

COLLEGE OF EDUCATION

# KINESIOLOGY AND SPORT SCIENCES



## PHYSICAL EDUCATION 7-12 TEACHING SUBJECT ENDORSEMENT

The physical education 7th through 12th grade endorsement allows students to be qualified to teach at the secondary level in the public or private sector. The endorsement requires 30 hours of specialized coursework, and must be paired with another teaching endorsement for initial certification. Beginning their freshman year, students at UNK have the opportunity to complete interactive experiences to practice teaching in a variety of physical education settings because of the close partnerships with surrounding school districts. UNK believes in the value of hands-on learning and helps to guide students in these field experiences throughout their college career to develop quality educators who make a difference in the lives of students.

### Traits for Success:

- The teacher is qualified, enthusiastic, prepared and organized.
- The teacher uses a variety of assessment and evaluation strategies.
- Activities are appropriate to the age and stage of development for each student.
- The teacher develops opportunities for the children to be physically active beyond the physical education time (intramurals, extracurriculars, and school wide initiatives such as daily physical activity).

### Career opportunities

- Teacher in Health Education and/or Physical Education
- Coach
- Work at a recreational facility in the area of Health and Physical Activity

## Alumni Profile

“I chose UNK to play football and while I was there I discovered the P.E. program,” said Dexter Becker, a graduate from Beaver City. “Once I chose that major I



**Dexter Becker**

never looked back. I love sports and being active so I want to show kids the advantage of being active every day,” said Becker. He says that some things just cannot be taught in a classroom, “like having to tie 24 shoes each day,” but he believes that UNK has prepared him for a job in his field. “I think P.E. helped me understand how to work better with people and keep an open mind.”

Becker likes making P.E. a unique experience for each student, depending on their needs. “If I have a student say they want to play a college sport then that student will be worked extra hard. Or maybe I have a student just wanting to live a somewhat active lifestyle, I can push that student to eat healthy and get one workout in each school day,” Becker said.

“UNK Health and Physical Education majors receive a well-rounded education where cutting edge techniques of experiential learning are integrated into all courses taken.”



**Megan Adkins-Bollwitt, PhD**  
HPE Program  
Chair

**Clubs and Organizations:**

- Health and Physical Education Majors club

**Scholarships:**

- Grace Nichols Thomas Spidel Memorial Fund
- Louise and Mildred Adams Educational Scholarship
- Isabel M. Bennett Scholarship
- Collision Family Scholarship Fund
- Clyde and Gertrude Cox Scholarship fund
- Delta Kappa Gamma Grants-in-aid
- More at [http://www.unk.edu/offices/financial\\_aid/continuing-student-scholarships.php](http://www.unk.edu/offices/financial_aid/continuing-student-scholarships.php)

**Health and Physical Education Program Facts:**

- Ten undergraduate research students have completed research projects and presented at the state and national level within the past two years
- 98 percent of students who graduate with a degree in Health and Physical Education receive a job in their field of study within the first year
- 98 percent of students are passing the Praxis II to be eligible to receive their Health and Physical Education Teaching certificate
- 100 percent of student teachers have received “proficient to advanced” evaluations in all areas of their student teaching final evaluation
- 100 percent of students in the HPE program have a 2.5 GPA on a 4 point scale or better
- HPE Majors club was recognized for their outstanding service and leadership on campus by the Staff Senate in 2016
- 3 national student award winners in the past three years by SHAPE America (national organization of Health and Physical Education)

**For more information, contact:**

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**PHYSICAL EDUCATION 7-12 TEACHING SUBJECT ENDORSEMENT**

**FOUR YEAR CLASS SCHEDULE: BACHELOR OF SCIENCE IN EDUCATION**

The schedule is a guideline for progress toward a degree. Consult with your academic adviser.

<p><b>Semester 1 (14 credits)</b></p> <p>PE 150 Healthy, Wealthy and Wise                  TE 100 Teaching in a Democratic Society                  PSCI 110 Intro to American Politics                  PE 100 Principles of PE                  GS Math</p>	<p><b>Semester 2 (15 credits)</b></p> <p>ENG 102 Academic Writing/Research                  SPCH 100 Fundamentals of Speech                  GS 188 Portal                  PE 121 Sports Skills for PE                  GS Science course (with lab)                  **Take the Praxis test</p>
<p><b>Semester 3 (17 credits)</b></p> <p>TE 204 Typical/Atypical Growth/Dev.                  PE 200 Teaching Sports Skills/Non-Rhythmic Activity                  PE 220 Teaching Aerobic/Anaerobic Activ.                  GS Science                  GS Humanities                  GS Elective                  **Retake Praxis if needed</p>	<p><b>Semester 4 (15 credits)</b></p> <p>GS Humanities                  GS Aesthetics                  FSID 151 Human Sexual Behavior                  TE 206 Inst. Technology and Pre-Service Teacher                  PE 310 Intro to Human Physiology</p>
<p><b>Semester 5 (15 credits)</b></p> <p>GS 388 Capstone                  PE 325 Motor Learning/Development                  PE 360 Intro to Anatomical Biomechanics                  PE 428 Middle and HS PE Methods                  TE 306 Reading and Inclusion K-12</p>	<p><b>Semester 6 (17 credits)</b></p> <p>PE 265 Emergency Medical Response                  PE 328 Water Safety Instructor                  PE 369 Remedial and Adapted PE                  Unrestricted Elective (x3)</p>
<p><b>Semester 7 (17 credits)</b></p> <p>PE 471B Field Experience in Middle or Secondary PE                  PE 488 Senior Seminar                  PE 450 Curriculum and Assessm. in PE                  TE 319 Mngt./Assess. in K-12/Secondary Classrooms                  Unrestricted Elective (x3)                  **Take the Praxis II</p>	<p><b>Semester 8 (12 credits)</b></p> <p>TE 400 Student Teaching                  **Retake the Praxis II if needed</p>

**ALUMNI PROFILE – Kayla JohaneK**



Kayla JohaneK, a 2010 graduate, started her college career at a different university but then decided to transfer to UNK. “I ended up loving UNK,” she said.

JohaneK now works at Alief ISD in Houston, teaching ninth-grade girls physical education and foundations of physical fitness. She is also the head softball coach.

JohaneK said the kinesiology and sport sciences department was full of helpful and supportive professors. “The courses I took at UNK gave me the practice and experience I needed to be prepared for my first year of teaching. Everyone in the department was very helpful and I was able to make real connections with them,” JohaneK said.

JohaneK particularly enjoyed the opportunities that UNK gave her to go into the schools around Kearney and have hands-on experiences in the teaching field. “UNK does a great job of getting their students ready for careers.”