



COUNSELING AND SCHOOL PSYCHOLOGY



Greetings from the UNK CSP Department Chair

Reflection by Dr. Grace Ann Mims

I am delighted to be sending this newsletter from the Department of Counseling and School Psychology to our students, alumni, and community partners. It has been a couple of years since our last newsletter so there are many changes to share with you. For the first time since in over 15 years we are fully staffed having added three new faculty in the past two years. Danielle Nguyen and Dr. Jennifer Joy joined the School Psychology program and Marissa Fye joined the Counselor Education program. We were fortunate to have Ashley Zikmund become the CSP Office Associate in the Fall of 2015. These new members of our department are featured later in this newsletter so that you can learn a little more about them. On the rank and tenure front, Dr. Tina Chasek and Dr. Doug Tillman were promoted to Associate Professors last year and are applying for tenure this year. Dr. Tammi Ohmstede and Dr. Matthew Mims have submitted application for promotion to full professor.

Despite a 5th year of decreased enrollment at UNK and a difficult budget year for the University of Nebraska system, CSP has managed to increase student majors and student enrollment due to quality training and flexible course delivery unique to each program.

- The Student Affairs program went fully online in 2014 and has increased enrollment from 10 to 70+ majors. Due to this increase, the UNK Administration and President Bounds has approved a new SA faculty line for Fall 2018! Student credit hour production has increased by over 37% for the CSP Department between Fall 2012 and Fall 2017.
- After a decade of advocacy by counselor education faculty from UNK and around the state to create an alternative pathway for those without teacher certification to become endorsed school counselors, the Nebraska Department of Education approved a 12+ school counseling masters' degree in August 2017. The School Counseling program is also now considered a 'blended program' indicating at least 2/3 of the 43-hour program is delivered online/blended with summer residency offered for intensive clinical training.

Important Dates

2017-2018 Academic Year

School Psychology Interview Day

January 26, 2018

15th Annual Kent Estes

Justice for All Conference

April 13, 2018

Advocates for Mental Health

January 25, 2018

February 20, 2018

March 30, 2018

April 20, 2018

CSP Honors Reception

April 29, 2018

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- The School Psychology program continues to be in high demand. Last January, 21 school districts from 4 states participated in the School Psychology Internship Fair interviewing 13 interns. School Psychology and School Counseling students will gain 2 more interdisciplinary courses in ethical, legal and professional practice in schools and problem solving behavioral assessments.
- Clinical Mental Health Counseling is now 50% online/blended preserving the intensive clinical training for face to face course delivery. Dr. Tina Chasek secured two grants this year that partners with community agencies for paid internships in integrated behavioral health care settings and non-profit agencies.

In summary, CSP graduate programs are flourishing thriving and attracting quality students. We welcome you to navigate through the department website to learn of developments and watch new videos created for the department and each program as well as our graduate certificate in Alcohol and Drug Counseling. We are also eager to hear stories of our department's alumni, so please keep contacting us and please continue to spread the word of our dynamic programs to your colleagues, friends and family. We are grateful for the amazing referrals from alumni and our school/community partners to our programs. Thank you!



Grace A. Mims

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Updating the School Counseling Profession to Meet Future Needs

Reflection by Matt Mims and Marissa Fye

Welcome back to all of the School Counseling students! We are so happy to have you here at UNK. Here are a few updates about the school counseling program. After a full year of meetings, the New Rule 24 for School Counseling has been approved and became effective on September 1st. Below are some of the highlights of new points in the school counseling program.

- the new NDE Rule 24 has been finalized and placed in to effect as of 9/1/2017 which means there is an alternative pathway for those who do not have a teacher education bachelor's degree and have not held teaching certificates in the past.
- 75% of the School Counseling program is now online/blended to accommodate the needs of distance learners throughout Nebraska. Required face to face courses will be available during summer sessions for on-campus, intensive clinical training.
- The alternative pathway includes 12 credits of the Transitional Teaching courses work (TE 831 & 832).
- PRAXIS CORE and Professional School Counselor #5421 PRAXIS schedules are out. School Counselors with a teaching degree do not have to take the Praxis Core again as you have already passed Praxis I which is the same exam, new title.
- Enrollment is up! We currently have 39 school counseling students.
- Welcome to our new faculty member, Marissa Fye, who will also serve as the new School Counseling Program Chair.

