Forgot Password Forgot Email

1. Go to trueyou.nebraska.edu
2. Click on "Forgot Password"

3. Answer "Yes" to knowing your NUID or Campus ID and Click "Submit".

A. If you don't know your NUID or Campus ID, click on Claim your ID.

4. Fill out your NUID or Campus ID and Click "Continue".

TrueYou | IDENTITY MANAGER

Forgot Password

NUID or Campus Id

••••••••

Continue

5. Click on the link "Email Reset".

TrueYou | IDENTITY MANAGER

Forgot Your Password: Email Reset

Enter an email address that is associated with your account:

Answer Security Questions
Forgot Email?

Submit

6. Answer the Security Verification Questions & Click "Submit".

TrueYou | IDENTITY MANAGER   Log in to mana

Change Your Password

Answer the following questions to reset your password.

▼ ▼ ▼

What was the name of your elementary/primary school?

What was the make and model of your first car?

Continue

7. Select which email you want the password reset sent to and click "Next".

TrueYou | IDENTITY MANAGER

Forgot Your Password?

Select An Email Address

The following email address(es) are associated with your account.

Select the one where you would like the reset password to be sent.

○ [   ]

○ [   ]

○ [   ]

Next

8. Follow the instructions outlined in the email received.

If you have any questions, feel free to contact the ITS Help Desk at 308-865-8623 or support@nebraska.edu