Welcome!

This edition is all about celebration! On May 8 in the Miriam Drake Theatre, we celebrated the accomplishments of our current students with over 120 attending the ceremony. We awarded scholarships and commemorated our 2013-14 Graduates and their families.

We also recognized distinguished graduates, alumni and site supervisors who have gone above and beyond to contribute to CSP training programs and their respective professions as students, alumni and CSP supervisors. We heard moving tributes from each of the Outstanding Award Recipients which gave us a glimpse of the career journey they experienced as well as giving a nod to those who helped them along the way.

We applauded student scholarly research, publications and presentations as well as leadership in GrASP, CSI, and professional associations.

We hope that this edition demonstrates the enthusiasm and commitment we have for our professions, students and UNK in the present, the past and of course, the future. Enjoy the next few pages that are filled with pictures and names of people who were recognized together with articles of our alumnus honored at the May 8th reception.

We look forward to seeing you at the 4th Annual CSP Honor’s Reception next Spring 2015 so you can join us in the next celebration!

Important Dates

Fall 2014

Residence Halls open
Fri. Aug. 23

Fall Classes Begin
Mon. Aug. 26

Labor Day Break - No Classes
Sept. 2

Spring Class Registration
Oct. 8

Fall Break - No Classes
Oct. 20-21

Thanksgiving Break
Nov. 27-30

Finals Week
December 16-19

Fall Commencement
Dec. 20
2014 - 2015 Professional Development Series

As we celebrate our graduates, it is also a great time to remind ourselves of our professional commitment to continuous and life-long learning. CSP offers high quality, affordable professional development opportunities that provide both NBCC and NASP continuing education credit throughout the year. For more information or to register, visit our website at unk.edu/csp

Series Line-Up:

September 26 Special Education

Morning Session: Overview of recent updates and changes made to NDE Rule 51, Rule 52, the Individuals with Disabilities Education Improvement Act, and Section 504. NDE representatives Beth Wierda and Lindy Foley will present. Afternoon session: Do’s and Don’ts of Becoming an Expert Witness presented by Karen Haase, J.D. of Harding & Schultz

October 24 Counseling with Older Adults focuses on the origin, structure and challenges of psychological and behavioral problems in geriatric care. Daniel Burrow, Ed.D.

Important Dates

Spring 2015

All Spring Classes begin
Mon. Jan 13

MLK Jr. Holiday - No Classes
Jan. 20

Spring Break - No Classes
March 24- 30

Summer/Fall Class Registration
April 7

Finals Week
Mon. May 5 - Thurs. May 8

Spring Commencement
Fri. May 9

CONNECT WITH US
unk.edu/csp

ADVANCE YOUR CAREER AT

UNIVERSITY OF NEBRASKA
KEARNEY
will present.

November 21  *DSM 5 Making the Transition to the New Manual*. An overview of the manual’s new organization, the specific disorders in the manual and the relationship between DSM-5 and the ICD. Tina Chasek will present. Christine Chasek, Ph.D. will present.

February 13  *Criminogenics* - This workshop provides what is needed and required when working with the Criminal Justice System. LADC and Criminogenic are approved for this workshop.

March 13  *How Civilian Mental Health Counselors Can Help Military Clients and Their Families* - Multiple speakers from the Nebraska Department of Veterans Affairs will provide important information for successfully counseling Military Clients.

April 13

13th Annual Kent Estes Justice for All Conference

  *Advocating for Individuals Struggling with Addiction*

April date to be determined  *Ethical Issues in School-Based Mental Health Services*. Ethical Issues appropriate for all school-based mental health professionals.

**Spring 14 Graduates**

Abby Achtenberg, MSE - CMHC
Megan Becker, MSE - SA
Alexa Berry, MSE - SC
Justin Bosak, MSE - SC
Kayla Brown, EDS - SP
Jill Choyeski, MSE - SC
Benjamin Clancy, MSE - CMHC
Cristianne Eagle Feather Moreno, MSE - CMHC
Shelly Fleck, MSE - SA
Marissa Fye, MSE - CMHC
Anna Hain, MSE - CMHC
Andria Hollingshead, MSE - CMHC
Outstanding Alumni!

