within a clinical site that are part of formal clinical enrollment assignments. Please communicate with your field setting supervisor and clinical instructor so that you may ensure compliance with these regulations.

EXPECTATIONS OF THE UNK ATHLETIC TRAINING STUDENT

You should feel special, and indeed you are. You will find yourself among others who are also outstanding in their own ways. While in the program there will be no time to rest on your past accolades as you will be expected to perform at your best in both the classroom and in the clinical settings. The hallmark of the program will be to strive for **academic excellence**. Therefore, you will be expected to perform to the best of your ability in the classroom. The theoretical background gained in the classroom will give you your foundation. There is no room for being average when it comes to caring for the injured athlete. You will be expected to attend class, turn in assignments, and take exams on time. To do otherwise states you are not taking your position in the program seriously.

Time spent in the clinical setting must be treated as a class. That is, it is a learning experience, and you are required to attend. You are expected to be inquisitive and ask appropriate questions. Time spent in the field experience setting is considered to be your time to practice your knowledge and skills as well as begin your socialization process into the field of Athletic Training. You are expected to take initiative and not have to be told what to do all of the time. As you gain experience, you should begin to assume a **leadership** role. You will attempt to improve your athletic training skills each day you are in the athletic training facility. If this is followed, there should be little “dead time”. You will be asked from time to time to **volunteer** for certain duties. It is expected that you will all **help** one another. A great deal of learning will be done both on your own and with the help of your fellow students. It will be up to you to seek help if you are having a problem in a class or with a practical skill. Those that have done well in the program in the past have been those that fit into the above expectations and have helped themselves to get ahead.

Athletic Training is a demanding profession and a great deal of confidence and responsibility is placed on the athletic training students at Kearney. If you are willing to work, learn and apply your knowledge, you are on the road to a successful experience on the athletic training staff at the University of Nebraska at Kearney.

REMEMBER

The clinical portion of the program takes place within a professional practice setting. These settings include the UNK Department of Intercollegiate Athletics, Kearney High School, Lexington High School and Grand Island Senior High School Departments of Interscholastic Athletics, New West Sports Medicine, Grand Island Physical Therapy, and Great Plains Regional Medical Center. Students are expected to conduct themselves with the knowledge that their behaviors during these activities and away from the program while in the social environment, may reflect upon any of these groups. That knowledge should guide students in making decisions that may cast an adverse image upon any or all of these groups. The ATEP has worked long and hard to establish relationships with these professionals and misconduct that reflects poorly on the ATEP, UNK or any of our affiliated sites will not be tolerated. **Refer to Code of Conduct section of this manual.**

PRIORITIES OF THE ATHLETIC TRAINING STUDENT:

1. Be a **STUDENT**: The athletic trainer must have a sound academic background to support his/her clinical skills. All students must maintain an acceptable level in class work to remain in the program (see Athletic Training Program requirements). Any student falling behind in **academic work should make arrangements with the Supervising Athletic Trainers and Clinical Supervisor** for special assistance and/or time off to catch up.

2. Become a **COMPETENT CLINICIAN**: Use your time spent in the athletic training facility or on the field to your advantage. Continuously develop and practice your hands-on skills.

3. Become a **PROFESSIONAL**: Develop an enthusiastic and professional attitude in dealing with all coaches, athletes, administrators and fellow professionals. Become an involved member of the athletic training profession. Have a goal of becoming a skilled certified and/or licensed athletic trainer. Always be prepared for your assignments by having appropriate equipment and supplies. Ensure that you are always properly dressed. You are provided with UNK Athletic Training attire and you are expected to wear it while operating in any athletic training room capacity.

4. Be a **TEACHER**: The best way to enhance and solidify your own skills is to teach them to someone else. As you progress through the program, you should become a leader, teacher and role model for the less advanced athletic training students.

Additional Costs that student will encounter as part of the requirements for completion of the degree.

NATA Membership – There is a cost for a student membership with the NATA. Membership is required for two specific reasons.

1. Students need to be active participants in their professional organization.
2. NATA membership provides for student access to the ATrack program. The ATrack program is the primary document and clinical tracking process the program uses for monitoring student progress through the program.

Criminal background check – This is a requirement for entrance into the program. This is done via an account provided to the program. The cost for the background check for international students may be different than for United States citizens. In the event a conviction related to public welfare is uncovered the program committee will determine the students' status and pathway through the program on an individual basis. All results of the background check will be confidential and will not be released to the public or to anyone other than the ATEP Committee.

External Testing – As part of the PE 499 Senior Seminar or PE 806 Graduate Seminar course, students may be required to engage in practice tests that are administered by external on-line formats. These costs are dependent upon the mode in which the students are required to participate in a given semester.

