
NSSE 2025 Topical Module Report

Academic Advising

University of Nebraska at Kearney

This module, updated for 2025, examines students' experiences with academic advising, including experiences with advisors and advising practices that reflect NACADA core values. It also asks students to identify who has been most helpful. The module complements a question on the core survey about the quality of students' interactions with academic advisors.

Comparison group details are in the Selected Comparison Groups report, available in PDF format in your report download folder.

This page intentionally left blank.

First-Year Students

				Frequency Distributions ^a				Statistical Comparisons ^b		
				UNK		Academic Advising		UNK	Academic Advising	Effect size ^d
Item wording or description	Variable name	Values ^c	Response options	Count	%	Count	%	Mean	Mean	
1. To what extent have the following been helpful regarding your academic interests, course selections, academic performance, or future plans?										
a. Academic advisor, faculty, or staff assigned to advise you	AADhelpadv	1	Very little	11	6	1,564	10	3.0	2.8 **	.23 △
		2	Some	34	22	4,095	25			
		3	Quite a bit	51	33	5,279	33			
		4	Very much	60	38	4,417	28			
		—	Did not meet with	0	0	361	3			
		—	Not applicable	0	0	154	1			
		Total		156	100	15,870	100			
b. Academic advisor(s) available to any student	AADhelpany	1	Very little	11	6	1,331	9	2.9	2.8	.16
		2	Some	29	19	3,986	25			
		3	Quite a bit	56	37	4,367	27			
		4	Very much	38	24	3,467	22			
		—	Did not meet with	18	12	2,158	13			
		—	Not applicable	3	2	562	4			
		Total		155	100	15,871	100			
c. Faculty or instructor(s) not assigned to advise you	AADhelpfac	1	Very little	19	11	1,934	13	2.5	2.5	.03
		2	Some	47	31	4,372	27			
		3	Quite a bit	32	22	3,304	21			
		4	Very much	22	14	1,964	13			
		—	Did not meet with	22	14	2,995	19			
		—	Not applicable	13	9	1,271	9			
		Total		155	100	15,840	100			
d. Online advising system (degree progress report, etc.)	AADhelponlsys	1	Very little	20	13	1,928	12	2.4	2.5	-.07
		2	Some	39	26	4,067	25			
		3	Quite a bit	29	18	3,203	21			
		4	Very much	20	13	2,150	15			
		—	Did not meet with	31	20	2,995	18			
		—	Not applicable	16	10	1,491	9			
		Total		155	100	15,834	100			
e. Website, chatbot, catalog, or other published sources	AADhelpweb	1	Very little	19	13	2,362	15	2.4	2.3	.05
		2	Some	38	24	4,190	26			
		3	Quite a bit	24	16	2,746	17			
		4	Very much	16	11	1,596	11			
		—	Did not meet with	39	25	3,230	20			
		—	Not applicable	18	11	1,702	11			
		Total		154	100	15,826	100			
f. Student services staff (learning and academic support, cultural centers, etc.)	AADhelpstuserv	1	Very little	19	12	1,782	12	2.5	2.5	.00
		2	Some	38	25	4,332	27			
		3	Quite a bit	27	17	3,141	19			
		4	Very much	20	13	1,938	13			
		—	Did not meet with	40	26	3,648	23			
		—	Not applicable	11	7	973	7			
		Total		155	100	15,814	100			
g. Career services	AADhelpcarserv	1	Very little	20	12	1,710	11	2.4	2.4	-.01
		2	Some	33	22	3,871	24			
		3	Quite a bit	20	12	2,533	16			
		4	Very much	18	12	1,678	11			
		—	Did not meet with	50	32	4,907	31			
		—	Not applicable	14	10	1,125	8			
		Total		155	100	15,824	100			

First-Year Students

				Frequency Distributions ^a				Statistical Comparisons ^b		
				UNK		Academic Advising		UNK	Academic Advising	
Item wording or description	Variable name	Values ^c	Response options	Count	%	Count	%	Mean	Mean	Effect size ^d
h. TRIO Programs staff	AADhelptrio	1	Very little	11	8	1,270	8	2.6	2.3 *	.34
		2	Some	12	8	1,850	12			
		3	Quite a bit	10	6	946	6			
		4	Very much	18	11	882	6			
		—	Did not meet with	65	42	7,435	47			
		—	Not applicable	38	25	3,427	22			
		Total		154	100	15,810	100			
i. Disability or accessibility services staff	AADhelpdisserv	1	Very little	4	2	1,196	7	2.9	2.4 *	.39
		2	Some	9	5	1,727	11			
		3	Quite a bit	13	8	1,191	7			
		4	Very much	10	7	1,103	7			
		—	Did not meet with	70	46	6,568	42			
		—	Not applicable	48	31	4,005	26			
		Total		154	100	15,790	100			
j. Success or academic coach	AADhelpsuccess	1	Very little	14	9	1,302	8	2.4	2.6	-.13
		2	Some	23	15	2,827	18			
		3	Quite a bit	11	7	2,138	14			
		4	Very much	13	9	1,689	11			
		—	Did not meet with	69	45	5,840	36			
		—	Not applicable	22	15	2,004	13			
		Total		152	100	15,800	100			
k. Peer advisor or mentor	AADhelppeer	1	Very little	12	8	1,473	9	2.5	2.5	.03
		2	Some	41	26	3,335	20			
		3	Quite a bit	22	15	2,542	15			
		4	Very much	21	13	1,828	11			
		—	Did not meet with	40	26	4,947	32			
		—	Not applicable	18	12	1,684	11			
		Total		154	100	15,809	100			
l. Friends or other students	AADhelpfriend	1	Very little	10	7	1,042	7	2.8	2.9	-.05
		2	Some	44	29	3,883	24			
		3	Quite a bit	53	33	5,242	32			
		4	Very much	43	28	4,821	29			
		—	Did not meet with	3	2	456	4			
		—	Not applicable	1	1	377	3			
		Total		154	100	15,821	100			
m. Family members	AADhelpfam	1	Very little	17	12	1,482	10	2.7	2.9	-.12
		2	Some	37	24	3,845	24			
		3	Quite a bit	47	30	4,575	28			
		4	Very much	41	26	4,987	31			
		—	Did not meet with	8	6	500	4			
		—	Not applicable	4	3	444	3			
		Total		154	100	15,833	100			
n. Other, please specify:	AADhelpoth	1	Very little	0	0	12	4			
		2	Some	0	0	42	11			
		3	Quite a bit	0	0	49	13			
		4	Very much	1	29	113	29			
		—	Did not meet with	2	71	20	5			
		—	Not applicable	0	0	146	38			
		Total		3	100	382	100			

