

COLLEGE OF EDUCATION

KINESIOLOGY AND SPORT SCIENCES

HEALTH AND PHYSICAL EDUCATION AND PEDAGOGY: PRE-K-12 TEACHING FIELD ENDORSEMENT

The Health and Physical Education Pre-K through 12th grade endorsement allows students to be qualified to teach at the secondary level in the public or private sector. The endorsement requires 62 hours of specialized coursework for initial certification. Beginning their freshman year, students at UNK have the opportunity to complete interactive experiences to practice teaching in a variety of health education settings because of the close partnerships with surrounding school districts. UNK believes in the value of hands-on learning and helps to guide students in these field experiences throughout their college career to develop quality educators who make a difference in the lives of students.

Health and Physical Education Program Facts:

- 98 percent of students who graduate with a degree in Health and Physical Education (HPE) receive a job in their field of study within the first year
- 98 percent of students are passing the Praxis II to be eligible to receive their Health and Physical Education Teaching certificate
- 100 percent of student teachers have received “proficient to advanced” evaluations in all areas of their student teaching final evaluation
- 100 percent of students in the HPE program have a 2.5 GPA on a 4 point scale or better
- HPE Majors club was recognized for their outstanding service and leadership on campus by the Staff Senate in 2016

Student profile

“I chose UNK for its great education program and because it is the right size for me. I love the small class sizes because it has allowed me to make lifelong connections with fellow peers and professors,” says Jordan Jansky.



**JORDAN
JANSKY**

Jansky is a senior and Kearney native who hopes to stay in the Midwest and pursue her teaching career.

“I have wanted to be a teacher since I was in elementary school. I have always had a passion for living a healthy lifestyle and want to instill that desire in my future students like so many of my past teachers have done for me. I have recognized how much I truly love my chosen career path throughout my time student-teaching. I can’t imagine doing anything else. I want my students to enjoy the activities they are doing, so that physical activity is not something they dread. I want my students to enjoy being active and see the lifelong benefits they will get from a healthy lifestyle.”

She believes that UNK has prepared her for teaching and the future. “I have been exposed to hands-on learning environments, professional development opportunities, as well as numerous opportunities to network with current educators. I was fortunate to be at UNK during the homeschool P.E. program and observe and teach in surrounding schools. UNK offers professional development on the state and national level for their students which has already been beneficial for my future. Because of UNK, I am prepared and confident to go out into the world of teaching,” she said.

HEALTH AND P.E. PK-12 TEACHING FIELD ENDORSEMENT

FOUR YEAR CLASS SCHEDULE: BACHELOR OF ARTS IN EDUCATION

The schedule is a guideline for progress toward a degree. Consult with your academic adviser.

<p>Semester 1 (14 credits)</p> <p>PE 150 Healthy, Wealthy and Wise TE 100 Teaching in a Democratic Society PSCI 110 Intro to American Politics PE 100 Principles of PE GS Math</p>	<p>Semester 2 (15 credits)</p> <p>ENG 102 Academic Writing/Research SPCH 100 Fundamentals of Speech GS 188 Portal PE 121 Sports Skills for PE GS Science course (with lab) **Take the Praxis test</p>
<p>Semester 3 (17 credits)</p> <p>TE 204 Typical/Atypical Growth/Dev. PE 200 Teaching Sports Skills and Non-Rhythmic Activity PE 220 Teaching Aerobic/Anaerobic Act. FSID 110 Intro to Nutrition GEOG 103 Dynamic Planet GS Humanities **Retake Praxis if needed</p>	<p>Semester 4 (17 credits)</p> <p>GS Humanities GS Aesthetics FSID 151 Human Sexual Behavior PE 241 Rhythmic Activities for PE Teachers PE 310 Intro to Human Physiology TE 206 Instructional Technology and the Preservice Teacher</p>
<p>Semester 5 (16 credits)</p> <p>GS 388 Capstone PE 265 Emergency Medical Response PE 325 Motor Learning/Development PE 360 Intro to Anatomical Biomechanics PE 428 Middle and HS Methods</p>	<p>Semester 6 (16 credits)</p> <p>PE 369 Remedial and Adapted PE PE 328 Water Safety Instructor PE 422 Admin. of HS Strength PE 441 Elementary PE Methods PE 464 Secondary School Health TE 306 Reading and Inclusion K-12</p>
<p>Semester 7 (14 credits)</p> <p>PE 450 Curriculum and Assess. in PE PE 463 Health and Safety Elem. School PE 471 Field Experience PE 488 Senior Seminar TE 319 Management/Assessment in K-12/Secondary Classrooms CSP 417 Counseling Skills **Take Praxis II</p>	<p>Semester 8 (12 credits)</p> <p>TE 400 Student Teaching **Retake Praxis II if needed</p>

Clubs and Organizations:

- Health and Physical Education Majors Club

Career Opportunities:

- Teacher in Health Education and/or Physical Education
- Coach
- Work at a recreational facility in the area of Health and Physical Activity

Scholarships:

- Grace Nichols Thomas Spidel Memorial Fund
- More at http://www.unk.edu/offices/financial_aid/continuing-student-scholarships.php

“UNK Health and Physical Education majors receive a well-rounded education where cutting edge techniques of experiential learning are integrated into all courses taken.”



**Megan Adkins-Bollwitt, PhD,
HPE Program
Chair**

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ALUMNI PROFILE – Ryan Bauer

“I always knew that I wanted to go into the teaching profession. It wasn’t until college that I knew 100 percent that I wanted to go into Physical Education. There is nothing more rewarding for me than trying to pass on my love for being physically active to kids of all ages,” said Ryan Bauer.



Bauer, a 2016 UNK graduate, is now working in Fairfield, Neb. as a P.E. and health teacher. “The classes that I took helped shape me into my teaching style that I adopted. UNK does a great job of getting us into classrooms from our first years.”

“I absolutely loved the teachers that I had the opportunity to learn from. I felt confident leaving UNK that I would be able to give my best.”

ALUMNI PROFILE – Alex Steele

“I learned so many effective teaching techniques while at UNK. I learned how to be a good role model for my students,” said Alex Steele.

Steele, a 2015 graduate from Gibbon, now works as a P.E. teacher at Alcott Elementary School and Hastings High School. “The KSS program has the highest standards for its students. I would not be as prepared as I am without the help of the amazing professors,” he said.



“I student-taught in Kearney at Horizon Middle School and the experience itself was amazing. I was able to put my training into a real environment and it provided me with valuable experiences to prepare me for my future career. I believe that because I went to UNK, my students are better off.”