UNK SAPPHIRES DANCE TRYOUTS

**Technique**

- Double pirouette: One on both right and left side.
- Triple pirouette: One on either right or left side.
- Turns in second (a la seconds): Complete 6 rotations and end the combination with a clean double or triple pirouette.
- Right and left leaps: Execute these across the floor, 3 connected with a step in between.
- Right and left leaps in second: Execute these across the floor, one on both right and left side.
- Switch leap: Perform one on either side.
- Switch arabesque: Perform one on either right or left side.
- Calypso (leap with back leg in attitude): Prep with a chaine turn, one on either right or left side.
- Turning disc: Prep with a chaine turn, one on either right or left side.
- Toe touch: One executed in the center of the floor.
- Splits: Executed in the center of the floor on both right and left side.
- Kick sequence: Two low, two middle, and four high kicks, connected with your arms behind your back.

**Group Work**

- School Song: After application is complete, a video of school song will be sent to you and required to learn before the tryout. This is to gage your proper arm placement and motions of pom skills. We are evaluating proper execution, energy and precision.
- Taught 30-45 second dance: This routine will be taught to you on the day of the tryout. This is to gage your memory, execution, energy and overall ability to perform.
- Self-Choreographed 30-45 second dance: Demonstrate choreography that highlights your musicality, flexibility, correct placement, body control, energy and showmanship. You will provide your own music.

**Appearance**

- Women should wear a form fitting black top, fitted dance shorts, capris, or pants, and jazz shoes. No University logos or identifying parts.
- No jewelry except for one set of studded earrings.
- Make-up and hair should be game day ready.
- For the interview portion of tryouts, women should wear business casual.