First-Year Students

				Frequency Distributions ^a				Statistical Comparisons ^b		
				UNK		Academic Advising		UNK	Academic Advising	
Item wording or description	Variable name	Values ^c	Response options	Count	%	Count	%	Mean	Mean	Effect size ^d
2. Do you know how to contact (in person, email, phone, or online) an advisor at your institution?										
	AADadvcontact	No		1	1	280	2	98%	96%	.14
	(Means indicate the percentage who responded "Yes")	Yes		151	98	15,178	96			
		Unsure		2	1	355	2			
		Total		154	100	15,813	100			
3. Thinking about academic advising, how much have people and resources at your institution done the following?										
a. Been available when needed	AADresavail	0	Not at all	1	1	148	1	3.1	3.0 **	.19
		1	Very little	2	1	723	5			
		2	Some	28	18	3,349	21			
		3	Quite a bit	67	43	6,450	40			
		4	Very much	53	36	4,899	31			
		—	Not applicable	2	2	204	1			
		Total		153	100	15,773	100			
b. Provided prompt and accurate information	AADresprompt	0	Not at all	1	1	130	1	3.2	3.0 **	.24
		1	Very little	0	0	719	5			
		2	Some	32	20	3,540	22			
		3	Quite a bit	60	39	6,327	40			
		4	Very much	58	39	4,821	31			
		—	Not applicable	2	2	208	2			
		Total		153	100	15,745	100			
c. Provided information about learning support services (tutoring, writing center, success skills, etc.)	AADreslearn	0	Not at all	3	2	210	2	3.0	3.0	.03
		1	Very little	4	2	742	5			
		2	Some	31	21	3,323	21			
		3	Quite a bit	61	40	5,952	37			
		4	Very much	49	32	5,096	32			
		—	Not applicable	4	3	424	3			
		Total		152	100	15,747	100			
d. Notified you of important policies and deadlines	AADrespol	0	Not at all	1	1	347	2	3.0	2.9	.10
		1	Very little	8	5	967	6			
		2	Some	34	23	3,592	23			
		3	Quite a bit	56	37	5,702	36			
		4	Very much	51	33	4,872	31			
		—	Not applicable	2	2	267	2			
		Total		152	100	15,747	100			
e. Reached out to you about your academic progress or performance	AADresprog	0	Not at all	10	6	1,676	11	2.5	2.4	.12
		1	Very little	18	12	2,062	13			
		2	Some	45	29	4,001	25			
		3	Quite a bit	37	24	3,910	24			
		4	Very much	38	25	3,494	22			
		—	Not applicable	5	4	579	4			
		Total		153	100	15,722	100			
f. Followed up with you regarding something they recommended	AADresrec	0	Not at all	8	5	1,444	10	2.6	2.4	.14
		1	Very little	17	11	1,886	12			
		2	Some	43	29	3,870	24			
		3	Quite a bit	36	23	4,068	26			
		4	Very much	40	26	3,385	22			
		—	Not applicable	9	6	1,085	7			
		Total		153	100	15,738	100			

