Nationally and Internationally Accredited Graduate Programs
The Department of Counseling and School Psychology (CSP) promotes a field-based scientist/practitioner model in order to prepare culturally competent and compassionate professionals at the graduate level to provide service and leadership in school psychology, clinical mental health counseling, school counseling and student affairs.

The focus of the scientist/practitioner model within the CSP department is to create practitioners who understand, critically evaluate and effectively use the research base within their profession in order to make decisions and guide practice.

CSP is an interdisciplinary department committed to work towards equity and social justice within the College and University, our professions, and throughout the broader society.
Building on 60 years of history, UNK’s Department of Counseling and School Psychology (CSP) offers flexible and progressive graduate programs with a student-focused learning environment on-site and on-line.

With our focus on student success and lifetime learning, we’re committed to preparing clinically proficient counselors and school psychologists via state-of-the-art skills labs and comprehensive clinical training.
CSP Graduate Degree Programs

- Specialist Degree in School Psychology (national NASP accreditation and international ISPA accreditation).
- Master’s of Science in Education in Clinical Mental Health Counseling (national CACREP accreditation);
- Master’s of Science in Education in School Counseling K-12 (national NCATE accreditation and Nebraska Department of Education endorsement); and
- Master’s of Science in Education in Student Affairs.
UNK’s School Psychology program:

- 72 credit hour program beyond bachelors degree
  - 2 yrs coursework (9-12 hrs/semester; summer)
  - 1 year paid internship ($30,000 - $60,000)
- has been nationally accredited by National Association of School Psychologists (NASP) since 1994 and re-accredited every five years thereafter.
- is one of only 145 Ed.S. programs accredited nationwide.
- is approved by the Nebraska Department of Education (NDE).
- is approved by the National Council for the Accreditation of Teacher Education (NCATE).
- is the first in the world to be reviewed for International School Psychology Association (ISPA) accreditation in March 2011.
International Collaborative Research (ICR) Symposium

University of Nebraska at Kearney
Department of Counseling and School Psychology
presents
International Collaborative Research
April 22, 2015
8:00 a.m. to 12:00 p.m.
Communication Center, Rm 101
What do School Psychologists do?

- School psychologists help children and youth succeed academically, socially, behaviorally, and emotionally.
- They collaborate with educators, parents, and other professionals to create safe, healthy, and supportive learning environments that strengthen connections between home, school, and the community for all students.
- School psychologists are highly trained in both psychology and education, completing a minimum of a specialist-level degree program that includes a year-long supervised internship.
- This training emphasizes preparation in mental health and educational interventions, child development, learning, behavior, motivation, curriculum and instruction, assessment, consultation, collaboration, school law, and systems.
- School psychologists must be certified and/or licensed by the state in which they work.
School Psychology was rated one of the 50 Best Careers of 2011 by US News and World Report and is said to have strong growth over the next decade.

Median earnings for school psychologists were $71,730 in 2010. Annual earnings range widely, from less than $40,000 to more than $109,000. Psychologists in private practice tend to earn more.
School Psychology Program of Study

- *Advanced Educational Psychology
- Research Methods
- *Child and Adolescent Development and Interventions
- Techniques of Counseling
- Multicultural Counseling
- *Globalization of School Psychology
- *Professional Issues Seminar
- Behavioral Problem Solving Assessment
- *Cognitive and Academic Interventions
- *Infant & Preschool Assessment
- Academic Problem Solving Assessment
- Cognitive Problem Solving Assessment
- Interventions Practicum
- Problem Solving Assessment Practicum
- *Problem Solving Consultation
- *Pre-Internship Seminar
- *Scholarly Study
- *Internship—School Psychology
- *Online or blended course
# School Psychology Internship Sites

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<td>Papillion LaVista Public</td>
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<td>Lincoln Public</td>
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<td>Hastings Public</td>
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<td>Grand Island Public (CNSSP)</td>
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<td>ESU 1, 4, 6, 9, 10, 16</td>
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Nebraska’s Attracting Excellence to Teaching Program (AETP)

AETP provides forgivable loans to eligible School Psychology students who are working toward initial certification to teach in Nebraska.