As always, please talk with the anyone is interested in enrolling and encourage them to attend UNK. Our alumni and current students are our biggest recruitment asset. We are pleased with the new alternative pathway as it can bring students into the profession who want to work in schools to help children and families as a dedicated professional school counselors. Thank you for doing good work and making us proud.





Student Affairs Continues to Grow in Number of Students & Opportunities

Reflection by Matthew Mims

With October traditionally being Student Affairs Month, it is a great time to talk about the profession and program. The program is doing great as we attract more and more students into the program. We now have students in 8 states and our recent graduates have gained positions at small and large universities from Nebraska to Arizona. We had 18 students graduate in the past year which has been our largest number for decades. The courses have continued to be developed as we use more and more technology to provide material and interactive opportunities for our classes. This fall we transitioned to CANVAS as well as the NU system has adopted a new video platform with ilos. The great thing about ilos is that we can close caption all videos so that our program will be ADA compliant well before the law's deadline.

The program continues to encourage students to get involved in the state, regional, and national associations for student affairs. I am presenting with two students in October as the West IV-V NASPA regional conference will be held in Lincoln, NE. I will also be attending NASPA in Philadelphia in March.

We also want to reach out and give a big thanks to our alumni. Our alumni continue to be our biggest recruiter as they refer new students into the program. One assignment this fall is for our students to interview alumni (or review an SA department) so I am looking forward to the update on many happenings across the nation in student affairs. We are starting an interview bureau with alumni who volunteer to conduct interviews for our students so they can practice their interviewing skills before their first job interview. If you are interested, please send me an email at mimsmj@unk.edu. These interviews will be conducted on the phone, skype, or zoom.

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If you still have some student loans, I have also found a program that can help you pay the remaining loans if you have paid for ten years and are working for a non-profit university. The Public Service Loan Forgiveness (PSLF) Program forgives the remaining balance on your Direct Loans after you have made 120 qualifying monthly payments under a qualifying repayment plan while working full-time for a qualifying employer.

We are proud of all our students as they are active on many campuses' in promoting rights and services for students. At UNK they have presented to professionals as well as assisted students in events such as the Peace by Piece diversity program for students this fall.

Thanks to all who are making a difference in the lives of others.

Matthew Mims

Student Affairs Coordinator

p.s. You can get more information about the loan repayment program at <https://studentaid.ed.gov/sa/repay-loans/forgiveness-cancellation/public-service>.



Caption: Students are enjoying the new video platform of ilos where they can watch short educational videos to bring home the learning objectives of the student affairs programs. The online program is accessed 24/7 so it fits the needs of those working full time and with families or other large responsibilities.



Updates from the School Psychology Program

Reflection by Dr. Tammi Ohmstede

As we settle into the new academic year, it is time to give a quick update from the School Psychology Program at UNK! It is a great feeling to know that all of the accreditations are current and we will not begin working on the next one for another year or two. The program was reaccredited by NASP in 2015 and by ISPA in 2016. The School Psychology Program at UNK is fully staffed this year by three full time faculty members, Tammi Ohmstede (Associate Professor, Program Chair), Danielle Nguyen (Graduate Lecturer) and Jennifer Joy (Assistant Professor).

Tammi Ohmstede is beginning her 10th year of teaching in the program and 5th year as program chair. Danielle Nguyen is beginning her 2nd year of full time teaching. Danielle graduated from UNK with her Ed.S. in School Psychology in 2013 and worked for three years at Gothenburg Public Schools. We welcome Jennifer Joy into her first year as a faculty member in the School Psychology program. Dr. Joy joins us from Denver, CO where she worked in the field in various school districts for over ten years. Dr. Joy also has taught both undergraduate and graduate courses in multiple university programs throughout the past four years.

