

COLLEGE OF EDUCATION

# KINESIOLOGY AND SPORT SCIENCES



## Student profile

“I chose to go to UNK and major in recreation management because I have been around recreation for many years,” said Courtney Hayden.



**Courtney Hayden**

“I have worked in the recreation field since I was 15 and have enjoyed it greatly. In high school I already knew some of the professors that I was going to have and they made me so excited about the program. There are so many unique things about the major, but one thing that sticks out to me the most is the relationships between the students and the faculty within the program. Students are able to make connections with our professors on a daily basis very easily.”

“One big thing I have learned from the program is to never sell yourself short. This is major where you can do a lot of different things. You need to get out in the field and experience a lot of different aspects of Recreation and not just one certain area.”

Hayden graduated in May 2017. She majored in recreation management and minored in family studies and is now the Youth Sports Director at Southwest YMCA in Omaha, Nebraska.

“UNK and the recreation management program have provided me with great networking tools. I have attended many conferences, workshops as well as national conferences in Las Vegas to get out and meet others in our field. By studying Recreation Management, I have felt that I have grown a lot as a person. My professors have well prepared me to do great things!”

## RECREATION OUTDOOR AND EVENT MANAGEMENT COMPREHENSIVE

The Recreation, Outdoor and Event Management program is designed to prepare students for careers in organizations serving the public with recreation programming. City recreation programs, hospital or institution programs, YM and YWCAs and local, state and national parks, and camp operations are examples of agencies or organizations that hire recreation and park management majors.

Coursework is varied but includes foundations of recreation and parks, camp leadership, computer applications, program development, facility planning, management of programs, therapeutic recreation for special populations, and research. Each specialization culminates in an internship experience individualized as much as possible to the interests and needs of the student. UNK places interns at various locations in Nebraska and across the United States.

### Career Opportunities:

- Recreation program planner
- Wedding or events planner
- Environmental education
- Outdoor resources manager
- State and national parks ranger or interpreter
- Summer camp director/programmer
- Therapeutic recreation specialist
- Outdoor trip leader
- Hotel front desk manager
- Conference or convention coordinator

### Traits for Success:

- Enjoys being outdoors
- Likes activity
- Computer skills
- Communication skills
- Leadership skills
- Physical strength
- Problem-solving skills
- Positive attitude
- Able to multitask
- Likes people
- Organized

**RECREATION, OUTDOOR AND EVENT MANAGEMENT COMP.**

**FOUR YEAR CLASS SCHEDULE: BACHELOR OF SCIENCE**

The schedule is a guideline for progress toward a degree. Consult with your academic adviser.

<p><b>Semester 1 (15 credits)</b></p> <p>ENG 102 Academic Writing/Research                  MATH 102 College Algebra                  PE 150 Healthy, Wealthy and Wise                  REC 150 Foundations of Recreation                  GS 188 Portal</p>	<p><b>Semester 2 (15 credits)</b></p> <p>SPCH 100 Fundamentals of Speech                  GS Humanities                  GS Democracy                  GS Natural Science                  Emphasis Course</p>
<p><b>Semester 3 (16 credits)</b></p> <p>GS Natural Science with lab                  GS Social Science                  GS Humanities                  Emphasis Course x2</p>	<p><b>Semester 4 (16 credits)</b></p> <p>REC 300 Practicum (summer)                  GS Social Science                  GS Aesthetics                  GS Elective (2 credit hours)                  Unrestricted Elective                  Emphasis Course</p>
<p><b>Semester 5 (15 credits)</b></p> <p>REC 354 Programming in Events                  REC 422 Facilities in Recreation                  Unrestricted Elective                  Emphasis Course x2</p>	<p><b>Semester 6 (15 credits)</b></p> <p>REC 375 Leadership in Recreation                  Unrestricted Elective                  Capstone GS                  Emphasis Course x2</p>
<p><b>Semester 7 (16 credits)</b></p> <p>REC 444 Issues in Recreation                  PE 430 Organization and Administration                  Unrestricted Elective (4 credit hours)                  Emphasis Course x2</p>	<p><b>Semester 8 (12 credits)</b></p> <p>REC 477 Internship</p>

**Emphasis Options**

The Recreation, Outdoor and Event Management program offers four specialization options for students:

- RECREATION MANAGEMENT
- EVENT MANAGEMENT
- NATURAL RESOURCES AND PARK MANAGEMENT
- OUTDOOR PURSUITS

**Did you know**



Employment of recreation workers is projected to grow 10 percent from 2014 to 2024, faster than the average for all occupations.

Workers with higher levels of formal education related to recreation should have better prospects at getting year-round full-time positions.



**According to The Bureau of Labor Statistics, U.S. Department of Labor, Occupational Outlook Handbook**

**Scholarships Available:**

- Nebraska Recreation and Park Association Scholarships
- Departmental Scholarship
- Nebraska Admirals Association Scholarship
- Henning Scholarship
- Randy and Sw'art Watkins Scholarship

**Clubs and Organizations:**

- Recreation Club

For more information, contact:

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**STUDENT PROFILE – April Collin**

April Collin is a senior from Loomis, Nebraska majoring in recreation, outdoor and event management. "I really enjoy that this field is always changing and you can literally do something different every day" she said.

"I came to UNK because I wanted to be close to my family. I originally went to an out-of-state college, but decided to transfer back to Nebraska. When I was exploring my options I came across

the travel and tourism program at UNK. I scheduled a meeting with an advisor in the department, who helped me make up my mind. One big aspect of UNK that helped me decide to attend is that it felt homey and I could see myself succeeding here."

"I think my studies here at UNK have greatly prepared me for the future. One of the most important lessons that I learned pertains to planning events- always plan for the unplanned. There will always be hiccups when planning; that is why you need to have back-up plans to solve the issues that arise."