Visit this website for complete information:
http://www.education.ne.gov/EducatorPrep/TopPages/AETP.html
Tammi Ohmstede Schmoker, Ph.D.
Assistant Professor
COE B103
beckmantj@unk.edu
(308) 865-8834
Danielle L. Nguyen, Ed.S., Graduate Lecturer
COE B102
nguyendl@unk.edu
(308) 865-8312

“Children and youth are the best resources in the country. So to harness their potential early on in their lives is the most rewarding.”
The Graduate Association of School Psychologists (GrASP)

- All students who are currently enrolled in or are applying to the University of Nebraska at Kearney School Psychology program are required to be active participants.
- Object is to create an informative, educational, and social atmosphere for graduate students in the school psychology program.
- To establish mentors for incoming student and support for all members.
- To facilitate National and State organizational memberships.
- To encourage professional development and to support camaraderie among school psychology students.
The mission of the Counselor Education Program at the University of Nebraska at Kearney is to graduate knowledgeable and clinically skilled professional counselors who are competent to work with and advocate for diverse clients in a variety of settings, with special emphasis in rural mental health.

The program helps students develop a strong counselor professional identity through ethical and competent practice as well as expanding self-awareness. Thus, graduate students are expected to demonstrate a commitment to professional and personal development.
Clinical Mental Health Counseling
CACREP Accredited Master’s of Education Program

- Accredited by the Council for Accreditation of Counseling and Related Educational Programs (CACREP) since 1999
- One of only 80 Community Counseling programs in the country that qualifies for CACREP accreditation
- When comparing UNK Community Counseling program to the North Central Region of the United States we are one of only 23 public universities with CACREP accreditation
- UNK and UNO are the only two CACREP programs in the state of Nebraska.
- The Nebraska State Department of Health and Human Services (DHHS) requires that anyone seeking licensure in Nebraska as a Mental Health Practitioner meet the CACREP curriculum standards.
What do Clinical Mental Health Counselors do?

- Mental Health Counselors work as primary mental health caregivers for their clients through services such as:
  - mental health assessment and diagnosis
  - individualized treatment plans
  - individual, family and group therapy
  - psycho-educational and prevention education
  - client advocacy and referral
  - inpatient and outpatient care
  - emergency/crisis intervention
  - consultation
What do Clinical Mental Health Counselors do? (continued…)

- http://www.youtube.com/watch?v=nwlo_VXL3vs

- May help individuals with mental and emotional health concerns such as:
  - normal life challenges
  - crisis/trauma
  - addictions and substance abuse
  - family, parenting, and marital problems,
  - depression/suicidal ideation,
  - stress management, and
  - career decision making.
Clinical Mental Health Counseling
Job Outlook

- Job Outlook, 2013-22, 29% (Much faster than average)
- Insurance companies increasingly are providing for reimbursement of counselors as a less costly alternative to psychiatrists and psychologists.
- In addition, there has been increased demand for mental health services as individuals become more willing to seek help.
- 2013 Median Pay for CMHC $45,000.
Clinical Mental Health Counseling

- Prepares graduates for the following professional certification and licensure:
  - Nationally Certified Counselor (NCC)
  - NE Licensed Mental Health Practitioner (LMHP)
  - NE Licensed Independent Mental Health Practitioner (LIMHP)

- Additional coursework is available to qualify for:
  - NE Licensed Drug & Alcohol Counselor (LADC)

- International Registry of Counsellor Education Programs (IRCEP) approved.
  - Promotes the ongoing development and recognition of the UNK counseling program globally
  - Engages in program in ongoing international quality assurance essential to the education and training of counsellors regardless of culture, country, region, work setting, or educational system.
Clinical Mental Health Counseling (CMHC) Program of Study