Course Fees – There are courses that require an additional fee. These courses include:
Undergraduate course fees

| | |
|------------|---------------------|
| PE 174 A-E | \$20.00 per section |
| PE 264 | \$40.00 |
| PE 265 | \$40.00 |
| PE 310 | \$10.00 |
| PE 360 | \$26.00 |
| PE 460 | \$82.50 |
| PE 461 | \$12.50 |
| PE 467 | \$12.50 |
| PE 469 | \$15.00 |

Graduate course fees

| | |
|------------|---------------------|
| PE 885-890 | \$20.00 per section |
| PE 460 | \$82.50 |
| PE 808 | \$15.00 |

Fees for these courses are subject to change via the university fee approval structure. Course fees will be assessed upon enrollment of each course.

Clothing – There are expectations that students will be required to adhere to specified attire within the variety of clinical settings provided for students. The program will provide “game-day” polo shirts for students to wear. Students will be expected to provide their own slacks and shoes that will accompany your game-day polo shirts. Students will also be required to be clothed in a manner that is acceptable within the professional setting. It is the responsibility of the student to provide any other clothing and shoes required. Students will be provided an opportunity to purchase “Loper” clothing at a discounted cost at designated times.

Immunizations – In the event additional immunizations should be required of students, it is the financial responsibility of the student to work within his/her medical provider to acquire them.

Educational Guidance and Post Graduation Placement:

Upon acceptance in the UNK Athletic Training Education Program, the staff will help each student define their immediate and post graduate goals. The certified staff will make every effort to advise, encourage, and offer experiences to help the student's professional development.

During a student's final semester in the program, the student's advisor will assist the student in identifying goals and objectives for post degree placement. The certified staff will be available to assist the student in locating position openings appropriate to the student's goals.

Board of Certification Requirements:

Students completing the academic and clinical experience in athletic training at the University of Nebraska at Kearney will be qualified and required to take the BOC certification examination. These students will meet the following criteria established by the Board of Certification as a candidate from an accredited curriculum program:

1. Proof of a applicable Degree in Athletic Training from UNK.
2. Certificate of completion of the accredited curriculum program.
3. Documentation of field experience practice under the direct supervision of a BOC Certified Athletic Trainer who is a Preceptor/Clinical Instructor. The field experiences must include exposures to settings that emphasize Upper Body, Lower Body, General Medical Conditions, & Equipment Intensive experiences.
4. Proof of current American Red Cross CPR/AED for the Professional Rescuer certification (or the American Heart Association, or EMT equivalent).
5. Application endorsement by Program Director who is a BOC Certified Athletic Trainer.
6. Successful completion of an examination designed by the Board of Certification, which encompasses the basic principle of the profession of athletic training.

Licensure:

Most states within the United States require state licensure in athletic training in addition to the BOC Certification. Once a student is certified and looking for potential employment, he/she should explore the requirements of and for licensure by the state where they wish to be or are employed.

CONTENTS OF STUDENT ADVISING & DOCUMENT (ATrack) FILE

Each student has a program file that contains all information pertinent to his/her admission and progression through the entire program. The program file is combined with each student's advising file. Upon entrance into the program, each student's record is maintained in his/her file. The files are kept in the student's adviser's office. The contents of the file include:

- Application to the program
- Documentation of applicant candidacy
- Documentation of official interview
- Copy of formal acceptance letter
- Signed FERPA Amendment Form
- Signed Hepatitis Inoculation Series Form
- Signed HIPAA Form
- Signed Communicable Diseases Policy
- Signed Technical Standards for Admissions
- Documentation of Physical Examination
- Documentation of signed Academic Dishonesty Agreement
- Copies of semester and year-end status letter
- Copies of any disciplinary letter
 - Suspension
 - Removal from program
 - Re-instatement
- Record of field experience
 - Clinical level Masterfile
- Field Setting Evaluations
 - Clinical
 - Field Setting
 - Internship setting
- Internship/Off-campus Experience Application
 - High School
 - Clinic

ATHLETIC TRAINING STUDENT POSITION DESCRIPTION

Qualifications include:

- * Formal acceptance into the athletic training education program.
- * CPR for the Professional Rescuer certified and current.
- ** Further qualifications and responsibilities of the athletic training student are detailed in this manual.

Responsibilities include:

- Maintain a high degree of professionalism toward the University and athletic training.
- Be properly dressed in UNK Athletic Training Attire when in the Athletic Training Room, or at a UNK Athletic Event.
- Work to develop your skills while in the field experience setting.
- Establish a quality relationship with your Preceptor and/or your Field Setting Supervisor.
- Apply your clinical skills in the field setting.
- Demonstrate a value for the field of athletic training through your actions while operating in any capacity that reflects upon the field of athletic training.
- Be receptive to constructive criticism.
- Be enthusiastic in your field assignments and during all aspects of your clinical training.

