

EMERGENCY ACTION PLAN FOR KEARNEY HIGH SCHOOL ATHLETICS

In case of an emergency, personnel responsibilities, locations of emergency equipment, and other emergency information such as 911 call instructions, addresses/directions to the venue, and a chain of command with important phone numbers have been listed here.

Updated July 13, 2023

Emergency Action Plan – Kearney High School

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Personnel Involved in Development

The following individuals were involved with the creation of this Emergency Action Plan:

Brian Haas, ATC / LAT, M. Ed (Athletic Trainer)

Bryce Mason, ATC / LAT (Athletic Trainer)

Ryan Hogue (Assistant Principal / Activities Director)

Ty Swarm (Assistant Principal)

Dr. Dan Endorf (District Administrator Student Services & Safety Director)

Shanna Gillming (School Nurse)

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Documentation of Recent Changes

As changes to the EAP are made, please list the change, page affected and date that the change was made.

Specific Changes Made	Page(s) Affected	Date

*add rows as necessary

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EMERGENCY ACTION PLAN FOR ATHLETICS OVERVIEW

Introduction

Emergency situations may arise at any time during athletic events. Expedient action must be taken in order to provide the best possible care to the student athlete. The development and implementation of an emergency action plan will help ensure that the best care will be provided.

As emergencies may occur at any time and during any activity, all school activities personnel must be prepared. Athletic organizations have a duty to develop an emergency action plan that may be implemented immediately when necessary and provide appropriate standards of emergency care to all sports participants. This preparation involves formulation of an emergency action plan, proper coverage of events, maintenance of appropriate emergency equipment and supplies, utilization of appropriate emergency medical personnel, and continuing education in the area of emergency medicine and planning. Through careful pre-participation physical screenings, adequate medical coverage, safe practice and training techniques and other safety avenues, some potential emergencies may be averted. However, accidents and injuries are inherent with sports participation, and proper preparation on the part of the sports medicine team should enable each emergency situation to be managed appropriately and efficiently.

Components of an Emergency Action Plan

1. Emergency Personnel
2. Emergency Communication
3. Emergency Equipment
4. Roles of First Responder
5. Venue Directions with a Map
6. Emergency Action Plan Check list for Non-Medical Emergencies

Emergency Personnel

The first responder in an emergency situation during an athletic practice or competition is typically a member of the sports medicine staff, such as a certified athletic trainer. However, the first responder may also be a coach or another member of the school personnel.

Certification in cardiopulmonary resuscitation (CPR), first aid, automated external defibrillator (AED), emergency action plan review, and prevention of disease transmission, and emergency plan review is required for all athletics personnel associated with practices, competitions, skills instructions, and strength and conditioning [including: athletic director, school nurse, certified athletic trainer, all coaches, etc.]. Copies of training certificates and/or cards should be maintained with the athletic director. **All coaches complete the required NFHS / NSAA courses.**

The emergency team may consist of physicians, emergency medical technicians, certified athletic trainers, athletic training students, coaches, managers, and possibly even bystanders.

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Roles of these individuals will vary depending on different factors such as team size, athletic venue, personnel present, etc.

The four basic roles within the emergency team are:

1. Establish scene safety and immediate care of the athlete:

a. This should be provided by the most qualified individual on the medical team (the first individual in the chain of command).

2. Activation of Emergency Medical Services:

a. This may be necessary in situations where emergency transportation is not already present at the sporting event. Time is the most critical factor and this may be done by anyone on the team.

3. Equipment Retrieval:

a. May be done by anyone on the emergency team who is familiar with the types and locations of the specific equipment needed.

4. Direction of EMS to the scene:

a. One of the members of the team should be in charge of meeting the emergency personnel as they arrive at the site. This person should have keys to locked gates/doors.

Activating Emergency Medical Services

Call 9-1-1

Provide information

- - Name, address, telephone number of caller
- - Nature of the emergency (medical or non-medical)*
- - Number of athletes
- - Condition of athlete(s)
- - First aid treatment initiated by first responder
- - Specific directions as needed to locate the emergency scene (i.e. “use the south entrance to the school off Asylum St.”)
- - Other information requested by the dispatcher
- - DO NOT HANG UP FIRST

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*if non-medical, refer to the specified checklist of the school's non-athletics emergency action plan

Emergency Communication

Communication is key to a quick, efficient emergency response. There is a pre-established phone tree to ensure all relevant parties are notified. Access to a working telephone line or other device, either fixed or mobile, should be assured. There should also be back-up communication in effect in case there is a failure of the primary communication. At every athletic venue, home and away, it is important to know the location of a workable telephone. Please see **page 10** for emergency communication guidelines for Kearney High School.

Medical Emergency Transportation

Any emergency situation where there is loss of consciousness (LOC), or impairment of airway, breathing, or circulation (ABCs) or there is a neurovascular compromise should be considered a “load and go” situation and emphasis is placed on rapid evaluation, treatment, and proper transportation. Any emergency personnel who experiences doubt in their mind regarding the severity of the situation should consider a “load and go” situation and transport the individual.

Non-Medical Emergencies

For the non-medical emergencies (fire, bomb threats, violent or criminal behavior, etc.) refer to the school emergency action plan and follow instructions.

Post EAP Activation Procedures:

Documentation

Documentation must be done by ATC (or other provider) and coach immediately following activation of the EAP. Both an injury report and accident report form must be filled out.

Debriefing

A team comprising of the ATC, AD, coaches, nurse and one or two other school district employees not involved with the situation must discuss the event within 48 hours. This team must evaluate the effectiveness of the EAP and conduct a staff debriefing. A specific timeline for changes to EAP should be made for promptness.

Conclusion

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The importance of being properly prepared when athletic emergencies arise cannot be stressed enough. An athlete's survival may hinge on the training and preparation of healthcare providers. It is prudent to invest athletic department "ownership" in the emergency action plan by involving the athletic administration and sport coaches as well as sports medicine personnel. The emergency action plan should **be reviewed at least once a year** with all athletic personnel and local emergency response teams. Through development and implementation of the emergency plan Kearney High School helps ensure that the athlete will have the best care provided when an emergency situation does arise.

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Staff Education

1. Each season, every coach will receive a copy of the Emergency Action Plan (EAP)
 - a. Each coach will provide their signature to confirm they have read the documents and asked any potential questions
2. A copy of the relevant EAP will be in each medical kit which is to be kept with the coach at every practice/event
3. A copy of the EAP will be posted on the wall in the athletic training room.

Chain of Command

The athletic training should always act as primary care-givers at the site of the injury or accident (when on-site) and would manage the situation according to the following rank:

1. Chain of Command with Athletic Trainer present.
 - a. Athletic Trainer
 - b. Team Physician
 - c. Most medically qualified coach
 - d. Head coach
 - e. Assistant coach
 - f. Nurse
 - g. Activities Director

In the event that a certified athletic trainer is not on-site at the time of injury the following chain of command would be used:

2. Chain of Command without Athletic Trainer Present
 - a. Most medically qualified coach
 - b. Head coach
 - c. Assistant coach
 - d. Nurse
 - e. Activities Director

Team Specific CHAIN OF COMMAND Most medically qualified

3. Football
 - a.
4. Boys Cross Country
 - a.
5. Girls Cross Country
 - a.
6. Golf
 - a.
7. Softball

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- a.
- 8. Tennis
 - a.
- 9. Volleyball
 - a.
- 10. Boys Basketball
 - a.
- 11. Girls Basketball
 - a.
- 12. Bowling
 - a.
- 13. Swimming and Diving
 - a.
- 14. Boys Wrestling
 - a.
- 15. Girls Wrestling
 - a.
- 16. Baseball
 - a.
- 17. Boys Soccer
 - a.
- 18. Girls Soccer
 - a.
- 19. Tennis
 - a.
- 20. Boys Track and Field
 - a.
- 21. Girls Track and Field
 - a.
- 22. Strength

**this chain of command would be completed per team in the event that the chain is different per team*

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Emergency Telephone Numbers

This list is only to be used in case of an emergency.

Emergency Medical System EMS	911
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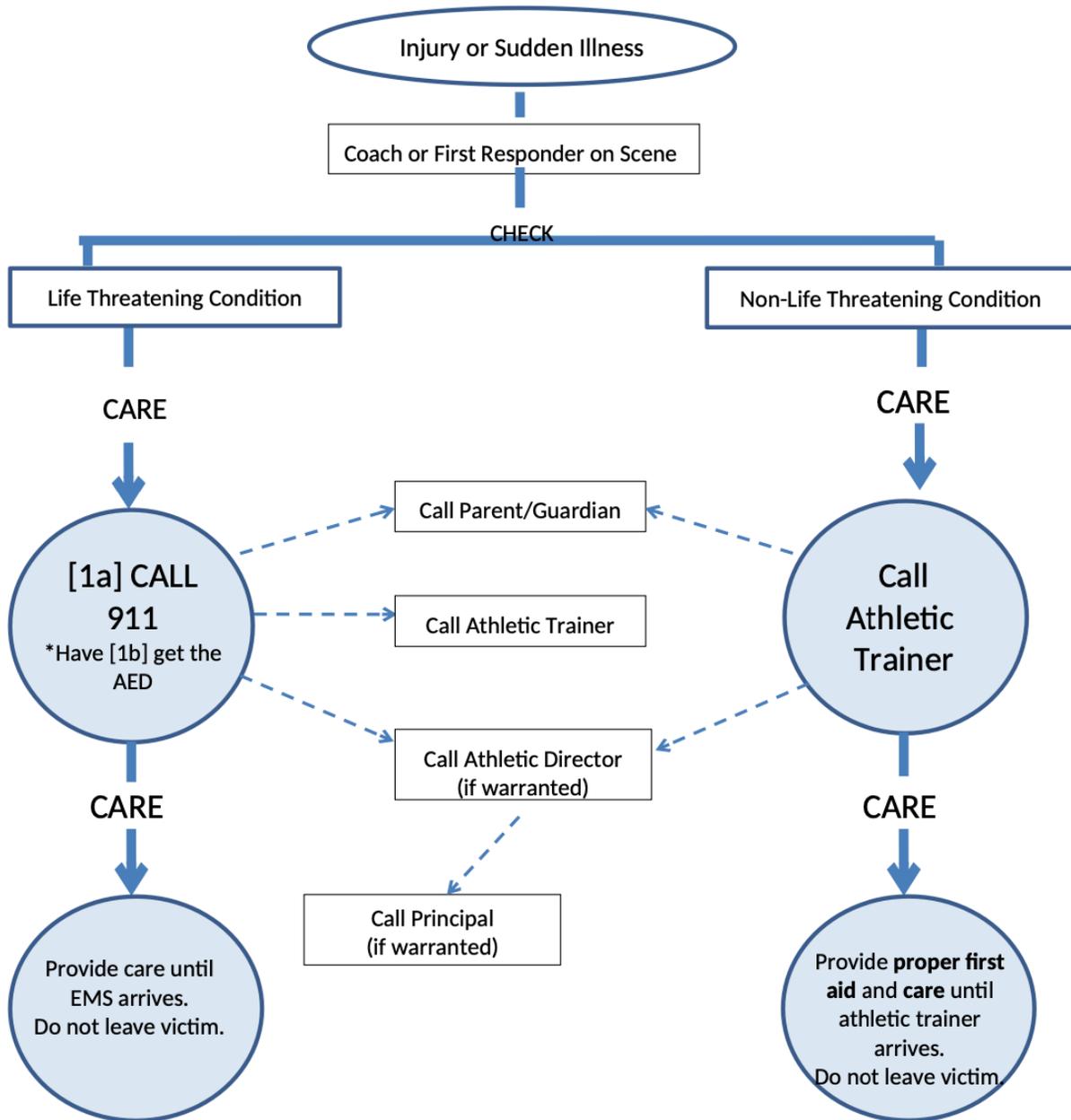
Off Campus Contacts	Phone Number
Police Department	(308) 233-5250
Police – Non-Emergency	(308) 237-2104
Fire Dept. - Non-Emergency	(308) 233-3226
Kearney Regional Medical Center Emergency Dept.	(308) 455-3600
CHI Good Samaritan Hospital Emergency Dept	(308) 865-7100 (308) 865-7997
Buffalo County Sheriff Dept.	(308) 236-8555

On Campus Offices	Phone Number
Athletic Training Room	(308) 698-8087
Nurse	(308) 698-8080
Athletic Director	(308) 698-8066
Main Office	(308) 698-8060
Counseling Office	(308) 698-8073

Title	Name	Cell	Office
Athletic Trainer	Brian Haas	(402) 937-5090	(308) 698-8087
Athletic Trainer	Bryce Mason	(308) 991-2060	(308) 698-8087
Activities Director/AP	Ryan Hogue	(402) 469-3919	(308)-698-8066
Principal	Jeff Ganz	(308) 440-9538	(308) 698-8060
Assistant Principal	Jason Boyd	(308) 224-0251	(308) 698-8063
Assistant Principal	Ty Swarm	(308) 440-4520	(308) 698-8064
Assistant Principal	Paloma Mena-Werth	(308)-293-3043	(308) 698-8069
Assistant Principal	Tennille Allison	(308)-440-2679	
Nurse	Shanna Gillming	(308) 440-1191	(308) 698-8080