- A minimum of 60 hours of graduate coursework is required.
  - Prerequisite Course: Abnormal Psychology
  - Clinical course sequence: Techniques of Counseling, Group Counseling, Practicum, Internship, Advanced Practicum
  - 3 years of course work including a 600 hour internship in a mental health agency.
# Clinical Mental Health Counseling (CMHC) Program of Study

- Introduction to Counseling & Social Advocacy
- Techniques of Counseling
- Multicultural Counseling
- Diagnosis and Treatment of Mental/Emotional Disorders
- Theories of Counseling
- *Ethical/Legal Issues in CMHC
- *Professional Issues in CMHC
- Administration & Consultation of CMHC
- Group Counseling
- Marriage and Family Counseling
- *Career and Lifestyle Development
- *Appraisal & Evaluation of Individuals & Systems
- Practicum in CMHC
- Advanced Practicum in CMHC
- *Internship in CMHC
- Research Methods in Psychology & Education
- *Child & Adolescent Development and Interventions
- *Adult Development
- *Clinical Treatment Issues in Addictions Counseling
- *Online or blended course
CMHC Internship Sites

- Richard Young Hospital, Kearney
- Burkes & Associates, Kearney
- Counseling Care, UNK
- Mary Lanning Hospital, Hastings
- Kearney Clinic
- Youth Rehabilitation and Training Center, Kearney
- St. Francis Hospital, Grand Island
- Crossroads Homeless Shelter, Kearney
- Buffalo County Jail, Kearney
- Veterans Administration Centers/Hospitals
Funded by the Nebraska Legislature forgivable student loans are awarded to Nebraska graduate level mental health students who agree to a three year practice obligation in a state-designated shortage area.

Applications are accepted April 1 through June 1 of each year.

The maximum annual student loan amount for a master’s level mental health student is $10,000 for up to two (2) years.

http://dhhs.ne.gov/publichealth/Pages/hew_orh_loansstate.aspx
The National Health Service Corps (NHSC) offers mental/behavioral health clinicians up to $50,000 to repay their profession student loans in exchange for a two-year commitment to work at an approved NHSC site in a high-need, underserved area. The payment is free from Federal income tax and is made at the beginning of service so you can more quickly pay down your loans. Approved sites are located across the U.S., in both urban and rural areas. For details see the 2016 Application and Program Guidance (PDF - 401 KB). Approved sites are listed at NHSC Jobs Center.

http://nhsc.hrsa.gov/loanrepayment/
School Counseling
Master’s of Education

- Certification
  - The School Counseling program is approved by the National Council for Accreditation of Teacher Education (NCATE) and the Nebraska State Board of Education (NSBE) for endorsement at the Elementary (PK-6) or Secondary (7-12) levels.
  - Endorsement also requires a valid Nebraska teaching certificate and two years of teaching experience.
  - A minimum of 43 hours of graduate coursework is required.
  - Clinical course sequence: Techniques of Counseling, Group Counseling, Practicum I & II in School Counseling, and Internship in School Counseling.
What do School Counselors do?

- Advocate for student growth.
- Plan interventions for student academic, career, and personal/social achievement.
- Individual and group counseling, crisis counseling, consultation, referrals for students and their families, and peer facilitation.
- Promote linkages among parents, teachers, administrators and the community.
- Interpret assessment results.
- Design PK-12 guidance curriculum.
- Provide career and educational planning.
School Counselor Job Outlook

- Employment for school counselors is expected to grow by 19 percent, which is faster than average for all occupations.
- States require elementary and secondary schools to employ counselors.
- Median annual wages of school counselors in 2010 were $53,380.
- School counselors can earn additional income by working summers in the school system or in other jobs.
The Legislature has approved funding for the Nebraska Department of Education’s forgivable loan program be used for graduate classes in school counseling.

Based on the current statute governing the Excellence in Teaching Act, any classes that are part of the school counseling degree program are eligible for EETP funds, but the classes that would complete the clinical mental health degree cannot be funded.

You must be admitted to the counseling program to be eligible for EETP.