First-Year Students

							Frequency Distributions ^a				Statistical Comparisons ^b			
							UNK		Academic Advising		UNK		Academic Advising	
Item wording or description		Variable name	Values ^c	Response options	Count	%	Count	%	Mean	Mean	Effect size ^d			
4. Thinking about academic advising, about how often did someone at your institution do the following?														
a. Took the time to learn about your hobbies and personal interests	AADofthobbies	1	Never	18	12	3,434	22	2.5	2.3 **	.22				
		2	Sometimes	60	40	5,815	36							
		3	Often	45	29	3,470	21							
		4	Very often	24	16	2,288	14							
		—	Not applicable	5	4	720	6							
		Total	152	100	15,727	100								
b. Actively listened to your concerns	AADofconcern	1	Never	6	4	1,040	7	2.8	2.8	.07				
		2	Sometimes	45	30	4,571	29							
		3	Often	63	41	5,623	35							
		4	Very often	34	23	3,575	23							
		—	Not applicable	3	2	899	7							
		Total	151	100	15,708	100								
c. Respected your identities and cultures	AADofcultures	1	Never	1	1	382	3	3.3	3.2	.08				
		2	Sometimes	18	12	2,103	13							
		3	Often	57	36	5,777	35							
		4	Very often	52	35	5,495	35							
		—	Not applicable	24	16	1,950	14							
		Total	152	100	15,707	100								
d. Cared about your overall well-being	AADof wellbeing	1	Never	1	1	684	5	3.1	3.0	.11				
		2	Sometimes	31	21	3,418	22							
		3	Often	70	44	5,876	36							
		4	Very often	45	31	4,871	31							
		—	Not applicable	5	4	893	7							
		Total	152	100	15,742	100								
5. Thinking about academic advising, about how often did someone at your institution discuss the following with you?														
a. Your academic goals and future plans	AADdiscgoals	1	Never	5	3	832	6	3.1	2.9 **	.25				
		2	Sometimes	32	21	4,282	28							
		3	Often	55	35	5,630	35							
		4	Very often	59	40	4,624	29							
		—	Not applicable	1	1	341	3							
		Total	152	100	15,709	100								
b. How your major or expected major relates to your personal, academic, career, or future plans	AADdiscmajor	1	Never	7	5	1,153	8	3.1	2.9 ***	.26				
		2	Sometimes	27	18	3,903	25							
		3	Often	58	37	5,574	35							
		4	Very often	58	39	4,672	29							
		—	Not applicable	2	2	389	3							
		Total	152	100	15,691	100								
c. Special opportunities (study abroad, internship, service-learning, research, etc.)	AADdiscopp	1	Never	25	17	2,452	17	2.5	2.5	-.01				
		2	Sometimes	52	34	5,060	32							
		3	Often	36	24	4,230	26							
		4	Very often	28	18	2,874	18							
		—	Not applicable	10	7	1,066	8							
		Total	151	100	15,682	100								

First-Year Students

				Frequency Distributions ^a				Statistical Comparisons ^b		
				UNK		Academic Advising		UNK	Academic Advising	
Item wording or description	Variable name	Values ^c	Response options	Count	%	Count	%	Mean	Mean	Effect size ^d
d. Participation in co-curricular activities (organizations or clubs, performing arts, sports, etc.)	AADdisccocurr	1	Never	22	15	2,600	18	2.5	2.4	.05
		2	Sometimes	49	32	5,107	32			
		3	Often	47	29	4,138	25			
		4	Very often	24	16	2,745	17			
		—	Not applicable	10	8	1,081	9			
		Total	152	100	15,671	100				
e. Resources for your well-being (health, counseling, financial guidance, etc.)	AADdiscwellbeing	1	Never	21	14	1,994	13	2.6	2.6	-.01
		2	Sometimes	49	32	5,096	33			
		3	Often	47	30	4,677	29			
		4	Very often	29	19	3,068	19			
		—	Not applicable	6	5	837	6			
		Total	152	100	15,672	100				
6. Overall, how much have people and resources at your institution supported you in the following?										
a. Wellness support services (mental health counseling, student health center, etc.)	AADsupwellness	0	Not at all	7	4	1,037	8	2.5	2.4	.11
		1	Very little	12	8	1,419	9			
		2	Some	29	19	3,879	24			
		3	Quite a bit	36	23	3,539	22			
		4	Very much	26	17	2,947	18			
		—	Not applicable	42	29	2,857	20			
b. Academic success	AADsupacad	Total	152	100	15,678	100	2.8	2.8	.02	
		0	Not at all	3	2	380				3
		1	Very little	8	6	946				6
		2	Some	37	24	4,041				25
		3	Quite a bit	53	34	5,414				34
		4	Very much	36	24	4,005				26
c. Career advising	AADsupcareer	—	Not applicable	14	10	868	6	2.7	2.5	.13
		Total	151	100	15,654	100				
		0	Not at all	3	2	819	6			
		1	Very little	16	10	1,535	10			
		2	Some	44	28	4,318	27			
		3	Quite a bit	39	25	4,131	25			
d. Emotional and physical health	AADsuphealth	4	Very much	36	24	3,189	20	2.6	2.4	.16
		—	Not applicable	14	10	1,656	12			
		Total	152	100	15,648	100				
		0	Not at all	7	5	1,096	8			
		1	Very little	8	5	1,670	11			
		2	Some	42	28	4,267	26			
e. Basic needs (e.g. housing, food)	AADsupneeds	3	Quite a bit	30	19	3,610	22	2.6	2.5	.06
		4	Very much	29	19	2,900	18			
		—	Not applicable	36	25	2,109	15			
		Total	152	100	15,652	100				
		0	Not at all	4	3	934	7			
		1	Very little	15	10	1,293	8			
		2	Some	37	24	3,558	22	2.6	2.5	.06
		3	Quite a bit	41	25	4,215	25			
		4	Very much	33	22	3,549	21			
		—	Not applicable	22	16	2,092	16			
		Total	152	100	15,641	100				

First-Year Students

				Frequency Distributions ^a				Statistical Comparisons ^b		
				UNK		Academic Advising		UNK		Academic Advising
Item wording or description	Variable name	Values ^c	Response options	Count	%	Count	%	Mean	Mean	Effect size ^d
f. Social support (e.g., building connections, community, friendships)	AADsupsocial	0	Not at all	5	4	905	7	2.6	2.5	.10
		1	Very little	14	9	1,442	9			
		2	Some	39	26	4,257	27			
		3	Quite a bit	39	24	4,165	25			
		4	Very much	33	22	3,408	21			
		—	Not applicable	22	15	1,432	11			
		Total		152	100	15,609	100			

7. Regarding academic advising, who has been the most helpful and in what way?

This final question asked students to respond in an open text box. Comments were recorded for 75 first-year student(s) and 61 senior(s). Responses are provided in your NSSE25 Student Comments Report and in a separate SPSS data file.

