

General Studies Required by UNK for Athletic Training Majors

I.	<u>Foundational Core</u>	12 hours
	Written Communication	
	ENG 102	3
	<i>(Pre-req of ENG 101 or English ACT of 29 or greater)</i>	
	Math	
	STAT 241	3
	Oral Communication	
	SPCH 100	3
	Democracy in Perspective	
	Student's Choice of GS courses designated for this topic area	3
II.	<u>Portal Course</u>	3 hours
	Any course with a 188 prefix	
III.	<u>Distribution</u>	27 hours
	Aesthetics	3
	Student's Choice of GS courses designated for this topic area	
	Humanities	6
	Student's Choice of GS courses designated for this topic area	
	Social Sciences	6
	SOC 100	
	PSY 203	
	Natural Sciences	7
	<i>Choose from</i>	
	BIOL 102, BIOL 105, BIOL 106, BIOL 211, BIOL 215	
	CHEM 145, CHEM 150, CHEM 160, CHEM 161	
	PHYS 205, PHYS 206	
	Analytical & Quantitative Thought	0 (required)
	Wellness	0 (required)
	PE 150 or any PE 110 activity courses	
IV.	<u>Capstone Course</u>	3 hours
	Any course with a 388 prefix	3
	Total General Studies hours required	48 hours

V. **Athletic Training Core**

Clinical course enrollment

PE 174A, Clinical Level One A	2 hours
PE 174B, Clinical Level One B	2 hours
PE 174C, Clinical Level Two A	4 hours
PE 174D, Clinical Level Two B	3 hours
PE 174E, Clinical Level Three A	1 hours

(Note: Upon acceptance into the program, the clinical courses are taken every semester of the formal clinical enrollment.)

Didactic & lab course enrollment

PE 250, Athletic Injury Assessment I: LE	3 hours
PE 251, Athletic Injury Assessment II: UE	3 hours
PE 264, Foundation of Athletic Training	4 hours
PE 264L, Foundation of Athletic Training Lab	0 hours
PE 265, Emergency Medical Response	2 hours
PE 310, Introduction to Human Physiology of Exercise	3 hours
PE 350, Therapeutic Modalities in Athletic Training	4 hours
PE 350L, Modalities in Athletic Training Lab	0 hours
PE 360, Introduction to Anatomical Biomechanics	4 hours
PE 375, Rehabilitation Techniques in Athletic Training	4 hours
PE 375L, Rehabilitation Techniques in Athletic Training Lab	0 hours
PE 422, Administration of Strength Programs	2 hours
PE 425, Legal Aspects of Sport and Recreation	3 hours
PE 430, Organization and Administration in Recreation, Sport and Tourism	3 hours
PE 460, Gross Anatomy of Movement	3 hours
PE 461, Physiology of Exercise	4 hours
PE 467, Fitness Testing	3 hours
PE 469, Sports Nutrition	3 hours
PE 470, General Medical Conditions and Pharmacological Application in Sport and Exercise	2 hours
PE 475, Research Techniques in Exercise Science	3 hours
PE 499, Senior Seminar in Athletic Training	1 hour
REC 477, Internship -2 separate 3 hour assignments (H.S. & Clinic)	6 hours
CSP 404, Counseling and Mental Disorders	2 hours

Major = 74 hours

Minimum total hours required for BS in Athletic Training Comprehensive = 120

***Bachelor of Science in Athletic Training Comprehensive
Academic Sequence***

First Semester (Fall - Freshman)

GS Portal	3
GS Natural Science (e.g. Chem 145/160)	3-4
GS Foundational Core (e.g. Democracy)	3
GS Distribution (e.g. FSID 110)	3
PE 265 Emergency Medical Response	2
	14-15

- Prospective Athletic Training Student
Orientation to athletic training

Second Semester (Spring - Freshman)

GS Foundational Core (e.g. ENG 102)	3
GS Natural Science (e.g. Phys 205)	3-5
GS Distribution (e.g. PE 150)	3
PE 264 Foundation of Athletic Training	4
PE 310 Intro to Human Phys of Ex	3
	16-18

- Prospective Athletic Training Student
Observation assignments
Official application/interview/acceptance

Third Semester (Fall - Sophomore)

GS Distribution (e.g. SOC 100)	3
GS Foundational Core (e.g. SPCH 100)	3
PE 250 Athletic Injury Assessment I: LE	3
PE 360 Intro to Anatomical Biomechanics	4
PE 174A Clinical Level One A	2
	15

- Clinical Level I
Clinical setting rotations

Fourth Semester (Spring - Sophomore)

GS Distribution (e.g. Aesthetics)	3
PE 251 Athletic Injury Assessment II: UE	3
PE 350 Therapeutic Modalities in AT	4
PE 461 Physiology of Exercise	4
PE 174B Clinical Level One B	2
	16

- Clinical Level I
Clinical setting rotations
Level 1 clinical advancement exam

Fifth Semester (Fall - Junior)

GS Distribution (e.g. Humanities)	3
GS Foundational Core (e.g. STAT 241)	3
PE 375 Rehab Techniques in AT	4
PE 467 Fitness Testing	3
PE 174C/D Clinical Level Two A/B	3-4
	16-17

- Clinical Level 2
Clinical setting rotations (team or non-team)

Sixth Semester (Spring - Junior)

GS Distribution (e.g. Humanities)	3
GS Distribution (e.g. PSY 203)	3
PE 425 Legal Aspects of Sports & Rec	3
PE 469 Sports Nutrition	3
PE 470 Gen Med Cond & Pharm in Sport	2
PE 174C/D Clinical Level Two A/B	3-4
	17-18

- Clinical Level 2
Clinical setting rotations (team or non-team)
Level 2 clinical advancement exam

Seventh Semester (Fall - Senior)

PE 430 Sports Administration	3
PE 460 Gross Anatomy	3
PE 475 Research Methods in Ex. Science	3
PE 499 Senior Seminar	1
REC 477 Internship	3
PE 174E Clinical Level Three (either semester)	1
	13-14

- Clinical Level 3
High School or Clinical Intern
General AT rotations (either semester)

Eighth Semester (Spring - Senior)

GS Capstone	3
CSP 404 Counseling for Health Care Pro.	2
PE 422 Administration of Strength Program	2
REC 477 Internship	3
PE 174E Clinical Level Three (either semester)	1
	10-11

- Clinical Level 3
High School or Clinical Intern
General AT rotations (either semester)
Level 3 cumulative examination
BOC Examination

* Note the variance in total credits taken in a given semester is predicted on the fact that there is a selection made that determines which semester the choice of courses is taken. This is determined by course availability at the time of advising and enrollment. Those choices are shown on this sequence.