Code of Conduct and Disciplinary Procedures

Athletic Training Students are expected to follow the UNK Student Handbook. Violation of the university Code of Conduct or Academic Dishonesty Policies will not be tolerated. Further, student conduct that is not in keeping with the National Athletic Trainers' Association Code of Ethics will not be tolerated. Violation of any of these codes will be dealt through the ATEP Committee and/or ATEP Unity Council. Consequences of violating any of these codes may range from written reprimand to removal from the Athletic Training Education Program. Processing of behavioral violations not in keeping with professional standards of athletic training may be conducted in addition to university judicial processes. The UNK-ATEP reserves the right to review student behavior as it relates to university sponsored programming, as part of or separate to official and required ATEP activities. Such behavior may include incidences of poor judgment while off campus as it may reflect upon the program, the Department of Intercollegiate Athletics, the University or any of the ATEP affiliated sites.

ATEP Unity Council

The ATEP Unity Counsel is made up of the Athletic Training Student Association Executive Committee. The council will review incidences of misconduct as referred by the ATEP Committee.

Disciplinary Process

In the event a case of misconduct arises, the ATEP Committee may chose to refer the case to the Unity Council, a date for review will be set for review by the counsel. The student may be required to present facts associated with the incident to the counsel. Upon review, the council will make recommendations to the ATEP Committee for disciplinary action. The ATEP Committee will make final decisions on sanctions to be imposed.

Principles guiding disciplinary actions when referred to the Unity Counsel

The ATEP Committee holds that, in the event disciplinary actions are to be taken against a student, there are four areas in which disciplinary actions may be taken. They are:

1. Removal from required or voluntary activities related to clinical experiences.
2. Formal apologies to any and all persons, groups, or entities involved. This may include apology to the program student body as a students' actions reflect upon the program as a whole. Apologies may take the form of verbal or written responses.
3. Referral for community service to be conducted outside of time allotted for class and required clinical experiences.
4. Removal or suspension from the Athletic Training Education Program.

Level of offense as well as jurisdiction of university and state or local authorities will be taken into consideration for processing of behavioral offenses. The ATEP reserves the right to pursue disciplinary action beyond that of other jurisdictions as it fits within the university judicial framework.

The UNK Athletic Training Policies and Procedures Manual for provision of sports medicine services to athletes includes the athletic department alcohol and drug policies. These policies identify how disciplinary actions will be taken against athletes struggling with alcohol and drug related behaviors. These policies prescribe actions based upon 1st, 2nd, and 3rd offenses. Consideration may be taken to reflect these guidelines in making decisions regarding disciplinary actions taken against ATEP students.

**UNDERGRADUATE INTERNSHIP
&
GRADUATE OFF-CAMPUS CLINICAL SITE
INFORMATION**

DESCRIPTION OF THE INTERNSHIP/OFF-CAMPUS EXPERIENCE

The internship component of the clinical education progression is designed to be the final culminating experience for preparing the student to enter the field of athletic training. The student intern will be expected to complete two separate internship assignments. The two settings selected for enrollment for the athletic training intern are; 1) the clinical practice environment, and 2) the high school interscholastic environment. Exposure to these two areas of the field, provides the student with field practice opportunities that extend beyond the experiences within the UNK athletic clinical setting. Also, gaining exposure to work within the professional clinic and public school environment offers the student the experience of working in a variety of professional settings where certified and licensed athletic trainers are employed. Each student will be expected to enroll and complete an internship experience within each of the two settings. The student will enroll in REC 477 for four credit hours for each of the two internship experiences. The student may only enroll in one REC 477 experience per enrollment period. **Enrollment in each internship experience requires completion and submission of an Internship Application before the advising period of the semester preceding the term in which the internship will be completed.** The internship is the primary component of the students level three clinical education experience and is subject to supervision by the internship supervisor.

GOALS AND OBJECTIVES OF THE INTERNSHIP/OFF-CAMPUS EXPERIENCE

- To expand the scope of the student's applied experience beyond the UNK Athletic training environment.
- To allow the student to actively engage & refine their skills in additional applied settings.
- To provide advanced knowledge and skill acquisition through applied field instruction.
- To expose the student to additional professional settings available within the field of athletic training.
- To allow the student to be evaluated by additional professionals currently practicing across the allied medical and medical professions.
- To introduce the student to the diagnostic process at work within the general medical and orthopedic environment.
- To expose the student to a variety of surgical techniques through observation and instruction by orthopedic physicians.
- To expose the student to a focused experience in the rehabilitation aspect of the profession.
- To encourage the student to refine their interpersonal skills within the professional medical environment.
- To expose the student to the management strategies at work within the professional environment.
- To allow the student the opportunity to witness, first hand, the practice of athletic training in the public schools.
- To allow the student the opportunity to work with adolescent student-athletes and to permit them the practice of communicating with the interscholastic coaches as well as parents of school aged athletes.
- To permit the student to expand their creative and critical thinking skills when working in a public school system that may not have the funding found in many collegiate athletic departments.