This year we have 10 interns who began their work this year in school districts across Nebraska, Colorado, and Kansas. Specific sites include CNSSP (Grand Island); ESU 10; ESU 11; ESU 16; Lincoln Public Schools; McCook Public Schools; Norfolk Public Schools; Kansas City Public Schools (KS); and Thompson School District (Loveland, CO). The School Psychology Program at UNK also placed 14 practicum students at the following sites: Kearney Public Schools, Minden Public Schools, Lexington Public Schools, Grand Island Northwest, CNSSP, ESU 7, ESU 17, Hastings Public Schools, Omaha Public Schools, Wahoo Public Schools, McCook Public Schools and North Platte Public Schools. **We would like to give a big "THANK YOU" to all of the school psychologists who have volunteered to take on a practicum or internship student this year!! You are the ones who provide the students with the greatest "real life" learning experiences!** Last but not least, we welcomed a large group of 16 new students into the school psychology program this fall who are eager to begin learning about the field of school psychology, how to administer assessments, conduct research and all about child development!





Some of the exciting projects the faculty and students continue to work on this fall include research, grants and partner school projects! Our students continue to work on research projects which stem from a memorandum of agreement between UNK School Psychology program and Gibbon Public Schools. Students also have the opportunity to administer universal screening and progress monitoring assessments to elementary students in our partner schools.

Several students presented their research findings at the NSPA Fall Conference at UNK in September. Students and faculty are also planning to attend and hopefully present at the Trainers of School Psychology (TSP) and/or NASP Annual Convention in Chicago, IL this February. Presenting at and attending these conferences has been a great way for students and faculty to stay up-to-date on current research and practices as well as to network with other school psychologists in the state, country and world.

We are very excited to announce the newest UNK School Psychology Alumni from the graduating class of 2017: Sara Chapman, Regan Downey, Jackie Engel, Lacey Farrington, Calvin Frey, Brittney King, Seth Larson, JoLynn Mescher, Hilary Messersmith, Alexis Moser, Tabitha Rasmussen, Mackenzie Reynoso, Jacque Rodriguez-Paar, Caitlin Roussan, and Haley Strobel. Please reach out and stay connected as we always love to hear what is happening in the lives of our Alumni!



New Faculty Spotlight

Counselor Education

Introducing Marissa Fye

Please join the Counseling and School Psychology Department in welcoming our new faculty member, Marissa Fye, back to UNK. Fye completed her Bachelor's at Doane College and earned her Master's in Clinical Mental Health Counseling right here at UNK in 2014. She is currently a doctoral candidate at Kent State University and will defend her dissertation in May, 2018.



Fye's dissertation is titled *Understanding How Couples Maintain Fidelity: The Development of a Theory of Protective Factors Using Grounded Theory*. Fye explains that her research seeks to explain quantitatively how monogamous couples maintain their fidelity to one another and to create a theory to be used in couple's therapy. This semester at UNK, Fye is excited to be teaching Practicum and two sections of School Counseling: Organization and Practice.

I asked Fye how she came to be interested in counseling and counselor education. She said, "I think a part of it is the theory of the wounded healer phenomenon. We all have moments of hardship that strengthen our empathy for others and for some of us, that means finding a way to help those who are hurting. I've always been drawn to people and developing relationships with them. Psychology and mental health drew me in because we are social creatures and should not be isolated, and as I studied I found that counseling is the best fit for me."

"I wanted to get my PhD because I am not done learning, and I do not believe I will ever be finished learning. As a counselor, you can help people and create a ripple effect. As a counselor educator, I hope to magnify that effect through research and counselor supervision."

One thing that Fye wishes the general public knew about this profession is the difference between counselors, psychologists, and social workers. "We all work together for people, but we are also different from each other. I think we need to have a better professional identity carved out, one that is more consistent across the board."

In her free time, Fye enjoys spending time with her partner Jason, playing video games, taking drum lessons, and artistic activities like painting. When asked what three things she would want to have with her on a deserted island, Fye pragmatically replied, "Water, food, and a GPS tracking device so I could be discovered!"

Thank you to Marissa and welcome to UNK!

