Instructions to change UNK or TrueYou password

1. Visit [https://trueyou.nebraska.edu/SelfService/](https://trueyou.nebraska.edu/SelfService/)
2. Click on Change Password

3. If you know your NUID and TrueYou (MyBlue) Password and you are here to change your UNK password, click on TrueYou Identity Manager. If you know your UNK credentials and are here to change your TrueYou (MyBlue) Password, click on UNK —
4. Login using your NUID and TrueYou (MyBlue) Password. OR Login using your UNK Campus credentials (same as Canvas).

5. After you are logged in and see a list like the one below, select **TrueYou** to change your **MyBlue** Password, if you want to change your **UNK** (UNK email, Box, Canvas) password, select **UNK**.

### Select Your Account

Select the account that you would like to use:

- **TrueYou**
- **University of Nebraska**
- **UNK**
- **University of Nebraska**
6. Click on “Change Password” and if it’s successful you should be able to access your account with the new password. NOTE: The UNK password must be at least 10 characters long and must contain uppercase and lowercase letters, numbers and/or special characters and MUST NOT contain any part your name. The TrueYou password can be 8 or more characters long.

Note: Once you have your UNK password, you can visit outlook.unk.edu on a web browser and sign in to your UNK Mailbox using your full UNK email and your UNK password Canvas – canvas.unk.edu; login using your UNK username and UNK password. Your UNK username is just the first part of your UNK email without the “@lopers.unk.edu” part. For example, if your UNK email is xyz@lopers.unk.edu, your UNK username is xyz. You can login to most UNK services using your UNK username and password.

A complete list of services offered by UNK can be found on easi.unk.edu.

Questions? – visit helpdesk.unk.edu