These open-ended responses appear exactly as respondents entered them and may not be suitable for distribution without prior review.

Seniors

				Frequency Distributions ^a				Statistical Comparisons ^b		
				UNK		Academic Advising		UNK	Academic Advising	Effect size ^d
Item wording or description	Variable name	Values ^c	Response options	Count	%	Count	%	Mean	Mean	
1. To what extent have the following been helpful regarding your academic interests, course selections, academic performance, or future plans?										
a. Academic advisor, faculty, or staff assigned to advise you	AADhelpadv	1	Very little	13	11	2,404	14	3.0	2.8	.15
		2	Some	21	18	3,881	23			
		3	Quite a bit	35	32	4,748	27			
		4	Very much	42	38	5,547	33			
		—	Did not meet with	1	1	380	2			
		—	Not applicable	0	0	142	1			
		Total		112	100	17,102	100			
b. Academic advisor(s) available to any student	AADhelpany	1	Very little	13	12	2,284	13	2.8	2.7	.08
		2	Some	23	21	4,092	24			
		3	Quite a bit	28	26	3,796	22			
		4	Very much	28	24	3,930	24			
		—	Did not meet with	14	12	2,182	13			
		—	Not applicable	6	5	788	5			
		Total		112	100	17,072	100			
c. Faculty or instructor(s) not assigned to advise you	AADhelpfac	1	Very little	10	10	1,930	12	2.6	2.6	-.08
		2	Some	32	28	4,170	24			
		3	Quite a bit	40	37	3,806	21			
		4	Very much	14	11	3,381	20			
		—	Did not meet with	14	12	2,368	15			
		—	Not applicable	2	2	1,409	9			
		Total		112	100	17,064	100			
d. Online advising system (degree progress report, etc.)	AADhelpnlsys	1	Very little	11	10	2,126	12	2.8	2.7	.04
		2	Some	22	20	4,025	23			
		3	Quite a bit	27	24	3,952	24			
		4	Very much	26	23	3,736	24			
		—	Did not meet with	13	12	2,092	11			
		—	Not applicable	12	12	1,129	6			
		Total		111	100	17,060	100			
e. Website, chatbot, catalog, or other published sources	AADhelpweb	1	Very little	16	15	2,804	16	2.2	2.4	-.19
		2	Some	32	28	3,909	23			
		3	Quite a bit	12	12	2,519	15			
		4	Very much	7	6	2,059	13			
		—	Did not meet with	27	24	3,575	21			
		—	Not applicable	17	16	2,176	13			
		Total		111	100	17,042	100			
f. Student services staff (learning and academic support, cultural centers, etc.)	AADhelpstuserv	1	Very little	13	12	2,618	15	2.3	2.4	-.09
		2	Some	27	24	4,054	23			
		3	Quite a bit	15	13	2,434	14			
		4	Very much	8	7	2,092	12			
		—	Did not meet with	36	32	4,434	26			
		—	Not applicable	12	11	1,398	9			
		Total		111	100	17,030	100			
g. Career services	AADhelpcarserv	1	Very little	13	13	2,617	15	2.2	2.3	-.15
		2	Some	26	23	3,884	21			
		3	Quite a bit	15	14	2,287	13			
		4	Very much	5	4	1,964	11			
		—	Did not meet with	41	35	4,903	30			
		—	Not applicable	12	11	1,393	9			
		Total		112	100	17,048	100			