New Faculty Spotlight

School Psychology

Introducing Danielle Nguyen

Please help us to welcome Danielle Nguyen. Danielle joined the Counseling and School Psychology Department as a Graduate Lecturer in the fall of 2016. Danielle graduated with her Ed.S. in School Psychology from UNK in 2013. From 2012 to 2016 Danielle was employed by Gothenburg Public Schools as the School Psychologist. She also served as an adjunct lecturer prior to accepting a full time position for the department. When asked what her favorite part about working at UNK, Danielle stated, "It is by far working with the students. I loved being a school psychologist and positively affecting the lives of kids. However, the idea that I can mold and influence several future school psychologists who can touch the lives of thousands of children is even more worth it." In her free time, Danielle will likely be chasing around her two year old son, Harrison. The department is thrilled to have her as part of the program and cannot wait to see what her future holds!



School Psychology

Introducing Dr. Jennifer Joy

New to the Department of Counseling and School Psychology is Dr. Jennifer Joy. Dr. Joy joins the department as an assistant professor primarily for the School Psychology program. Before coming to UNK, Jennifer spent almost a decade as a school psychologist in a variety of schools in the Denver area, specializing in behavioral consultation and intervention in preschool classrooms. She also taught undergraduate courses at the University of Denver in Developmental and Clinical Psychology. Dr. Joy completed her Bachelor degree from Ithaca, New York and her Ph.D. in School Psychology from the University of Northern Colorado. Dr. Joy's research specializes in early childhood social competence and school readiness. This was explained as the child's ability to have high self-esteem, build relationships, and build their social skills. Dr. Joy primarily looks at this through the lense of how the school can be ready for students instead of how the students can be ready for the school. When asked what her favorite part about UNK was, Dr. Joy stated, "Working with the students. I love to build relationship and learn about each student on an individualized level." A fun fact about Dr. Joy is she has a 150 pound American Bulldog named Sloppy Joe that is truly her pride and joy! We are so excited for Dr. Joy to be a part of our team!





UNK Welcomes Vytautas Magnus University

Reflection by Dr. Doug Tillman

This fall, the CSP department welcomed to the UNK campus two faculty members from Vytautas Magnus University (VMU) in Kaunas Lithuania. From September 25th to October 3rd, Drs. Aukse Endriulaitiene and Rasa Marksaityte were hosted for their first trip to the United States. While here, these individuals were treated to an evening at Mac's Creek winery, a tour of Kearney public schools (Meadowlark and Kearney High), Richard Young Hospital, UNK Women's center, and a weekend at the Pine Ridge Reservation to name a few. They were bid farewell at a reception attended by the College of Education Dean and the Senior Vice Chancellor Charles Bicak, as well as students, faculty, and former faculty.

Drs. Endriulaitiene and Marksaityte were funded in their trip to UNK by a research grant secured for international research from the Lithuanian Research Council with CSP faculty Drs. David Hof and Douglas Tillman. This same grant also funded a trip for Drs. Hof and Tillman to Lithuania as the study began. Students of the department were treated to a presentation of this research study which focused on the stigma of mental health and its effects on students and professionals in the fields of counseling, psychology and social work.

The connection between UNK and VMU is not a new one. For the past 15 plus years, these two universities have been collaborating, building on the work of Drs. Fleming, McFarland and Archwamety. In the past this relationship has yielded activities like faculty and student exchanges and membership on dissertation committees. Presently, the work continues with twice yearly student research symposiums, a co-owned journal to disseminate research on the international level, and now research simultaneously conducted in Lithuania and the US.

Please contact Dr. Douglas Tillman at tillmandr@unk.edu

Celebrating Alumni

Megan Friesen

I currently work at the University of Nebraska-Lincoln (UNL) as the Assistant Director of Academic Success and Advising in the College of Business Administration (CBA). In this role, I lead the organization, development, and delivery of academic support efforts, transition programs, and student development initiatives for undergraduate CBA students. More specifically, I coordinate our online orientation program, BSAD 191: Start Smart, serve as the leader for two business learning communities, coordinate New Student Enrollment (NSE) for CBA, create programming to support students academically and through transition, and serve as an Academic Advisor while fostering many relationships with students and colleagues across campus.

Prior to the role of Assistant Director, I worked at UNL as an Academic Advisor in CBA for 4 years, while also coordinating all international student and study abroad program initiatives. Before moving to Lincoln, I worked at the University of Nebraska-Kearney (UNK) for 4 years as an Academic Counselor with Student Support Services (TRIO) in the Office of Academic Success. While working full time at UNK, I was also a part-time graduate student at UNK earning my Master of Science in Education through the Counseling and School Psychology Department in Student Affairs. I graduated with my MEd in May 2010.