Marcy Fierstein

Marcy received her Education Specialist degree 2000 and her School Counseling Master’s degree from UNK in 1993. She is currently the Assistant Director at High Plains Educational Cooperative in Ulysses, Kansas. She was awarded the recognition of Outstanding Alumnus by the School Psychology Program due to her long standing commitment to fostering the opportunities of our current students. She has supported our Intern Interview Day for over ten years, has supervised countless interns, and currently has three UNK alumni on her School Psychologist staff.

Marcy states that through her years at UNK she had developed a thorough understanding of data collection and analysis that she uses daily in her current work. She credits both Max and Theresa McFarland for being instrumental in her success at UNK, as well as, Kent Estes for her success in School Counseling.

Marcy’s goal when working with interns is to tap into their professional potential and develop self confidence in their role as a School Psychologist. “I want them to be able to collect and analyze data to make the best possible decisions for children.”

Our heartfelt thanks go out to Marcy for helping our students learn, grow and for fostering them to become confidant in their profession.
We also congratulate Marcy on publishing her first children's book, *Smoke Mountain Adventure!* It is available at Amazon.com and Barnes and Noble at barnesandnoble.com. Congratulations Marcy!

**Beth Baxter**

Beth Baxter is a distinguished alumni and member of the Kearney community. She has deep roots in central Nebraska, calling Thedford her hometown, and particularly in Kearney, where she has provided care for the mental health needs of the community since receiving her Masters of Science degree in Educational Psychology from UNK in 1980. She has worked as a case management coordinator, a child and adolescent therapist, and a community health organizer for the American Cancer Society before going to Region 3 Behavioral Health Services as a youth and family specialist. Beth is currently the Regional Administrator for Region 3 where she plans to continue to focus on system improvements and integrating primary and behavioral healthcare. In addition, Beth sits on several local professional boards including HelpCare Clinic, Buffalo County Community Partners, Behavioral Health Education Center of Nebraska Advisory Council, Nebraska Family Helpline, and the Nebraska Association of Behavioral Health Organizations.
Beth credits her experience at UNK with helping her get where she is today, stating, “My education and experiences at UNK have shaped my thoughts, my actions and leadership abilities”. The encouragement that she received from Dr. Paul Welter, Dr. Kent Estes and Dr. Fred Kempf helped her find her specialty in working with children and develop her leadership skills; and she values her ongoing relationships with Dr. Maha Younes, Chair of the Department of Social Work, and Dr. Grace Mims, Chair of the Department of Counseling and School Psychology.

Tracy Lungrin

Tracy Lungrin earned a Master’s of Science in Student Affairs at the University of Nebraska at Kearney in May 2001. During her time at UNK, Tracy worked as an Admissions Counselor/Recruiter for Western Nebraska, and as a graduate Hall Director in both traditional hall settings and in the Greek Chapter Houses. Tracy’s emphasis was in First year Programming, Recruitment, Orientation, Housing and Fraternity and Sorority Life.

Growing up Tracy spent time in both Ogallala and Kearney, but calls Kearney her hometown. In her spare time Tracy enjoys golf, and attending concerts. Tracy currently resides in Lincoln, now
focusing her work on Career Counseling, and the further development of CareerCode INC., a company she co-created. CareerCode assess and facilitates career counseling for clients to identify strengths, interests, and best fitting jobs, majors, and career paths.

Jeanne Stec

Jeanne Stec began her journey at the University of Nebraska at Kearney in 1972. Since that time she has been advancing her education and making an impact within the field of counseling. Her professional identity as a school counselor has not only shaped the pathway of her career, but it is also a major part of her personal identity as well. Jeanne notes that her most rewarding work has been personal counseling with students and clients. She has counseled individuals from 4 to 84 years of age. Jeanne’s counseling has included academic counseling, grief, death, crisis intervention, developmental issues, marriage counseling, “coming out” and other GLBT issues, parenting, suicide prevention, self-injurious behaviors, and anger management. She expresses her dedication to the field through her professional memberships, services, and community service. Her dedication to the University of at Kearney has been evident through her involvement with the UNK counseling center, teaching a Master’s level class at the University, and serving as a supervisor for the school counseling interns. Jeanne describes her UNK Counseling & School Psychology Department experiences truly as an integral part of herself.