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Emergency Situation Contact Tree



After the situation is controlled: Contact (phone or email)

1. Parents if they have not been notified.
2. Assistant Principal / Activities Director – Ryan Hogue
 - a. Parents
 - b. Principal – Jeff Ganz
3. Athletic Trainer – Brian Haas

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Athletic Trainer may at their discretion contact sports medicine physician for guidance

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Emergency Equipment Locations

Emergency Equipment:

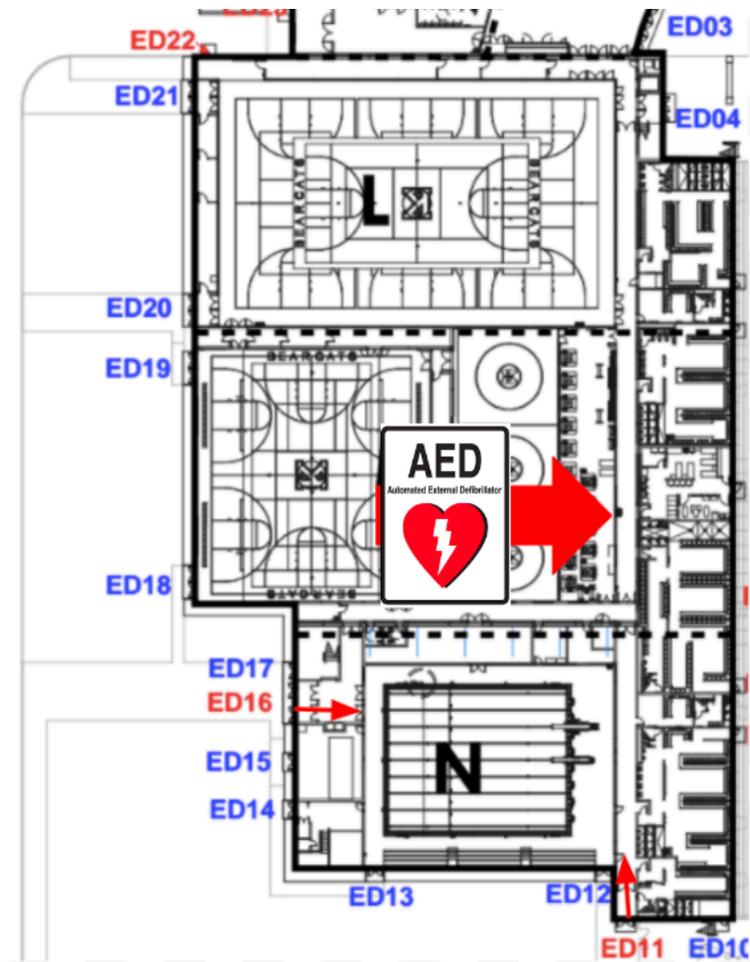
1. AED
 - a. Located with ATC for all covered events
 - b. Wall Mounted AED located outside Kearney High School Athletic Training room near water fountain.
2. Nearest phone
 - a. Athletic Trainer's personal cell phone when covering events
 - b. Coaches' personal cell phones (with emergency numbers attached here)
 - c. In Kearney High School's Men's and Women's Coaches offices, and Athletic Training Room (M100).
3. Rescue Inhaler
 - a. Coaches are responsible for each student who has an inhaler and is responsible for bringing the inhaler with them to all practices/games
 - b. Inhaler must be left with coach (labeled with name) during practices and games (not left in personal bag)
 - c. Athletic trainer may be given a backup inhaler by the parent or child to keep as a backup in the med kit.
4. Epi Pen
 - a. Coaches are responsible for each student who has an epi pen and is responsible for bringing their epi pen with them to all practices/games
 - b. Epi pen must be left with coach (labeled with name) during practices and games (not left in personal bag)
 - c. Athletic trainer may be given a backup Epi pen by the parent or child to keep as a backup in the med kit.
5. Splints
 - a. With ATC during events or in ATR
6. Spine boards/Cervical Collar
 - a. Will be provided by EMS upon arrival
7. Bio-hazard Materials
 - a. Red bags – in each med kit and in ATR
 - b. Disposal Bin – in ATR, Room M100
8. Team First Aid Kit located with coach
9. Athletic Training Medical Kit located with AT covering practice or event.

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Kearney High School AED Location

Building and Address	Quantity	Location
Kearney High School 2702 West 11th Street Kearney, NE 68845	2	Wall mounted in the Athletic Hallway across from the Athletic Training Room (M100) next to the water fountain Portable Athletics AED in Red Bag (In ATR and travels to varsity FB practice, and off-site coverage).
Ron and Carol Cope Stadium North Fieldhouse 2708 12 th Ave Kearney, NE 68849	2	Wall mounted in the hallway of the North Fieldhouse just outside the door of the athletic training room. Portable Athletics AED in Red Bag on Sideline.
Memorial Baseball Field 3311 8th Avenue, Kearney, NE 68845	2	There is an AED located just inside the double doors on the 3rd base side at field level. A second AED is located in the ticket booth at the top of the stadium.

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General Plan of Action

1. Most medically qualified person will lead
2. Check the scene—is it safe to help?
3. Is the athlete breathing? Conscious? Pulse?
 - a. If NO instruct person to call 911 – LOOK PERSON DIRECTLY IN EYES and make sure they call!
 - b. Check card for 911 call instructions for your location
4. Perform emergency CPR/First Aid
 - a. If severe bleeding – instruct individual to assist with bleeding control
5. Instruct coach or bystander to get AED
6. Instruct coach or bystander to control crowd
7. Contact the Athletic Trainer of Kearney High School if they are present at the school but not on scene
8. Contact parents

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9. Contact Athletic Director
10. Contact Principal/Assistant Principal
11. Instruct individual to meet ambulance to direct to appropriate site
12. Assist with care as necessary
13. Assistant coach must accompany athlete to hospital – either in ambulance or follow by car
14. Document the event

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Emergency Action Procedures

Exertional Heat Illness

There are different types of heat-related illnesses, ranging from those that cause temporary discomfort to the generally fatal condition known as heat stroke.

The following checklist can help you recognize the symptoms of heat-related illnesses:

- **Heat cramps:** may develop painful muscle spasms in the arms, legs, or abdomen. The body temperature is usually normal, and the skin will feel moist and cool, but sweaty.
- **Heat syncope (fainting):** will experience the sudden onset of dizziness or fainting after exposure to high temperatures, particularly after exercising in the heat. As with heat cramps, the skin is pale and sweaty but remains cool. The pulse may be weakened, and the heart rate is usually rapid. Body temperature is normal.
- **Heat exhaustion:** is a warning that the body is getting too hot. A person with heat exhaustion may be thirsty, giddy, weak, uncoordinated, nauseous, and sweating profusely. As with heat syncope and heat cramps, the body temperature is usually normal in heat exhaustion. The heart rate (pulse rate) is normal or elevated. The skin is usually cold and clammy.
- **Heat stroke:** is a serious, life-threatening condition that occurs when the body loses its ability to control its temperature. Victims of heat stroke almost always die, so immediate medical attention is essential when problems first begin. In heat stroke, a person develops a fever that rapidly rises to dangerous levels within minutes. A person with heat stroke usually has a body temperature above 104 F (40 C), but the temperature may rise even higher. Other symptoms and signs of heat stroke may include confusion, combativeness, bizarre behavior, feeling faint, staggering, strong rapid pulse, dry flushed skin, and lack of sweating. Delirium or coma can also result from heat stroke.

Heat stroke is a true medical emergency. If a person has the symptoms of heat stroke, you should notify emergency services (911) immediately.

What to do if EHS happens:

HEAT EXHAUSTION = Athlete gets light-headed, dizzy, headache, and sweats profusely.

Get into a shaded area immediately. Cool off with wet towels (ring out over head and upper body) Give athlete Gatorade and/or water to sip on. Out for the rest of the practice and must re-check with A.T. before next practice.

HEAT STROKE = The two main criteria for diagnosing exertional heat stroke (EHS) are rectal temperature >104°F (40.5°C) immediately post collapse and central nervous system (CNS) dysfunction (e.g. irrational behavior, irritability, emotional instability, altered consciousness, collapse, coma, dizziness, etc.)

- **Call 911**, then notify the Athletic Trainer (Brian Haas or Bryce Mason) immediately (have someone else do this so you can help athlete)
- Get the athlete into cold immersion tank when available. If one is not available, use a shaded area, take off shoes, shirt (if appropriate) and cool down with water, ice, hose, ... anything that will help cool the body temp down. You have less than 5 minutes to prevent

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brain damage so you have to act quickly. **Transportation should only occur once athlete's core temp is 102°F.**

When Exertional Heat Stroke is suspected the Cold Immersion Tub is Located under the south track/football field bleachers near boys' lockers doors. The patient's body (trunk and extremities) should be quickly immersed in a pool or tub of cold water. Removing excess clothing and equipment will enhance cooling by maximizing the surface area of the skin. However, because removing excess clothing and equipment can be time consuming, CWI should begin immediately and equipment should be removed while the patient is in the tub (or while tub is being prepared). Cold-water immersion up to the neck is the most effective cooling modality for patients with EHS. Add ice and stir the water to assist with lowering the body temperature. Extra ice and a stir paddle can be found inside the Athletic Training Room. Use any cooler to haul ice. The paddle is next between the ice machine and washing machines/dryer.

Sudden Cardiac Arrest

Recommendations / Prevention

Access to early defibrillation is a goal of less than 3-5 minutes from the time of collapse to delivery of the first shock is strongly recommended.

Recognition

Sudden cardiac arrest (SCA) should be suspected in any athlete who has collapsed and is unresponsive. An athlete's airway, breathing, circulation, and heart rhythm (using AED) should be assessed. An AED should be applied as soon as possible for rhythm analysis. Myoclonic jerking or seizure-like activity is often present after collapse from SCA and should not be mistaken for a seizure. Occasional gasping should not be mistaken for normal breathing

What to do if this happens:

1. Call 911 to activate EMS
2. Follow Emergency Action Plan for your site.

Cardiopulmonary resuscitation should be provided while the AED is being retrieved and should be applied as soon as possible. Interruptions in chest compressions should be minimized by stopping only for rhythm analysis and defibrillation.

**** If an AED is not on site, continue with CPR until EMS arrives.**

If patient shows obvious signs of life, monitor the patient until EMS arrives and takes over.

Spinal Injury

Recommendations

The Kearney High School Athletics Emergency Action Plan will be shared with the visiting teams' Activities Director by KHS Assistant Principal / Activities Director prior to events. A

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medical time out will be done by KHS athletic trainer. If present the medical time out will include EMS, KHS and visiting athletic trainers. If KHS athletic trainers are the only medically qualified professionals, they will introduce themselves to a member of visiting coaching staff. The Medical Time Out will identify onsite medically qualified personnel, available equipment, medical professional in charge of response, signals, communication and transport procedures for EMS transport.

Recognition

In the event of a suspected head, neck or spinal injury the on-site athletic trainer will take control of the scene and stabilize the head. A coach will be designated to call EMS, an assistant coach will control the crowd and remove other athletes and bystanders.

What to do if this happens:

- 1. Call 911 to activate EMS**
- 2. Follow EAP for the Venue**

Removal of equipment will prioritize access to maintain circulation, airway and breathing. If warranted the helmet facemask will be removed prior to transport but in communication with local EMS and Emergency Departments all other equipment will be removed by emergency department staff. In the event of cardiac arrest, the helmet and shoulder pads will be removed by athletic training staff to provide effective CPR.

Lightning

"If you can see it, flee it; If you can hear it, clear it."

Detecting Lightning

If inclement weather is forecasted or sighted in the area, the Activities Director, Head Athletic Trainer and/or the on-site coach will use both the WeatherBug Spark app and the flash-to-bang method to monitor for lightning strikes. The Activities Director, Head Athletic Trainer and/or the supervising coach on site will be the designated person to make the call when to remove individuals from the field. The supervising athletic trainer will involve coaches and game officials should lightning appear during a game or match. Coaches and game officials will be alerted when lightning occurs within the Advisory Range (30 miles out), Caution Range (15 miles out) and suspension of activity will occur at the Warning Range (8 miles out).

All certified athletic trainers on site will be designated weather watchers (a person who actively looks for signs of inclement weather and notifies chain of command if severe weather may become dangerous). This may include phone contact to the athletic training facility to obtain more information via the internet or tv/radio. The supervising athletic trainer in the athletic training room at this point will continue to monitor approaching weather and will assist the on field supervising athletic trainer by providing more information on the possibility of inclement weather.

