Upcoming Events:

**Tuesday, September 3rd:**
TSLC Study Hours begin for Fall 2019.

**Sunday, September 8th:**
Bystander Intervention Training for 1st-Year Thompson Scholars. 6:30-8:30 PM in the NSU Ponderosa Rooms A & B.

**Wednesday, September 11th:**
Etiquette Dinner for 2nd-Year Thompson Scholars. 7:00-8:30 PM in the NSU Ponderosa Room E. Business attire is required for the dinner.

**Friday, September 27th:**
Assumption of Risk and Responsibility Forms are due to the TSLC Office for the Kansas City trip for all 1st-Year Thompson Scholars. A parent or guardian signature is required if the student is under age 19.

**Wednesday, October 16th:**
Mid-Semester Grade Check Forms are due to the TSLC office; forms will be distributed to students in September.

**Saturday, October 19th and Sunday, October 20th:**
Kansas City fall break trip for all 1st-Year Thompson Scholars.

**Monday, October 21st and Tuesday, October 22nd:**
No classes at UNK-Fall Break

**Sunday, November 3rd:**
Honey Sunday service activity for all 1st-Year Thompson Scholars. Exact time and meeting location to be announced, but the event is typically during afternoon hours.

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TSLC Study Hours for Fall 2019

Fall 2019 TSLC study hours begin on Tuesday, Sept. 3rd and will continue through Thursday, Dec. 5th. More details about the TSLC study hours program were provided to students at 1st and 2nd-Year orientation meetings. This Fall, all UNK Thompson Scholars will be able to utilize the Calvin T. Ryan Library on Mondays-Thursdays from 12:30-9:00 PM to complete TSLC study hours. 1st-Year Thompson Scholars who live in Mantor Hall will also be able to utilize the Mantor Seminar Room location as an option, Sundays through Thursdays between 6:00 PM and 9:00 PM.

1st-Year students must complete at least 60 minutes per week of the Fall term, with the exception of the weeks of Fall Break and Thanksgiving Break. Other Thompson Scholars will be completing hours voluntarily or as part of an academic intervention program to improve their grades. Students will need to present student ID to the TSLC Study Hours Proctor or Peer Academic Leader facilitating the study hours to record information accurately in our tracking system; failure to check-in or check-out with the proctor or PAL will result in no study time being awarded. At the end of the term, students who meet the 60 minute requirement each week, as well as the five students who accumulate the most number of minutes over the semester will receive an additional incentive for their dedication to their academics. If you have any questions about the study hours program, please contact Julie Smith at the TSLC Office.

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Making Appointments at the TSLC Office

The TSLC Staff is available at the TSLC Office for student appointments and walk-ins. At the start of the Fall term, approximately 450 Thompson Scholars are students at UNK, and it is important that we manage staff time well so that all Thompson Scholars have access to TSLC services.

If you need to schedule an appointment at the TSLC office, it is best to contact the front desk either by stopping by the TSLC office after entering Mantor Hall at the East doors, or by calling the office phone number (308) 865-8364. This will get you direct access to scheduling on the office calendar with the most up-to-date information on staff availability. We prefer that you use those methods for scheduling rather than trying to set up appointments via email, as our schedules change so often that scheduling by email isn’t effective. If you need to schedule with Dr. Campbell outside of her hours of availability at Mantor Hall, you can email her at campbelljn@unk.edu or call her office at Warner Hall at 308-865-8566 to check her availability. We welcome you to walk-in the office with your questions whenever you need; students with appointments are served ahead of walk-ins. We look forward to serving all UNK Thompson Scholars this year!
Student of the Week

Name: Jamie Ticas-Flores
Hometown: Lexington, NE
Major: Deciding

What is the best part about being a Thompson Scholar? The best part about being a Thompson Scholar is how it’s almost impossible to slack off. We have a huge community of mentors and staff willing to encourage us at a moment’s notice!

What motivates you? My biggest motivation is the power to prove wrong everyone who told me I would not make it this far.

What experience in life has made you a stronger person? In the past year I have experienced much death in my family and have persevered through the loss.

What sound or smell do you love? I love the smell of a coffee shop; it almost wakes me up!

Where is your favorite place to visit and why? My favorite place is Washington D.C. because of the historic events and places to visit.

What is one food that you would never give up? I would never give up my fries for anything. Fries are my comfort food.

What’s the clumsiest thing you’ve done? I once spilled my bowl of cereal all over a dog... it was more milk than cereal.

What are you obsessed with? I am obsessed with the singing group Pentatonix.

What are you grateful for? I am grateful for the opportunity to attend college with such a gracious scholarship.

Tips for Thompson Scholars:

If you are unsure about an academic matter, be proactive and ask for guidance and/or clarification immediately.

Unsure about a homework assignment? Need clarification on how to study for a test? Confused about how a paper was graded? The more quickly you take action in moments of uncertainty, the closer you will be to resolution. This may include taking a perceived risk, such as asking a question in front of your peers or approaching a faculty member independently. However, staying on track academically is worth the risk. Always use your syllabus as your guiding document for course questions, but know that your instructors are the primary experts to approach about these matters. Use their office hours to your advantage; do be respectful in your contact with faculty members by making an appointment if your question or concern might take some time to discuss. Finally, if you feel emotional about a situation, write out your questions or discussion points before attending a meeting so that you stay on topic in your discussion.

Feeling Homesick?

Homesickness is common for students as they make adjustments to college life. While it will change as time passes, students will have to work through feelings of homesickness to be successful at UNK.

- Talk to someone about your feelings. Friends, RAs, Mentors, PALs, faculty, staff, advisors, and counselors are here to help at UNK!
- Stay in contact with people back home while building your life at UNK. Invite the people you miss to come visit you in Kearney.
- Join organizations related to your major or interests. Finding connections at UNK and in Kearney helps to ease feelings of loneliness. Also, give yourself permission to enjoy your collegiate life; growing more independent will be necessary to succeed.
- Don’t make emotional decisions about college while you are feeling homesick. Talk with advisors before dropping classes.
- If your emotions are impacting your ability to attend classes or to focus on your work, contact the TSLC Office to learn more about campus resources to support your transition to college.

Important UNK Phone Numbers to add to your Contacts:

TSLC Office: 308-865-8364
UNK Police: 308-865-8911 UNK Helpdesk: 308-865-8363
Student Records: 308-865-8527 Residence Life: 308-865-8519
Student Counseling: 308-865-8248 Student Health: 308-865-8218
Finance Office: 308-865-8524 Financial Aid: 308-865-8520
Disability Services: 308-865-8214 1st Year Program: 308-865-8291
Academic Advising & Career Development: 308-865-8501

*Remember, you can look up any campus phone number on the UNK website, using the Directory search option.