Through my education at UNK, my most valuable lessons came from two aspects. First, the faculty mentoring connections I made through my courses, specifically in my counseling courses. I am eternally grateful to have had the opportunity to take courses with instructors such as Dr. Grace Mims, Dr. David Hof, and Dr. Julie Dinsmore. The skills I learned through their courses have helped me become the professional I am today. With their guidance and expertise, I learned the counseling and relationship building skills needed to be most successful in student affairs. Secondly are my hands-on professional work experiences while taking classes. Being able to practice and apply the skills and methodology I was learning in class to a real world setting is invaluable to helping me grow in the field. Through my experiences teaching, mentoring, programming, and advising, I was able to better contribute to class discussions, apply knowledge to concepts, and further grow my opportunities with assisting students. Courses such as Multicultural Counseling, Career and Lifestyle Development, Theories of Counseling, and my internship and practicum experiences have served as my most valuable and impactful.

My educational experiences at UNK have prepared me well for my professional roles and I am extremely grateful and proud to be a graduate of the UNK Counseling and School Psychology Program. The support, encouragement, challenges, and connections I received helped me reach and exceed my goals.



CSP Honors Night Award Winners

Dean's Scholarship

Jacob Sandman - Clinical Mental Health Counseling
Tara Schroeder - Clinical Mental Health Counseling

Kathy Everitt - School Counseling
Alex Niederklien - School Counseling
Taylor-Beth Strong - School Psychology
Aliese Hoffman - Student Affairs

Dr. Kent Estes Memorial for Chi Sigma Iota

Shaun Mewes - Clinical Mental Health Counseling

Dr. Fred & Betty Kempf Fellowship Fund

Kari Emery - Clinical Mental Health Counseling Regina
Harpham - School Counseling
Katie Wollenburg - School Psychology

Mary Splitter Memorial Scholarship

Peggy Deaver - Clinical Mental Health Counseling

Liela S. Herzog Memorial Scholarship

Katherine Donahoo - Clinical Mental Health Counseling
Shalee Pollard - School Psychology

CSP Department Scholarship

Christopher Fenwick - Clinical Mental Health Counseling
Susan Poland - School Counseling
Anna Payne Polson - Student Affairs

CSP Fellowship Scholarship

Hannah Fuchs - School Psychology
Melissa Hoffman - Student Affairs

School Psychology

Scholarly Presentation

NSPA/TSP/NASP/ICR

Lindsey Lewis, Keri Messersmith,
Jackie Griffiths, Tabitha Rasmussen,
Lindsey Lewis, Carter Blauvelt, Meghan Gregg, Halli Thurlow, Rachel Lee,
Elizabeth Lopez, Mariah Farber, Cameron Staudacher & Lane Deines

Leadership

NSPA Student Representative

Lindsey Lewis & Mariah Farber

GrASP

Meghan Gregg, Lindsey Lewis, Carter Blauvelt, Emily McDonald & Halli Thurlow

NSPA Award 2016 Outstanding Student of the Year

Hilary Messersmith-Klammer

Scholarly Presentations

ACA/NCA

Jason Dillard, Mikensie Wright,
Ryan Kawata, Peggy Deaver, Yao Zheng, Shaun Mewes
& Parth Chaudhari

Scholarly Publications

Jenna Shedd, Stacey Johnson,
Ryan Kawata, Anna Payne-Polson,
Peggy Deaver, Rachel Hacker &
Kylie Surmeier

Leadership

NCA Membership Chair
Yao Cheng
Chi Sigma Iota (CSI)
Jason Dillard, Kylie Surmeier, Peggy Deaver & Alex Bechtle

NAADAC Minority Fellowship 2016

Christopher Fenwick

Award Announcements

Outstanding Partner Award

Cara Kroeker - Concordia University

Outstanding Site Supervisors

Dru McMillan - Clinical Mental Health Counseling
Alicia Boyd - School Counseling
Anne Dubas - School Psychology