1. NOAA Weather Radio and National Weather Service; Weatherbug SPARK Lightning Map App on phone
 - a. Weatherbug Spark can be accessed via cell phone, tablet, desk top computer.
 - b. To access on computer, go to <https://www.weatherbug.com/alerts/spark/>

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2. To use the flash-to-bang method, the observer begins counting when a lightning flash is sighted. Counting is stopped when the associated bang (thunder) is heard. Divide this count by 5 to determine the distance of the lightning flash in miles.

**** During athletic practices, the head coach of each program is responsible for making decisions on suspension of outdoor practices and evacuation to a safe facility.**

- During competitions, the Athletic Director and Athletic Trainer will monitor the weather conditions and determine the suspension / resumption of play.

Safe Shelters

If lightning is in the immediate area, the on-site ATC will notify the head coach as to the status of the inclement weather and of need to take shelter. The ATC shall monitor the progress of the weather or in the event that there is not an ATC on site the Head Coach will be designated a weather “watcher”.

1. Safe shelter for Awari Golf Course – Club House.
2. Safe shelter for Foster Field – North Fieldhouse.
3. Safe shelter for KHS Grass Practice Field – High school
4. Safe shelter for Harmon Park – Rec Building.
5. Safe shelter for Kearney Country Club – Club House.
6. Safe shelter for Kearney High Track – High school.
7. Safe shelter for Patriot Park – Indoor Batting Cages.
8. Safe Shelter for Memorial Field (Baseball) – Locker Room
9. Safe Shelter for Baldwin Park – Enclosed vehicle

A safe structure is any building normally occupied or frequently used by people, e.g., a building with plumbing and/or electrical wiring that acts to electrically ground the structure. Avoid the shower, plumbing facilities, contact with electrical appliances and open windows and doorways during a thunderstorm. If no safe shelter is within a reasonable distance, then other safe areas include: enclosed buildings, fully enclosed metal vehicles with window up (no convertibles or golf carts). It is important if you take shelter in a fully enclosed metal vehicle not to touch the framework of the vehicle. Unsafe shelter areas include: water, open fields, dugouts, golf carts, metal objects (bleachers, fences, etc.), individual tall trees, light poles. Avoid being the highest object in an open field. All individuals have the right to leave an athletic site in order to seek a safe structure if the person feels in danger of impending lightning activity, without fear of repercussions or penalty from anyone.

Suspension and Resumption of Athletic Activities

As a minimum, the KPS, NATA Lightning Safety Position statement and National Severe Storms laboratory (NSSL), strongly recommend that all individuals have left the athletic sites and reach a safe shelter by the flash-to-bang count of 30 seconds (6 miles). However, lightning

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can strike as far as 10 miles and it does not have to rain for lightning to strike. Activities hosted KHS will be terminated at the 40 seconds or 8 miles. Activity may resume once the on-site ATC or Athletic Administration gives the all-clear. It will be deemed safe to resume activity 30 minutes after the last lightning strike as occurred or once Weatherbug Spark App. shows no lightning in the area.

Managing Care of Lightning Strike Victims

Observe the following basic first aid procedures in managing victims of a lightning strike:

1. Activate local EMS by dialing 911 and grab the AED. Lightning victims do not “carry a charge” and are safe to touch. If necessary, move the victim with care to a safer location.
2. Evaluate airway, breathing, and circulation, and begin CPR if necessary.
3. Evaluate and treat for hypothermia, shock, fractures, and/or burns.

Mechanisms of Lightning Injury

1. Direct Strike: Occurs to the head, current may enter the orifices causing eye and ear injuries. When assuming the lightning-safe position, once can cover their ears to help avoid this type of trauma.
2. Contact Injury: Occurs when the victim is touching an object that is in the pathway of a lightning current.
3. Side Flash: Lightning may strike an object near the victim and then jumps from that object to the victim. The chance of a side flash is increased under a shelter such as a small picnic shelter or next to a tree.
4. Step Voltage or Ground Current: Current from lightning radiates outward from strike point. When assuming lightning safety position, place feet close together to avoid injury.
5. Blunt Injury: Lightning current can create abrupt heating/cooling of air leading to explosive/implosive forces that cause injury.

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Main Gym

Activate the EAP:

- Any loss of consciousness
- Possible Spine Injury
- Dislocation, Open Fracture, Displaced Closed Fracture
- Difficulty or absent breathing or pulse
- Uncertainty of if you have a medical emergency

Emergency Personnel:

Kearney High School Athletic Trainer will be on site for select practices and events or in direct communication with coaching staff. Emergencies during practices/games not covered, EMS should be contacted immediately.

Emergency Communication: EMERGENCY CALL 911

Athletic Trainer's Cell

Brian Haas (402) 937-5090

Bryce Mason (308) 991 – 2060

Notify Ryan Hogue (Asst. Principal /Activities Director) (402) 469-3919

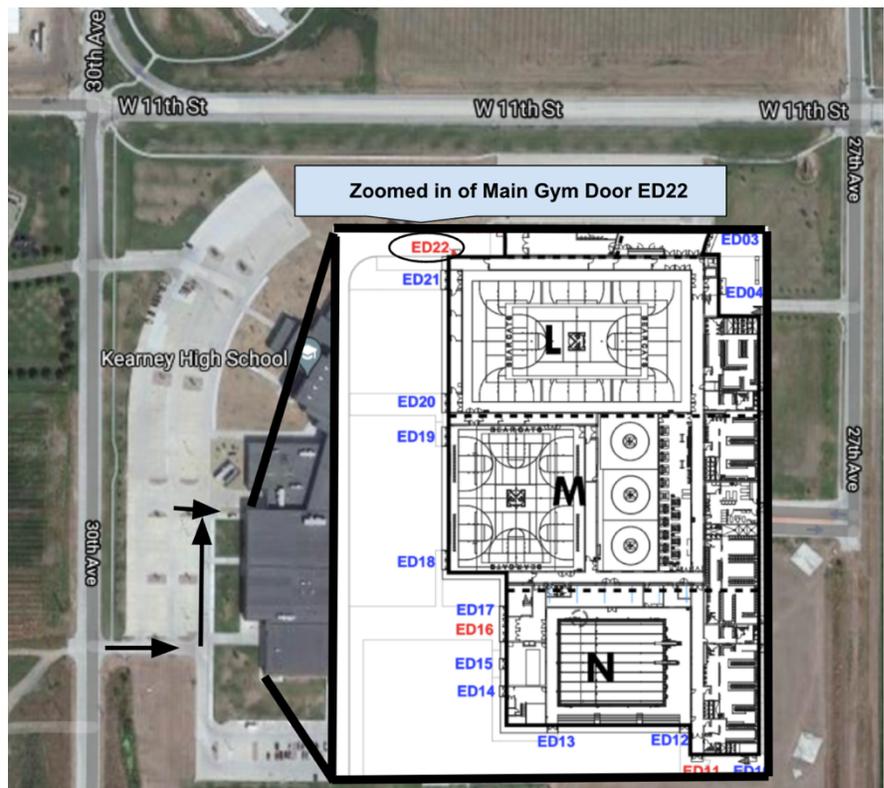
Emergency Equipment:

Emergency equipment (AED, medical kit, splint bag)

Medical Emergency Transportation:

Address - **Kearney High School 2702 West 11th Street.**

1. Travel to corner of 11th Street and 30th Avenue.
2. Travel south on 30th Avenue (south of 11th Street and 30th Avenue) to the south “Activities Entrance”
3. Proceed to West side of KHS Main Gymnasium to doors **ED 20**.



Roles of First Responders:

1. Check the scene

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- a. Is it safe for you to help?
 - b. What happened?
 - c. How many victims are there?
 - d. Can bystanders help?
2. Instruct coach or bystander to call 911
 - a. -Provide the following information
 - i. Who you are
 - ii. General information about the injury or situation
 - iii. Where you are:
 - iv. ***STAY ON THE PHONE, BE THE LAST TO HANG UP***
 3. Perform emergency CPR/First Aid
 - a. Check airway/breathing/circulation, level of consciousness, and severe bleeding.
 - i. If athletic trainer is present, he/she will stay with athlete and provide immediate care.
 - ii. If athletic trainer is not present, most qualified coach (training/certifications) will stay with athlete and provide immediate care.
 - b. **Instruct coach or bystander to GET AED!!**
 4. Designate coach or bystander to control crowd
 5. Contact the Athletic Trainer for Kearney High School if not present on scene
 6. Meet ambulance and direct to appropriate site
 - a. Open Appropriate Gates/Doors
 - b. Designate an individual to "flag down" and direct to scene
 - c. Control injury site, limit care providers etc.
 7. Assist ATC and/or EMS with care as directed
 - a. Retrieve Necessary Supplies/Equipment
 8. An assistant coach must go with the athlete to the hospital or follow in a car if not allowed in ambulance
 9. Document event and debrief

Emergency Action Plan – Kearney High School

Aux Gym

Activate the EAP:

- Any loss of consciousness
- Possible Spine Injury
- Dislocation, Open Fracture, Displaced Closed Fracture
- Difficulty or absent breathing or pulse
- Uncertainty of if you have a medical emergency

Emergency Personnel:

Kearney High School Athletic Trainer will be on site for select practices and events or in direct communication with coaching staff. Emergencies during practices/games not covered, EMS should be contacted immediately.

Emergency Communication: EMERGENCY CALL 911

Athletic Trainer's Cell

Brian Haas (402) 937-5090

Bryce Mason (308) 991 – 2060

Notify Ryan Hogue (Asst. Principal /Activities Director) (402) 469-3919

Emergency Equipment:

Emergency equipment (AED, medical kit, splint bag)

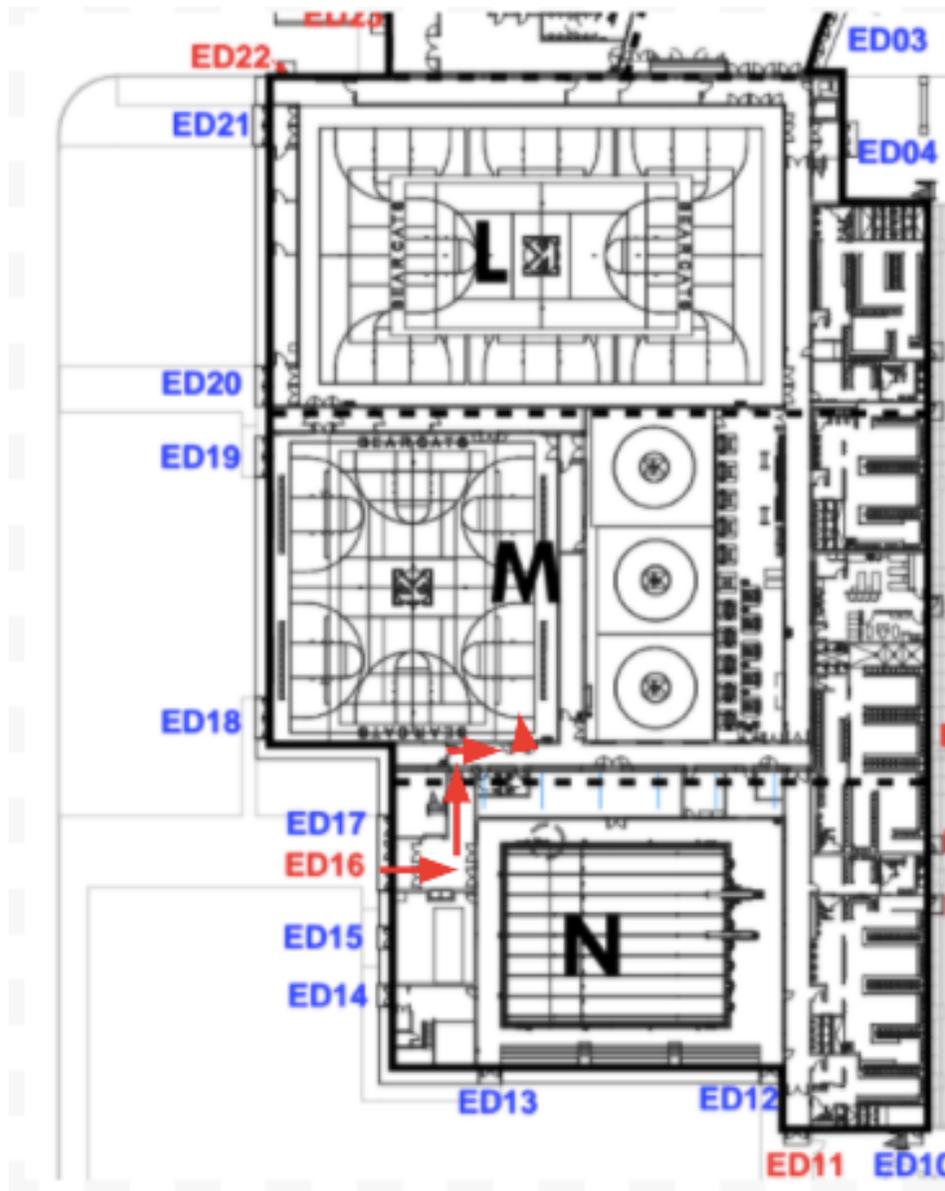
Medical Emergency Transportation:

Address - **Kearney High School 2702 West 11th Street.**

1. Travel to corner of 11th Street and 30th Avenue.
2. Travel south on 30th Avenue (south of 11th Street and 30th Avenue) to the south "Activities Entrance"
3. Proceed to West side of KHS Main Gymnasium to doors **ED 16**



Emergency Action Plan – Kearney High School



Roles of First Responders:

1. Check the scene
 - a. Is it safe for you to help?
 - b. What happened?
 - c. How many victims are there?
 - d. Can bystanders help?
2. Instruct coach or bystander to call 911
 - a. -Provide the following information
 - i. Who you are
 - ii. General information about the injury or situation
 - iii. Where you are:

Emergency Action Plan – Kearney High School

- iv. ***STAY ON THE PHONE, BE THE LAST TO HANG UP***
3. Perform emergency CPR/First Aid
 - a. Check airway/breathing/circulation, level of consciousness, and severe bleeding.
 - i. If athletic trainer is present, he/she will stay with athlete and provide immediate care.
 - ii. If athletic trainer is not present, most qualified coach (training/certifications) will stay with athlete and provide immediate care.
 - b. **Instruct coach or bystander to GET AED!!**
4. Designate coach or bystander to control crowd
5. Contact the Athletic Trainer for Kearney High School if not present on scene
6. Meet ambulance and direct to appropriate site
 - a. Open Appropriate Gates/Doors
 - b. Designate an individual to "flag down" and direct to scene
 - c. Control injury site, limit care providers etc.
7. Assist ATC and/or EMS with care as directed
 - a. Retrieve Necessary Supplies/Equipment
8. An assistant coach must go with the athlete to the hospital or follow in a car if not allowed in ambulance
9. Document event and debrief

Emergency Action Plan – Kearney High School

Wrestling Room

Activate the EAP:

- Any loss of consciousness
- Possible Spine Injury
- Dislocation, Open Fracture, Displaced Closed Fracture
- Difficulty or absent breathing or pulse
- Uncertainty of if you have a medical emergency

Emergency Personnel:

Kearney High School Athletic Trainer will be on site for select practices and events or in direct communication with coaching staff. Emergencies during practices/games not covered, EMS should be contacted immediately.

Emergency Communication: EMERGENCY CALL 911

Athletic Trainer's Cell

Brian Haas (402) 937-5090

Bryce Mason (308) 991 – 2060

Notify Ryan Hogue (Asst. Principal /Activities Director) (402) 469-3919

Emergency Equipment:

Emergency equipment (AED, medical kit, splint bag)

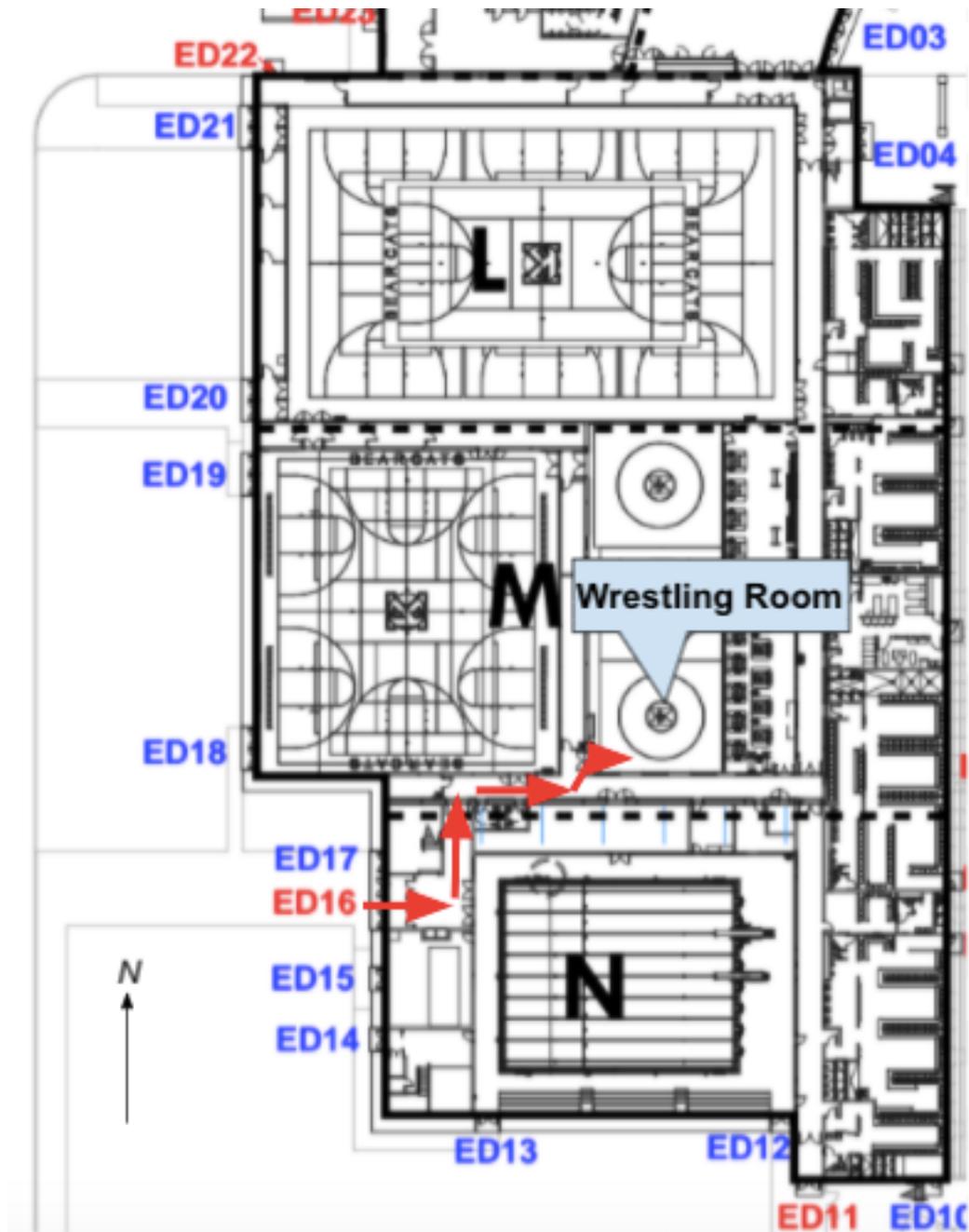
Medical Emergency Transportation:

Address - **Kearney High School 2702 West 11th Street.**

1. Travel to the corner of 11th Street and 30th Avenue.
2. Travel south on 30th Avenue (south of 11th Street and 30th Avenue) to the south "Activities Entrance" on the West side of KHS to doors ED16.
3. Once inside, turn left and follow the hallway to the south wrestling room doors.
4. Direct EMS to the emergency scene.
5. A Kearney High staff member / coach will be there to help guide EMS into the wrestling room.



Emergency Action Plan – Kearney High School



Roles of First Responders:

1. Check the scene
 - a. Is it safe for you to help?
 - b. What happened?
 - c. How many victims are there?
 - d. Can bystanders help?
2. Instruct coach or bystander to call 911

Emergency Action Plan – Kearney High School

- a. -Provide the following information
 - i. Who you are
 - ii. General information about the injury or situation
 - iii. Where you are:
 - iv. ***STAY ON THE PHONE, BE THE LAST TO HANG UP***
3. Perform emergency CPR/First Aid
 - a. Check airway/breathing/circulation, level of consciousness, and severe bleeding.
 - i. If athletic trainer is present, he/she will stay with athlete and provide immediate care.
 - ii. If athletic trainer is not present, most qualified coach (training/certifications) will stay with athlete and provide immediate care.
 - b. Instruct coach or bystander to GET AED!!**
4. Designate coach or bystander to control crowd
5. Contact the Athletic Trainer for Kearney High School if not present on scene
6. Meet ambulance and direct to appropriate site
 - a. Open Appropriate Gates/Doors
 - b. Designate an individual to "flag down" and direct to scene
 - c. Control injury site, limit care providers etc.
7. Assist ATC and/or EMS with care as directed
 - a. Retrieve Necessary Supplies/Equipment
8. An assistant coach must go with the athlete to the hospital or follow in a car if not allowed in ambulance
9. Document event and debrief

Emergency Action Plan – Kearney High School

Main Weight Room

Activate the EAP:

- Any loss of consciousness
- Possible Spine Injury
- Dislocation, Open Fracture, Displaced Closed Fracture
- Difficulty or absent breathing or pulse
- Uncertainty of if you have a medical emergency

Emergency Personnel:

Kearney High School Athletic Trainer will be on site for select practices and events or in direct communication with coaching staff. Emergencies during practices/games not covered, EMS should be contacted immediately.

Emergency Communication: EMERGENCY CALL 911

Athletic Trainer's Cell

Brian Haas (402) 937-5090

Bryce Mason (308) 991 – 2060

Notify Ryan Hogue (Asst. Principal /Activities Director) (402) 469-3919

Emergency Equipment:

Emergency equipment (AED, medical kit, splint bag)

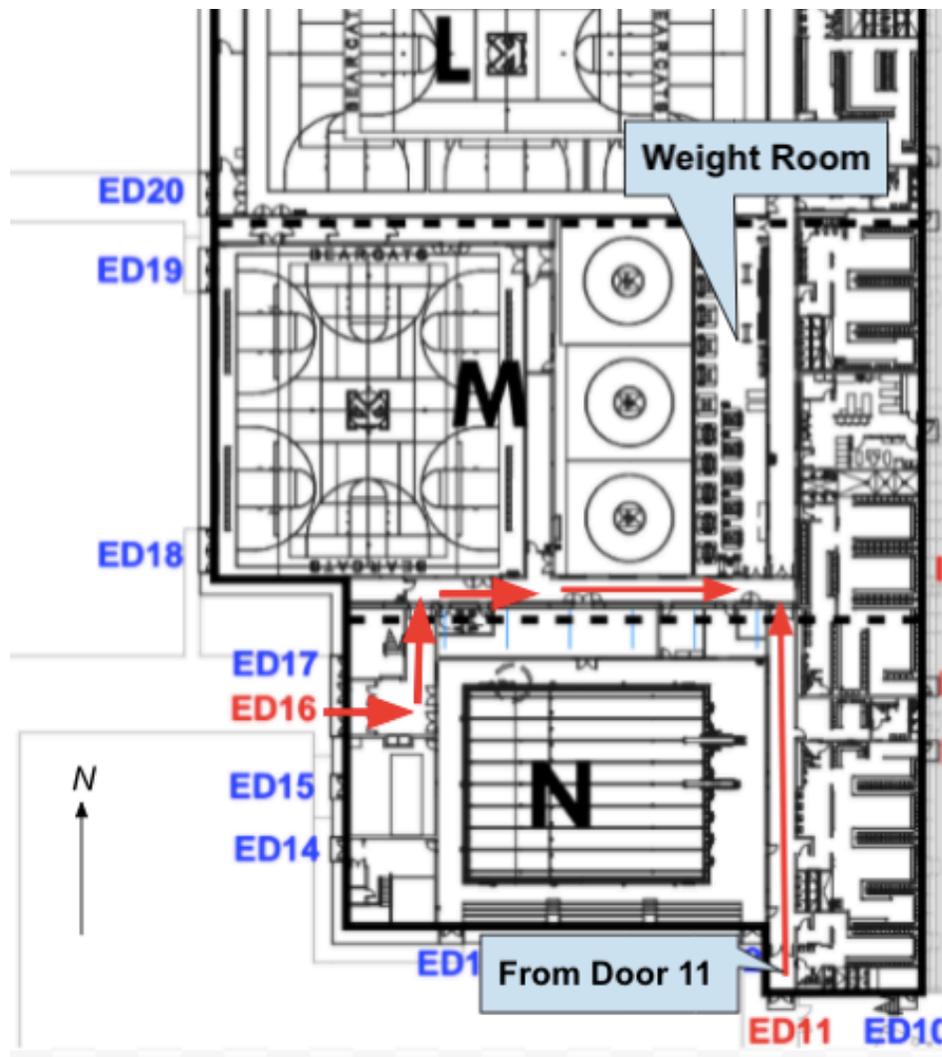
Medical Emergency Transportation:

Address - **Kearney High School 2702 West 11th Street.**

1. Travel to the corner of 11th Street and 30th Avenue.
2. Travel south on 30th Avenue (south of 11th Street and 30th Avenue) to the south “Activities Entrance” on the West side of KHS to doors ED16 or ED11 .
3. Once inside, turn left and follow the hallway to the south weight room doors.
4. Direct EMS to the emergency scene.
5. A Kearney High staff member / coach will be there to help guide EMS into the weight room.