RESPONSIBILITIES OF THE AGENCY

- To fully understand the purpose of the internship.
- To support the mission of the UNK-ATEP by providing internship opportunities for UNK athletic training students.
- To conduct the internship without distracting from providing their patients with a consistent high quality level of care.
- To expect that each student operating within their facility will conduct themselves in a professional manner and to respect the rights of the patients in which they may come in contact with.
- To provide, within their professional practice, opportunities for the student to learn and develop their skills.
- The site supervisor should accept an instructional role within the internship structure.
- To challenge the student to think critically and to perform at a high level of cognitive and psychomotor ability.
- To demonstrate to the student, proper methods of responsibility within each aspect of the internship.
- To work with each student to provide them with a specific internship project.
- To critically evaluate the progress of each internship student.

RESPONSIBILITIES OF THE INTERNSHIP/OFF-CAMPUS SITE SUPERVISOR/PRECEPTOR

- Ensure that he/she has an understanding of part that the internship plays in the overall education of the student.
- Review internship student's level of mastery on applied clinical skills appropriate for that clinical setting.
- Provide guided and discovery instruction with students while working with patients and athletes in the internship setting.
- Ensure each internship student is completing all assigned exposures and responsibilities intrinsic to that clinical internship.
- Evaluate clinical skills.
- Meet with Program Director or Internship Supervisor during on-site visitations.
- Attend UNK-ATEP ACI workshops and update training sessions.
- Coordinate all aspects of the on-site clinical internship experience.
- Notify the Program Director when problems associated with the internship arise.

RESPONSIBILITIES OF THE STUDENT

- To prepare themselves, through their prior course and clinical work, to be able to adapt their knowledge and skills for work within the professional environment.
- To establish initial contact with the agency and develop a framework for their internship experience and scheduling.
- Upon establishing their schedule the student should strictly adhere to that schedule. It is important that the student be on time to work and not deviate from a planned schedule unless it is an unavoidable necessity.
- To conduct themselves as a professional and to cooperate with workplace requirements established by the agency.
- To dress appropriate to the work environment. If the agency requires a specific type of attire, the intern should adhere to that requirement.
- To inform your supervisor if you are going to be late or miss your work time due to any unavoidable circumstances.
- To treat their supervisor(s) with respect and address them with the appropriate title (e.g. Dr. Rodgers, Yes sir, Yes mam etc.).
- To treat patient information in a confidential and sensitive manner. To avoid discussing patient information with unqualified personnel. To avoid discussing case sensitive information that is out of the realm of your internship responsibilities
- To treat each patient with respect and to not perform any activities such as rehabilitation or treatment without the consent of their supervisor.

NOTE

Students may be assigned to an internship or off-campus site outside the city of Kearney. It is the responsibility of the students to provide for their own transportation to and from the internship site. The student can apply for Pepsi Experiential Learning funds to help defray costs associated with the internship experience. Applications can made through the office of Senior Vice Chancellor for Academic Affairs.

UNIVERSITY OF NEBRASKA AT KEARNEY
INTERNSHIP or OFF-CAMPUS
ASSIGNMENT INSTRUCTIONS FOR ATHLETIC TRAINING STUDENTS

All students applying for internship are required to meet a specified criterion of course and clinical preparation before entering into this final aspect of their clinical training. Each student **must** complete the following requirements:

1. Official acceptance into the Athletic Training Education Program
2. Successful completion of the courses listed by pre-requisite sequence
3. Successful completion of 174 A – D Practicum or Graduate Clinical Practicum progression.
4. Recommendation for advancement to clinical level III and internship of off-campus clinical site assignment

* No student will be permitted to enroll in internship or off-campus practicum without having completed each of the requirements listed above and submitted a fully completed Internship or Off-campus clinical site Application.

Upon completion of the Internship Setting, the student should be able to:

Effectively communicate with Doctors, Patients, Athletes, Coaches, Parents, etc.
Demonstrate proficiency in a variety of evaluations (back, shoulder, knee, etc.)
Demonstrate an ability to provide medical provision at a variety of settings.

Demonstrate proficiency in a variety of clinical rehabilitative skills, to include:

Improve range of motion
Identification of Anatomical Landmarks
Perform Goniometric measurements
Therapeutic modality set-up and applications (heat, us, estim, etc.)
Joint mobilization
Stretching
Strengthening

Each student must complete the following requirements for successful application. If questions arise, contact the Dr. Unruh immediately.

