# UNIVERSITY of NEBRASKA at KEARNEY LEADERSHIP

## PREPARING TOMORROW'S LEADERS TODAY.

BE BLUE. BE GOLD. BE BOLD.

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Mission >>> Familiarize staff and employees with Leadership opportunities at UNK

# Take The Lead

## Leadership UNK Class #17

The 2023-2024 Leadership UNK class attended the Board of Regents meeting in Omaha Nebraska.



Leadership UNK Alumni Spotlight >>> Matt Allbright

Hometown: Kearney, NE

**Department:** Residence Life

**Job Title:** 

Associate Director of Residential Operations

- Job Responsibilities:Liaison with UNK FacilitiesCoordinate Residence Hall Front
- Desk Operations
- Housing

### Hobbies:

Reading, video games, watching movies, cooking/baking

In 3 words, describe what true leadership looks like to you: Listening, Serving, Hard Working

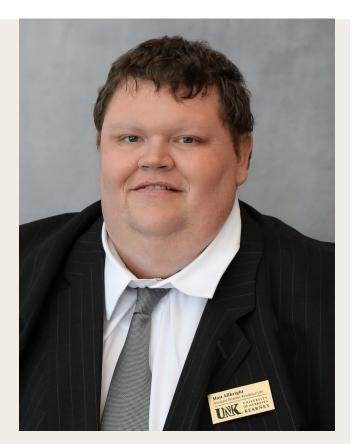
### If you could do another job for just one day, what would it be and whv:

I would want to be a chef. I like cooking and baking and feel like I would be able to try some creative things with plating, etc.



"Success is not final, failure is not fatal: it is the courage to continue that counts " - Winston Churchill





Manage IT operations for our department.
Coordinate and manager Summer Camps and Conference and Guest

# Final thoughts...

October session >>>

## Board of Regents Meeting Led: Sharon Johnson & Deena Schleiger

The October Leadership UNK class session focused on the Board of Regents meeting and spanned over two days. To begin with, the class met with Jon Watts, Vice Chancellor for Business and Finance, on Wednesday, October 4<sup>th</sup>. Jon presented the class with an overview of each of the Regents including their background, represented area, and some I interesting personal facts that make each of them unique. Jon also informed the class about the structure of the Board of Regents meeting, what each section should entail, and what to listen for during the meeting.

The next day, Thursday, October 5<sup>th</sup>, the class had an early leave time of 5:00 am to arrive at UNMC in time for the meeting. The Board of Regents meeting contained several presentations by UNMC, the four Kudos awards, and public comments before starting the business part of the agenda. Highlights from the business part of the agenda were the UNL Memorial Stadium Improvement Project and amendments to the Core Leadership Pillars for the upcoming Presidential search.

After the meeting, the class was led on a brief tour of the UNMC campus by Maggie Winnicki, Senior Director, Enrollment Management & Student Affairs for UNMC as we walked to our lunch location. As a group, we had lunch at The Restaurant in the Buffet Cancer Center before heading back to Kearney. Overall, this was a long day but was a great learning experience and enjoyed by the class.



Preparing Tomorrow's Leaders TODAY!





### Work/Life Balance & Delegation Led: Heidi Knake & Cam Chau

This month's Leadership UNK class session was held in College of Education's Jack & Norma Mills conference room and focused on work/life balance and delegation. We felt these two concepts went hand in hand. To achieve a better work/life balance, you must delegate some things in both your personal and work life, so you don't get burned out.

To start our class session, Ashley Zikmund and Amanda La Paz led the group in their book discussion concentrating on the 4 strength domains. The class also discussed whether they gravitated to people more like themselves or those that offer differences.

After our Clifton Strengths discussion, Heidi led a fun "would you rather..." activity. It was interesting to see what each member of the class would choose given two choices. An example would be, "Would you rather live in a big city or a small town"?

Our first presenter was Jake Jacobsen, Senior Lecturer, Communications. Jake talked to the class about what they value in life and how that translates to their core values and a personal mission statement that guides your life and choices. She gave the class a lot to think about when she said, "It's not a matter of work/life balance, but a matter of choices we make for our lives".

After a quick break and another short icebreaker activity with Heidi, Dean Jares and his team touched on the theme of delegation. Many on his team shared times when they took on too much, the burnout, and how they worked through delegation of their own to relieve this stress. They all agreed that keeping other people's strengths in mind while delegating brings about better results through happier and more productive people.