Emergency Action Plan – Kearney High School



Roles of First Responders:

1. Check the scene
 - a. Is it safe for you to help?
 - b. What happened?
 - c. How many victims are there?
 - d. Can bystanders help?
2. Instruct coach or bystander to call 911
 - a. -Provide the following information
 - i. Who you are
 - ii. General information about the injury or situation
 - iii. Where you are:
 - iv. ***STAY ON THE PHONE, BE THE LAST TO HANG UP***
3. Perform emergency CPR/First Aid
 - a. Check airway/breathing/circulation, level of consciousness, and severe bleeding.

Emergency Action Plan – Kearney High School

- i. If athletic trainer is present, he/she will stay with athlete and provide immediate care.
 - ii. If athletic trainer is not present, most qualified coach (training/certifications) will stay with athlete and provide immediate care.
- b. Instruct coach or bystander to GET AED!!**
4. Designate coach or bystander to control crowd
5. Contact the Athletic Trainer for Kearney High School if not present on scene
6. Meet ambulance and direct to appropriate site
 - a. Open Appropriate Gates/Doors
 - b. Designate an individual to "flag down" and direct to scene
 - c. Control injury site, limit care providers etc.
7. Assist ATC and/or EMS with care as directed
 - a. Retrieve Necessary Supplies/Equipment
8. An assistant coach must go with the athlete to the hospital or follow in a car if not allowed in ambulance
9. Document event and debrief

Emergency Action Plan – Kearney High School

Natatorium / Swimming Pool

Activate the EAP:

- Any loss of consciousness
- Possible Spine Injury
- Dislocation, Open Fracture, Displaced Closed Fracture
- Difficulty or absent breathing or pulse
- Uncertainty of if you have a medical emergency

Emergency Personnel:

Kearney High School Athletic Trainer will be on site for select practices and events or in direct communication with coaching staff. Emergencies during practices/games not covered, EMS should be contacted immediately.

Emergency Communication: EMERGENCY CALL 911

Athletic Trainer's Cell

Brian Haas (402) 937-5090

Bryce Mason (308) 991 – 2060

Notify Ryan Hogue (Asst. Principal /Activities Director) (402) 469-3919

Emergency Equipment:

Emergency equipment (AED, medical kit, splint bag)

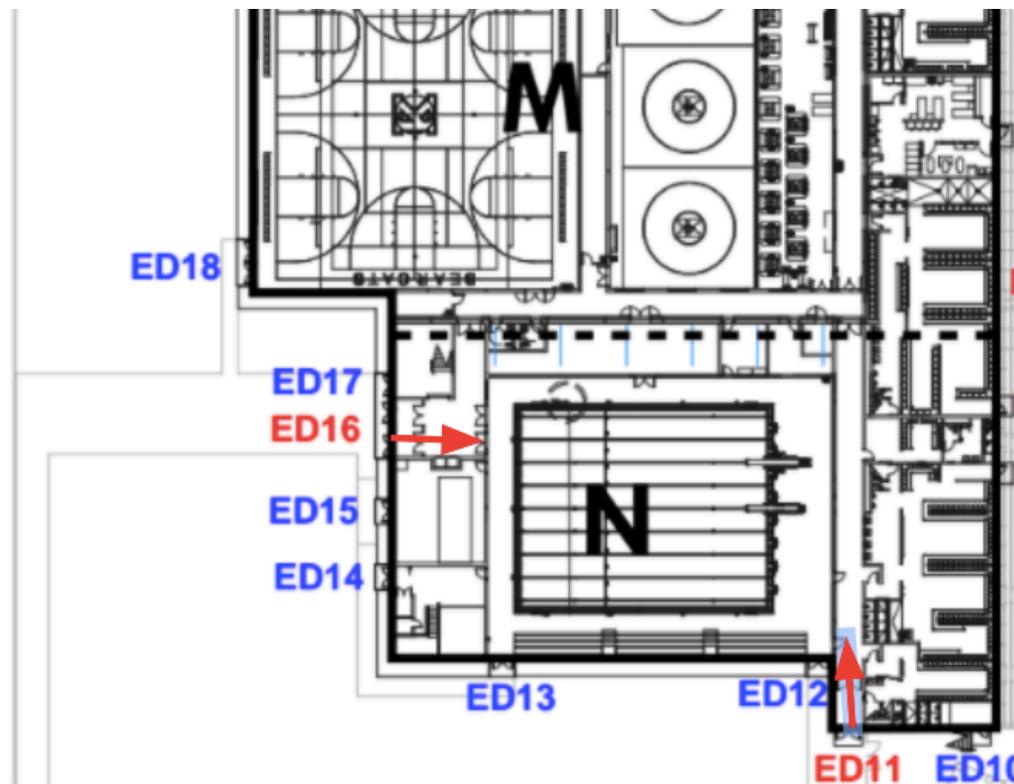
Medical Emergency Transportation:

Address - **Kearney High School 2702 West 11th Street.**

1. Travel to the corner of 11th Street and 30th Avenue.
2. Travel south on 30th Avenue (south of 11th Street and 30th Avenue) to the south “Activities Entrance” on West side of KHS to doors ED16 (entrance to Pool) or ED11 (Southeast corner of Natatorium) if ED20 is blocked.
3. Direct EMS to the emergency scene.
4. A Kearney High staff member / coach will be there to help guide EMS into the pool.



Emergency Action Plan – Kearney High School



Roles of First Responders:

1. Check the scene
 - a. Is it safe for you to help?
 - b. What happened?
 - c. How many victims are there?
 - d. Can bystanders help?
2. Instruct coach or bystander to call 911
 - a. -Provide the following information
 - i. Who you are
 - ii. General information about the injury or situation
 - iii. Where you are:
 - iv. ***STAY ON THE PHONE, BE THE LAST TO HANG UP***
3. Perform emergency CPR/First Aid
 - a. Check airway/breathing/circulation, level of consciousness, and severe bleeding.
 - i. If athletic trainer is present, he/she will stay with athlete and provide immediate care.
 - ii. If athletic trainer is not present, most qualified coach (training/certifications) will stay with athlete and provide immediate care.
 - b. **Instruct coach or bystander to GET AED!!**
4. Designate coach or bystander to control crowd
5. Contact the Athletic Trainer for Kearney High School if not present on scene
6. Meet ambulance and direct to appropriate site
 - a. Open Appropriate Gates/Doors

Emergency Action Plan – Kearney High School

- b. Designate an individual to "flag down" and direct to scene
 - c. Control injury site, limit care providers etc.
- 7. Assist ATC and/or EMS with care as directed
 - a. Retrieve Necessary Supplies/Equipment
- 8. An assistant coach must go with the athlete to the hospital or follow in a car if not allowed in ambulance
- 9. Document event and debrief

Emergency Action Plan – Kearney High School

Concert Hall and Theater (CHAT)

Activate the EAP:

- Any loss of consciousness
- Possible Spine Injury
- Dislocation, Open Fracture, Displaced Closed Fracture
- Difficulty or absent breathing or pulse
- Uncertainty of if you have a medical emergency

Emergency Personnel:

Kearney High School Athletic Trainer will be on site for select practices and events or in direct communication with coaching staff. Emergencies during practices/games not covered, EMS should be contacted immediately.

Emergency Communication: EMERGENCY CALL 911

Athletic Trainer's Cell

Brian Haas (402) 937-5090

Bryce Mason (308) 991 – 2060

Notify Ryan Hogue (Asst. Principal /Activities Director) (402) 469-3919

Emergency Equipment:

Emergency equipment (AED, medical kit, splint bag)

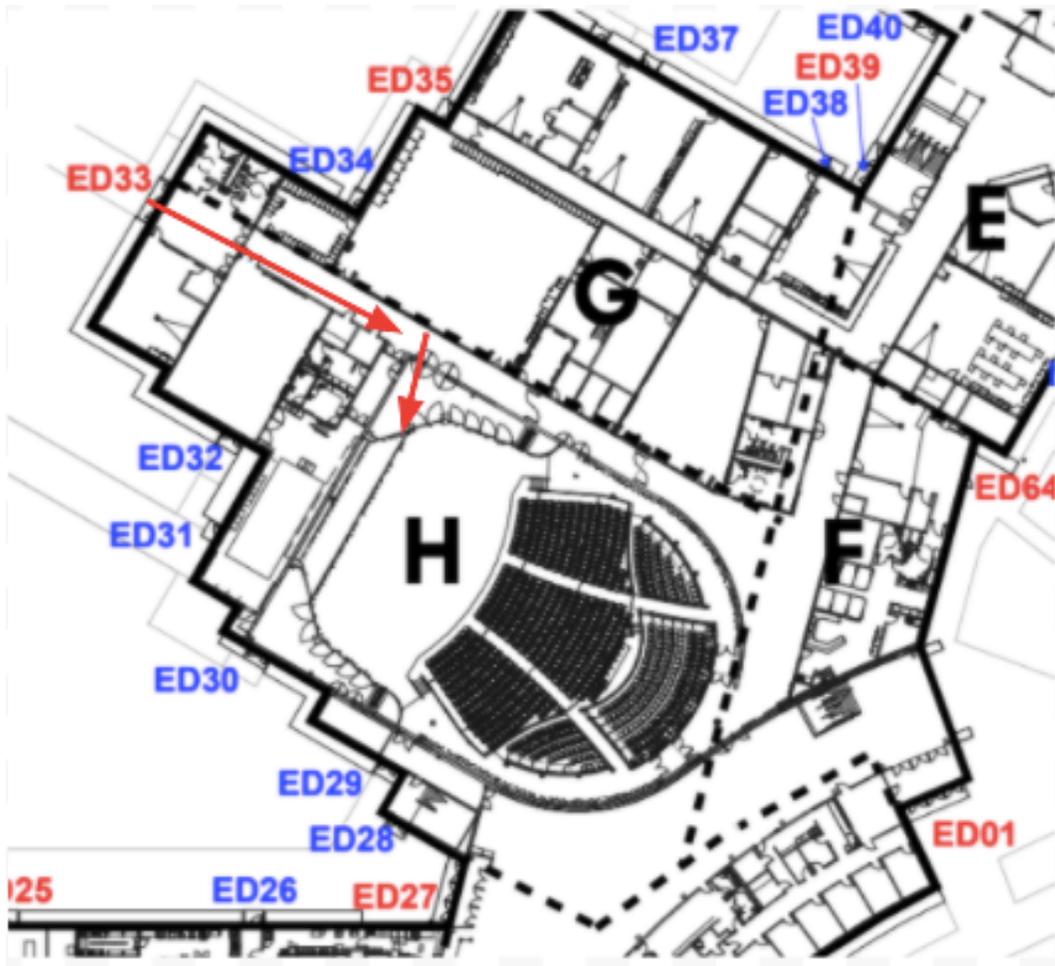
Medical Emergency Transportation:

Address - **Kearney High School 2702 West 11th Street.**

1. Travel to the corner of 11th Street and 30th Avenue.
2. Travel south on 30th Avenue (south of 11th Street and 30th Avenue) to the north parking lot entrance on the West side of KHS to doors ED33.
3. Once inside, follow the hallway to the North CHAT doors.
4. Direct EMS to the emergency scene.
5. A Kearney High staff member / coach will be there to help guide EMS into the CHAT.



Emergency Action Plan – Kearney High School



Roles of First Responders:

1. Check the scene
 - a. Is it safe for you to help?
 - b. What happened?
 - c. How many victims are there?
 - d. Can bystanders help?
2. Instruct coach or bystander to call 911
 - a. -Provide the following information
 - i. Who you are
 - ii. General information about the injury or situation
 - iii. Where you are:
 - iv. ***STAY ON THE PHONE, BE THE LAST TO HANG UP***
3. Perform emergency CPR/First Aid
 - a. Check airway/breathing/circulation, level of consciousness, and severe bleeding.
 - i. If athletic trainer is present, he/she will stay with athlete and provide immediate care.

Emergency Action Plan – Kearney High School

- ii. If athletic trainer is not present, most qualified coach (training/certifications) will stay with athlete and provide immediate care.
 - b. **Instruct coach or bystander to GET AED!!**
- 4. Designate coach or bystander to control crowd
- 5. Contact the Athletic Trainer for Kearney High School if not present on scene
- 6. Meet ambulance and direct to appropriate site
 - a. Open Appropriate Gates/Doors
 - b. Designate an individual to "flag down" and direct to scene
 - c. Control injury site, limit care providers etc.
- 7. Assist ATC and/or EMS with care as directed
 - a. Retrieve Necessary Supplies/Equipment
- 8. An assistant coach must go with the athlete to the hospital or follow in a car if not allowed in ambulance
- 9. Document event and debrief

Emergency Action Plan – Kearney High School

KHS Turf and Track

Activate the EAP:

- Any loss of consciousness
- Possible Spine Injury
- Dislocation, Open Fracture, Displaced Closed Fracture
- Difficulty or absent breathing or pulse
- Uncertainty of if you have a medical emergency

Emergency Personnel:

Kearney High School Athletic Trainer will be on site for select practices and events or in direct communication with coaching staff. Emergencies during practices/games not covered, EMS should be contacted immediately.