Jeanne thanks UNK for providing her with outstanding instructors and learning experiences. The gratefulness she has received from the University has been accompanied by an atmosphere filled with respect and support and appreciation of her contributions. “In other words, none of us can do this alone. If we are successful, it is because of the team with which we work. And I have been blessed with outstanding folks along the way!” – Jeanne Stec
Outstanding Alumni - Jeanne Stec

Graduate Ramesh Neupane and family

Professor Emeriti - Fred Kepmf awarding scholarships

Spring Graduates - Ben Clancey, Taylor Kindig and Cristianne EagleFeather Moreno

Scholarship recipient - Tennille Stoeger and Dr. Mims

Dr. Hof and Barb Estes awarding the Kent Estes Chi Sigma Award
Scholarship Awards!

Dean’s Scholarship
Kyle Brandyberry - Clinical Mental Health
Emily Culver - Clinical Mental Health
Jackie Engel - School Psychology
Nan Johnson – Student Affairs
Lisa Klingerhoefer - Student Affairs
Andrea Malleck - School Counseling
Paloma Meno-Werth - School Counseling
Rebecca Moore - School Counseling
Alexis Moser - School Psychology
Sarah Phillips - Student Affairs
Amanda Schipporeit - Student Affairs
Emily Schlater - School Psychology

CSP Department Scholarship
Jill Hoppe - School Counseling
Sydney Veskrna - School Psychology
Abby Weidner - Clinical Mental Health
Kandi Young - Student Affairs

CSP Fellowship Fund
Kirstie Hiatt - School Psychology

Dr. Kent Estes Memorial for Chi Sigma Iota
Hannah Vontz - Clinical Mental Health

Dr. Fred & Betty Kempf Fellowship Fund
Calvin Frey - School Psychology
Christine Frost - School Psychology
Kayla George - Clinical Mental Health
Amy Hottovy - School Counseling
Mary Splitter Memorial Scholarship
Tenielle Stoeger - Clinical Mental Health

Liela S. Herzog Memorial Scholarship
Jessica Estes - Student Affairs
Meredith McDowell - Clinical Mental Health
Elizabeth Roberts - School Counseling
Summer Schmidt - School Psychology

Tammi J. (Rowe) Warner Scholarship
Taylor Fernau - Clinical Mental Health

Archwamety Research Award
Meghan McKeone - School Psychology
Megan Nickel - School Psychology
Sydney Veskrna - School Psychology

Outstanding Site Supervisor
Mary Daake, UNK
Andrea Darr, Catholic Health
Angie Kovanik, ESU 11
Ramona Mrkvicka, Grand Island Public Schools

Outstanding Graduates
Justin Bosak - School Counseling
Shelly Fleck - Student Affairs
Heather Smutny - School Psychology
Jacob Deines - Clinical Mental Health Counseling
Marissa Fye - Clinical Mental Health Counseling
Alumni Spot-Light

Amanda Hall-Warburton, PLMHP, NCC, CSW, a 2010 graduate of UNK’s Counseling program, has found a unique niche in counseling that is fast becoming a trend in behavioral health; integrated health care. Amanda works as an outpatient clinical therapist at Kearney County Health Services in Minden, NE, a rural medical hospital and clinic. Amanda provides a variety of behavioral health services for residents and patients including outpatient individual, couples, and family counseling, case management, community organizing, and patient/resident advocacy in a medical facility.

The majority of Amanda’s referrals come from doctors and other medical providers who often see patients with mental health or substance use needs who recognized that the best course of treatment for the patient is mental health counseling. The integration of behavioral health services with primary medical care is designed to improve the detection, diagnosis, and treatment of mental disorders in patients seen in primary care settings. Addressing mental health care and physical problems in a comprehensive, coordinated, and collaborative manner can improve the quality of care for patients and clients.

This growing trend has received attention from the American Counseling Association. Recently, the American Counseling Association launched an interest network for integrated care highlighting the growing interest and importance in integrated care. The ACA Interest Network for Integrated Care works to collaborate and share information regarding working in an integrated care setting helping to connect students to this growing field. Amanda is paving the way for future counselors in rural Nebraska medical settings to provide counseling services and she is doing so with great success. The doctors and medical staff have seen an improvement in the clients they refer and the administration continues to support Amanda in her professional path. Way to go Amanda; you a pioneer in integrated health care!