Seniors

				Frequency Distributions ^a				Statistical Comparisons ^b		
				UNK		Academic Advising		UNK	Academic Advising	
Item wording or description	Variable name	Values ^c	Response options	Count	%	Count	%	Mean	Mean	Effect size ^d
h. TRIO Programs staff	AADhelptrio	1	Very little	7	6	1,283	8	2.7	2.3	.36
		2	Some	5	5	1,192	7			
		3	Quite a bit	4	4	637	4			
		4	Very much	11	10	871	5			
		—	Did not meet with	53	47	8,210	48			
		—	Not applicable	32	29	4,842	28			
		Total		112	100	17,035	100			
i. Disability or accessibility services staff	AADhelpdisserv	1	Very little	6	6	1,251	7	2.2	2.4	-.21
		2	Some	5	5	1,289	7			
		3	Quite a bit	4	4	915	5			
		4	Very much	3	3	1,152	7			
		—	Did not meet with	54	47	7,372	43			
		—	Not applicable	40	36	5,064	31			
		Total		112	100	17,043	100			
j. Success or academic coach	AADhelpsuccess	1	Very little	10	10	1,693	11	2.1	2.5	-.32
		2	Some	9	8	2,127	13			
		3	Quite a bit	7	7	1,370	9			
		4	Very much	3	3	1,580	11			
		—	Did not meet with	60	52	7,269	41			
		—	Not applicable	23	20	2,979	17			
		Total		112	100	17,018	100			
k. Peer advisor or mentor	AADhelppeer	1	Very little	12	11	1,595	9	2.1	2.5 *	-.30
		2	Some	17	15	2,358	13			
		3	Quite a bit	8	8	1,658	9			
		4	Very much	5	4	1,659	10			
		—	Did not meet with	51	46	6,660	40			
		—	Not applicable	19	17	3,104	19			
		Total		112	100	17,034	100			
l. Friends or other students	AADhelpfriend	1	Very little	9	9	1,256	8	2.9	2.9	.04
		2	Some	20	18	3,800	23			
		3	Quite a bit	39	35	4,937	27			
		4	Very much	33	28	5,311	29			
		—	Did not meet with	7	6	989	8			
		—	Not applicable	4	4	738	6			
		Total		112	100	17,031	100			
m. Family members	AADhelpfam	1	Very little	12	11	2,092	13	2.9	2.8	.05
		2	Some	24	22	3,840	22			
		3	Quite a bit	30	27	4,143	24			
		4	Very much	35	31	5,214	30			
		—	Did not meet with	7	6	932	6			
		—	Not applicable	3	3	834	6			
		Total		111	100	17,055	100			
n. Other, please specify:	AADhelpoth	1	Very little	0	0	24	5			
		2	Some	1	23	14	3			
		3	Quite a bit	1	20	49	9			
		4	Very much	2	58	186	38			
		—	Did not meet with	0	0	20	4			
		—	Not applicable	0	0	200	41			
		Total		4	100	493	100			

Seniors

				Frequency Distributions ^a				Statistical Comparisons ^b		
				UNK		Academic Advising		UNK	Academic Advising	
Item wording or description	Variable name	Values ^c	Response options	Count	%	Count	%	Mean	Mean	Effect size ^d
2. Do you know how to contact (in person, email, phone, or online) an advisor at your institution?										
	AADadvcontact	No		1	1	258	2	99%	97%	.16
	(Means indicate the percentage who responded "Yes")	Yes		111	99	16,558	97			
		Unsure		0	0	219	1			
		Total		112	100	17,035	100			
3. Thinking about academic advising, how much have people and resources at your institution done the following?										
a. Been available when needed	AADresavail	0	Not at all	1	1	251	2	3.1	3.0 *	.17
		1	Very little	3	3	996	6			
		2	Some	17	15	3,610	21			
		3	Quite a bit	49	43	6,170	35			
		4	Very much	42	38	5,799	35			
		—	Not applicable	0	0	185	1			
		Total		112	100	17,011	100			
b. Provided prompt and accurate information	AADresprompt	0	Not at all	2	2	330	2	3.1	2.9	.12
		1	Very little	5	5	1,153	7			
		2	Some	17	15	3,815	22			
		3	Quite a bit	47	43	5,884	34			
		4	Very much	40	35	5,650	34			
		—	Not applicable	0	0	167	1			
		Total		111	100	16,999	100			
c. Provided information about learning support services (tutoring, writing center, success skills, etc.)	AADreslearn	0	Not at all	5	4	563	3	2.8	2.8	-.04
		1	Very little	7	7	1,382	8			
		2	Some	26	25	3,968	23			
		3	Quite a bit	38	34	5,113	30			
		4	Very much	31	28	5,075	31			
		—	Not applicable	4	3	879	5			
		Total		111	100	16,980	100			
d. Notified you of important policies and deadlines	AADrespol	0	Not at all	5	4	624	4	2.8	2.8	-.06
		1	Very little	8	7	1,421	9			
		2	Some	29	27	3,656	21			
		3	Quite a bit	36	33	5,443	31			
		4	Very much	33	30	5,532	33			
		—	Not applicable	0	0	317	2			
		Total		111	100	16,993	100			
e. Reached out to you about your academic progress or performance	AADresprog	0	Not at all	13	11	2,004	12	2.4	2.4	.00
		1	Very little	15	13	2,519	15			
		2	Some	28	25	3,914	22			
		3	Quite a bit	30	28	3,548	21			
		4	Very much	25	22	4,296	26			
		—	Not applicable	1	1	698	4			
		Total		112	100	16,979	100			
f. Followed up with you regarding something they recommended	AADresrec	0	Not at all	7	5	1,930	11	2.6	2.4	.14
		1	Very little	16	15	2,325	14			
		2	Some	24	21	3,776	22			
		3	Quite a bit	36	33	3,585	20			
		4	Very much	27	24	4,278	26			
		—	Not applicable	2	2	1,095	7			
		Total		112	100	16,989	100			

