

COLLEGE OF EDUCATION

KINESIOLOGY AND SPORT SCIENCES**PHYSICAL EDUCATION PK-6 GRADE TEACHING SUBJECT ENDORSEMENT**

The physical education Pre-K through 6th grade endorsement allows students to be qualified to teach at the secondary level in the public or private sector. The endorsement requires 28 hours of specialized coursework, and must be paired with another teaching endorsement for initial certification. Beginning their freshman year, students at UNK have the opportunity to complete interactive experiences to practice teaching in a variety of physical education settings because of the close partnerships with surrounding school districts. UNK believes in the value of hands-on learning and helps to guide students in these field experiences throughout their college career to develop quality educators who make a difference in the lives of students.

Traits for Success:

- The teacher is qualified, enthusiastic, prepared and organized.
- The teacher uses a variety of assessment and evaluation strategies.
- Activities are appropriate to the age and stage of development for each student.
- The teacher develops opportunities for the children to be physically active beyond the physical education time (intramurals, extracurriculars, and school wide initiatives such as daily physical activity).

Career opportunities

- Teacher in Health Education and/or Physical Education
- Coach
- Work at a recreational facility in the area of Health and Physical Activity

Student profile

“Coming in as a freshman my first major was in history education 7-12. My advisor recommended that I add a second major or an endorsement to make myself more marketable. I always liked Physical Education in elementary school and enjoyed the atmosphere. I always thought ‘I could teach that,’” said Zachary Saner.



Zachary Saner

Saner is a senior from North Platte and plans to graduate in fall 2017. “The exposure that you get in the program at the early stages of your college career helps to prepare you for teaching in the real world. After taking those first opening courses you learn how to teach whether that would be with the day care program on campus, home school PE program, or teaching at Zion. The program at UNK helps you to develop your skills early.”

After graduation Saner plans to pursue a teaching career in Nebraska or Wyoming. “The constant lesson plans that I have prepared and have been able to teach before going out into the professional field has helped me to develop and grow more confident in my teaching abilities. The more you practice the better you get, and the physical education department does a great job of making sure you get every chance to improve.”

**YOU CAN BE
PART OF THE UNK
EXPERIENCE**

PHYSICAL EDUCATION PK-6 TEACHING SUBJECT ENDORSEMENT

FOUR YEAR CLASS SCHEDULE: BACHELOR OF SCIENCE IN EDUCATION

The schedule is a guideline for progress toward a degree. Consult with your academic adviser.

<p>Semester 1 (14 credits)</p> <p>PE 150 Healthy, Wealthy and Wise PE 100 Principles of PE PSCI 110 Intro to American Politics TE 100 Teaching in a Democratic Society GS Math</p>	<p>Semester 2 (15 credits)</p> <p>ENG 102 Academic Writing/Research SPCH 100 Fundamentals of Speech PE 121 Sports Skills for PE GS 188 Portal GS Science (with lab) ** Take the Praxis test</p>
<p>Semester 3 (16 credits)</p> <p>TE 204 Typical/Atypical Growth/Dev. PE 200 Teaching Sports Skills and Non-Rhythmic Activity GS Aesthetics GS Humanities Science (without lab) ** Retake Praxis if needed</p>	<p>Semester 4 (16 credits)</p> <p>GS Humanities FSID 151 Human Sexual Behavior PE 340 Non-Rhythmic PE PE 310 Intro to Human Physiology PE 265 Emergency Medical Response TE 206 Inst Technology and Pre-Service Teacher</p>
<p>Semester 5 (17 credits)</p> <p>GS 388 Capstone PE 325 Motor Learning/Development PE 360 Intro to Anatomical Biomechanics PE 241 Rhythmic Activities for PE Teachers TE 306 Reading and Inclusion K-12 Unrestricted Elective or 2nd Sub</p>	<p>Semester 6 (15 credits)</p> <p>PE 441 Elementary PE Methods PE 369 Remedial and Adapted PE Unrestricted Elective or 2nd Sub Unrestricted Elective or 2nd Sub Unrestricted Elective or 2nd Sub</p>
<p>Semester 7 (15 credits)</p> <p>PE 471A Field Experience in Elementary PE PE 488 Senior Seminar PE 450 Curriculum and Assessment in PE TE 318 Management and Assessment in PK Elementary Classrooms Unrestricted Elective or 2nd Sub (x3) ** Take the Praxis II</p>	<p>Semester 8 (12 credits)</p> <p>TE 400 Student Teaching ** Retake Praxis II if needed</p>

Health and Physical Education Program Facts:

- 98 percent of students who graduate with a degree in Health and Physical Education receive a job in their field of study within the first year
- 98 percent of students are passing the Praxis II to be eligible to receive their Health and Physical Education Teaching certificate
- 100 percent of student teachers have received “proficient to advanced” evaluations in all areas of their student teaching final evaluation
- 100 percent of students in the HPE program have a 2.5 GPA on a 4 point scale or better

Scholarships:

- Grace Nichols Thomas Spidel Memorial Fund
- Louise and Mildred Adams Educational Scholarship
- Isabel M. Bennett Scholarship
- Collison Family Scholarship Fund
- Clyde and Gertrude Cox Scholarship fund
- Delta Kappa Gamma Grants-in-aid
- More at http://www.unk.edu/offices/financial_aid/continuing-student-scholarships.php

Clubs and Organizations:

- Health and Physical Education Majors Club



ALUMNI PROFILE – Kayla Johaneck

Kayla Johaneck, a 2010 graduate, started her college career at a different university but then decided to transfer to UNK. “I ended up loving UNK,” she said.

Johaneck now works at Alief ISD in Houston, teaching ninth-grade girls physical education and foundations of physical fitness. She is also the head softball coach.

Johaneck said the kinesiology and sport sciences department was full of helpful and supportive professors. “The courses I took at UNK gave me the practice and experience I needed to be prepared for my first year of teaching. Everyone in the department was very helpful and I was able to make real connections with them,” Johaneck said.

Johaneck particularly enjoyed the opportunities that UNK gave her to go into the schools around Kearney and have hands-on experiences in the teaching field. “UNK does a great job of getting their students ready for careers.”

“UNK Health and Physical Education majors receive a well-rounded education where cutting edge techniques of experiential learning are integrated into all courses taken.”



Megan Adkins-Bollwitt, PhD
 HPE Program Chair

For more information, contact:

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