1. Set an appointment with the supervisor at the internship site that you have been assigned. Complete an off-campus application and take it with you so that it can be signed.
2. **The student is required to visit the site and have the application for Internship or Off-campus clinicals completed prior to Oct. 15 (fall) and Feb. 15 (spring) of the semester before the internship semester.** Completion of the application includes:
 - All of the site information requested

- All signatures
 - Objectives
3. Undergraduate students should register for 4 credit hours of Recreation 477 (a separate section will be offered for athletic training students). Graduate students should register for the appropriate clinical practicum course. Registration must be completed during the normal registration period for the each semester. **All applications from all students must be completed and turned in before the Section Number for the class will be provided to any student.**

** Failure to complete the internship application process as described may result in the student being refused enrollment in internship for the assigned semester.*

4. Maintain a record of your daily log and hourly activities and assignments. This log should follow the Daily Log format (work document) and contain a detailed report of you progress and be submitted via email at the conclusion of each week of your. An hourly log should be kept using an excel file.
Note – There may be times that you and your supervisor agree on times for you to be with a team in a situation in which the supervisor is unavailable to you. Although valuable experiences, these opportunities are not considered formal clinical experiences and may not be counted as part of your formal hours.
5. Each student must maintain an exposure record for each internship experience. Each of the records are designed for separate internship settings and must be kept by the student during the experience.
6. The Program Director will conduct on-site visitations during your internship. Make sure you record your sit-visits on your copy of the internship application.
7. Your site supervisor will be given a mid-term and final evaluation form. The evaluation form must be given to your supervisor on the day you begin (they may have a copy on file). Please remind your supervisor that the final evaluation should be sent in upon completion of your internship.
8. At the conclusion of your experience you will be required to complete a site & supervisor evaluation form. You will also be required to complete and submit a separate summary of your experience at the site. Your summary should be **word processed** and should include:
 - All of the experiences you encountered
 - Highlights of what you learned
 - Aspects of your experience that were the most challenging
 - Things you didn't like about your experience
9. All Students enrolled will be required to attend each PE 174 E & F (UG) or clinical practicum (MAT) meeting with their level three clinical instructor. These meetings are intended for reflection of clinical experiences and to ensure the student is progressing with specific competency acquisition.
10. This experience should be the highlight of your professional preparation. Therefore, be willing to become totally involved in the program, be aggressive, and ask to be involved in every opportunity so that you may utilize the experience to add to your knowledge and

experience base. Volunteer your training and creativity in those special and routine tasks that provide deeper insight into the profession. Become a very inquisitive observer of the total management and operation of the site and setting. Practice your people skills daily.

*** Students may be required to complete an orientation session with Good Samaritan Hospital Operating Facilities (Out-patient Surgery Center), Grand Island Surgery Center, or Great Plains Regional Medical Center prior to beginning the clinical internship setting.

You will be assigned to one of the following sites for your internship experience. The program administration has chosen to limit the sites to those listed so that direct curriculum instruction can be maintained and so that instructional quality is ensured.

Kearney High School

Greg Limbach, ATC
Kearney, NE 68847
(o) 698-8102

New West Sports Medicine

Dr. May & Dr. Crockett
UNK Team Orthopedist
213 W. 35th ST.
Kearney, NE 68847
865-2570

Grand Island Senior High School

Todd Goshorn, ATC
2124 North Lafayette
Grand Island, NE 68803
308-380-9566

New West Orthopedic and Sports Rehabilitation

Dusty Frasier, P.T., ATC
Terry Nitsch, ATC, Elizabeth Mullen, ATC, PTA
213 W. 35th ST
Kearney, NE 68847
865-2570

Kearney Clinic

Dr. Rodgers
UNK Medical Dir.
211 W. 33rd Street
Kearney, NE 68847
236-5884

Great Plains Regional Medical Center

Jeff Kautz, PT, ATC
North Platte, NE 69101
308-535-7456

Lexington High School

Amber Burson, M.S., ATC
Adam Bretschneider, ATC
705 W. 13th St.
Lexington, NE 68850
308-631-2925

Emergency Action Plans For All UNK Approved Athletic Training Clinical Sites

Emergency Action Plans (EAPs) are specific to each site and are included for review prior to beginning the experience at that site. During the first week of the off-campus experience, the preceptors at that site will review EAPs and where the student can access the information while on site. The EAPs and emergency information provided is reflective of each individual site. Please make sure that you are reviewing the information specific to the clinical site you are assigned to.

University of Nebraska at Kearney
Athletic Training Education Program

Application for Off-Campus Experience

Please type all information requested. All information must be completed when submitted for approval.
Approval must be granted before activities may begin at the site.

Name _____ Clinical Level _____

Address _____ Phone (Local) _____

Total number of semesters completed in program _____

Total Credit hours Completed _____

If this is an Internship enrollment indicate course prefix, number, name, & credits

| Prefix | Number | Name | Credits |
|--------|--------|------|---------|
|--------|--------|------|---------|

Off-Campus site(s) where experience will take place.