Seniors

				Frequency Distributions ^a				Statistical Comparisons ^b		
				UNK		Academic Advising		UNK	Academic Advising	
Item wording or description	Variable name	Values ^c	Response options	Count	%	Count	%	Mean	Mean	Effect size ^d
4. Thinking about academic advising, about how often did someone at your institution do the following?										
a. Took the time to learn about your hobbies and personal interests	AADofthobbies	1	Never	18	16	4,784	29	2.4	2.2 *	.23
		2	Sometimes	40	38	5,377	31			
		3	Often	32	28	3,123	17			
		4	Very often	19	16	2,781	16			
		—	Not applicable	2	2	926	6			
		Total	111	100	16,991	100				
b. Actively listened to your concerns	AADoftconcern	1	Never	5	4	1,374	8	2.9	2.8	.07
		2	Sometimes	31	29	4,750	28			
		3	Often	45	40	5,353	31			
		4	Very often	30	26	4,594	27			
		—	Not applicable	1	1	890	6			
		Total	112	100	16,961	100				
c. Respected your identities and cultures	AADoftcultures	1	Never	1	1	606	4	3.2	3.2	.01
		2	Sometimes	14	14	1,950	11			
		3	Often	40	35	5,240	30			
		4	Very often	39	34	6,311	37			
		—	Not applicable	18	16	2,859	18			
		Total	112	100	16,966	100				
d. Cared about your overall well-being	AADoftwellbeing	1	Never	3	3	1,186	7	3.1	3.0	.12
		2	Sometimes	27	25	3,619	21			
		3	Often	36	31	5,264	30			
		4	Very often	43	38	5,678	33			
		—	Not applicable	3	3	1,232	8			
		Total	112	100	16,979	100				
5. Thinking about academic advising, about how often did someone at your institution discuss the following with you?										
a. Your academic goals and future plans	AADdiscgoals	1	Never	3	3	1,365	9	3.1	2.9 **	.27
		2	Sometimes	26	24	4,767	29			
		3	Often	36	32	5,012	29			
		4	Very often	45	41	5,481	32			
		—	Not applicable	1	1	333	2			
		Total	111	100	16,958	100				
b. How your major or expected major relates to your personal, academic, career, or future plans	AADdiscmajor	1	Never	6	5	1,898	12	3.1	2.8 ***	.29
		2	Sometimes	21	20	4,167	25			
		3	Often	37	33	4,879	28			
		4	Very often	47	42	5,557	32			
		—	Not applicable	1	1	414	3			
		Total	112	100	16,915	100				
c. Special opportunities (study abroad, internship, service-learning, research, etc.)	AADdiscopp	1	Never	13	12	3,346	20	2.8	2.5 **	.30
		2	Sometimes	30	28	4,832	28			
		3	Often	25	23	3,786	22			
		4	Very often	34	31	3,467	20			
		—	Not applicable	9	7	1,494	10			
		Total	111	100	16,925	100				

Seniors

				Frequency Distributions ^a				Statistical Comparisons ^b		
				UNK		Academic Advising		UNK	Academic Advising	Effect size ^d
Item wording or description	Variable name	Values ^c	Response options	Count	%	Count	%	Mean	Mean	
d. Participation in co-curricular activities (organizations or clubs, performing arts, sports, etc.)	AADdisccocurr	1	Never	17	16	4,354	27	2.6	2.3 **	.32
		2	Sometimes	27	25	4,507	26			
		3	Often	31	27	3,134	17			
		4	Very often	26	22	2,907	16			
		—	Not applicable	10	9	2,011	14			
		Total		111	100	16,913	100			
e. Resources for your well-being (health, counseling, financial guidance, etc.)	AADdiscwellbeing	1	Never	17	15	3,636	22	2.4	2.4	.08
		2	Sometimes	38	35	5,470	32			
		3	Often	32	28	3,361	19			
		4	Very often	15	13	2,996	17			
		—	Not applicable	9	8	1,454	10			
		Total		111	100	16,917	100			
6. Overall, how much have people and resources at your institution supported you in the following?										
a. Wellness support services (mental health counseling, student health center, etc.)	AADsupwellness	0	Not at all	7	7	1,854	12	2.3	2.2	.09
		1	Very little	15	13	1,924	11			
		2	Some	28	26	3,909	22			
		3	Quite a bit	25	22	2,863	16			
		4	Very much	17	15	2,867	17			
		—	Not applicable	19	18	3,487	23			
		Total		111	100	16,904	100			
b. Academic success	AADsupacad	0	Not at all	6	6	792	5	2.8	2.7	.10
		1	Very little	4	3	1,340	8			
		2	Some	28	25	4,143	24			
		3	Quite a bit	27	24	5,021	29			
		4	Very much	36	32	4,532	27			
		—	Not applicable	10	9	1,061	7			
		Total		111	100	16,889	100			
c. Career advising	AADsupcareer	0	Not at all	6	6	1,451	10	2.6	2.3 *	.22
		1	Very little	9	8	2,055	12			
		2	Some	30	28	4,475	26			
		3	Quite a bit	29	25	3,699	21			
		4	Very much	29	26	3,414	20			
		—	Not applicable	8	8	1,808	12			
		Total		111	100	16,902	100			
d. Emotional and physical health	AADsuphealth	0	Not at all	10	9	2,005	13	2.2	2.1	.07
		1	Very little	13	11	2,254	13			
		2	Some	36	33	4,224	24			
		3	Quite a bit	20	17	2,971	16			
		4	Very much	18	15	2,730	16			
		—	Not applicable	15	15	2,700	18			
		Total		112	100	16,884	100			
e. Basic needs (e.g. housing, food)	AADsupneeds	0	Not at all	15	14	2,332	15	2.2	2.0	.14
		1	Very little	8	7	1,881	11			
		2	Some	28	25	3,471	19			
		3	Quite a bit	22	19	2,660	14			
		4	Very much	18	16	2,520	14			
		—	Not applicable	21	20	4,019	28			
		Total		112	100	16,883	100			