Emergency Communication: EMERGENCY CALL 911

Athletic Trainer's Cell

Brian Haas (402) 937-5090

Bryce Mason (308) 991 – 2060

Notify Ryan Hogue (Asst. Principal /Activities Director) (402) 469-3919

Emergency Equipment:

Emergency equipment (AED, medical kit, splint bag)

Medical Emergency Transportation:

Address - **Kearney High School 2702 West 11th Street.**

1. Travel to corner of 11th Street and 30th Avenue.
2. Travel south on 30th Avenue (south of 11th Street and 30th Avenue) to the south "Activities Entrance" on east side of street and proceed to south side of school structure toward Football scoreboard.
3. Direct EMS to southwest corner of KHS Football Practice field.
4. A Kearney High staff member / coach will be there to help guide EMS onto the field.



Emergency Action Plan – Kearney High School

Roles of First Responders:

1. Check the scene
 - a. Is it safe for you to help?
 - b. What happened?
 - c. How many victims are there?
 - d. Can bystanders help?
2. Instruct coach or bystander to call 911
 - a. -Provide the following information
 - i. Who you are
 - ii. General information about the injury or situation
 - iii. Where you are:
 - iv. ***STAY ON THE PHONE, BE THE LAST TO HANG UP***
3. Perform emergency CPR/First Aid
 - a. Check airway/breathing/circulation, level of consciousness, and severe bleeding.
 - i. If athletic trainer is present, he/she will stay with athlete and provide immediate care.
 - ii. If athletic trainer is not present, most qualified coach (training/certifications) will stay with athlete and provide immediate care.
 - b. **Instruct coach or bystander to GET AED!!**
4. Designate coach or bystander to control crowd
5. Contact the Athletic Trainer for Kearney High School if not present on scene
6. Meet ambulance and direct to appropriate site
 - a. Open Appropriate Gates/Doors
 - b. Designate an individual to "flag down" and direct to scene
 - c. Control injury site, limit care providers etc.
7. Assist ATC and/or EMS with care as directed
 - a. Retrieve Necessary Supplies/Equipment
8. An assistant coach must go with the athlete to the hospital or follow in a car if not allowed in ambulance
9. Document event and debrief

Emergency Action Plan – Kearney High School

KHS Grass Practice Fields

Activate the EAP:

- Any loss of consciousness
- Possible Spine Injury
- Dislocation, Open Fracture, Displaced Closed Fracture
- Difficulty or absent breathing or pulse
- Uncertainty of if you have a medical emergency

Emergency Personnel:

Kearney High School Athletic Trainer will be on site for select practices and events or in direct communication with coaching staff. Emergencies during practices/games not covered, EMS should be contacted immediately.

Emergency Communication: EMERGENCY CALL 911

Athletic Trainer's Cell

Brian Haas (402) 937-5090

Bryce Mason (308) 991 – 2060

Notify Ryan Hogue (Asst. Principal /Activities Director) (402) 469-3919

Emergency Equipment:

Emergency equipment (AED, medical kit, splint bag)

Medical Emergency Transportation:

Address - **Kearney High School 2702 West 11th Street.**

1. Travel to corner of 11th Street and 30th Avenue.
2. Travel south on 30th Avenue (south of 11th Street and 30th Avenue) to the south "Activities Entrance" on east side of street and proceed to south side of school structure toward Football scoreboard.
3. Direct EMS to southwest corner of KHS Football Practice field.
4. A Kearney High staff member / coach will be there to help guide EMS onto the field.



Emergency Action Plan – Kearney High School

Roles of First Responders:

1. Check the scene
 - a. Is it safe for you to help?
 - b. What happened?
 - c. How many victims are there?
 - d. Can bystanders help?
2. Instruct coach or bystander to call 911
 - a. -Provide the following information
 - i. Who you are
 - ii. General information about the injury or situation
 - iii. Where you are:
 - iv. ***STAY ON THE PHONE, BE THE LAST TO HANG UP***
3. Perform emergency CPR/First Aid
 - a. Check airway/breathing/circulation, level of consciousness, and severe bleeding.
 - i. If athletic trainer is present, he/she will stay with athlete and provide immediate care.
 - ii. If athletic trainer is not present, most qualified coach (training/certifications) will stay with athlete and provide immediate care.
 - b. **Instruct coach or bystander to GET AED!!**
4. Designate coach or bystander to control crowd
5. Contact the Athletic Trainer for Kearney High School if not present on scene
6. Meet ambulance and direct to appropriate site
 - a. Open Appropriate Gates/Doors
 - b. Designate an individual to "flag down" and direct to scene
 - c. Control injury site, limit care providers etc.
7. Assist ATC and/or EMS with care as directed
 - a. Retrieve Necessary Supplies/Equipment
8. An assistant coach must go with the athlete to the hospital or follow in a car if not allowed in ambulance
9. Document event and debrief

Emergency Action Plan – Kearney High School

Memorial Field – Baseball

Activate the EAP:

- Any loss of consciousness
- Possible Spine Injury
- Dislocation, Open Fracture, Displaced Closed Fracture
- Difficulty or absent breathing or pulse
- Uncertainty of if you have a medical emergency

Emergency Personnel:

Practice: Coach will call EMS

Games:

Kearney High School Athletic Trainer will be on site for select practices and events or in direct communication with coaching staff. Emergencies during practices/games not covered, EMS should be contacted immediately.

Emergency Communication: EMERGENCY CALL 911

Athletic Trainer's Cell

Brian Haas (402) 937-5090

Bryce Mason (308) 991 – 2060

Notify Ryan Hogue (Asst. Principal /Activities Director) (402) 469-3919

Emergency Equipment:

Emergency equipment (There is an **AED** located just inside the double doors on the 3rd base side at field level. A second **AED** is located in the ticket booth at the top of the stadium., medical kit, Games will have splint bag)

Emergency Action Plan – Kearney High School

Medical Emergency Transportation:

Address – **Memorial Field 3311 8th Avenue, Kearney, NE 68845**

1. Located on 33rd and 8th (there is a sign at the intersections)
2. Enter on the Southeast corner of the outfield.
3. A Kearney High staff member / coach will be there to help guide EMS onto the field.

Roles of First Responders:

1. Check the scene
 - a. Is it safe for you to help?
 - b. What happened?
 - c. How many victims are there?
 - d. Can bystanders help?
2. Instruct coach or bystander to call 911
 - a. -Provide the following information
 - i. Who you are
 - ii. General information about the injury or situation
 - iii. Where you are:
 - iv. ***STAY ON THE PHONE, BE THE LAST TO HANG UP***
3. Perform emergency CPR/First Aid
 - a. Check airway/breathing/circulation, level of consciousness, and severe bleeding.
 - i. If athletic trainer is present, he/she will stay with athlete and provide immediate care.
 - ii. If athletic trainer is not present, most qualified coach (training/certifications) will stay with athlete and provide immediate care.
 - b. **Instruct coach or bystander to GET AED!!**
4. Designate coach or bystander to control crowd
5. Contact the Athletic Trainer for Kearney High School if not present on scene
6. Meet ambulance and direct to appropriate site
 - a. Open Appropriate Gates/Doors
 - b. Designate an individual to "flag down" and direct to scene
 - c. Control injury site, limit care providers etc.
7. Assist ATC and/or EMS with care as directed
 - a. Retrieve Necessary Supplies/Equipment
8. An assistant coach must go with the athlete to the hospital or follow in a car if not allowed in ambulance
9. Document event and debrief



Emergency Action Plan – Kearney High School

UNK Foster Field

Activate the EAP:

- Any loss of consciousness
- Possible Spine Injury
- Dislocation, Open Fracture, Displaced Closed Fracture
- Difficulty or absent breathing or pulse
- Uncertainty of if you have a medical emergency

Emergency Personnel:

Practice: Coach will call EMS

Games:

Kearney High School Athletic Trainer will be on site for select practices and events or in direct communication with coaching staff. Emergencies during practices/games not covered, EMS should be contacted immediately.

Emergency Communication: EMERGENCY CALL 911

Athletic Trainer's Cell

Brian Haas (402) 937-5090

Bryce Mason (308) 991 – 2060

Notify Ryan Hogue (Asst. Principal /Activities Director) (402) 469-3919

Emergency Equipment:

Emergency equipment (AED, medical kit,
Games will have splint bag)

Medical Emergency Transportation:

Address – UNK Foster Field 2708 12th
Avenue. Kearney, NE 68845

1. Travel to on 29th h Street until University Dr. and continue around the curve.
2. Enter the NW parking lot.
3. Direct EMS to NW gates / corner of Football field.
4. A Kearney High staff member / coach will be there to help guide EMS onto the field.



Emergency Action Plan – Kearney High School

Roles of First Responders:

1. Check the scene
 - a. Is it safe for you to help?
 - b. What happened?
 - c. How many victims are there?
 - d. Can bystanders help?
2. Instruct coach or bystander to call 911
 - a. -Provide the following information
 - i. Who you are
 - ii. General information about the injury or situation
 - iii. Where you are:
 - iv. ***STAY ON THE PHONE, BE THE LAST TO HANG UP***
3. Perform emergency CPR/First Aid
 - a. Check airway/breathing/circulation, level of consciousness, and severe bleeding.
 - i. If athletic trainer is present, he/she will stay with athlete and provide immediate care.
 - ii. If athletic trainer is not present, most qualified coach (training/certifications) will stay with athlete and provide immediate care.
 - b. **Instruct coach or bystander to GET AED!!**
4. Designate coach or bystander to control crowd
5. Contact the Athletic Trainer for Kearney High School if not present on scene
6. Meet ambulance and direct to appropriate site
 - a. Open Appropriate Gates/Doors
 - b. Designate an individual to "flag down" and direct to scene
 - c. Control injury site, limit care providers etc.
7. Assist ATC and/or EMS with care as directed
 - a. Retrieve Necessary Supplies/Equipment
8. An assistant coach must go with the athlete to the hospital or follow in a car if not allowed in ambulance
9. Document event and debrief

Emergency Action Plan – Kearney High School

Baldwin Field

Activate the EAP:

- Any loss of consciousness
- Possible Spine Injury
- Dislocation, Open Fracture, Displaced Closed Fracture
- Difficulty or absent breathing or pulse
- Uncertainty of if you have a medical emergency

Emergency Personnel:

Kearney High School Athletic Trainer will be on site for select practices and events or in direct communication with coaching staff. Emergencies during practices/games not covered, EMS should be contacted immediately.

Emergency Communication: EMERGENCY CALL 911

Athletic Trainer's Cell

Brian Haas (402) 937-5090

Bryce Mason (308) 991 – 2060

Notify Ryan Hogue (Asst. Principal /Activities Director) (402) 469-3919

Emergency Equipment:

Practice: There is **NO AED** located at Baldwin Park Soccer Complex.

Games Portable AED, medical kit, splint bag.

Medical Emergency Transportation:

Address – **Baldwin Field 4500 19th Avenue, Kearney, NE 68845**

1. Travel on west 39th Street to corner of 39th and 19th Avenue, turn north (right) and proceed ½ mile to Baldwin Park entrance located on west side of street.
2. Baldwin Park Entrance on west side of street 19th Avenue and proceed to center area for access to fields.
3. Direct EMS to the appropriate field (SE, SW, NW, NE). Usually, the NW or SW field.
4. A Kearney High staff member / coach will be there to help guide EMS onto the court / area.



Emergency Action Plan – Kearney High School

Roles of First Responders:

1. Check the scene
 - a. Is it safe for you to help?
 - b. What happened?
 - c. How many victims are there?
 - d. Can bystanders help?
2. Instruct coach or bystander to call 911
 - a. -Provide the following information
 - i. Who you are
 - ii. General information about the injury or situation
 - iii. Where you are:
 - iv. ***STAY ON THE PHONE, BE THE LAST TO HANG UP***
3. Perform emergency CPR/First Aid
 - a. Check airway/breathing/circulation, level of consciousness, and severe bleeding.
 - i. If athletic trainer is present, he/she will stay with athlete and provide immediate care.
 - ii. If athletic trainer is not present, most qualified coach (training/certifications) will stay with athlete and provide immediate care.
 - b. **Instruct coach or bystander to GET AED!!**
4. Designate coach or bystander to control crowd
5. Contact the Athletic Trainer for Kearney High School if not present on scene
6. Meet ambulance and direct to appropriate site
 - a. Open Appropriate Gates/Doors
 - b. Designate an individual to "flag down" and direct to scene
 - c. Control injury site, limit care providers etc.
7. Assist ATC and/or EMS with care as directed
 - a. Retrieve Necessary Supplies/Equipment
8. An assistant coach must go with the athlete to the hospital or follow in a car if not allowed in ambulance
9. Document event and debrief

Emergency Action Plan – Kearney High School

Harvey Park – Softball

Activate the EAP:

- Any loss of consciousness
- Possible Spine Injury
- Dislocation, Open Fracture, Displaced Closed Fracture
- Difficulty or absent breathing or pulse
- Uncertainty of if you have a medical emergency

Emergency Personnel:

Kearney High School Athletic Trainer will be on site for select practices and events or in direct communication with coaching staff. Emergencies during practices/games not covered, EMS should be contacted immediately.