Outstanding Alumni

Jesica Vickers - Clinical Mental Health Counseling
Lance Todd - School Counseling
Jessica Shepard - School Psychology
Jenny Brown - Student Affairs

Outstanding Graduates

Jason Dillard - Clinical Mental Health Counseling
Leah Saraceni - School Counseling
Hilary Messersmith - School Psychology
Lisa Klinghoefer Mendoza - Student Affairs

CSP OUTSTANDING ALUMNI AWARD WINNERS

2016 -2017

CLINICAL MENTAL HEALTH COUNSELING—JESICA VICKERS

Jesica is a Mental Health Clinician and Director of Center for Psychological Services in Kearney Ne. Jesica has been devoted to serving families in a behavioral health capacity since 2006. She graduated from UNK with her Bachelor's Degree in May, 2007 with a major in Family Studies and graduated from UNK with her Master's degree in Community Counseling in December 2009. As a Mental Health Clinician, she has experience in providing direct services to youth and families in various setting. She has training and knowledge in Research and Evidence Based Practices. As a Director, she provides oversight and coordination to therapists and program staff in providing research-based practices and quality care to the Kearney area community. Her dedication in providing quality care to families and youth has led her to work with various community providers and organizations, including Region 3 Behavioral Health Services, the local Foster Care Review Board, the Early Development Network Region 10 Planning team, and Buffalo County Partners (BCP) with the Healthy MINDS Collaborative. The Health MINDS collaborative was formed to develop a systemic and sustainable community model for behavioral health for youth in Buffalo County. In collaboration with area stakeholders and providers, Jesica continues to assist in promoting health and wellness for youth of all ages in our community.

SCHOOL PSYCHOLOGY—JESSICA SHEPARD

Congratulations to the 2017 School Psychology Outstanding Alumni, Jessica Shepard. Jessica graduated from the School Psychology program at UNK in 2013 and has worked for ESU 9 since the beginning of her internship year in 2012. After entering her professional career as a school psychologist, Jessica also assumed a leadership role in the Nebraska School Psychology Association and has served as Treasurer from 2014 to the present. Jessica is an active member of both the state and national school psychology organizations. She is the Vice President and Head Negotiator for the Nebraska State Education Association ESU 9 Local. Finally, Jessica serves as an Evaluator for the Nebraska Future Problem Solvers Group and plans to graduate in December, 2017 with her Masters Degree in Supervision of Special Education also from UNK.

Jessica received the UNK School Psychology Outstanding Student award from NSPA in 2013 and the NSPA Founders Award in 2016. Jessica continues to be an asset to the School Psychology program at UNK as she has provided students in the program with the opportunity to observe her work, complete practicum under her supervision, and has been involved in the alumni meetings for accreditation purposes. It is a privilege for us to have such an outstanding professional be an alumni of the program at UNK!!

Jessica and her husband, Chad, currently live in Hastings, Nebraska. Jessica's father, Timothy Obermier, is a Professor in the Department of Industrial Technology at UNK and her mother, Roxie Obermier, is a Life Skills Teacher at Aurora Pubic Schools. Jessica enjoys being outdoors and spending time with family and friends in her free time.

CSP OUTSTANDING ALUMNI AWARD WINNERS 2016-2017

SCHOOL COUNSELING—LANCE TODD

Lance Todd, graduated from UNK with his Bachelor's Degree in Early Childhood Education in May, 1997 and continued with his Master's Degree in Elementary School Counseling and completing in December, 2004. Lance is an elementary school counselor at Seward Elementary School. He created JUNIOR JAYS mentoring program at the elementary school where seniors come to mentor four different elementary students every day for 15 minutes. Lance not only assists in school, but extends his passion to help others outside the school walls as the middle school track coach, route and activity school bus driver and has been a volunteer firefighter for 10 years.

We asked Lance to share one of his most outstanding moments and this is what he shared, "In Chadron I started group counseling for teachers. We had all levels of experience from a few years to the 30-plus veterans. I was shocked when the eldest veteran joined the group because she didn't see how it could help her. When we ended she expressed that she didn't know how she would go on without our group meeting as it had changed her life. She went from my biggest challenge to my greatest advocate and friend. The other group members reported that "giving up" 4-5 p.m. once a week actually increased their productivity and emotional health."