_____ Starting Date _____
_____ Ending Date _____

Name of site Supervisor / Instructor _____ Phone Number _____

Please attach a separate sheet of paper with a description of activities to be included during experience. Include work schedule (days of the week and times).

Signatures: (all signatures must be obtained before submitting for approval)

_____ Date _____
Site Supervisor

_____ Date _____
Program Director

_____ Date _____
Faculty Advisor

_____ Date _____
Department Chair

List general objectives to be attained during this activity

Identify any major projects or assignments conducted during and as a result of experience. Include, if any, grade or resulting evaluation of the project / assignment. (May be assigned by Site Supervisor)

APPENDIX

Copies of forms each student will be required to submit throughout the program

**INTERVIEW GUIDE
FOR ATHLETIC TRAINING EDUCATION
STUDENT APPLICANTS**

- 1. The selection committee consists of the UNK-ATEP program certified athletic trainers.**
- 2. The committee members will familiarize themselves with the student's application prior to the interview time.**
- 3. The contents of the interview will remain confidential and divulging information from this experience will affect the candidates standing in the UNK athletic training program.**
- 4. Initial questions are conducted in order to determine the candidates successful completion of the requirements:**

The student will also clarify additional supporting coursework in athletic training which is either in progress or complete.

- 5. A number of formal questions will be directed to each candidate possibly followed by one or two random questions.**
- 6. The interview will conclude by giving the candidate an opportunity to express any questions or concerns.**
- 7. The candidate will be notified in writing about their selection into the UNK Athletic Training Program after a review of each student's transcripts is complete. This will occur after grades have been posted for the spring term.**

UNIVERSITY OF NEBRASKA AT KEARNEY
ATHLETIC TRAINING EDUCATION PROGRAM
INTERVIEW DOCUMENTATION

Candidate: _____ Date: _____

Committee Members Present:

Application Qualifications:

| | | |
|--|------------|-----------|
| Complete STATEMENT OF CONFIDENTIALITY: | YES | NO |
| Complete HEPATITIS VACCINATION INFORMATION: | YES | NO |
| Complete UNK-AATEP APPLICATION: | YES | NO |
| Complete FERPA CONSENT | YES | NO |
| Complete HIPAA CONSENT | YES | NO |
| Complete Technical Standards for Admission | YES | NO |
| Complete Agreement of Understanding | YES | NO |

COURSE CLARIFICATION & PROVISIONAL LEVEL VERIFICATION:

GPA or transfer GPA _____

ACT Score _____

TOEFL Score (if applicable) _____

UNIVERSITY OF NEBRASKA AT KEARNEY
ATHLETIC TRAINING EDUCATION PROGRAM
Technical Standards for Admissions

The University of Nebraska Kearney, UNK Athletic Training Education Program is a rigorous and intense program that places specific requirements and demands on the students enrolled in the program. An objective of this program is to prepare graduates to enter a variety of employment settings and to render care to a wide spectrum of individuals engaged in physical activity. The technical standards set forth by the UNK Athletic Training Education Program establish the essential qualities considered necessary for students admitted to this program to achieve the knowledge, skills, and abilities of an entry-level athletic trainer, as well as meet the expectations of the program's accrediting agency (Commission on Accreditation of Athletic Training Education [CAATE]). The following abilities and expectations must be met by all students admitted to the UNK Athletic Training Education Program. In the event a student is unable to fulfill these technical standards, with or without reasonable accommodation, the student will not be successfully advanced through the UNK Athletic Training Education Program.

Candidates for selection to the UNK Athletic Training Education Program must demonstrate:

1. the mental capacity to assimilate, analyze, synthesize, integrate concepts and problem solve to formulate assessment and therapeutic judgments and to be able distinguish deviations from the norm;
2. sufficient postural and neuromuscular control, sensory function, and coordination to perform appropriate physical examinations using accepted techniques; and accurately, safely and efficiently use equipment and materials during the assessment and treatment of patients;
3. the ability to communicate effectively and sensitively with patients and colleagues, including individuals from different cultural and social backgrounds; this includes, but is not limited to, the ability to establish rapport with patients and communicate judgments and treatment information effectively. Students must be able to understand and speak the English language at a level consistent with competent professional practice;
4. the ability to record the physical examination results and a treatment plan clearly and accurately;
5. the capacity to maintain composure and continue to function well during periods of high stress;
6. the perseverance, diligence and commitment to complete the athletic training education program as outlined and sequenced including all clinical experiences;
7. flexibility and the ability to adjust to changing situations and uncertainty in clinical situations;
8. affective skills and appropriate demeanor and rapport that relate to professional education and quality patient care.

Candidates for selection to the UNK Athletic Training Education Program will be required to verify they understand and meet these technical standards or that they believe that, with certain accommodation, they can meet the standards.