See the link below for more EETP information and application details.

http://www.education.ne.gov/EducatorPrep/TopPages/EETP.html
School Counseling (SC)
Program of Study

- *Ethical and Legal Issues in SC
- Techniques of Counseling
- Multicultural Counseling
- Theories of Counseling
- *Organization & Practice of SC
- Group Counseling
- Marriage and Family Counseling
- *Appraisal & Evaluation of Individuals & Systems
- Practicum in SC
- *Internship I & II in SC (at school site)
- Research Methods

- *Problem Solving Consultation
- *Career and Lifestyle Development
- *Child & Adolescent Development
- *Seminar in SC

* Online or blended course
Student Affairs
Master’s of Education

If you want to:

- learn about developmental process and needs of college students
- develop leadership skills and strategies
- explore learning and service roles of academic and student services
- discuss contemporary issues in American higher education
- create and lead programs, services, and learning experiences that can help students realize their full potential
- work in and cultivate educational environments that promote diversity and multiculturalism

Then Student Affairs is the job for you!
What do Student Affairs Professionals do?

- Plan, direct, or coordinate student services and educational programming at universities and colleges.

- The Student Affairs program prepares students to:
  - work in the field of higher education.
  - gain knowledge of the role and function of the student affairs profession.
  - conduct assessments (interest, aptitudes for educational, social and career decisions).
  - design, implement and evaluate a developmental advisement curriculum.
Student Affairs (SA)
Master’s of Education

- Our graduate students are placed in assistantships in many different departments throughout our campus.
- A large number of our graduate students in Student Affairs work in:
  - Residential Life and Greek Housing
  - Office of Multicultural Affairs
  - International Student Life
  - Academic Success
  - Career Counseling Center
  - Financial Aid
  - Registrar’s office
- Interns have been placed all over the United States and even as far as Beijing.
Student Affairs Job Outlook

- Job opportunities should be excellent due to a large number of expected retirements and fewer applicants for some positions.

- In 2010, postsecondary school administrators had median annual wages of $83,710.

- According to the College and University Professional Association for Human Resources, median annual salaries for selected administrators in higher were as follows:
  - Chief development officer: $141,712
  - Dean of students: $88,280
  - Director, student financial aid: $74,261
  - Registrar: $71,764
  - Director, student activities: $54,931
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*Students entering after Spring 2015 can take all classes online in a rotation and graduate in 2 years.*
Alcohol and Drug Counseling (ADC) Certificate Programs

The ADC Undergraduate Certificate

- Prepare students at the undergraduate or associate level the necessary initial education to obtain a professional license as an Alcohol and Drug Counselor (LADC) in the State of Nebraska.

- Students who complete the initial education are eligible for a practical training experience in Alcohol and Drug Counseling and to take the required board exam for licensure.

- Provides hands on classroom experience in the helping profession related to addiction counseling.

- The Certificate is a great entry point into the helping profession and provides interdisciplinary training from psychology, social work and counseling professions.

- Licensed Alcohol and Drug Counselors work in a variety of settings, from outpatient offices to residential facilities, and provide clinical treatment services to those who are seeking help for a substance use problem.
Alcohol and Drug Counseling (ADC)
Certificate Programs

UNDERGRADUATE CERTIFICATE COURSEWORK

- Clinical Treatment Issues in Addiction Counseling
- Assessment, Case Planning, and Management of Addictions
- Medical and Psychosocial Aspects of Addiction
- Introduction to Counseling and Social Advocacy
- Counseling Skills
- Counseling and Mental Disorders
- Human Development
- Social Work Practice with Groups

Total Undergraduate Certificate = 23 Credit Hours
Alcohol and Drug Counseling (ADC) Certificate Programs

GRADUATE CERTIFICATE COURSEWORK builds on the 60 hour Clinical Mental Health Counseling Master’s Degree program:

- Clinical Treatment Issues in Addiction Counseling
- Assessment, Case Planning, and Management of Addictions
- Medical and Psychosocial Aspects of Addiction
- Advanced Practicum in Addiction Counseling
- Total Graduate Certificate = 12 Credit Hours
Chi Sigma Iota

- An international honor society that values academic and professional excellence in counseling.