Seniors

				Frequency Distributions ^a				Statistical Comparisons ^b		
				UNK		Academic Advising		UNK	Academic Advising	
Item wording or description	Variable name	Values ^c	Response options	Count	%	Count	%	Mean	Mean	Effect size ^d
f. Social support (e.g., building connections, community, friendships)	AADsupsocial	0	Not at all	5	5	1,919	13	2.5	2.2 **	.24
		1	Very little	13	11	1,881	11			
		2	Some	27	25	4,046	23			
		3	Quite a bit	30	27	3,377	18			
		4	Very much	24	20	3,075	17			
		—	Not applicable	13	13	2,553	18			
		Total		112	100	16,851	100			

7. Regarding academic advising, who has been the most helpful and in what way?

This final question asked students to respond in an open text box. Comments were recorded for 75 first-year student(s) and 61 senior(s). Responses are provided in your NSSE25 Student Comments Report and in a separate SPSS data file.

These open-ended responses appear exactly as respondents entered them and may not be suitable for distribution without prior review.

First-Year Students

Variable name	N	Mean		Standard error ^f		Standard deviation ^g		DF ^h	Sig. ⁱ	Effect size ^d
		UNK	Academic Advising	UNK	Academic Advising	UNK	Academic Advising			
AADhelpadv	158	3.03	2.82	.074	.008	.93	.97	161	.004	.23
AADhelpany	135	2.91	2.76	.077	.008	.89	.96	137	.053	.16
AADhelpfac	121	2.49	2.46	.086	.009	.95	.97	123	.721	.03
AADhelponlsys	110	2.45	2.52	.095	.009	1.00	1.00	111	.474	-.07
AADhelpweb	100	2.39	2.34	.100	.009	1.00	.99	100	.605	.05
AADhelpstuserv	106	2.47	2.47	.097	.009	1.00	.97	107	.986	.00
AADhelpcarserv	91	2.42	2.43	.108	.010	1.03	.98	92	.961	-.01
AADhelptrio	52	2.64	2.29	.165	.015	1.19	1.05	52	.036	.34
AADhelpdiserv	36	2.86	2.44	.163	.015	.98	1.07	36	.015	.39
AADhelpsuccess	62	2.42	2.55	.138	.011	1.08	1.00	62	.331	-.13
AADhelppeer	97	2.54	2.50	.099	.010	.97	.99	99	.744	.03
AADhelpfriend	153	2.85	2.90	.075	.008	.93	.94	155	.502	-.05
AADhelpfam	143	2.75	2.87	.085	.008	1.01	1.00	144	.175	-.12
AADadvcontact	156	98%	96%	.011	.002	--	--	--	.146	.14
AADresavail	153	3.14	2.96	.064	.007	.79	.91	155	.008	.19
AADresprompt	153	3.17	2.96	.064	.007	.79	.91	155	.001	.24
AADreslearn	149	3.00	2.97	.075	.007	.92	.94	151	.678	.03
AADrespol	152	2.98	2.88	.075	.008	.92	1.01	154	.200	.10
AADresprog	149	2.51	2.35	.098	.010	1.19	1.29	151	.110	.12
AADresrec	146	2.59	2.41	.096	.010	1.16	1.26	148	.071	.14
AADofthobbies	149	2.51	2.29	.075	.008	.91	.99	151	.004	.22
AADoftconcern	151	2.85	2.79	.068	.007	.83	.90	153	.364	.07
AADoftcultures	129	3.26	3.19	.064	.007	.73	.81	131	.307	.08
AADoftwellbeing	149	3.09	3.00	.061	.007	.74	.87	152	.135	.11
AADdisgoals	153	3.12	2.89	.069	.007	.86	.90	155	.001	.25
AADdiscmajor	152	3.12	2.87	.071	.007	.87	.94	154	.001	.26
AADdiscopp	143	2.48	2.49	.084	.008	1.00	1.00	144	.908	-.01
AADdiscocurr	143	2.50	2.45	.081	.008	.96	1.00	144	.516	.05
AADdiscwellbeing	147	2.57	2.57	.080	.008	.98	.97	149	.930	-.01
AADsupwellness	110	2.55	2.42	.110	.011	1.15	1.22	111	.236	.11
AADsupacad	138	2.80	2.78	.084	.008	.99	1.02	140	.836	.02
AADsupcareer	139	2.65	2.50	.091	.010	1.07	1.16	141	.096	.13
AADsuphealth	116	2.56	2.37	.105	.010	1.14	1.21	118	.065	.16
AADsupneeds	130	2.62	2.55	.096	.010	1.09	1.21	132	.420	.06
AADsupsocial	131	2.61	2.49	.097	.010	1.11	1.18	132	.215	.10