The Coordinator for Students with Disabilities will evaluate a student who states he/she could meet the UNK Athletic Training Education Program's technical standards with accommodation and confirm that the stated condition qualifies as a disability under applicable

laws. If a student states he/she can meet the technical standards with accommodation, then the University will determine whether it agrees that the student can meet the technical standards with reasonable accommodation; this includes a review on whether the accommodations requested are reasonable, taking into account whether accommodation would jeopardize clinician/patient safety, or the educational process of the student or the institution, including all coursework, clinical experiences, and internships deemed essential to graduation. A reasonable accommodation does not guarantee student success in the program but rather a level playing field for success.

Compliance with the UNK Athletic Training Education Program's technical standards does not guarantee a student's eligibility for the BOC certification exam. I certify that I have read and I understand the technical standards for selection listed above, and I believe to the best of my knowledge that I meet each of these standards with or without reasonable accommodation. I understand that if I am unable to meet these standards I will not be admitted into the program.

Signature of Applicant

Date

Name of Applicant

**UNIVERSITY OF NEBRASKA AT KEARNEY
ATHLETIC TRAINING EDUCATION PROGRAM**

CONTRACT OF CONFIDENTIALITY

**Compliance with the Health Insurance Portability and Accountability Act
(HIPAA)**

As an athletic training student at the University of Nebraska at Kearney, you are hereby advised that all information pertaining to athlete's including, but not limited to, information contained in medical records is to be kept in the strictest confidence.

Access to all medical records shall be limited to those students who are required to have such access in order to perform their assigned duties within the UNK Athletic Training Department. No employee shall read the contents of an athlete's medical record except as may be necessary for the performance of his/her assigned duties.

Requests for release of information, by the athlete to a third party, are the responsibility of the University Certified Athletic Trainers.

Athletes shall not be given the opportunity to look at the contents of their medical record unless the athlete's attending health care provider or the athletic trainer supervisor is in attendance at the time of the viewing.

Athlete medical data contained in the medical computer system shall be treated according to the same rules as the paper medical record.

Violation of the above guidelines pertaining to confidentiality may be grounds for immediate dismissal of the student from the Athletic Training Education Program. Additionally, be informed that unauthorized release of confidential information may subject to civil action.

I HAVE READ AND UNDERSTAND THE ABOVE AND AGREE TO COMPLY TO THE CONFIDENTIALITY CONTRACT.

SIGNATURE: _____

NAME: _____

DATE: _____

**UNIVERSITY OF NEBRASKA AT KEARNEY
ATHLETIC TRAINING EDUCATION PROGRAM**

Family Educational Rights and Privacy Act (FERPA) Consent

By signing this consent form, you certify that you agree to disclose your education records to the UNK-ATEP Committee for the purposes of evaluating candidacy and entrance into the UNK Athletic Training Education Program.

You understand that this form is part of you academic record. These records are protected by the Family Educational Rights and Privacy Act of 1974 and they may not be disclosed without your consent.

You give your consent to disclose only to authorized representatives of this institution, the following documents:

- This form
- Final grades for all courses pertaining to candidacy or acceptance into the UNK Athletic Training Education Program.
- Any transcript from you high school, this institution, or any junior college or any other four-year institutions you have attended.
- Pre-college test scores and any appropriately related information and correspondence directly related to your candidacy, acceptance, & maintenance of your progression through the UNK Athletic Training Education Program.
- Records concerning your financial aid when pertinent to any scholarship application.

You agree to disclose these records only to determine your candidacy for acceptance or maintenance of your acceptance into the UNK Athletic Training Education Program, for the purpose of granting financial aid in the form of an athletic training education scholarship, & for inclusion in summary institution or program information to the Commission on Accreditation of Athletic Training Education.

Date

Signature of Athletic Training Student

Name of Athletic Training Student

**UNIVERSITY OF NEBRASKA AT KEARNEY
ATHLETIC TRAINING EDUCATION PROGRAM**

VERIFICATION OF VACCINATIONS

As an athletic training student at the University of Nebraska at Kearney, I understand that I may be unintentionally exposed to blood or other potentially infectious materials of the body that may put me at risk of acquiring a variety of infections. I also understand that if not properly immunized against other diseases, I may place others at risk of infection. I further understand that, If I contract some of these diseases such as Hepatitis B, there is a substantial risk of becoming acutely and/or chronically ill, and that there is a chance that the disease may be fatal. Please identify whether you have either received immunization for the diseases listed below or that I have actually contracted them at one time.

Rubeola (Hard or Red Measles):

- _____ Physician diagnosed measles **OR**
- _____ Laboratory evidence of measles immunity (Rubeola screen) **OR**
- _____ Adequate immunization (per physician records) with live measles vaccine on or after the first birthday.

