## 2016 MSHA Annual Refresher Training Plan

<table>
<thead>
<tr>
<th>Section</th>
<th>Est. Time</th>
<th>Subjects</th>
<th>Delivery Method</th>
<th>Materials Used</th>
<th>Evaluation Method</th>
</tr>
</thead>
</table>
| 1       | .17 – .25 hr (10 – 15 min) | **Changes at the Mine**  
Mine specific changes to be covered by the operator or mine employees | Classroom discussion led by mine operator and employees | None                                | None                   |
| 2       | 2 – 2.5 hrs (120 – 150 min) | **MSHA Updates & Rules to Live By**  
Miners Rights  
Rules to Live By  
New & Revised Standards  
Violations & Accidents  
Fatality Updates  
Product Safety Recalls | Formal Classroom Instruction with visual aids, Class Discussion | Powerpoint, Miner’s Rights handbooks, | Written Exam at end of class |
| 3       | 3 – 4.5 hrs (180 – 270 min) | **Hazard Recognition**  
Electrical Safety Awareness  
Isolation of Energy  
Machine/Conveyor Safety (Guarding)  
Equipment/Vehicle Operation Safety  
Hazardous Materials Information (GHS)  
Working at Heights  
Ground Conditions/High Wall Safety  
Confined Spaces  
Fire Safety | Formal Classroom Instruction with visual aids, Class Discussion | Powerpoint, participant worksheets, Lockout Tagout Board and equipment | Written exam at end of class |
| 4 | 2 – 3 hrs (120 – 180 min) | **Health Aspects of the Job**  
Emergency Action Plans  
Incident Reporting  
CPR/AED  
First Aid | Formal Classroom Instruction with visual aids, Class Discussion, Hand on First Aid activities and CPR practice | Powerpoint, participant worksheets, manikins, first aid supplies | Written exam at end of class |
|---|---|---|---|---|---|
| 5 | .5 – 1 hr (30 – 60 min) | **General Mine Site Procedures**  
Site Security  
PPE Requirements  
Working Around Water | Formal Classroom Instruction with visual aids, Class Discussion | Powerpoint, participant worksheets | Written exam at end of class |
| 6 | .25 - .5 hr (15 – 30 min) | **Evaluation Process**  
Written Exam | Individual Exam | Written Exam | multiple choice, true/false, and fill in the blank questions |
| 8 hrs MINIMUM | | | | | |

All Sections will be taught by a NE Safety Center Qualified Instructor

If this training plan deviates from your site specific training plan, your site is responsible to ensure that the remainder of the material on your training plan is covered. Changes of course material to fit a site specific plan must be discussed with the instructor prior to the date of the class.