- Chi Sigma Iota promotes scholarship, research, professionalism, leadership and excellence in counseling, and to recognize high attainment in the pursuit of academic and clinical excellence in the profession of counseling.
  - To join Upsilon Nu Kappa Chapter an individual must have completed at least nine credit hours to apply.
  - Must have at least a 3.5 GPA on a 4.0 scale.
Counseling Faculty Contact Information

Dr. Matthew J. Mims, LMHP, LPC, NCC  
K-12 School Counselor Certified  
CE Program Committee Chair  
mimsmj@unk.edu  
(308) 865-8625

Dr. Douglas Tillman, LMHP, LPC, NCC  
tillmandr@unk.edu  
(308) 865-8360

Dr. Christine Chasek, LIMHP, LIPC, LADC, NCC  
chasekc1@unk.edu  
(308) 865-8361
Counseling Faculty Contact Information

Dr. David Hof, LIMHP, LIPC, NCC
CMHC Program Coordinator
hofdd@unk.edu
(308) 865-8320

Dr. Grace Ann Mims, LIMHP, LIPC, LMFT-SD, NCC
CSP Department Chair
mimsga@unk.edu
(308) 865-8358
Ashley Zikmund
Office Associate
CSP Department
zikmundav@unk.edu
(308) 865-8508
Why Choose a UNK CSP Graduate Program?

- Committed to professional and personal development of students.
- Licensed and certified faculty with clinical experience in a variety of settings.
- State of the art, on-site clinic.
- Flexible course scheduling.
- Video conferencing and on-line course offerings.
- Successful history of career placement for graduates.
- Graduate Assistantship Opportunities
- Practicum, Professional Development, and Research Opportunities for Students
Graduate Assistantship Opportunities

- Graduate Assistantships are awarded on a competitive basis to qualified graduate degree seeking students.
- Students can find a list of open Graduate Assistantships, as well as instructions for creating an application at [http://unkemployment.unk.edu](http://unkemployment.unk.edu).
- Click on the left scroll bar and go to the end where you will find “employment at UNK”.
- Click on applicant and all the positions will pop up so just scroll through them.
- For questions about completing the application, call the Affirmative Action/Equal Opportunity Office at (308)865-8655.
- Assistantship decisions begin in the spring for the following academic year appointments although applications are accepted until all positions are filled.
CSP Student Scholarships

- Dr. Kent Estes Memorial Scholarship for Chi Sigma Iota
- Dr. Fred and Betty Kempf Fellowship Fund
- Dr. Teara Archwamety School Psychology Research Scholarship
- Liela S. (Miss T) Herzog Memorial Scholarship
- Mary Splitter Memorial Scholarship
- Tammi J (Rowe) Warner Scholarship
- Counseling and School Psychology Scholarship
Out of State Tuition Waiver

- The Midwest Student Exchange Program (MSEP) allows residents of Illinois, Indiana, Kansas, Michigan, Minnesota, Missouri, North Dakota, and Wisconsin to enroll in academic programs at reduced tuition levels.
- Tuition for MSEP is equal to 150 percent of regular resident tuition.
- This program applies to campus based programs only. Applicants designate they want to be a part of MSEP on their admission application.
- MSEP Program Description link http://aaunk.unk.edu/gradcatalogs/current/fi/fimsep.asp.
UNK provides a website Estimator for prospective graduate students to help determine approximate costs for a semester.

http://www.unk.edu/offices/financial_aid/graduate_student_semester_cost_estimator.php

Contact the Finance Office (308) 865-8524 for a more exact calculation.
How to Apply for UNK Graduate School

- Go to UNK Home Page at unk.edu to complete the online UNK Graduate Student Application
- Click the ‘Apply‘ button

- Admissions Instructions see ‘I am a Graduate Student’ options at the bottom of the screen
- If you want to apply for admission to a program click ‘I want to complete a master’s degree’ link (Those seeking to take classes without being admitted see ‘Non-degree Seeking Student’ information)
- Sign On using UN ID (create or reactive as needed)
4 Application Sections for Admission

Section 1: Personal Information

Section 2: Academic Information

Select the program you wish to apply for (i.e. School Psychology, Clinical Mental Health Counseling, or School Counseling) and the semester you wish to be admitted (i.e., Fall, Spring, or Summer).