Rubella (German Measles):

- _____ Laboratory evidence of immunity to rubella (rubella screen), **OR**
- _____ Documented immunization (physician's record) with live rubella virus on or after the first birthday.

Tuberculosis (TB) Skin Test:

- _____ Documentation of a recent (within 1 year) TB skin test.

Chickenpox:

- _____ Students who are uncertain of their immunity to chickenpox will need to either Begin vaccination with the Varicella vaccine (2 shots required) or have their immunity to chickenpox checked through a laboratory test (Varicella-IGG titer).

Additionally, I have been notified that vaccination for HBV is available and that I am responsible for obtaining this care should I so choose.

_____ I HAVE ALREADY RECEIVED THE HBV VACCINATION
Dates of immunizations: _____

_____ I **DO NOT** CHOOSE TO RECEIVE THE HBV VACCINATION AND UNDERSTAND THAT I MAY BE AT RISK FOR CONTRACTING HBV IF INADVERTENTLY EXPOSED TO BLOOD OR OTHER POTENTIALLY INFECTIOUS BODILY MATERIALS.

_____ I WILL BE OBTAINING THE HBV VACCINATION WITHIN THE IMMEDIATE FUTURE AND WILL NOTIFY THE ATHLETIC TRAINING DEPARTMENT SUPERVISOR OF THE INITIATION OF THE VACCINATION SERIES.

****Attention****

All students who will possibly have exposure to blood or body fluids during their time at Great Plains Regional Medical Center are required to have started the Hepatitis B vaccine series prior to beginning practice at Great Plains Regional Medical Center or to sign a Hepatitis B vaccine Declination Form.

SIGNATURE: _____
Date: _____

**University of Nebraska at Kearney
Athletic Training Education Program
Agreement of Understanding**

I _____ have been fully informed of the UNK policy governing academic dishonesty as identified in the UNK Student Handbook. I also understand the importance of maintaining academic integrity. I am fully aware that participating in any form of academic dishonesty can / will result in dismissal from the Athletic Training Education Program and / or further disciplinary action with the University of Nebraska at Kearney.

Student's Signature

Date

Witness

Date

**University of Nebraska at Kearney
Athletic Training Education Program
Physical Examination Verification Form**

Student's Name _____

Date _____

The University of Nebraska at Kearney Athletic Training Education Program requires prospective athletic training students to undergo a physical examination prior to beginning formal clinical experiences. The purpose of completing the examination is to ensure that the student demonstrates readiness to pursue program activities that may be of a strenuous nature. The student should demonstrate:

1. The mental capacity to assimilate, analyze, synthesize, integrate concepts and problem solve to formulate assessment and therapeutic judgments and to able to distinguish deviations from the norm.
2. Sufficient postural and neuromuscular control, sensory function, and coordination to perform appropriate physical examinations using accepted techniques; and accurately, safely and efficiently use equipment and materials during the assessment and treatment of patients.
3. The capacity to maintain composure and continue to function well during periods of high stress.
4. Flexibility and the ability to adjust to changing situations and uncertainty in clinical situations.

.....

Physician's Name _____ Date of examination _____
(Print)

I have examined _____ and have determined him/her to be physically and mentally capable of completing the requirements of the Athletic Training Education Program at the University of Nebraska at Kearney.

Physicians Signature _____

Communicable Diseases Policy

Provided in the Special Medical Issues & Communicable Diseases Section of the Policies and Procedures Manual

Occasionally persons involved with athletic endeavor are exposed to communicable diseases. In the event a student-athlete, staff, or athletic training student becomes ill with a communicable disease, he/she should be referred to the appropriate health care professional. Once a diagnosis is made, the practitioner shall make all relevant recommendations with regard to further participation in either athletic or academic activities. If a student-athlete, staff member or athletic training student becomes ill with a communicable disease, he/she should report it to their coach, administrator, or clinical supervisor. Upon acquiring medical guidance, the effected person shall inform their coach, administrator or clinical supervisor the findings of their medical conditions. He/she should also discuss appropriate time for return to activity. Return to activity may require a signed release from the supervising physician or medical care provider. In the event the individual requires such a release, the signed form should be provided to the athletic training staff or administrator so that proper precautions for return can be followed. All individuals who have potentially been exposed shall be referred as the condition dictates. Any student-athlete, coach, athletic training staff member or athletic training student who has acquired any of the following diseases shall follow these guidelines.

Conjunctivitis, Diptheria, Herpes Simplex, Measles, Meningococcal disease, Gastrointestinal infections, Parvovirus, Poliomyelitis, Mumps, Pertussis, Influenza, Rabies, Rubella, Scabies, Staphylococcus aureus, Streptococcus infection, Tuberculosis.

I _____ have read and fully understand the UNK ATEP communicable disease policy. I will adhere to the policy and will act in good faith to comply with the intent and purpose for which it has been established.

Signature _____ Date _____