Seniors

Variable name	N		Mean		Standard error ^f		Standard deviation ^g		DF ^h	Sig. ⁱ	Effect size ^d
	UNK		UNK	Academic Advising	UNK	Academic Advising	UNK	Academic Advising	Comparisons with: Academic Advising		
AADhelpadv	113		2.97	2.81	.096	.009	1.02	1.06	114	.098	.15
AADhelpany	94		2.76	2.68	.107	.010	1.04	1.06	94	.455	.08
AADhelpfac	97		2.56	2.64	.088	.010	.87	1.03	99	.349	-.08
AADhelponlsys	87		2.77	2.73	.110	.010	1.02	1.04	87	.718	.04
AADhelpweb	68		2.15	2.36	.109	.011	.90	1.05	69	.067	-.19
AADhelpstuserv	64		2.27	2.37	.117	.011	.94	1.04	64	.404	-.09
AADhelpcarserv	61		2.18	2.34	.113	.011	.88	1.05	61	.167	-.15
AADhelptrio	28		2.70	2.28	.235	.020	1.24	1.14	27	.090	.36
AADhelpdiserv	19		2.19	2.44	.253	.019	1.11	1.15	18	.348	-.21
AADhelpsuccess	31		2.09	2.45	.181	.014	1.01	1.11	31	.057	-.32
AADhelppeer	43		2.14	2.46	.147	.014	.96	1.08	42	.034	-.30
AADhelpfriend	102		2.93	2.89	.094	.009	.95	.98	103	.668	.04
AADhelpfam	102		2.86	2.80	.101	.010	1.02	1.06	103	.573	.05
AADadvcontact	114		99%	97%	.008	.001	--	--	--	.189	.16
AADresavail	114		3.14	2.97	.079	.008	.84	.98	115	.036	.17
AADresprompt	113		3.05	2.93	.087	.009	.92	1.01	114	.161	.12
AADreslearn	110		2.76	2.81	.103	.009	1.08	1.09	110	.636	-.04
AADrespol	113		2.76	2.83	.102	.009	1.09	1.11	114	.531	-.06
AADresprog	113		2.36	2.35	.120	.012	1.28	1.35	114	.973	.00
AADresrec	112		2.57	2.38	.111	.012	1.18	1.35	114	.097	.14
AADofthobbies	111		2.45	2.21	.091	.009	.96	1.06	112	.010	.23
AADoftconcern	113		2.88	2.81	.079	.008	.84	.95	114	.387	.07
AADoftcultures	96		3.23	3.22	.077	.008	.75	.86	97	.905	.01
AADoftwellbeing	111		3.09	2.97	.083	.008	.87	.95	112	.161	.12
AADdisgoals	112		3.12	2.86	.082	.008	.87	.97	113	.002	.27
AADdiscmajor	113		3.12	2.82	.085	.009	.90	1.03	114	.001	.29
AADdiscopp	104		2.78	2.46	.102	.010	1.04	1.07	105	.002	.30
AADdiscocurr	103		2.62	2.27	.103	.010	1.04	1.10	104	.001	.32
AADdiscwellbeing	103		2.44	2.35	.092	.009	.94	1.05	105	.356	.08
AADsupwellness	93		2.30	2.19	.122	.013	1.17	1.34	94	.354	.09
AADsupacad	102		2.81	2.70	.115	.010	1.16	1.14	103	.351	.10
AADsupcareer	104		2.62	2.34	.114	.011	1.16	1.27	105	.016	.22
AADsuphealth	97		2.20	2.11	.121	.012	1.20	1.33	98	.451	.07
AADsupneeds	91		2.20	2.02	.139	.014	1.33	1.39	92	.180	.14
AADsupsocial	99		2.51	2.19	.115	.013	1.15	1.34	101	.006	.24

Endnotes

- a. Column percentages are weighted by institution-reported sex and enrollment status (and institution size for comparison groups). Percentages may not sum to 100 due to rounding. Counts are unweighted; column percentages cannot be replicated from counts. Comparison group details are in the Selected Comparison Groups report, linked in the Data & Reports table on the Institution Interface.
- b. All statistics are weighted by institution-reported sex and enrollment status (and institution size for comparison groups). Unless otherwise noted, statistical comparisons are two-tailed independent t-tests. Items with categorical response sets are left blank.
- c. These are the values used to calculate means. For the majority of items, these values match the codes in the data file and codebook.
- d. Effect size for independent t-tests uses Cohen's d; z-tests use Cohen's h.
- e. Statistics are weighted by institution-reported sex and enrollment status (and institution size for comparison groups). Categorical items are not listed.
- f. The 95% confidence interval for the population mean is equal to the sample mean plus or minus 1.96 times the standard error of the mean.
- g. A measure of the amount individual scores deviate from the mean of all the scores in the distribution.
- h. Degrees of freedom used to compute the t-tests. Values differ from Ns due to weighting and whether equal variances were assumed.
- i. Statistical comparisons are two-tailed independent t-tests or z-tests. Statistical significance represents the probability that the difference between your students' mean and that of the students in the comparison group is due to chance.
- j. Statistical comparison uses z-test to compare the proportion who responded (depending on the item) "Done or in progress" or "Yes" with all who responded otherwise.
- k. Mean represents the proportion who responded (depending on the item) "Done or in progress" or "Yes."

Key to symbols:

- ▲ **Your students' average** was significantly higher ($p < .05$) with an effect size at least .3 in magnitude.
- △ **Your students' average** was significantly higher ($p < .05$) with an effect size less than .3 in magnitude.
- ▼ **Your students' average** was significantly lower ($p < .05$) with an effect size less than .3 in magnitude.
- ▽ **Your students' average** was significantly lower ($p < .05$) with an effect size at least .3 in magnitude.

Note: It is important to interpret the direction of differences relative to item wording and your institutional context. You may not see all of these symbols in your report.