Emergency Communication: EMERGENCY CALL 911

Athletic Trainer's Cell

Brian Haas (402) 937-5090

Bryce Mason (308) 991 – 2060

Notify Ryan Hogue (Asst. Principal /Activities Director) (402) 469-3919

Emergency Equipment:

Emergency equipment (AED, medical kit, splint bag)

Medical Emergency Transportation:

Address – **Harvey Park 4200 N Avenue, Kearney, NE 68847**

1. Travel to corner of 39th Street and N Avenue.
2. Travel north on N Avenue to east Harvey Park Entrance on west side of street and proceed through the parking lot to the gate entrance to the middle of the four softball fields.
3. Direct EMS to the appropriate field (NW, NE, SE, SW).
4. A Kearney High staff member / coach will be there to help guide EMS onto the field.



Emergency Action Plan – Kearney High School

Roles of First Responders:

1. Check the scene
 - a. Is it safe for you to help?
 - b. What happened?
 - c. How many victims are there?
 - d. Can bystanders help?
2. Instruct coach or bystander to call 911
 - a. -Provide the following information
 - i. Who you are
 - ii. General information about the injury or situation
 - iii. Where you are:
 - iv. ***STAY ON THE PHONE, BE THE LAST TO HANG UP***
3. Perform emergency CPR/First Aid
 - a. Check airway/breathing/circulation, level of consciousness, and severe bleeding.
 - i. If athletic trainer is present, he/she will stay with athlete and provide immediate care.
 - ii. If athletic trainer is not present, most qualified coach (training/certifications) will stay with athlete and provide immediate care.
 - b. **Instruct coach or bystander to GET AED!!**
4. Designate coach or bystander to control crowd
5. Contact the Athletic Trainer for Kearney High School if not present on scene
6. Meet ambulance and direct to appropriate site
 - a. Open Appropriate Gates/Doors
 - b. Designate an individual to "flag down" and direct to scene
 - c. Control injury site, limit care providers etc.
7. Assist ATC and/or EMS with care as directed
 - a. Retrieve Necessary Supplies/Equipment
8. An assistant coach must go with the athlete to the hospital or follow in a car if not allowed in ambulance
9. Document event and debrief

Emergency Action Plan – Kearney High School

Roles of First Responders:

1. Check the scene
 - a. Is it safe for you to help?
 - b. What happened?
 - c. How many victims are there?
 - d. Can bystanders help?
2. Instruct coach or bystander to call 911
 - a. -Provide the following information
 - i. Who you are
 - ii. General information about the injury or situation
 - iii. Where you are:
 - iv. ***STAY ON THE PHONE, BE THE LAST TO HANG UP***
3. Perform emergency CPR/First Aid
 - a. Check airway/breathing/circulation, level of consciousness, and severe bleeding.
 - i. If athletic trainer is present, he/she will stay with athlete and provide immediate care.
 - ii. If athletic trainer is not present, most qualified coach (training/certifications) will stay with athlete and provide immediate care.
 - b. **Instruct coach or bystander to GET AED!!**
4. Designate coach or bystander to control crowd
5. Contact the Athletic Trainer for Kearney High School if not present on scene
6. Meet ambulance and direct to appropriate site
 - a. Open Appropriate Gates/Doors
 - b. Designate an individual to "flag down" and direct to scene
 - c. Control injury site, limit care providers etc.
7. Assist ATC and/or EMS with care as directed
 - a. Retrieve Necessary Supplies/Equipment
8. An assistant coach must go with the athlete to the hospital or follow in a car if not allowed in ambulance
9. Document event and debrief

Emergency Action Plan – Kearney High School

Awarii Dunes Golf Course

Activate the EAP:

- Any loss of consciousness
- Possible Spine Injury
- Dislocation, Open Fracture, Displaced Closed Fracture
- Difficulty or absent breathing or pulse
- Uncertainty of if you have a medical emergency

Emergency Personnel:

Coach will call EMS

Kearney High School Athletic Trainer will be on site for select practices and events or in direct communication with coaching staff. Emergencies during practices/games not covered, EMS should be contacted immediately.

Emergency Communication: EMERGENCY CALL 911

Athletic Trainer's Cell

Brian Haas (402) 937-5090

Bryce Mason (308) 991 – 2060

Notify Ryan Hogue (Asst. Principal /Activities Director) (402) 469-3919

Awarii Dunes Golf Club 308 – 743 – 1111 - Jeff Perdew, General Mngr

Emergency Equipment:

There is **NO AED or emergency equipment** at Awarii Dunes Golf Club.

Inclement weather [Tornado, Hail, etc.] Clubhouse restrooms are designated shelters. In case of Lightning, golf course staff will sound warning siren, players are to report to clubhouse as soon as possible.

Medical Emergency Transportation:

Address – **Awarii Dunes Golf Course 592 S Road, Axtell, NE**

1. Travel south out of Kearney on State Hwy 10 four miles to S. Road, turn west (right) to Awarii Dunes Golf Club entrance at 529 S. Road. (Immediately on right)
2. Awarii Dunes Golf Club entrance on north side of S. Road, proceed to clubhouse area or area of emergency.
3. Direct EMS to the appropriate area.
4. A Kearney High staff member, coach, or Awarii Dunes Golf Club staff member will be there to help guide EMS to appropriate area.

Roles of First Responders:

1. Check the scene
 - a. Is it safe for you to help?
 - b. What happened?
 - c. How many victims are there?
 - d. Can bystanders help?
2. Instruct coach or bystander to call 911
 - a. -Provide the following information

Emergency Action Plan – Kearney High School

- i. Who you are
 - ii. General information about the injury or situation
 - iii. Where you are:
 - iv. ***STAY ON THE PHONE, BE THE LAST TO HANG UP***
3. Perform emergency CPR/First Aid
 - a. Check airway/breathing/circulation, level of consciousness, and severe bleeding.
 - i. If athletic trainer is present, he/she will stay with athlete and provide immediate care.
 - ii. If athletic trainer is not present, most qualified coach (training/certifications) will stay with athlete and provide immediate care.
 - b. **Instruct coach or bystander to GET AED!!**
4. Designate coach or bystander to control crowd
5. Contact the Athletic Trainer for Kearney High School if not present on scene
6. Meet ambulance and direct to appropriate site
 - a. Open Appropriate Gates/Doors
 - b. Designate an individual to "flag down" and direct to scene
 - c. Control injury site, limit care providers etc.
7. Assist ATC and/or EMS with care as directed
 - a. Retrieve Necessary Supplies/Equipment
8. An assistant coach must go with the athlete to the hospital or follow in a car if not allowed in ambulance
9. Document event and debrief

Emergency Action Plan – Kearney High School

Kearney Country Club Golf Course

Activate the EAP:

- Any loss of consciousness
- Possible Spine Injury
- Dislocation, Open Fracture, Displaced Closed Fracture
- Difficulty or absent breathing or pulse
- Uncertainty of if you have a medical emergency

Emergency Personnel:

Coach will call EMS

Kearney High School Athletic Trainer will be on site for select practices and events or in direct communication with coaching staff. Emergencies during practices/games not covered, EMS should be contacted immediately.

Emergency Communication: EMERGENCY CALL 911

Athletic Trainer's Cell

Brian Haas (402) 937-5090

Bryce Mason (308) 991 – 2060

Notify Ryan Hogue (Asst. Principal /Activities Director) (402) 469-3919

Kearney Country Club 308 – 234 – 3151 - Scott Schurman, Golf Club Mngr

Emergency Equipment:

There is **NO AED or emergency equipment** at Kearney Country Club.

Inclement weather [Tornado, Hail, etc.] Clubhouse restrooms are designated shelters. In case of Lightning, golf course staff will sound warning siren, players are to report to clubhouse as soon as possible.

Medical Emergency Transportation:

Address – **Kearney Country Club, 2800 19th Avenue, Kearney, Nebraska 68845**

1. Travel west on State Hwy 30 to 19th Avenue, turn north (right) go two blocks to KCC entrance.
2. Kearney Country Club entrance located on University Drive and 19th Avenue, proceed to clubhouse area or area of emergency.
3. Direct EMS to the appropriate area.
4. A Kearney High staff member, coach, or Kearney Country Club staff member will be there to help guide EMS to appropriate area.

Roles of First Responders:

1. Check the scene
 - a. Is it safe for you to help?
 - b. What happened?
 - c. How many victims are there?
 - d. Can bystanders help?
2. Instruct coach or bystander to call 911
 - a. -Provide the following information

Emergency Action Plan – Kearney High School

- i. Who you are
 - ii. General information about the injury or situation
 - iii. Where you are:
 - iv. ***STAY ON THE PHONE, BE THE LAST TO HANG UP***
3. Perform emergency CPR/First Aid
 - a. Check airway/breathing/circulation, level of consciousness, and severe bleeding.
 - i. If athletic trainer is present, he/she will stay with athlete and provide immediate care.
 - ii. If athletic trainer is not present, most qualified coach (training/certifications) will stay with athlete and provide immediate care.
 - b. **Instruct coach or bystander to GET AED!!**
4. Designate coach or bystander to control crowd
5. Contact the Athletic Trainer for Kearney High School if not present on scene
6. Meet ambulance and direct to appropriate site
 - a. Open Appropriate Gates/Doors
 - b. Designate an individual to "flag down" and direct to scene
 - c. Control injury site, limit care providers etc.
7. Assist ATC and/or EMS with care as directed
 - a. Retrieve Necessary Supplies/Equipment
8. An assistant coach must go with the athlete to the hospital or follow in a car if not allowed in ambulance
9. Document event and debrief

Emergency Action Plan – Kearney High School

Meadowlark Hills Golf Course

Activate the EAP:

- Any loss of consciousness
- Possible Spine Injury
- Dislocation, Open Fracture, Displaced Closed Fracture
- Difficulty or absent breathing or pulse
- Uncertainty of if you have a medical emergency

Emergency Personnel:

Coach will call EMS

Kearney High School Athletic Trainer will be on site for select practices and events or in direct communication with coaching staff. Emergencies during practices/games not covered, EMS should be contacted immediately.

Emergency Communication: EMERGENCY CALL 911

Athletic Trainer's Cell

Brian Haas (402) 937-5090

Bryce Mason (308) 991 – 2060

Notify Ryan Hogue (Asst. Principal /Activities Director) (402) 469-3919

Meadowlark Hills Golf Course 308 – 233 – 3265 – David James, Golf Course Mngr

Emergency Equipment:

There is **NO AED or emergency equipment** at Meadowlark Hills Golf Club.

Inclement weather [Tornado, Hail, etc.] Clubhouse restrooms are designated shelters. In case of Lightning, golf course staff will sound warning siren, players are to report to clubhouse as soon as possible.

Medical Emergency Transportation:

Address – **Meadowlark Hills Golf Course 3300 30th Avenue, Kearney, NE 68845**

1. Travel to corner west Hwy 30 and 30th Avenue, turn north (right) to Meadowlark Hills Golf Course entrance at of 3300 30th Avenue. (1/2 mile).
 - a. OR from 39th Street and 30th Avenue, turn south (left) to MHGC entrance (1/4 mile).
2. Meadowlark Hills Golf Course entrance on west side of 30th Avenue and proceed to clubhouse area or area of emergency.
3. Direct EMS to the appropriate area.
4. A Kearney High staff member, coach, or Meadowlark Hills Golf Course staff member will be there to help guide EMS to appropriate area.

Roles of First Responders:

1. Check the scene
 - a. Is it safe for you to help?
 - b. What happened?
 - c. How many victims are there?
 - d. Can bystanders help?

Emergency Action Plan – Kearney High School

2. Instruct coach or bystander to call 911
 - a. -Provide the following information
 - i. Who you are
 - ii. General information about the injury or situation
 - iii. Where you are:
 - iv. ***STAY ON THE PHONE, BE THE LAST TO HANG UP***
3. Perform emergency CPR/First Aid
 - a. Check airway/breathing/circulation, level of consciousness, and severe bleeding.
 - i. If athletic trainer is present, he/she will stay with athlete and provide immediate care.
 - ii. If athletic trainer is not present, most qualified coach (training/certifications) will stay with athlete and provide immediate care.
 - b. **Instruct coach or bystander to GET AED!!**
4. Designate coach or bystander to control crowd
5. Contact the Athletic Trainer for Kearney High School if not present on scene
6. Meet ambulance and direct to appropriate site
 - a. Open Appropriate Gates/Doors
 - b. Designate an individual to "flag down" and direct to scene
 - c. Control injury site, limit care providers etc.
7. Assist ATC and/or EMS with care as directed
 - a. Retrieve Necessary Supplies/Equipment
8. An assistant coach must go with the athlete to the hospital or follow in a car if not allowed in ambulance
9. Document event and debrief

Emergency Action Plan – Kearney High School

Apollo / Sertoma Tennis Courts

Activate the EAP:

- Any loss of consciousness
- Possible Spine Injury
- Dislocation, Open Fracture, Displaced Closed Fracture
- Difficulty or absent breathing or pulse
- Uncertainty of if you have a medical emergency

Emergency Personnel:

Coach will call EMS

Kearney High School Athletic Trainer will be on site for select practices and events or in direct communication with coaching staff. Emergencies during practices/games not covered, EMS should be contacted immediately.

