

Fall 2021 First-year Seminar Courses

7 Characteristics of Successful Loper Leaders

TE-126-01, CDIS-126-01, PE-126-01

This course helps students develop the necessary skills to evaluate sources of information regarding characteristics of successful leadership.

Live Long, Live Well

PE-126-02, REC-126-04, ENG-126-06

PE-126-03, REC-126-03, ENG-126-04

PE-126-06, REC-126-02, ENG-126-05

Living healthy, long lives is a basic human desire, and significant scholarship has been done regarding how to achieve the goal of living well. One approach has been to study parts of the globe where people tend to live longer, stay active, and report high levels of satisfaction and positivity. Known as bluezones, these regions suggest that one's environment can be molded to optimize the life experience. This course will help students develop the skills necessary to find, evaluate, and utilize the resources they would need to bring elements of bluezones into their own lives.

Living My Best Life

FAMS-126-01, PE-126-08, FIN-126-06

FAMS-126-03, PE-126-07, FIN-126-07

FAMS-126-04, PE-126-04 FIN-126-05

During this course, students will be taught and provided tools to develop the necessary skills to evaluate sources of information and their own healthy lifestyles in the areas of relationships, finance and fitness. These skills will enable them to be successful as UNK students and in life.

You at UNK

Thompson Scholar Students Only

CSP-126-01, ENG-126-02, FAMS-126-06

CSP-126-02, ENG-126-03, FAMS-126-02

CSP-126-03, ENG-126-01, FAMS-126-05

This course helps students develop the information necessary to enhance a healthy identity across individual, intellectual, and interpersonal perspectives through the study of autobiography, academic self-efficacy, and interpersonal relationships within families and across other social and professional groups.

Ballin' on a Budget

FIN-126-04, PE-126-05, REC-126-01

During this course, students will be taught and provided tools to develop the necessary skills to evaluate sources of information and their own healthy lifestyles in the areas of recreation, finance and fitness. These skills will enable them to be successful as UNK students and in life.

Capitalism – How & Why it Works

FIN-126-01, ACCT-126-02, MGT-126-06

FIN-126-02, ACCT-126-03, MGT-126-04

FIN-126-03, ACCT-126-01, MGT-126-05

This course addresses how and to what extent Capitalism as an economic system has served both historically and currently to create wealth, foster liberty and enhance human happiness and well being. The course will study the History, Morality and Process of Capitalism through the lenses of the “Five Pillars of Capitalism”: Private Property Rights, The Rule of Law, Stable Monetary Systems, Open Markets, and a Supportive Culture and Government.

Problem of Leadership in a Complex World

ITEC-126-04, SPCH-126-02, HIST-126-04

Together, these three disciplines offer students a unique opportunity to explore the theme of leadership in the context of a complex world with endless problems, both today and in the past. Students will develop their own leadership style that builds on their personal strengths, draws from the experiences of leaders in the past, and utilizes the technological tools and management strategies available today to shape a leadership approach that addresses the challenges of their times.

Acquiring Professional Skills

MGT-126-03, MKT-126-01, ITEC-126-02

MGT-126-01, MKT-126-02, ITEC-126-03

MGT-126-02, MKT-126-03, ITEC-126-01

This course helps students understand the importance of developing soft skills that are highly sought-after by employers (MGT), a unique brand identity to successfully market themselves (MKT), and technology skills for good time management and productive work habits (ITEC).