Congratulations Lance!

STUDENT AFFAIRS—JENNY BROWN

Jenny lights up a room whenever she walks into it. She is passionate about her work as Prevention Coordinator for Region 3 Behavioral Health Service of Nebraska which she began in 2010. This role provides many opportunities for her to integrate the programming, administrative and counselor training she received in the student affairs program at UNK.

Jenny is from Pleasanton Nebraska where her parents, Darrel & Kris Brown still reside. Her brother, Jason, is married to Abby and they have two children, Emma, & Mykel.

Jenny received her bachelor's degree from UNK in 2005. While an undergraduate student, she was a member of the UNK women's basketball team. She earned her School Counseling- Student Affairs degree from UNK in 2010. She was a member of the Honor Society- CHI SIGMA IOTA. This quote from Jenny captures her passion: "My formal training from the counseling department at UNK has really enhanced my abilities to be a transformational coach for the student athletes I have worked with." The professors that have had the biggest impact on me are Dr. Paul Bishop, Dr. Julie Dinsmore, and Dr. Grace Mims.

Jenny has tremendous impact in providing services for behavioral and mental health consumers in our state including:

- planning, programming, coordinating, leading, and implementing a comprehensive alcohol, tobacco, and other drug prevention and community development approach for residents within the twenty-two counties of Region 3 in Central Nebraska.
- coordinating prevention services and provide technical assistance to guide communities in establishing, strengthening, and promoting prevention strategies, and mental health promotion.
-
- serving as the *Buffalo County Tobacco Free Coordinator* and implements the work plan as outlined in the Tobacco Free Nebraska School/Community Grant.
- Training over 3000 people in trauma informed care in the regions agencies and schools as a member of the Trauma Informed Care and Regional Trauma Informed Care Work Groups and a statewide Trauma Trainer.
- advocating for changes in service delivery by increasing knowledge and sensitivity regarding trauma and its effects.
- Serving as a member of the National Council Trauma Informed Care Learning Community.

15th Annual Kent Estes Justice For All Conference

Ethics and Legal Issues in the Helping Fields

April 13th 8:00am – 12:00pm

Presented by Donna Fegler Daiss, J.D.:

Donna Fegler Daiss, J.D., has served as the Adams County Attorney since 1995. As the County Attorney she has prosecuted hundreds of criminal cases before the county and district courts, argued appeals before the Nebraska Court of Appeals and Nebraska Supreme Court, pursued and supervised mental health board commitments, and filed both juvenile abuse and neglect cases as well as cases involving delinquent juveniles. She has also been active in the development of juvenile and adult diversion programs which address substance use issues, criminal behavior and truancy issues.

Conference Information:

[Click here for Registration - Kent Estes: Justice for All Conference 2018](#)

Schedule:

8:00 - 8:30 Registration and Light Breakfast

8:30 - 12:00 ***Keynote Speaker - Donna Fegler Daiss, J.D.***

Fees:

- UNK Student: \$20
- Professional: \$49
- Professional Group Rate 3 or more from same organization: \$40 per person. Please contact Ashley Zikmund at zikmundav@unk.edu to register as a group.

Mail Payment To (check made out to Chi Sigma Iota):

University of Nebraska at Kearney
1615 W. 24th St.
Attn: B114 - Chi Sigma Iota
Kearney, NE 68849

Location:

UNK Nebraskan Student Union
Ponderosa Room
1013 West 27th St.
Kearney, NE 68849

*Parking passes to non-UNK participants will be emailed out a week before the conference

Conference Sponsored By: UNK Department of Counseling and School Psychology - Chi Sigma Iota

ADVOCATES FOR MENTAL HEALTH

UNK Counseling & School Psychology

AMH

Advocates for Mental Health

Free Food &
Giveaways

Question &
Answer

PTSD

Why Mental Health

Depression

You are not alone

Domestic Violence

Suicide Safety

Trauma

Mindfulness

Learn about the Mental Health field & meet students with similar interests at these upcoming events:

Thursday, Jan. 25th Alumni House

Tuesday, Feb. 20th Alumni House

Friday, Mar. 30th Ponderosa room