

COLLEGE OF EDUCATION

KINESIOLOGY AND SPORT SCIENCES**HEALTH EDUCATION 7-12TH GRADE TEACHING FIELD ENDORSEMENT**

The Health Education 7th through 12th grade endorsement allows students to be qualified to teach health at the secondary level in the public or private sector. The endorsement requires 32 hours of specialized coursework, and must be paired with another teaching endorsement for initial certification. Beginning their freshman year, students at UNK have the opportunity to complete interactive experiences to practice teaching in a variety of health education settings due to the close partnerships with surrounding school districts. UNK believes in the value of hands-on learning and helps to guide students in these field experiences throughout their college career to develop quality educators who make a difference in the lives of students.

Traits for Success:

- The teacher is qualified, enthusiastic, prepared and organized.
- The teacher uses a variety of assessment and evaluation strategies.
- Activities are appropriate to the age and stage of development for each student.
- The teacher develops opportunities for the children to be physically active beyond the physical education time (intramurals, extracurriculars, and school wide initiatives such as daily physical activity).

Career Opportunities

- Teacher in Health Education
- Coach
- Work at a recreational facility in the area of Health and Physical Activity

Alumni profile

“I picked UNK because of the small class sizes. I wanted to become a teacher, and I knew UNK has one of the best Teacher Education colleges in the region,” said Kole Harrach, a 2015 graduate from North Platte, Nebraska.



KOLE HARRACH

“I did my student teaching at Alief Elsik High School in Houston. It was an incredibly large and diverse school district. I also got to help out with their boys’ basketball program, which was a great way to begin learning the ins and outs of coaching,” Harrach said.

Harrach is now in Lincoln, Nebraska at Pius X High School. He teaches boys’ PE and health, is the assistant boys’ and girls’ tennis coach and coaches 9th grade girls’ basketball. “I learned how to effectively communicate the importance of health and physical activity to others. I am able to share my knowledge and experiences with my students because of my classes at UNK,” Harrach said.

“The biggest way that UNK prepared me for my career was by giving me multiple opportunities for hands-on learning. I was able to do field experience work at both Kearney High School and Kearney Catholic High School. By the time I started student-teaching, I already had a lot of time in the classroom observing, assisting and teaching.”

HEALTH EDUCATION 7-12 TEACHING FIELD ENDORSEMENT

FOUR YEAR CLASS SCHEDULE: BACHELOR OF SCIENCE IN EDUCATION

The schedule is a guideline for progress toward a degree. Consult with your academic adviser.

<p>Semester 1 (14 credits)</p> <p>PE 150 Healthy, Wealthy and Wise TE 100 Teaching in a Democratic Society PSCI 110 Intro to American Politics PE 100 Principles of PE GS Math</p>	<p>Semester 2 (16 credits)</p> <p>ENG 102 Academic Writing/Research SPCH 100 Fundamentals of Speech PE 229 Wellness Interventions GS 188 Portal GS Science (with lab) ** Take the Praxis test</p>
<p>Semester 3 (16 credits)</p> <p>GEOG 103 Dynamic Planet TE 204 Typical/Atypical Growth/Dev. PE 265 Emergency Medical Response PE 220 Teaching Aerobic/Anaerobic Activities GS Humanities GS Elective ** Retake Praxis if needed</p>	<p>Semester 4 (15 credits)</p> <p>GS Humanities FSID 110 Intro Nutrition GS Aesthetics TE 206 Inst Technology and Pre-Service Teacher PE 310 Intro to Human Physiology</p>
<p>Semester 5 (15 credits)</p> <p>GS 388 Capstone TE 306 Reading and Inclusion K-12 PE 360 Intro to Anatomical Biomechanics PE 428 Middle and HS Methods Unrestricted Elective</p>	<p>Semester 6 (18 credits)</p> <p>PE 464 Secondary School Health Unrestricted Elective or 2nd Sub Unrestricted Elective or 2nd Sub</p>
<p>Semester 7 (14 credits)</p> <p>PE 471C Field Experience PE 488 Senior Seminar TE 319 Management and Assessment CSP 417 Counseling Skills Unrestricted Elective or 2nd Sub (x2) ** Take the Praxis II</p>	<p>Semester 8 (12 credits)</p> <p>TE 400 Student Teaching ** Retake Praxis II if needed</p>

Department facts:

- Ten undergraduate students have completed research projects and presented at the state and national level the past two years
- 98 percent of students who graduate with a degree in Health and Physical Education receive a job in their field of study the first year
- 98 percent of students are passing the Praxis II to be eligible to receive their Health and Physical Education Teaching certificate
- 100 percent of student teachers have received “proficient to advanced” evaluations in all areas of their student teaching final evaluation
- 100 percent of students in the HPE program have a 2.5 GPA on a 4 point scale or better
- HPE Majors club was recognized for their outstanding service and leadership on campus by the Staff Senate in 2016
- 3 national student award winners in the past three years by SHAPE America (national organization of Health and Physical Education)

Scholarships:

- Grace Nichols Thomas Spidel Memorial Fund
- Louise and Mildred Adams Educational Scholarship
- Isabel M. Bennett Scholarship
- Collison Family Scholarship Fund
- Clyde and Gertrude Cox Scholarship
- Delta Kappa Gamma Grants-in-aid

Clubs and Organizations:

- Health and Physical Education Majors Club

Important Information:

Praxis: The Praxis Core Academic Skills for Educators Tests are required for certification in Nebraska and are part of all undergraduate education programs at UNK. The Praxis Subject Assessments are also required for certification in Nebraska.

AETP: Nebraska’s Attracting Excellence to Teaching Program provides forgivable loans to eligible students who are working toward initial certification.

Student Teaching: Arrangements are made for students who qualify to complete their student-teaching requirement in schools located in Nebraska and other states.

“UNK Health and Physical Education majors receive a well-rounded education where cutting edge techniques of experiential learning are integrated into all courses taken.”



Megan Adkins-Bollwitt, PhD,
HPE Program
Chair

**YOU CAN BE
PART OF THE UNK
EXPERIENCE**

For more information, contact:

Megan Adkins-Bollwitt
HPE Program Chair, Associate Professor
CUSH 133
(308) 865-8727
adkinsmm@unk.edu