Section 3: Program Requirements

✓ Academic history - transcripts of all previous academic work
✓ Resume with requested information
✓ “Motivation to become a counselor/school psychologist” essay
✓ Responses to 3 diversity vignettes
✓ Three professional references (provide email addresses)

Section 4: Application Fee $45

Submit Application
Admission Application Review

- Program faculty review the Graduate Application for an initial screening.
- If successful, the applicant is invited to participate in the CSP Department Interview ‘Intake’ process comprised of 3 ½ hours group work and activities.
- Applicants will receive a letter from the Dean of Graduate Studies indicating admission status (i.e. an unconditional/full status, conditional/provisional status, or denial).
- If admitted, this letter provides the name of the student’s advisor.
- Applicants can monitor admission status in their MyBlue Account.
UNK Admission Timeline

- Deadlines for Application
  - June 15th for Fall Admission
  - October 15th for Spring Admission
  - March 15th for Summer or Fall Admission

*NOTE: If you miss an application deadline or want to ‘try out’ classes before applying for a specific degree program you may take up to 12 hours of CSP Department coursework by registering as a ‘non-degree seeking student’.
‘Non-degree Seeking’ Student

- A student may take up to 12 hours without being admitted to a program but must register as a ‘non-degree seeking student’ for that semester rather than selecting a degree program.

- If you want to take courses without being admitted to a program click ‘I am a non-degree seeking student’ link rather than the ‘I want to complete a Master’s or Specialist’s degree’ link.
‘Non-degree Seeking’ Student Option

☐ Student is not admitted to a graduate program and therefore not eligible for financial aid.

☐ If you are admitted as a ‘non-degree seeking student’ and then decide to apply to a CSP degree program, you will need to complete a new UNK Graduate Student on-line application and select the desired degree program from the pull-down menu when you do so.

☐ Contact the CSP Department Chair for advice on course selection.
Senior Taking Graduate Course(s)

- A student requiring fifteen hours or fewer for the Bachelor's Degree may be allowed to enroll in graduate classes (six semester hours limit).
- Qualified students must have a G.P.A. of 3.00 or higher.
- The maximum load of undergraduate-graduate hours may be no more than twelve hours.
- Graduate courses taken to complete requirements for the Bachelor's Degree may not be used subsequently to satisfy requirements for a graduate degree. However, graduate courses not applied to the baccalaureate degree may be applied toward a graduate degree.
- ‘Senior Taking Graduate Course’ application form is available from the Graduate Admissions Office in Founders Hall Room 2131.
Undergraduate Course Offerings

- At UNK’s Department of Counseling and School Psychology, we are personally invested in the future success of undergraduate and graduate students and their careers. Undergraduate students who desire to have knowledge of mental health, chemical dependency and treatment, interpersonal communication skills, or to learn more about the role and practice of counselors or school psychologists have a variety of courses to choose from including:
Undergraduate students who desire to have knowledge of mental health, chemical dependency and treatment, interpersonal communication skills, or to learn more about the role and practice of counselors or school psychologists have a variety of courses to choose from including:

- CSP 188GS Culture and Ethnic Identity
- CSP 404 Counseling and Mental Disorders - 2 credits
- CSP 407 Clinical Treatment Issues in Addictions Counseling – 3 credits
- CSP 408 Alcohol/Drug Assessment, Case Planning and Management - 2 credits
- CSP 409 Medical & Psycosocial Aspects of Addictions – 3 credit hours
- CSP 417 Counseling Skills - 3 credits
- CSP 418 Introduction to Counseling and Social Advocacy - 3 credits
CSP Website unk.edu/csp & QR Code
CSP Facebook QR Code for Smart Phones