Emergency Communication: EMERGENCY CALL 911

Athletic Trainer's Cell

Brian Haas (402) 937-5090

Bryce Mason (308) 991 – 2060

Notify Ryan Hogue (Asst. Principal /Activities Director) (402) 469-3919

Emergency Equipment:

There is **NO AED or emergency equipment** at Apollo Park
Team Medical Kit

Medical Emergency Transportation:

Address – Apollo Park 3500 7th Avenue, Kearney, NE 68845

1. Travel to corner of 35th and 7th Avenue.
2. Apollo / Sertoma Park Entrance on west side of street 7th Avenue and proceed south patio/court area for access to courts.
3. Direct EMS to the appropriate court (numbered 1 - 4).
4. A Kearney High staff member / coach will be there to help guide EMS onto the court / area.



Emergency Action Plan – Kearney High School

Roles of First Responders:

1. Check the scene
 - a. Is it safe for you to help?
 - b. What happened?
 - c. How many victims are there?
 - d. Can bystanders help?
2. Instruct coach or bystander to call 911
 - a. -Provide the following information
 - i. Who you are
 - ii. General information about the injury or situation
 - iii. Where you are:
 - iv. ***STAY ON THE PHONE, BE THE LAST TO HANG UP***
3. Perform emergency CPR/First Aid
 - a. Check airway/breathing/circulation, level of consciousness, and severe bleeding.
 - i. If athletic trainer is present, he/she will stay with athlete and provide immediate care.
 - ii. If athletic trainer is not present, most qualified coach (training/certifications) will stay with athlete and provide immediate care.
 - b. **Instruct coach or bystander to GET AED!!**
4. Designate coach or bystander to control crowd
5. Contact the Athletic Trainer for Kearney High School if not present on scene
6. Meet ambulance and direct to appropriate site
 - a. Open Appropriate Gates/Doors
 - b. Designate an individual to "flag down" and direct to scene
 - c. Control injury site, limit care providers etc.
7. Assist ATC and/or EMS with care as directed
 - a. Retrieve Necessary Supplies/Equipment
8. An assistant coach must go with the athlete to the hospital or follow in a car if not allowed in ambulance
9. Document event and debrief

Emergency Action Plan – Kearney High School

Centennial Park Tennis Courts

Activate the EAP:

- Any loss of consciousness
- Possible Spine Injury
- Dislocation, Open Fracture, Displaced Closed Fracture
- Difficulty or absent breathing or pulse
- Uncertainty of if you have a medical emergency

Emergency Personnel:

Coach will call EMS

Kearney High School Athletic Trainer will be on site for select practices and events or in direct communication with coaching staff. Emergencies during practices/games not covered, EMS should be contacted immediately.

Emergency Communication: EMERGENCY CALL 911

Athletic Trainer's Cell

Brian Haas (402) 937-5090

Bryce Mason (308) 991 – 2060

Notify Ryan Hogue (Asst. Principal /Activities Director) (402) 469-3919

Emergency Equipment:

There is **NO AED or emergency equipment** at Centennial Park Tennis Courts
Team Medical Kit

Medical Emergency Transportation:

Address – Centennial Park 711 West 11th Street, Kearney, NE 68845

1. Travel to the entrance of Centennial Pool parking lot off of 11th Street.
2. Centennial Park Tennis Courts are on the east side of the parking lot, proceed to the center area for access to courts.
3. Direct EMS to the appropriate court (numbered 1 - 2).
4. A Kearney High staff member / coach will be there to help guide onto the court / area.



Emergency Action Plan – Kearney High School

Roles of First Responders:

1. Check the scene
 - a. Is it safe for you to help?
 - b. What happened?
 - c. How many victims are there?
 - d. Can bystanders help?
2. Instruct coach or bystander to call 911
 - a. -Provide the following information
 - i. Who you are
 - ii. General information about the injury or situation
 - iii. Where you are:
 - iv. ***STAY ON THE PHONE, BE THE LAST TO HANG UP***
3. Perform emergency CPR/First Aid
 - a. Check airway/breathing/circulation, level of consciousness, and severe bleeding.
 - i. If athletic trainer is present, he/she will stay with athlete and provide immediate care.
 - ii. If athletic trainer is not present, most qualified coach (training/certifications) will stay with athlete and provide immediate care.
 - b. **Instruct coach or bystander to GET AED!!**
4. Designate coach or bystander to control crowd
5. Contact the Athletic Trainer for Kearney High School if not present on scene
6. Meet ambulance and direct to appropriate site
 - a. Open Appropriate Gates/Doors
 - b. Designate an individual to "flag down" and direct to scene
 - c. Control injury site, limit care providers etc.
7. Assist ATC and/or EMS with care as directed
 - a. Retrieve Necessary Supplies/Equipment
8. An assistant coach must go with the athlete to the hospital or follow in a car if not allowed in ambulance
9. Document event and debrief

Emergency Action Plan – Kearney High School

Harvey Park Tennis Courts

Activate the EAP:

- Any loss of consciousness
- Possible Spine Injury
- Dislocation, Open Fracture, Displaced Closed Fracture
- Difficulty or absent breathing or pulse
- Uncertainty of if you have a medical emergency

Emergency Personnel:

Coach will call EMS

Kearney High School Athletic Trainer will be on site for select practices and events or in direct communication with coaching staff. Emergencies during practices/games not covered, EMS should be contacted immediately.

Emergency Communication: EMERGENCY CALL 911

Athletic Trainer's Cell

Brian Haas (402) 937-5090

Bryce Mason (308) 991 – 2060

Notify Ryan Hogue (Asst. Principal /Activities Director) (402) 469-3919

Emergency Equipment:

There is **NO AED or emergency equipment** at Harvey Park Tennis Courts
Team Medical Kit

Medical Emergency Transportation:

Address – Harvey Park 4200 N Avenue, Kearney, NE 68845

1. Travel to corner of 39th Street and N Avenue.
2. Travel north on N Avenue to east Harvey Park Entrance on west side of street and proceed through the parking lot to the gate entrance of the tennis courts.
3. Direct EMS to the appropriate court.
4. A Kearney High staff member / coach will be there to help guide EMS onto the field.



Emergency Action Plan – Kearney High School

Roles of First Responders:

1. Check the scene
 - a. Is it safe for you to help?
 - b. What happened?
 - c. How many victims are there?
 - d. Can bystanders help?
2. Instruct coach or bystander to call 911
 - a. -Provide the following information
 - i. Who you are
 - ii. General information about the injury or situation
 - iii. Where you are:
 - iv. ***STAY ON THE PHONE, BE THE LAST TO HANG UP***
3. Perform emergency CPR/First Aid
 - a. Check airway/breathing/circulation, level of consciousness, and severe bleeding.
 - i. If athletic trainer is present, he/she will stay with athlete and provide immediate care.
 - ii. If athletic trainer is not present, most qualified coach (training/certifications) will stay with athlete and provide immediate care.
 - b. **Instruct coach or bystander to GET AED!!**
4. Designate coach or bystander to control crowd
5. Contact the Athletic Trainer for Kearney High School if not present on scene
6. Meet ambulance and direct to appropriate site
 - a. Open Appropriate Gates/Doors
 - b. Designate an individual to "flag down" and direct to scene
 - c. Control injury site, limit care providers etc.
7. Assist ATC and/or EMS with care as directed
 - a. Retrieve Necessary Supplies/Equipment
8. An assistant coach must go with the athlete to the hospital or follow in a car if not allowed in ambulance
9. Document event and debrief

Emergency Action Plan – Kearney High School

Harmon Park Tennis Courts

Activate the EAP:

- Any loss of consciousness
- Possible Spine Injury
- Dislocation, Open Fracture, Displaced Closed Fracture
- Difficulty or absent breathing or pulse
- Uncertainty of if you have a medical emergency

Emergency Personnel:

Coach will call EMS

Kearney High School Athletic Trainer will be on site for select practices and events or in direct communication with coaching staff. Emergencies during practices/games not covered, EMS should be contacted immediately.

Emergency Communication: EMERGENCY CALL 911

Athletic Trainer's Cell

Brian Haas (402) 937-5090

Bryce Mason (308) 991 – 2060

Notify Ryan Hogue (Asst. Principal /Activities Director) (402) 469-3919

Emergency Equipment:

There is **NO AED or emergency equipment** at Harvey Park Tennis Courts
Team Medical Kit

Medical Emergency

Transportation:

**Address – Harmon Park
Tennis Courts 3300 5th**

Avenue, Kearney, NE 68845

1. Travel to corner of 33th and 5th Avenue.
2. Harmon Park Entrance on east side of street 5th Avenue and proceed to center area for access to courts.
3. Direct EMS to the appropriate court (numbered 1 - 8).
4. A Kearney High staff member / coach will be there to help guide EMS onto the court / area.



Emergency Action Plan – Kearney High School

Roles of First Responders:

1. Check the scene
 - a. Is it safe for you to help?
 - b. What happened?
 - c. How many victims are there?
 - d. Can bystanders help?
2. Instruct coach or bystander to call 911
 - a. -Provide the following information
 - i. Who you are
 - ii. General information about the injury or situation
 - iii. Where you are:
 - iv. ***STAY ON THE PHONE, BE THE LAST TO HANG UP***
3. Perform emergency CPR/First Aid
 - a. Check airway/breathing/circulation, level of consciousness, and severe bleeding.
 - i. If athletic trainer is present, he/she will stay with athlete and provide immediate care.
 - ii. If athletic trainer is not present, most qualified coach (training/certifications) will stay with athlete and provide immediate care.
 - b. **Instruct coach or bystander to GET AED!!**
4. Designate coach or bystander to control crowd
5. Contact the Athletic Trainer for Kearney High School if not present on scene
6. Meet ambulance and direct to appropriate site
 - a. Open Appropriate Gates/Doors
 - b. Designate an individual to "flag down" and direct to scene
 - c. Control injury site, limit care providers etc.
7. Assist ATC and/or EMS with care as directed
 - a. Retrieve Necessary Supplies/Equipment
8. An assistant coach must go with the athlete to the hospital or follow in a car if not allowed in ambulance
9. Document event and debrief

Emergency Action Plan – Kearney High School

Rehearsal Strategy

The athletic trainer will be responsible for reviewing the EAP annually and rehearsing it prior to each sport season.

Coaches at Kearney High School will be educated on the EAP prior to their first season of coaching during each academic year. The meeting will be a requirement for all coaches, of all levels, of each sport.

The meeting will be directed by the athletic trainer and will include a power point presentation for recent updates along with a hands-on portion. The hands-on portion will run through different scenarios to ensure the coaches understand the EAP. All coaches will be provided the opportunity to ask any and all questions and the athletic trainer will be responsible for ensuring a proper and adequate answer to all questions.

All coaches must sign in to prove their attendance, see following page. The documentation of attendance will be stored with the athletic trainer.

The athletic director(s) will be provided with a copy of the EAP and will be required to attend one of the meetings with the coaches. Athletic directors must sign in to prove attendance.

Emergency Action Plan – Kearney High School

Documentation of Seasonal Coaches Educational Meeting

Topic: EAP Rehearsal Sign in Sheet

Coach Name (Printed)	Sport	Date	Signature

Notes:

Emergency Action Plan – Kearney High School

Documentation of Emergency Equipment Maintenance

AED Monthly Checklist

Kearney High School Athletics Portable AED

Administrator: Ryan Hogue

Athletic Trainer: Brian Haas and Bryce Mason

Unit Brand Name: **Zoll AED Plus**

Unit Serial Number: (01) 0084794600223(21) X16K876126

Location: **Portable Unit in Red Emergency Sideline Bag**

Pad Expiration Date: **Adult: 10/17/2026**

Child:

	Aug	Sept	Oct	Nov	Dec	Jan	Feb	Mar	April	May	June	July
Inspect Unit Condition												
Check Electrodes and Expiration Date												
Check Batteries												
Check Status Indicator												
Check Adequate Supplies												

Signature: _____

Athletic Trainer

Date

Emergency Action Plan – Kearney High School

Approval and Verification Page:

This document has been read and revised by the Kearney High School athletic trainer, team physician and athletic director.

School Nurse: _____

Date: _____

Athletic Trainer: _____

Date: _____

Athletic Director: _____

Date: _____

Team Physician: _____

Date: _____

Team Physician: _____

Date: _____